Castro Valley Ski Club Newsletter



Castro Valley, CA 94546 www.cvskiclub.org

CVSC SkiZette August, 2012



EVENTS CALENDAR

(f) = flyer in this issue

AUGUST



- CVSC board meeting/bbq at Kathy & Tucker's
- CVSC general meeting/bbq at Jim & Karen's

SEPTEMBER

- CVSC board meeting at Karen & Jim's
- BAC/DSUSA Oakland A's fundraiser/tailgate/fireworks (f)
 - CVSC general meeting at Don Jose's

OCTOBER

- CVSC board meeting at Pat's
- CVSC general meeting at Don Jose's
- 0/17- Australia & New Zealand trip (non-skiing)

UPCOMING

/26-2/2 CVSC Ski Week at Crested Butte, CO (f) ept/Oct Borneo Adventure (dates TBD)

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org







Visit our Website at www.cvskiclub.org

President's Messe/ 3

Inside this issue:

Word from our VP	5	8
Travel Update	4-6	15
Trip to So. America	7-11	12
Special Meeting/bbq	12	14 19
Mountain Lion Safety Tips by Sandy Beecher	13	10
CVSC 2013 Ski Week at Crested Butte, CO	14	17 10/17- 11/5
DSUSA/BAC Oak- land A's fundraiser	15	2013: 1/26-2
Avid Skiers in Con- trol	Back- page	Sept/C

Castro Valley Ski Club Newsletter





Didn't get your newsletter? - Change of Address? -PLEASE Contact Dave Silva, VP Membership email: silvadave@yahoo.com





Igor Goulaevsky	2	Wayne Stolfus	14
John Houseman	2	Brigitte Schneider	14
Craig Phillips	4	Jerry R. Svensson	16
Karen Kimball	4	Jackie Imhoff	16
Craig Tangen	6	Marsha Rubis	20
Tracy Johnson	7	Joseph Loader	21
Lawrence Nunnally	9	Robin Georgeff	27
Inge Terpening	10	Lisa Weil	27
Kathy Hoffmann	12	Pam Quinn	29





President's Message

Hello Everyone,

As we roll along, I hope everyone is having a great Summer, and as we approach the "dog days of summer", may you all stay cool. My first thought when we reach these milestones is that ski season is that much closer. Like many of you, I really look forward to the next ski season - and also look forward to the annual ski trip to parts beyond the Sierras - next season to Crested Butte, Colorado!



Karen Wehrman President

Summer does hold its pleasures, though, and one of them is getting together with friends at the summer Bar-B-Que meetings. Last month Ron and Anne White hosted the Club at their communal area, and it was a great meeting. It was well-attended, and there was lots of lively conversation, great food and an informative meeting. Thanks so much to Ron and Anne for their generous hospitality!

The Bar-B-Que meeting in August will be held at my house in Castro Valley, and I really hope I'll be seeing you here. Check the calendar in this Skizette issue for further information.

Fred and Marsha Rubis have postponed the Vin et Cuisine event, so please watch for more information about that too. This is always a fun event, and you won't be sorry if you come and enjoy gourmet food and great wines. Thank you, too, to Fred and Marsha for hosting this wonderful event!

There will be a lot going on this year, so please start thinking about how you want to contribute and add to the fun in your own way.

I will end this message with a note of great sadness at the passing of a long-time, active, and beloved member of Castro Valley Ski Club. Astra Gabriel passed away earlier this week, after a long battle with cancer, and we are all feeling the loss already. Astra was a special person, with a quick smile, a sweet nature, and a great sense of humor - she will be greatly missed by everyone who was lucky enough to know her. Our thoughts and prayers are with Steve James and her family at this difficult time. Notice of a celebration of her life will be forthcoming when the date has been set.

With this news, we are all reminded of how precious life is, and I, for one, am grateful for the good times, great friends and fellowship that Castro Valley has brought to my life - I hope you feel the same way and that I will see you soon at one of the gettogethers coming up.

Stay safe and cool,

Karen

A Word from our VP

Well, Club companions, did you attend the July barbeque-meeting at the "White house"? We had a great time and the weather was perfect, though my suggestion that we throw the Club President into the pool went nowhere. But we will get another chance--the August



Ron White Vice President

barbeque-meeting will be at her house. I'm confident you're finding out all about that party in the column just to the left of this one. Come and enjoy the fun.

No added BAC news to what's already reported; but there is an updated flier for the Oakland A's game and tailgate event, likely attached to this Skizette. About half of the 150 available tickets are already sold for this September game, so you better decide soon if you would like to attend.

As you heard from our President if you attended the July barbeque, we have indicated to the others in the BAC 2013 Convention planning group that CVSC will volunteer to stuff the Swag Bags given out at the Far-West Convention with the available goodies. Other clubs will beg for the swag and provide it in cartons, and others will design the logos for and acquire the bags. A few CVSC volunteers (probably also attendees) are planned to crash at some Truckee pads the Wednesday before the big Thursday arrival in Reno, get together at one of them, eat pizza and drink beer, and stuff the bags before the beer runs out.

Possibly harder to volunteer for is the "Eye-opener Breakfast" from 7-8am the convention morning after the big party, fixing the Bloody Mary's and the like. The Silva twins say they will just stay up and party all night to perform for this. Ahhh, to be young again.

Your dedicated VP, Ron



HOT NEWS – Beaver Creek has been chosen for the FWSA 2014 Ski Week JAN 25 – FEB 1, 2014.

CASTRO VALLEY SKI CLUB 2013 Crested Butte, Colorado – <u>www.skicb.com</u> JANUARY 26 – FEBRUARY 2, 2013



CVSC has 46 signed up for this trip. We still have room if you are interested. <u>3rd payment now due.</u> August 1st, 2012 -- \$250 if driving or \$400 if you need air from SFO

Plaza Condominiums – \$735.00 2 BED 2 BATH (sleeps 4)

Located just 100 yards from the main Silver Queen quad lift. These units offer condominium conveniences in a hotel-like setting. The Plaza is an easy walk to the action packed ski area base and offers the most on-site amenities of any complex in Mt. Crested Butte.

The Grand Lodge - Emmons Studio Suite \$835.00 (sleeps 2)

The Grand Lodge is a full-service hotel located just 200 yards from the ski lifts. The Emmons Studio comes equipped with a king size bed, and for your convenience, there is also a pull-down king size Murphy bed in the living area. In addition, our oversized Emmons Studios have mini kitchenettes with a microwave, dishwasher, dishware, sink, one burner stove, and refrigerator.

INCLUDES

- · 7 nights Lodging at either the Grand Hotel Emmons Studios or the Plaza Condos
- 5/DAY LIFT TICKET
- PORTER AT HOTEL
- Welcome Party
- Mountain Picnic
- CVSC Dinner

Not included: AIR: \$465.00

UNITED CRESTED BUTTE TRIP SFO / GUNNISON JAN 26th SFO 5:50 A.M. arrive DEN 9:20, depart 11:17 arrive GUNNISON 12:13P.M. FEB 2nd GUNNISON 12:43 P.M. arrive DEN 1:45 , depart Denver 3:15 arrive SFO 4:54P.M.

Contact - Tucker Hoffmann at tkhoffmann@comcast.net for more information

2012 - AUSTRALIA & NEW ZEALAND

SYDNEY, GREAT BARRIER REEF, CAIRNS, MELBOURNE, CHRISTCHURCH, QUEENSTOWN, MILFORD SOUND, AUCKLAND

Oct. 16 - Nov. 5th, 2012. - SOLD OUT - 42 going Price is \$5450 including all taxes & tips





- Round-trip, non-stop international airfare from Los Angeles
- Airline fuel surcharge
- All intra-South Pacific flights, ground transportation and transfers
- Accommodations at deluxe and superior first class hotels with private bath
- One night accommodation on a New Zealand Farm with dinner
- Full buffet American breakfast daily
- A welcome dinner in Auckland
- Sightseeing tours including admission fees as indicated in itinerary
- Special dinner in Queenstown at the top of the Gondola
- Milford Sound Excursion
- Great Barrier Reef Excursion
- and more.....

2013 Borneo Adventure - 16 days

We will start taking deposits VERY soon. PRICE will be around \$3600 Dates TBA, end of September-first part of October

Highlights Kuching, Mulu, Kuala Lumpur. The Sarawak Cultural Village, Niah National Park & Mt. Kinabulu. Possible optional extension to Singapore

Included Features:

- Round-trip airfare from Los Angeles via China Air
- All intra-Asia flights and ground transportation
- · Accommodations in deluxe and superior first class hotels
- Buffet breakfast daily
- 6 lunches 6 dinners
- · Comprehensive sightseeing tours
- Professional English speaking tour guides
- Plus more.....



Join us on a fascinating journey to the island of Borneo, Malaysia, where a mosaic of indigenous tribes, intriguing history, beautiful, ancient rain forests, rivers and diversified wildlife await. In addition, you'll visit one of the most dynamic and fascinating Asian cities, Kuala Lumpur. Here you'll explore exotic markets, lantern-lit streets, temples and other remnants of Malaysia's unique and colorful heritage tucked among the skyscrapers, shopping malls, restaurants, exciting nightlife and other icons of modern life. All of this is yours in one, fantastic journey of discovery for a price that is as amazing as the destination itself.

FWSA TRAVEL



FWSA 2012 - 3RD ANNUAL DIVE TRIP:

The next dive trip will be held September 1–8, 2012 led by a master diver himself, our own President Randy Lew. This will be his 3rd dive trip as our leader taking the group to Cayman Brac where you will enjoy seven nights at the Brac Reef Beach Resort, daily breakfast and dinner, six days of two-tank boat dives and so much more! **Contact Randy Lew at fwsa13randy@telis.org.**

FWSA 2013 INTERNATIONAL SKI WEEK:

Mark your calendar and allocate your travel dollars for next 2013 International Ski Week from March 2 – 10, 2013 in Innsbruck, Austria. You will spend seven nights at the four-star Hotel Grauer Bar with daily breakfast and dinner included. Innsbruck, the Tyrolean capital, hosted the Winter Olympics in 1964 and 1976. It has over 320 miles of trails easily accessible in 25 surrounding village resorts. There are nine major ski areas that provide varied terrain for all levels of skiers. The post extension trip from March 10–17 will offer five nights in Garmisch for skiing and adventure, then two nights in Munich, Germany. Both weeks will offer optional tours for both skiers and non-skiers alike. Contact **Debbie Stewart at: FWSAInt|Trvl@prodigy.net**

Panama Canal Cruise

It is not too late to sign-up: We will set sail from Los Angeles September 28, 2012 for a 14-day cruise on the Norwegian "Pearl" ship. The ports of call for this cruise are: Cabo San Lucas, Puerto Vallarta, Huatulco, Puerto Chiapas, Puntarenas, (Transit the Panama Canal) and Cartagena. We will arrive in Miami on October 12.

For details and sign-up information for this cruise, contact **Gloria Raminha at fwsa.natravel@bak.rr.com** or call 661-800-8229. Full payment is due in July so do not hesitate to sign-up soon if you're interested in this trip. Prices will vary for different category levels.

Ski Week 2013 at Aspen/Snowmass, Colorado

Aspen/Snowmass, Colorado is the location of our 2013 ski week. The ski week will be held February 2 to 9. Aspen/Snowmass offers one lift ticket good for four mountains (Snowmass Ski Area, Buttermilk Mountain, Aspen Mountain and Aspen Highlands). The four mountains await our presence.

Ski week activities will consist of: Welcome Super Bowl Party 5 or 6 Days of Lift Tickets Pub crawl Races Après Party Mountain lunch Awards Banquet and Dance & More.

Contact Paula Kinahon - BAC Travel Director @ Pkinahon@Gmail.com

Tucker Hoffmann - CVSC Travel Director & Kathy, assistant 2657 Rivers Bend Circle Livermore, CA 94550

925-371-1910 tkhoffmann@comcast.net



CVSC CST # 2081040

Our South American Adventure

Lake Titicaca

Machu Picchu

Amazon River Boat Cruise

What is there to say about what we saw, learned, experienced.....????? Mere words can hardly convey, but we'll try our best.

Aside from the actual experience, the trip in and of itself was mind boggling..... it was a many faceted excursion. We had people going on only the Amazon River, people going on the Amazon, as well as Lake Titicaca, those going on the Amazon and Machu Picchu, AND, last but not least, those doing the whole 9 yards ... the Amazon, Lake Titicaca and Machu Picchu.

All of us who experienced the Amazon River (and of course the rain forest), came away with many thoughts, ideas, feelings/emotions. I can only say for myself (your kindly editor) that I was totally and completely in awe of what we experienced. Coming from the U.S., the most advanced continent on the globe, visiting a place like the Amazon, a most primitive people, really made me pause for thought.

We were given the most wonderful experience of meeting some of the natives in the rain forest, and sharing lunch with them. Learning their life style, culture, and beliefs put American life style in a quite different perspective.







First stop on our trek, the city of Lima, looking out on the Pacific Ocean, it is a very modern city.







On our way to Machu Picchu, we stopped in the city of Cuzco, a very old city, one of many cathedrals, and very ruggedly constructed city streets.

Photos courtesy of: Karen Lawlor, Tracy Johnson, Eva Lanphear, Kathy Hoffmann, Dennie Warren

A visit to Machu Picchu







3-hr train ride to the ancient ruins



Ruins of the ancient Inca civilization.







LAKE TITICACA EXTENSION June 3-6, 2012

In between the 2 Amazon Trips we had 31 members go with us to Lake Titicaca which is located around 12000 feet above sea level. Lake Titicaca is a lake in the Andes on the border of Peru and Bolivia. By volume of water, it is also the largest lake in South America.

The most famous sites on the lake are the unique floating islands of the Uros people, made of Totora reeds. The Uros began their unusual floating existence centuries ago in an effort to isolate themselves from the Colla and Inca tribes. Today about 300 families live on the islands, however their numbers are slowly declining. The Totora reeds that grow in the shallows of the lake are used for making everything from the islands themselves to the model boats that the islanders sell. The islands are made up of layers upon layers of reeds; as the layers closest to the water start to rot, they are replaced with fresh reeds on top. The reeds are also used to build their boats, which if constructed well will last up to 6 months.

From Lake Titicaca, 15 of us went by train from Puno to Cusco. It is one of the top 10 train rides in the world and it lived up to it's reputation. The trip was 10 hours and included lunch, tea, pisco sours, a fashion show and live entertainment. I don't think any of us slept and the time flew by. I highly recommend it if you ever get the chance.



Our time on the Amazon.....



Our fabulous cruise ship, "Jungle Discovery"

The Amazon Region contains the world's largest tropical rainforest, the world's longest river, and possibly the greatest diversity of wildlife to be found anywhere.



On the Amazon, pulling to shore, the natives were as curious about us as we were them.....



What the natives caught for supper (catfish).



Getting ready to go to the marketplace to sell their wares.



Thatched huts (natives' homes) along the shore.

.....and in the rain forest



Creepy, crawly critters!!!!! (Pink toed tarantula)



Making friends!!!! (with baby anachonda)



Pirahna..... GOTTCHA!!!!





Hundreds of species of birds.....



An iguana posed for photo op!!



Poison dart frog



the ever elusive sloth!





The natives were SO friendly!!!!!

CVSC special bbq meeting in Livermore



..... and then — DOWN TO BUSINESS!!!!!

Mountain Lions are <u>occasionally sighted</u> in the Bay Area hills. They are very shy and elusive animals. Chances are you will never get to see one of these majestic creatures in the wild, but if you do, the California Department of Fish and Game recommends that you take the following actions, which are based on behavior analysis of attacks by mountain lions, tigers and leopards:

DO NOT HIKE ALONE. Make plenty of noise to reduce your chances of surprising a lion. Go in groups, with adults supervising children. A sturdy walking stick is a good idea: you can use it to ward off a lion.

KEEP CHILDREN CLOSE TO YOU. Observations of captured lions reveal that the animals seem especially drawn to children. Keep children within your sight at all times.

STOP! Do not run from a lion; back away from it slowly, but only if you can do so safely. Running may stimulate a lion's instinct to chase and attack. Face the lion and stand upright. Make eye contact. If you have small children with you, pick them up so they won't panic and run. Although it may seem awkward, pick them up without bending over or turning away from the lion.

DO NOT BEND OR CROUCH OVER; DO ALL YOU CAN TO APPEAR LARGER. A person squatting or bending over looks a lot like a four-legged prey animal. Raise your arms. Open your jacket, if you're wearing one. Throw stones, branches, or whatever you can grab without crouching down or turning your back. Wave your arms slowly and speak firmly in a large voice.

DO NOT APPROACH A LION, especially one that is feeding or with kittens. Most mountain lions will try to avoid confrontation. Give them a way to escape.

FIGHT BACK IF ATTACKED. Try to stay on your feet if a lion attacks you. Lions have been driven off by prey that fights back. Some hikers have fought back successfully with sticks, caps, jackets, garden tools, and their bare hands. Since lions usually try to bite the head or neck, try to remain standing and face the attacking animal.

Report all mountain lions sites to you local police.

For more information about mountain lions, please contact the Department of Fish and Game, 1416 Ninth Street, Sacramento, CA 95814

(submitted by Sandy Beecher)

Castro Valley Ski Club presents



Crested Butte, Colorado Jan. 26th – Feb 2nd, 2013

\$735 Or \$835 (ground only, depending on lodging)

We still have spots available for this trip. 46 of us so far......

INCLUDES

- 7 nights Lodging at either the Grand Hotel Emmons Studios or the Plaza Condos
- 5/DAY LIFT TICKET
- PORTER AT HOTEL
- Welcome Party
- Mountain Picnic
- CVSC Dinner

Not included:

- R.T. Air into Gunnison with Transfers add \$465
- Optional sleigh ride dinner

SIGN-UPS & DEPOSITS:

To guarantee your reservation your payments must be received by the specified payment schedule enclosed in this package. Please feel free to contact Tucker or Kathy Hoffmann 925-371-1910 if you have any questions concerning the trip.





Oakland Athletics vs. Orioles



Friday, Sept. 14, 2012

Game time @ 7:05pm.

\$27 Seats, Regularly \$30

Bay Area Snow Sports Council, BAC presents its Seventh Annual



FUND RAISER for Disabled Sports USA



All proceeds over cost go to DSUSA Additional contributions will be greatly appreciated Deadline for purchasing tickets: 8/24/2012

FIREWORKS NIGHT

Lower Box, 1st base side "Great view for fireworks"

Tailgate BBQ \$10 5-7 pm Meet at the north side of the stadium

Look for the BAC banner at Ball Park

BAC is looking for volunteers and donators to make this our best ever event

> Contact: Norm Azevedo (925) 944-9816, <u>nazevedo@sbcglobal.net</u> 901 Sousa Dr. Walnut Creek, CA 94597



Supported by Vail Resorts



President Vice President VP Membership VP Weekend Trips Secretary Treasurer Newsletter Editor Web Manager Race Director Activity Director Travel Director Past President Trustee Safety Chair Karen Wehrman Ron White Dave Silva Jim Silva Eva Lanphear Claudia Fernandes Dennie Warren Keith Wilson Pat Green Tucker Hoffmann Ralph Sherman

Kathy Hoffman

Sandy Beecher

510-538-2872 925-443-3106 510-538-2322 510-538-2872 510-793-3863 925-462-6573 510 759-3415 925-828-8265 925 846-7250

925-828-8265 925 846-7250 925-371-1910 925-449-7941 925-371-1910 707-255-4139 kwehrman@comcast.net ronkewhite@gmail.com silvadave@yahoo.com kwehrman@comcast.net ejlanphe@pacbell.net Claudia.fernandes@jud.ca.gov dennieluuu1@att.net

Keithwilson108@sbcglobal.net greendm@comcast.net tkhoffmann@comcast.net shermscape47@yahoo.com tkhoffmann@aol.com srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:Far West Racingslracing.tripos.com/schedule.htmWeb cams on the c

Far West Racing Assoc: fwra.com Web cams on the slopes: magnifeye.com Road conditions: 1-800-427-7623 Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com Sierra webcam: <u>sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/</u>

SKIZETTE FOR AUGUST, 2012



The next meeting will be August 15

Karen Wehrman & Jim Silva 4235 Krolop Rd Castro Valley, CA (meeting starts ~ 6 pm) **SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES** *First With Safety Awareness Slogan award spon-*



sored by:

ASPEN & SNOWMASS