Castro Valley Ski Club Newsletter



Castro Valley, CA 94546 www.cvskiclub.org

CVSC SkiZette

October, 2017

EVENTS CALENDAR

(f) = flyer in this issue



Inside this issue:

President's Msg	2
Travel Update	3
Get ready for ski- ing	4
Christmas Trolley	5
Annual auction flyer	6
About ski bindings	7
Warren Miller films	8
Last call for mem- bership/Renewal form/Release & Waiver	9-11
2018 CVSC trip to Iceland/Morocco	12
CVSC 2018 ski week Beaver Creek, CO	13
FWSA 2018 ski trip Iditarod/ Alyeska, Alaska	14
FWSA 2018 ski week Banff, Alber- ta, Canada	15
BAC Jasper Post Extention trip	16
Andes to So America cruise flyer	17
Avid Skiers in Control	Back page

OCTOBER BIRTHDAYS

Shear and		
11 16-26 18	OCTOB CVSC board meeting at Genghix Asian Fusion CVSC Cuba trip CVSC general meeting at Don Jose's	
8 15	NOVEMICVSC board meeting at Pat's CVSC general meeting at Don Jose's —-AN	
3-20 13 15	CVSC Andes to So America cruise (f)pg17 CVSC Christmas Trolley/Lights (f)pg5 CVSC board Christmas party at Claudia's	BER
UPCOMING		
2018: 2/10-17 5/1-13 7/31-8/9	CVSC Morocco (f)pg12	g13
BAC/FWSA TRIPS		
Please visit websites for detailed information.		
BAC	Web site: skibac.org	Far West Ski Assoc: fwsa.org
2018: 2/3-10 FWSA Annual Ski Week Banff, Alberta, Canada (f)pg15 2/25-3/4 FWSA Ski Week Iditarod/Alyeska, Alaska (f)pg14 6/7-10 FWSA 86th Annual Convention in Reno, NV		

Pam Hampton 1 John Fagan 15 Sherry Prickett Elizabeth Yagle 1 16 Laury Riley 2 Cecil Johnson 25 25 Erika Meinhardt 4 Marjory Jong Fred Burrell 8 Dru Burrell 27 Tucker Hoffmann 9 Mike Ferketich 28 13 Chuck McCormick 30 Teddi Loader Steven Nicholson 30 Ray Jong



Visit our Website at www.cvskiclub.org

Castro Valley Ski Club Newsletter

SkiZette Policy NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter.

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@att.net



Didn't get your newsletter? - Change of Address? - PLEASE Contact Maggie Jong, VP Membership email: mozoro25@gmail.com

President's Message

Happy Fall Everyone!

This last month we had Dennie send out both a digital and hard copy of the Skizette to everyone since October is our annual membership drive. Maggie received many memberships from the hard copy Skizette so thank you all for responding. We hoped it would make it easier.



Claudia Fernandes President

"Save the date" November 15 will be our Annual Auction where proceeds go to disabled sports, young skiers' scholarships, charities and our club, we hope to see you at Don Jose's. It's always a fun time, food, margaritas, and friends. Many thanks to Dave Silva and Diana Gartland for running the auction again this year. You will be hearing more from Dave this month regarding items for the auction. Thank you all for your support each year!

Also our Christmas event will be the Christmas Lights Trolley, December 13, with wine tasting, food and fun at Concannon Winery followed by a Trolley ride to see the local Christmas lights. It's a highlight of our yearly events. Thank you to Pat Green for setting up this wonderful time, it gets better every year!







Travel Update...... Tucker Hoffmann

CVSC Travel Director



CUBA –Nothing has changed as far as the situation there. All is still a go. The warnings are often politically motivated and most in the tourism industry thinks this warning is 100% politically motivated.

NCL Cruise after the Cuba trip. Oct. 28-Nov. 4th, 2017

8 of us will be jumping on a cruise ship out of Miami after the Cuba Trip. The itinerary has changed due to the hurricane devastation of St. Thomas, St. John and Tortola. We are now cruising the Western Caribbean.

SOUTH AMERICA CRUISE - We still may be able to get you on this trip. See flyer.

CVSC BEAVER CREEK TRIP – Feb. 10-17, 2018. We have 8 condos that are now full. We can always try and get another one if we have more interest. So far, I only have one person on the wait list.

MOROCCO – the Morocco Trip will now start on MAY 2nd, 2018. Good news...We will now be flying out of LAX & SFO on Air Canada via Montreal to Casablanca.

ICELAND - July 31- Aug. 9th, 2018 – Hottest travel destination this year and next! It looks like we may be flying from LAX & SFO so that's good news. Of course, it's too early to book the air but we will keep you updated. All hotels are confirmed. We are still trying to get direct flights from SFO & LAX. More info soon.

Upcoming Adventure Travel:

We are looking into Israel for 2019. If this interests you let us know so we can add you to the list. We already have quite a few who have responded.

European River Cruise also in the planning for 2019. More info down the road.

FWSA will be going to Steamboat in 2019

Let us know if you're interested so we can option lodging

Happy Skiing & Travels.....



Tucker - CVSC Travel Director & Kathy
2657 Rivers Bend Circle, Livermore CA 94550
925-371-1910 tkhoffmann@comcast.net
cell # 510-329-4242

CVSC CST # 2081040

GET READY FOR SKI SEASON: CONDITIONING FOR ALL LEVELS

A Whole9 guest post by Eva T., two time Olympian in Alpine Skiing and a 12 year veteran of the U.S. Ski Team

The majority of seasonal skiers I speak to do nothing to prepare for the ski season. The important thing to remember for all levels of skiers looking forward to the season is that there are some specific movements that are unique to skiing and you need to address them before buckling up those ski boots. I am not talking a full conditioning program, I am speaking of tissue prep, waking up those nerve pathways and putting your body into the corners you challenge when you're on a black diamond mogul run and have lost control of your speed. And, what if you fall? It makes sense to prepare with movements that will give you that bit of protection that draws the line between being sore, and ending up at the doctor's office. From the 10,000 foot level, here's my advice.

Tips to get ready for ski season:

- Make sure your range of motion off the slopes, matches your range of motion on the slopes. This means that you should be able to move freely into all the positions you will potentially be in when you are on snow. This does not necessarily mean stretching, it means being able to move dynamically into and out of those positions.
- Be "full body" strong, meaning it is not only legs we need for skiing but a fully functional body to withstand spills. A minimal amount of conditioning can shield you from serious injury. That's not a guarantee, but a little bit of effort will pay off greatly! Can you handle 20-30 minutes a day?
- Make sure your spine stabilizers are awake and strengthened. Your body inherently protects the spine through isometric contraction, meaning that if you twist your spine in an unusual attitude, the muscles around the spine will "brace" you to avoid a catastrophic outcome. That is why it is important to practice gymnastic-like holds pre-season.
- **Train reaction time and quickness so you can signal your body to keep you on your feet.** The ability to make a quick change of direction is mandatory for safety and performance. Don't let your first crack at moving quickly from side to side be when you are pressed between two other skiers! Prepare yourself by doing skiing-like, quick movements off the snow.
- Check in with your knees and hips to see if they can still angulate and bend to full range of motion. We rarely, if ever, do much angulation in our day-to-day lives. Working on angulation movements prepare us for a head start on the season.

(submitted by Sandy Beecher, Safety Chair)







CHRISTMAS TROLLEY DECEMBER 13th @ 5:00pm

CONCANNON WINERY 4590 TESLA RD LIVERMORE

\$40.00 PER PERSON SPACE LIMITED TO 35 PEOPLE.

Come and enjoy a festive and fun night with good friends. Evening starts with food and wine tasting in our private room, then aboard the private trolley to see all the great Christmas lights in the Livermore Valley. YOU MAY LEAVE YOUR CAR AT CONCANNON.

Send check no later than December 6th to Pat Green 4655 Cope Ct Pleasanton, CA 94566

Any questions call Pat at 925-846-7250 also to find out if spaces filled if sending in check at last minute.





CASTRO VALLEY SKI CLUB ANNUAL AUCTION FUND-RAISER

Wednesday, November 15, 2017 / Time: 7:00 PM Don Jose's Mexican Restaurant

FILL OUT THE AUCTION FORM AND SEND TO DAVE SILVA...

EMAIL: <u>SILVADAVE@YAHOO.COM</u> / FAX: 510-538-2322, MAIL: 1883 STROBRIDGE AVENUE, CASTRO VALLEY, CA 94546

	AUCTION FORM	
Donated By:	Phone:	
Email:	Estimated Value:	_
Description of Item: (include a	any restrictions; i.e. valid or non-valid dates, number of people, e	tc.)

GET YOUR BINDINGS ON

Hello fellow skiers. The ski season is going to be here very soon. To help avoid injury this season, you should make sure your ski bindings are set correctly. Here is some information on ski binding settings to ensure we all have a safe upcoming ski season.

Ski bindings are set to a setting number to release the heel or toe in the event of a fall. This number is called a DIN setting. The number can be viewed through the plastic lens on the heel and toe piece of the ski binding. Most of us don't pay much attention to this setting. We just take our skis and boots to a shop, fill out an information sheet and let the ski shop set our bindings. The shop uses this information on how we ski- beginner, intermediate or advanced, our height and weight, age, and our boot sole length to set our bindings. Many of us don't have our bindings adjusted again until we buy new skis and have the bindings moved to the new ones or buy new bindings. This can be a mistake if you have gained or lost weight or have become a more conservative skier as we do as we get older. Just getting older can affect how your bindings should be set. Generally at age 50, your binding setting should be decreased one DIN lighter to accommodate the fact that our bones get more brittle as we age. If you have become a more conservative skier or lost weight, your binds should also be set lighter. If you ski slower, your bindings will not release as easily as if you ski faster. Very slow falls is what causes the most injuries. Also, if you are a ski racer, your bindings will need to be set at a higher DIN to avoid premature release. If you race, you may be at risk when not racing due to skiing slower when not racing. This needs to be kept in mind. I've known many good skiers that race and have gotten injured on slow falls when not racing. If you have ever slowly fallen down and felt your knees strain as the bind released, they may be too tight. When a binding releases, you should not feel any pull on your knees or ankles. Likewise, if you've found yourself in an awkward position such as doing the splits and the skis didn't release, you should consider loosening the bindings by at least a half a DIN.

I don't want to encourage everyone reading this to run off to a ski shop to have their bindings checked before skiing this season. I just want you to check what setting your skis are set at and think about whether you might need to adjust them. You can set them yourself with just a screw driver if you think they are too tight or too loose. You should know what your DIN setting is especially if there is any chance you might be renting equipment. You need to verify that the rental shop didn't make an error and set your bindings too tight or loose. Finding out the hard way will ruin your day or possibly your ski vacation.

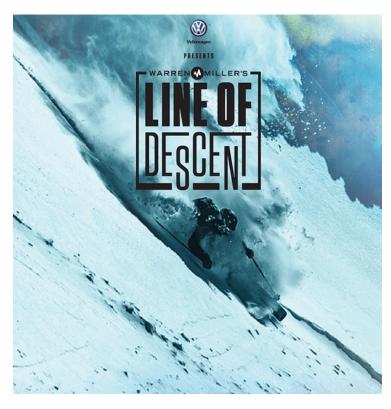
Ski shops will use a DIN chart like this one to adjust your bindings http://terrymorse.com/ski/din.html. The chart may look complicated, but it's not. This chart is really a guide that should be looked at as a starting point. You can increase or decrease the DIN yourself.

Generally, the toe and heel DIN settings are set to the same values. With skis getting shorter and shorter, it takes more leverage to release the heel piece on skis. The heel setting can be set lighter than the toe setting. I ski skiboards that are very short so my heel setting is set 1 DIN less than my toe piece.

So how should you check your bindings at home if you don't take them to a shop? I recommend that you try testing the toe piece release when you are at home. To do this, put on your boots and snap into your bindings. Standing on carpet and using the back of a chair to keep your balance, tilt the ski on an inside edge. See if you can twist inwards out of the toe piece. Most men have the leg strength and should be able to twist out of the binding. Women may need some assistance if they don't have the leg strength to twist out. While applying twisting pressure, have someone strike the outside edge in front of your boot with the palm of their hand. That little extra force should make the binding release. If you can't get the bindings to release without a lot of effort, they are probably too tight for recreational skiing.

This test will only test the release on the toe piece. I don't usually test the heel release. For those of you that started skiing a long time ago, the heel setting was set by having one hold on to a support bar on each side of you. The technician would then have you lunge forward while standing on the tails of the skis. He would decrease the DIN until they would release. This is how Bear Valley adjusted bindings back in 1966. You could do this at home, but I really don't feel it's necessary. If you have the toe piece set correctly, the same DIN value or less should be fine.

Happy skiing everyone. Hope you have a great ski season. Email me if you have any questions at wendell-jeong@sbcglobal.net.



WARREN MILLER 2017

NOVEMBER 1-2 Palace of the Fine Arts, San Francisco

NOVEMBER 8 Walnut Creek

NOVEMBER 9 Berkeley

NOVEMBER 10 Redwood City

NOVEMBER 11 Campbell

NOVEMBER 15 Pleasanton

NOVEMBER 17 Castro Theater, San Francisco

NOVEMBER 18 San Rafael

www.warrenmiller.com

FINAL CALL! Get Your Membership Dues In Early and Receive A Discount!

Castro Valley Ski Club Members: Time is running out! Get your renewal checks into me by October 31 and save.

Dues received by October 31 are \$35 for the first person and \$15 for each additional person in the same household for renewing members with NO lapse in membership.

After October 31, renewing members pay \$50 for the first person and \$20 for each additional person in the same household.

All <u>NEW</u> members pay \$50 for the first person and \$20 for each additional person in the same household.

Make checks payable to the Castro Valley Ski Club.

Please send membership application form, the signed waiver and the dues to:

Maggie Jong / VP Membership 2597 Wellingham DR. Livermore, CA 94551



cvskiclub.org

Membership Application October 1, 2017 thru September 30, 2018

PLEASE PRINT <u>LEGIBLY</u>:

Member's Name:	Bi	Birth Date:	
Family Members in Same Household:	Relationship:	Birth Date:	
Home Address:			
City:	State:	Zip:	
Member's Phone No: (Home)	(Mobil	le)	
Family Member's Phone No: (Home)	(Mob	oile)	
E-mail Address:		· · · · · · · · · · · · · · · · · · ·	
Emergency Contact:Address:	Pho	's newsletter 'CVSC SkiZette') ne:	
Membership Dues: Yearly - October 1 st th Solution \$50.00 Primary Member \$20.00 Each Discount: Membership Renewal discount is \$35.00 Primary Member \$15.00 Each Check #	Additional Family Men f paid by October 31 st wi Additional Family Men	th <u>No Lapse in Membership</u> .	
 Interested in Volunteering as our Club :	is only as Strong as its V nmittee Volunteer	olunteers? Phone Committee Other	
• New members joining after July 1 st , me			

YOU MUST READ AND SIGN THE RISK AGREEMENT

Please send the membership application, the signed waver, and the dues to:

Maggie Jong, V.P. Membership

2597 Wellingham Drive, Livermore, CA 94551 / email: mozoro25@gmail.com

OR YOUR APPLICATION CANNOT BE ACCEPTED!

Make your check payable to the Castro Valley Ski Club.

RELEASE, WAIVER AND INDEMNITY AGREEMENT

In consideration of my being allowed to participate in CASTRO VALLEY SKI CLUB Events and Activities, I HEREBY AGREE AS FOLLOWS:

I HEREBY <u>ASSUME ALL RISKS</u> INVOLVED IN MY PARTICIPATION IN CASTRO VALLEY SKI CLUB EVENTS AND ACTIVITIES.

<u>I HEREBY RELEASE</u>, <u>WAIVE</u>, <u>DISCHARGE AND COVENANT NOT TO SUE</u> the Club members, its officers, participants, promoters, sanctioning organization or any subdivision thereof, owners and lessees of the premises used to conduct said events, and each of them, all for the purposes herein referred to as "release" <u>from all liability</u> to the undersigned, his/her personal representative, assignees, heirs, and next of kin for any and all loss or damage on account in injury (including death) or property.

I HEREBY AGREE TO INDEMNIFY, DEFEND, SAVE AND HOLD THE RELEASES, AND EACH OF THEM, HARMLESS from and against any and all claims, losses, damages, liabilities and fees (including attorney's fees), damage to personal property, personal injury or death that any of them may incur as a result of, or relating to my participation at any event, and whether caused by the negligence of releasees or otherwise, and whether such claims, losses, damages, liabilities and fees (including attorney's fees) including any personal injury or death are brought against me or any of the releasees.

EACH OF THE UNDERSIGNED FURTHER EXPRESSLY AGREES that the foregoing release, waiver and indemnity agreement is <u>intended to be as broad and inclusive as is permitted by law</u> in the State/Province in which the event is conducted and that if <u>any portion thereof is held invalid</u> it is agreed that the <u>balance shall continue in full force and effect</u>.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS RELEASE, WAIVER AND IN-DEMNITY AGREEMENT and further agrees no oral representations or inducements apart from the foregoing have been made.

I HAVE READ THIS RELEASE (ALL APPLICANTS MUST SIGN)

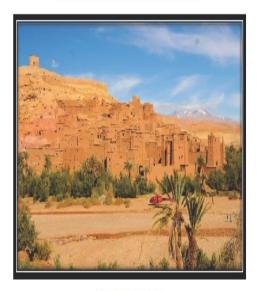
Parents or guardian must sign for those under 18 year of age.

(Signature)	(Date)
(Signature)	(Date)
(Signature)	(Date)
(Signature)	(Date)
(Signature)	(Date)

2018 Castro Valley Ski Club presents

Majestic Morocco

CASABLANCA, MARRAKESH, DADES, ERFOUD, FEZ & RABAT



May 2-14th, 2018 \$3175.00 per person

Your tour of Morocco includes:

- · Round- trip Air from LAX or SFO
- · Intra-Morocco ground transportation and transfers
- · Accommodations at First Class hotels
- · 18 meals: 11 full buffet breakfasts, 2 lunches and 6 dinners
- · Comprehensive sightseeing tours including admission fees
- · Horse-Drawn Carriage Ride & Authentic Moroccan Dinner
- · Experienced English speaking Tour Director throughout
- Tips

Itinerary at a glance

- · 1 night in Casablanca
- · 3 nights in Marrakesh
- · 1 night in Dades
- · 2 nights in Erfoud
- · 2 nights in Fez
- · 2 nights in Rabat



For more info - Tucker Hoffmann - CVSC Travel Director 2657 Rivers Bend Circle Livermore, CA 94550 925-371-1910 <u>tkhoffmann@comcast.net</u>

CV5C C5T # 2081040

2018 Castro Valley Ski Club presents

Iceland Summer Adventure

REYKJAVIK, VIK, WESTMAN ISLANDS, SELFOSS & BLUE LAGOON



July 31-Aug 9, 2018 Estimated price \$3600

Your package includes:

- · Round-trip, non-stop flight on IcelandAir from West Coast
- · Airfare taxes, fees & fuel surcharges
- Ground transportation
- · Accommodations at centrally-located, Scandinavian-style hotels (simple)
- 14 meals: 9 breakfasts and 5 dinners
- · Comprehensive sightseeing as per itinerary
- · Experienced, English speaking guides
- Tips

Itinerary at a glance

- · Overnight flight on Icelandair
- 2 nights in Reykjavík
- 2 nights in Vik
- 2 nights in Selfoss
- 2 nights in Reykjavik
- Return flight on Icelandair



for more info call - Tucker Hoffmann - CVSC Travel Director 2657 Rivers Bend Circle Livermore, CA 94550 925-371-1910 tkhoffmann@comcast.net

CV5C C5T # 2081040

Castro Valley Ski Club

Presents

@ Beaver Creek. Not exactly roughing it.



2018 CVSC Ski Week Beaver Creek, CO Feb. 10-17, 2018 \$1195

Package Includes:

- 7 Nights Lodging (dbl. occ.) at The Charter
- 5 day Lift Ticket
- Porter Fees
- · Wine & Cheese party
- CVSC party

note: air/transfers not included in this price

Lift tickets are included in the ski week package; If you have an EPIC pass deduct \$430.

Free indoor parking Bar & Restaurant on property Ski in Walk to village



Send \$200 deposit to: (\$50 is non-refundable)
Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle, Livermore CA 94550

925-371-1910 tkhoffmann@comcast.net CVSC CST # 2081040 Nancy Ellis VP of North American Travel Far West Ski Association P.O. Box 9681 Truckee, CA 96162 530-414-8261 cell 530-582-0566 home phone/fax FWSATravelNancy@sbcglobal.net



Gloria Raminha Trip Leader Far West Ski Association 12707 Windy Ridge Dr. Bakersfield, CA 93312 661-800-8229 cell 661-829-5996 home phone/fax Garski2011@gmail.com

IDITAROD/ALYESKA, ALASKA

February 25th to March 4th, 2018

Optional daily activities and lift tickets can be purchased at: https://www.sportsamerica.com/online/fwsaactivities

Optional Activity Suggestions:

Ski Alyeska Resort - Lift ticket prices range from \$54.50 per day for adult & \$41 for seniors.

Wildlife Tour		\$ 99
Winter Dog Sledding	Full Day Trip	\$299
Glacier Walk	Full Day Trip	\$249
Blackstone Glacier Cruise	Full Day Trip	\$350

Note: Activity prices are subject to change

<u>\$1265 - FWSA PACKAGE INCLUDES:</u>

5 NIGHTS AT HOTEL ALYESKA – 2/25 to 3/2, 2018
2 NIGHTS AT THE HOTEL CAPTAIN COOK, ANCHORAGE - 3/2 to 3/4, 2018
ROUND TRIP CHARTER BUS BETWEEN AIRPORT & LODGING LOCATIONS
WELCOME PARTY
FAREWELL PARTY
FOR A SINGLE SUPPLEMENT, ADD \$930.

Prices for children are available on request.

Prices are per person, based on double occupancy; portage is included in the price.

Check the appropriate price package below:

Male Process

The package includes five nights lodging at Hotel Alyeska (double occupancy) and two nights lodging at The Hotel Captain Cook (double occupancy and FWSA planned activities.

D. L. D. L. C. 61265 00 D. LL O.

Make payment to r w SA.	Package Price is:	\$2195.00 - Double Occupancy
Check Room Type:	Deluxe King Bed	Two Double Bed Room
Provide roommate info	rmation:	
Have Roommate:	Roommate Name:	
Need Roommate:(If a roommate is needed, FWSA will notify you if we have a sign up requesting the need of a roommate. It is also your responsibility to find a roommate. If a roommate is not found, you will be subject to a single supplement payment)		

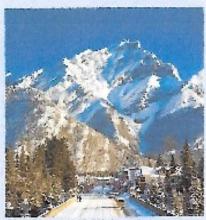






Feb. 3-10, 2018

BAC 2018 FW5A Ski Week To Banff, Canada



Tri-Asca Lift Tickets for Sunshine Village, The Lake Louise Ski Resort and Mit. Norquay

5-Day Advit	\$292
5-Day Senior	\$263
6 -Day Adult	\$345
6-Day Senior	\$310

Banff is situated within the wilderness mountain treasure of the Banff National Park. Ski visitors atop any mountain in this Canadian Rockies range will be struck by it's jagged peaks & stunning vistas. Three ski areas are all serviced by a convenient short complimentary shuttle system. Our BAC group will be staying at the first class Historic Vairment Banff Springs Hotel & the full service in-town. Banff Park Lodge in king or queen bodded botel rooms. The exciting array of activities available include: skaring, snowshoeing, dog sledding, ice field exploration, hot springs, and cross country skiing.

Registration Opens on March 13th-\$200 deposit check to: BAC Travel. Lodging and Amenities Packages range from \$995-\$1445 not including lift tickets & transportation. Optional Jasper post-trip from Feb. 10-13th. Group Air also available.

Amenities include:

- 7 Nights Lodging
- Mountain Tour
- Council Night Direct
- · Farewell Après Party
- Welcome Party
- · Racing
- · Mountain Picnic
- FWSA Banquet/Dance

Registration and Information Contact: gaifb3098@gmail.com Gaif Burns, BAC Travel Director, 123 Phillips Lane, Woodside, CA 94062 650 255-7883

Must be a Member of Par West Ski Association or an affiliated ski club FWSA CST#:036983-40 /BAC CST#2050870-40





BAC JASPER POST EXTENSION TO BANFF SKI WEEK FEBRUARY 10-13, 2018

3 nights at Four Star Jasper Lodge Fairmont Hotel
Welcome Party in Jasper

Cabin Farewell Party at the Jasper Fairmont

Bus Transfer from Banff to Jasper via the Ice Fields

Transfers from Jasper to Edmonton Airport

Group Air option available into Calgary and out of Edmonton

Price: \$525.00 includes transfers, amenities & lodging

Adult Lift Ticket to Marmot Basin: \$49.00 pre-purchase price

Mailgne Canyon Ice Walk: \$45.00 to frozen waterfalls

Send your \$100 Deposit check to **BAC Travel**: Gail Burns, 123 Phillips Lane, Woodside, CA. 94062, gailburns@earthlink.net; Trip Leader: Wanda Ross, wandaful@gmail.com

Spectacular Ships • Affordable Balconies • World-Class Dining & Entertainment









PTMH H9067 + © Princess Cruises 2009. Ships of Remudan registry. This promotional piece is previous and distributed by an independent travel agency, not by Princess.

17 DAY ANDES & SOUTH AMERICA LOS ANGELES TO SANTIAGO ON THE EMERALD PRINCESS

December 3-20, 2017

Prices are per person double occupancy:

\$1699.00 Oceanview \$1999.00 Balcony \$2299.00 Mini-Suite

\$205.00 PORT FEES & TAXES PER PERSON

Air & transfers not included

Group Cocktail Parties Included

Ex Military: \$100.00 onboard credit, I will send the form if needed



Departing from: Los Angeles, California

Ports of Call: Cabo San Lucas, Mexico • Puntarenas, Costa Rica • Callao (Lima), Peru • General San Martin

(Pisco), Peru • Coquimbo (La Serena), Chile • Valparaiso (Santiago), Chile

Ships Cancellation Policy

FULL REFUND DEPOSIT until Sept. 19, 2017

Sept. 20, 2017 \$100

October 8, 2017 50% PENALTY
November 5, 2017 75 % PENALTY
After Nov. 19, 2017 no refund

Right now there is a new promotion going on. \$100 deposit. Free gratuities and \$150 per person on board spending money.

Call Tucker Hoffmann to book your cabin. You will need to give him your credit card number FINAL PAYMENT DUE September 17,2017



925-371-1910 -home - 510-329-6838 - cell tuckerhoffmann@aol.com/tkhoffmann@comcast.net Castro Valley Ski Club Travel CST#2081040-40



2017/2018 Avid Skiers in Control

Claudia Fernandes Anne Wilburn President 925-462-6573 Claudia.fernandes4108@gmail.com 925-200-2801 annewilburn@comcast.net Vice President 925-447-5148 **VP Membership** Maggie Jong mozoro25@gmail.com **VP Club Activities** 925 846-7250 greendm@comcast.net Pat Green Phyllis May Secretary 925-371-1667 phyllismay@comcast.net Treasurer Elizabeth Yagle 510-537-2099 e.and.w@sbcglobal.net Newsletter Editor Dennie Warren 510 759-3415 dennieluuu1@att.net Web Manager Ray Jong 925-447-5148 skibuff@comcast.net Tucker Hoffmann **Travel Director** 925-371-1910 Tuckerhoffmann@aol.com Karen Wehrman **Past President** 510-538-2872 kwehrman@comcast.net Trustee Kathy Hoffmann 925-371-1910 tkhoffmann@comcast.net Safety Chair Sandy Beecher 707-255-4139 srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:

Singles league racing:

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Open league racing: olrc.org

Road conditions: 1-800-427-7623

Weather: nws.mbay.net/home.html

Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR OCTOBER, 2017



The next meeting will be at

Don Jose's Restaurant 3430 Village Dr. Castro Valley, CA

(meeting starts @ 7:00 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES

First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS