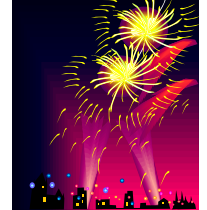




Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

July, 2012



EVENTS CALENDAR

(f) = flyer in this issue

JULY

- 11 CVSC board meeting at Keith's
- 14 CVSC Vin et Cuisine at Fred & Marsha Rubis' (f)
- 18 CVSC general meeting/bbq at Ron & Ann White's

AUGUST

- 8 CVSC board meeting/bbq at Kathy & Tucker's
- 15 CVSC general meeting TBD

SEPTEMBER

- 12 CVSC board meeting at Karen & Jim's
- 19 CVSC general meeting at Don Jose's

UPCOMING

- 10/17-11/5 Australia & New Zealand trip (non-skiing) 2013:
- 1/26-2/2 CVSC Ski Week at Crested Butte, CO (f)
- Borneo Adventure (dates TBD)

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org



JULY BIRTHDAYS

Gary Niese	6	Walter Johnson	18
Jane Fontius	8	Keith Wilson	20
Linda Nunnally	11	Gary Imhoff	21
Daniel Moritz	12	Robert Smith	23
Peter Poulsen	13	Anne Wilburn	25
Linda O'Hare	14	Phyllis Fagan	25
Lynda Nestlebusch	15	Jim Silva	27



Visit our Website at www.cvskiclub.org

SkiZette Policy NEWSLETTER

DEADLINE: last week of the month

Articles submitted by this date will be included in the following month's newsletter.

Submit articles to:

Dennie Warren, Editor
email: dennieluuu1@att.net

*Didn't get your newsletter? - Change of Address? -
PLEASE Contact Dave Silva, VP Membership
email: silvadave@yahoo.com*



President's Message

Hi All,

I hope everyone is having a wonderful summer so far - and it will get even better if you plan on joining in some of the fun planned with CVSC. Fred and Marsha Rubis are hosting, again, their very popular event, Vin et Cuisine, on July 14 - please see further details later in this issue of the Skizette. This is always a fun, tasty and relaxing way to spend an afternoon with friends and fellow members, and I hope to see you there!! Thank you so much, Fred and Marsha, for hosting this great event.



Karen Wehrman
President

On Wednesday, July 18, Ron and Anne White will be hosting our regular monthly meeting at their wonderful outdoor venue in Livermore. Please come and enjoy a fun time and share good fun, good conversation and great food with lots of friends - this meeting will start a little earlier than usual so we can Bar-B-Que, so check out the details in this issue of the Skizette. Do you see a theme here - this newsletter holds all the information you need to have a really fun July!! Many thanks go to Ron and Anne for hosting this fun meeting!

Many of us have returned from the Amazon River trip (fantastic adventure, by the way), so this could be an opportunity to catch up on travel stories if that interests you.

Ron White will have information on how our club can get involved in the next Far West convention, 2013 in Reno next year, so come and find out all about it. So, in other words, come out and find out what's going on, what has gone on, and throw in some of your own ideas about what you would like to see happen - don't miss out!

Have fun in the sun and stay cool and informed with CVSC summer events!

Karen



Castro Valley Skiers,

For the **honorary members** of the race team, there is a **race** scheduled for August. It is a race for the beach. It will be on the hottest day - you pick it. If you pick a beach with sand dunes, you can slide down just like **skiing**! Otherwise try **body surfing**. There is similarity there too!

So, enjoy yourselves!

Keith Wilson
Race Director



Keith Wilson
Race Director

A Word from our VP

So we welcome a beginning to the summer that is just about as weird as the recent winter. But many of us already missed the first piece of it traipsing through the Amazon mugginess on a CVSC-inspired and led trip. Many also experienced the strange, water-bed like floating islands on Lake Titicaca, and the lost civilization at Macchu Picchu. Interesting that there was only one actual Inca, the big guy; the rest comprised mainly three other-named tribes.



Ron White
Vice President

So, being summer, we need some non-skiing events. A leading candidate is the first CVSC Summer Barbecue on July 18th at the White House...the one in Livermore; event flyer attached.

Another is the river-rafting weekend with Apres Ski Club on the South Fork of the American River August 3-5, 2012. A flyer is attached.

Yet another is the 7th Annual BAC/Disabled Sports USA/ Tailgate BBQ/Oakland A's Baseball Game & Fireworks Show, once again being supported by VAIL Resorts. For info, see the BAC website (www.skibac.org). This was described as a smashing success by the fans that attended last year. Though absent, I thought so too. A Hansen Overnight bag they couldn't get into the tailgate area (too large for security!) to raffle off as a door prize, was raffled off at the BAC meeting, and I won it.

Yours,

Ron



CASTRO VALLEY SKI CLUB 2013

Crested Butte, Colorado - www.skicb.com

JANUARY 26 – FEBRUARY 2, 2013



2012 - AUSTRALIA & NEW ZEALAND

SYDNEY, GREAT BARRIER REEF, CAIRNS, MELBOURNE, CHRISTCHURCH, QUEENSTOWN, MILFORD SOUND, AUCKLAND

Oct. 17 - Nov. 5th, 2012.

Price is \$5450 including all taxes & tips

e-mail us... we may be able to add a few more spots...

2013 Borneo Adventure

Kuala Lumpur, Kuching, Batang Ai, Miri, & Kota Kinabalu plus Penang Island optional extension

PRICE will be around \$3600 with air out of LAX - 16 days

Dates TBA with a 3 day optional extension

Join us on a fascinating journey to the island of Borneo, Malaysia, where a mosaic of indigenous tribes, intriguing history, beautiful, ancient rain forests, rivers and diversified wildlife await. In addition, you'll visit one of the most dynamic and fascinating Asian cities, Kuala Lumpur. Here you'll explore exotic markets, lantern-lit streets, temples and other remnants of Malaysia's unique and colorful heritage tucked among the skyscrapers, shopping malls, restaurants, exciting nightlife and other icons of modern life.



E-mail us to get on the list for this trip. Most likely in September/October 2013

Tucker - CVSC Travel Director & Kathy, assistant

925-371-1910 tkhoffmann@comcast.net

CVSC CST # 2081040



CASTRO VALLEY SKI CLUB

Presents

Vin et Cuisine

A Celebration of Wine & Food Pairing

Saturday, July 14, 2012

Starting at 3:30 in the Afternoon

At the Home of

Fred & Marsha Rubis;

2465 Bess Avenue, Livermore, CA

***You are cordially invited to bring your favorite dish
with your paired wine selection and join others in an
afternoon of wonderful sampling of
taste delights.***

***Cooking grills and warming facilities will be provided for your food
and icing, if required for your wine. The Club will provide disposable
dinnerware and a light dessert for the occasion.***

Your food and wine selection choice is yours!

***Just bring enough tastings for about 10-12 servings
and any needed serving utensils.***

**PARTICIPATE IN THIS CHANCE TO SHOW OFF YOUR
CULINARY AND WINE SKILLS AND KNOWLEDGE!**

Send a Check to Pat Green for \$6 PER PERSON at:

4655 Cope Ct, Pleasanton, CA 94566

Phone: (925)846-7250

Email: greendm@comcast.net

CASTRO VALLEY SKI CLUB

SPECIAL MEETING AND BBQ

JULY 18, 2012

**RON & ANNE WHITE
4614 ALMOND CIRCLE
LIVERMORE, CA**

**THE CLUB WILL PROVIDE CHARCOAL
-- BYO DRINKS, MEAT TO COOK,
AND A DISH TO SHARE
(APPETIZER, SALAD, OR DESSERT)**

PLAN TO ARRIVE ~ 6PM





Rattlesnake Fact Sheet

Awareness

There are several species of rattlesnakes common to California, but the Northern Pacific Rattlesnake is the most prevalent in the District's service area. The physical appearance of each snake is variable, but some general principles in distinguishing rattlesnakes are:

- Broad, triangular head with a noticeable "neck" behind the head.
- A rattle located at the tip of the tail. The rattle is used as a warning device when they are threatened.
- Vertical pupils (non-poisonous snakes have round pupils) though hopefully you would not be close enough to notice this!

Rattlesnakes can be found in rural areas, as well as suburban areas where there is sufficient natural habitat. In Northern California snakes will hibernate during cold months and are active March through September.

Several rattlesnake sightings, including discovery of a nest of juveniles, have been reported this month throughout the District. Take special vigilance when entering into a vault

Prevention

If the rattlesnake is not cornered or imminently threatened, it will usually attempt to flee. Bites are often the result of a snake being startled or provoked, and the victim's underestimation of the range (roughly two-thirds of its total length) and speed (literally faster than the human eye can follow) with which a coiled snake can strike.

Avoid contact with rattlesnakes by remaining observant and not approaching the animals. Be particularly careful when working around fallen logs or boulders, and when near rocky outcroppings and ledges where rattlesnakes may be hiding or sunning themselves. Snakes will also occasionally sun themselves in the middle of a trail. If you do encounter a rattlesnake on a trail, keep your distance and allow the snake room to retreat.

Heavy boots and long pants reinforced with leather or canvas are recommended for hikers in areas known to harbor rattlesnakes.

Treatment

Get to a hospital as soon as possible. In the meantime, these first aid steps can be taken:

- Wash the bite with soap and water.
- Immobilize the bitten area and keep it lower than the heart.
- A suction device may be placed over the bite to help draw venom out of the wound. Snake bite suction instruments are available through the Central Warehouse (Stores Code #063449).

Antivenin treatment is typically used to block the tissue destruction, nerve damage, and blood-clotting disorders caused by rattlesnake venom. Keep snake bite victim calm to avoid elevating their heart rate and accelerating the circulation of venom within the body. Do not attempt to make incisions at or around bite sites, apply ice, or use tourniquets, as this could be more destructive than the venom itself.

Reporting & Relocation

All rattlesnake sightings should be reported immediately to your supervisor so that other workers in the area can be informed. In the event that a rattlesnake is discovered in an area that it needs to be removed from (a valve pit, a basement storage area, etc.), please contact the local District Rangers in that area.

Do not pickup or tap the snake.

Castro Valley Ski Club presents



Crested Butte, Colorado

Jan. 26th – Feb 2nd, 2013

\$735 or \$835 (ground only, depending on lodging)

We still have spots available for this trip. 46 of us so far...

INCLUDES

- 7 nights Lodging at either the Grand Hotel Emmons Studios or the Plaza Condos
- 5/DAY LIFT TICKET
- PORTER AT HOTEL
- Welcome Party
- Mountain Picnic
- CVSC Dinner



Not included:

- R.T. Air into Gunnison with Transfers add \$465
- Optional sleigh ride dinner

SIGN-UPS & DEPOSITS:

To guarantee your reservation your payments must be received by the specified payment schedule enclosed in this package. Please feel free to contact Tucker or Kathy Hoffmann 925-371-1910 if you have any questions concerning the trip.

Plaza Condominiums - \$735.00 2 BED 2 BATH (sleeps 4)

Located just 100 yards from the main Silver Queen quad lift. These units offer condominium conveniences in a hotel-like setting. The Plaza is an easy walk to the action packed ski area base and offers the most on-site amenities of any complex in Mt. Crested Butte.



The Grand Lodge - Emmons Studio Suite \$835.00 (sleeps 2)

The Grand Lodge is a full-service hotel located just 200 yards from the ski lifts. The Emmons Studio comes equipped with a king size bed, and for your convenience, there is also a pull-down king size Murphy bed in the living area. In addition, our oversized Emmons Studios have mini kitchenettes with a microwave, dishwasher, dishware, sink, one burner stove, and refrigerator.



ABOUT CRESTED BUTTE

There are few places remaining that can be called a true Colorado ski town. Crested Butte is considered a holdout, retaining its small town charm and the adventurous soul that it has always had. With no traffic lights or chain stores and people who openly celebrate life every day, the genuine nature of the community and the pristine surroundings immediately capture you. Here, your time isn't just about a visit to ski an incredible mountain. It's about being away from your other world, finding adventure in an unspoiled setting surrounded by majestic peaks, wide valleys, and being connected to the culture and lifestyle that is Crested Butte.

Crested Butte has always been known as the perfect mountain to improve your skiing because of the diverse terrain and easy progression from beginner, intermediate and advanced sections of the mountain. This unique character of the mountain combined with uncrowded slopes, fantastic grooming and snow conditions gives one a sense of freedom and confidence.

AIR:

UNITED CRESTED BUTTE TRIP SFO / GUNNISON
\$465.00 24 SEATS

JAN 26th SFO 5:50 A.M. arrive DEN 9:20, depart 11:17 arrive GUNNISON 12:13P.M.
FEB 2nd GUNNISON 12:43 P.M. arrive DEN 1:45 , depart Denver 3:15 arrive SFO 4:54P.M.

PAYMENT SCHEDULE

Initial Deposit:	\$200 – PAID
June 15 th , 2012	\$250 if driving/\$400 if you need air from SFO
August 1 st , 2012	\$250 if driving/\$400 if you need air from SFO
Oct 1 st , 2012	Final Balance Due

CANCELLATION PENALTIES

JUNE 1 ST , 2012	\$50
August 1 st , 2012	\$200
November 1 st , 2012	No Refunds unless resold

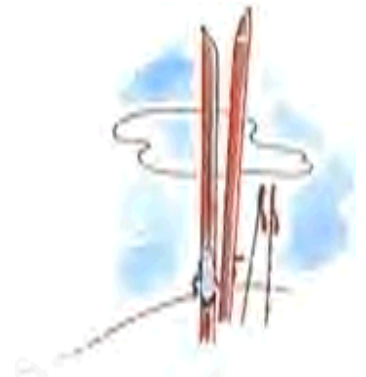
ALL CANCELLATIONS MUST BE IN WRITING

*If you cancel and we have to pay for a single supplement for your roommate you *may* be charged for the single supplement.

Please make all checks out to the “Castro Valley Ski Club” & send to the address below.

Tucker Hoffmann
CVSC Crested Butte Trip
2657 Rivers Bend Circle
Livermore, CA 94550
e-mail: tkhoffmann@comcast.net

CVSC CST # 2081040





Apres Ski Club Presents **River Rafting & Camping on the South Fork of the American River**



Friday (8/3/12) - Arrive at Campground Set up camp, wine and cheese reception & Camping
Saturday (8/4/12) - Breakfast, Day of Rafting w/lunch, Dinner & Camping
Sunday (8/5/12) - Breakfast

What you can expect on your Trip:



Camping at Camp Lotus in lovely Lotus, CA (right on the river)



Meals & Beverages included



Amazing River Experience

The rapids start out small but lively, which gives you a chance to warm up and get to know your crew and guide. After a hearty lunch, we prepare for the "Gorge," where the river narrows, the canyon walls become steeper and boats twist and turn over an exciting series of rapids including "Satan's Cesspool," "Bouncing Rock" and "Hospital Bar."



Campfire activities



And so many other things that I just can't put into words!

**Prices: Apres Members - \$190
All Others - \$205**

**Consider becoming an Apres member *FOR \$15 DISCOUNT* on this event!
\$60 Annual Membership (includes *1 night FREE Lodging* in North Lake Tahoe for joining!)**

Reserve your spot (by 6/30/12):

Pay via Paypal (nominal Paypal fee will be applied)

OR

Send Check made payable to

Apres Ski Club, PO Box 4794, San Jose, CA 95150

Contact bernadettefife@comcast.net for questions



Oakland Athletics vs. Orioles



Friday, Sept. 14, 2012

Game time @ 7:05pm.

\$27 Seats, Regularly \$30

Bay Area Snow Sports Council, BAC
presents its Seventh Annual



**FUND RAISER for
Disabled Sports USA**



All proceeds over cost go to DSUSA
Additional contributions will be greatly appreciated
Deadline for purchasing tickets: 8/24/2012

FIREWORKS NIGHT

Lower Box, 1st base side
"Great view for fireworks"

Tailgate BBQ \$10 5-7 pm

Meet at the north side of the stadium
Look for the BAC banner at Ball Park

BAC is looking for volunteers and
donators to make this our best ever event



Contact: Norm Azevedo
(925) 944-9816, nazevedo@sbcglobal.net
901 Sousa Dr.
Walnut Creek, CA 94597

VAIL RESORTS
EXPERIENCE OF A LIFETIME

Supported by Vail Resorts



2011/2012 Avid Skiers in Control

President	Karen Wehrman	510-538-2872	kwehrman@comcast.net
Vice President	Ron White	925-443-3106	ronkewwhite@gmail.com
VP Membership	Dave Silva	510-538-2322	silvadave@yahoo.com
VP Weekend Trips	Jim Silva	510-538-2872	kwehrman@comcast.net
Secretary	Eva Lanphear	510-793-3863	ejlanphe@pacbell.net
Treasurer	Claudia Fernandes	925-462-6573	Claudia.fernandes@jud.ca.gov
Newsletter Editor	Dennie Warren	510 759-3415	dennieluuu1@att.net
Web Manager			
Race Director	Keith Wilson	925-828-8265	Keithwilson108@sbcglobal.net
Activity Director	Pat Green	925 846-7250	greendm@comcast.net
Travel Director	Tucker Hoffmann	925-371-1910	tkhoffmann@comcast.net
Past President	Ralph Sherman	925-449-7941	shermescape47@yahoo.com
Trustee	Kathy Hoffman	925-371-1910	tkhoffmann@aol.com
Safety Chair	Sandy Beecher	707-255-4139	srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR JULY, 2012



The next meeting will be
July 18

Ron & Anne White
4614 Almond Circle
Livermore, CA
(meeting starts ~ 6 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS