



Castro Valley, CA 94546
www.cvsclub.org

CVSC SkiZette

June, 2019



EVENTS CALENDAR

(f) = flyer in this issue

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JUNE	
11	CVSC board meeting at Claudia's
13-16	FWSA 87th Annual Convention in Indian Wells, CA
26	CVSC End of Season Banquet
JULY	
10	CVSC board meeting at Dennie's (date & location of general meeting TBD)
AUGUST	
7	CVSC board meeting at Kathy & Tucker's (date & location of general meeting TBD)
UPCOMING	
9/5-19	CVSC Presents wonders of Israel & Jordan, Jerusalem, Galilee, Nazareth, Dead Sea, Masada & Tel Aviv (f) pg 7
2020:	
7/17-29	CVSC Russia River Cruise (f) pg 6
BAC/FWSA TRIPS	
Please visit websites for detailed information.	
BAC Web site: skibac.org Far West Ski Assoc: fwsa.org	
9/28-10/12	FWSA 10th Annual Scuba Dive Trip—Philippines (f) pg 5
2020:	
2/19-23	BAC Mini Ski Week in Utah (f) pg 5

JUNE BIRTHDAYS

Laura DenHaan	1	Edward Cook, Jr	21
Tom Rognlien	2	Claudia Fernandes	24
Richard Ludt	2	Beth McMormick	25
Ham Ramsey	5	Hope Alvino	27
Norman Prickett	6	Vicki Jeung	29
Dennis Nicholson	18	Catherine Wilson	29
William Funkhouser	19	Terry Walton	30



Visit our Website at www.cvsclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluu1@gmail.com



Didn't get your newsletter? - Change of Address? - PLEASE Contact Maggie Jong, VP Membership email: mozoro25@gmail.com

NOTE FROM THE EDITOR:

Last month's issue had a page for the club's "Happy Hour"... of which I failed to give credit to the person who took the photos & sent them to me — it was Steve James — THANK YOU SO MUCH, Steve!!!!!!

President's Message

Well, Summer is fast approaching. However, you can't tell it from the weather, but time will tell. Still quite a bit of snow and cold, but the heat will be here soon and we will be wishing for cool. Oh, we are never satisfied.

The Rhine River cruise was wonderful, the fun, the food, the friends, another fantastic experience and we continue to learn and see so many amazing things, places and people. **Many thanks again to Tucker and Kathy for continuing to find us new adventures** and putting these trips together for our members!! **Please send any pictures from the trip to both Ray and Dennie for our skizette and website.**



Claudia Fernandes
President

Again, this month we WILL NOT have a general meeting as we are having our End of Season Banquet on June 26 at the Sequoyah Country Club. We all had so much fun last year at the end of season we decided to have this event here one more time.!!! **We hope you can make it.....!! Please contact Pat Green if you wish to attend,** we subsidize this event for our members so your cost is minimal -- we want to give back to you.....--

The FWSA convention in Indian Wells, June 13-16, is fast approaching. We have some spots still available for delegates. Please let me know ASAP if you wish to be a delegate. As I mentioned before you need to **register on line** as soon as possible. Always a fun time is had by all at the FWSA convention.....Go to the **FWSA website** for more information on the convention and the optional events going on.

We have more fun coming up, stay tuned as Pat and others find more fun events for our members. Thank you, Pat, for providing us with such good times with friends.

We will be having some summer BBQ meetings at Lake Chabot again and will keep you posted as to our upcoming locations....

Happy Spring and Summer. Whatever you do be safe and enjoy!!!

Claudia

Zika Virus

How Zika spreads

- Zika can be transmitted through Mosquito bites, from a pregnant woman to her fetus

Many people will not have symptoms or will only have mild symptoms. The most common Zika symptoms: Fever, Rash, Joint pain, conjunctivitis (red eyes). Other symptoms include muscle pain and headache.

Symptoms can last for several days to a week. People usually don't get sick enough to go to the hospital, and they very rarely die of Zika. Once a person has been infected with Zika, they are likely to be protected from future infections.

How to prevent Zika

There is no vaccine to prevent Zika. The best way to prevent diseases spread by mosquitoes is to protect yourself and your family from mosquito bites. Here's how:

Clothing

- Wear long-sleeved shirts and long pants.
- Treat your clothing and gear with permethrin or buy pre-treated items.

Insect repellent

- Use [Environmental Protection Agency \(EPA\)-registered insect repellents](#) with one of the following active ingredients: DEET, picaridin, IR3535, or oil of lemon eucalyptus or para-menthane-diol. Always follow the product label instructions.
- When used as directed, these insect repellents are proven safe and effective even for pregnant and breastfeeding women.
- Do not use insect repellents on babies younger than 2 months old.
- Do not use products containing oil of lemon eucalyptus or para-menthane-diol on children younger than 3 years old.

How Zika is diagnosed

- Diagnosis of Zika is based on a person's recent travel history, symptoms, and test results.
- A blood or urine test can confirm a Zika infection.
- Symptoms of Zika are similar to other illnesses spread through mosquito bites, like dengue and chikungunya.
- Your doctor or other healthcare provider may order tests to look for several types of infections

(submitted by Sandy Beecher, Safety Chair)

Bay Area Snow Sports Council

BIG SKY FWSA SKI & SNOWBOARD WEEK...

January 25 – February 1, 2020

BAC Package Includes:

7 Nights Lodging: Ski in/Ski out

Huntley Lodge: Hotel rooms with Two Queen Bed or Loft with 3 Queens \$1,310 pp

Summit Lodge: Hotel rooms with One King or Two Queen \$1,610 pp

Single Supplements available.

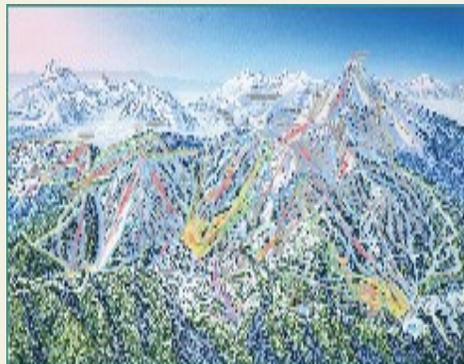
ONLINE REGISTRATION ONLY

<http://BAC83.sat.tours> – Payments made to Sports America, our Tour Operator



BAC Lodging/Amenity Package:

- o Welcome Party
- o Mountain Picnic
- o BAC Council Dinner
- o Ski Week Banquet Dance
- o Farewell Awards Après Party



Additional Options:

Optional Day Trips to West Yellowstone Or Wildlife Center

Council Challenge Races & Non Skier Activities

Discounted Lift Tickets:

Group Air & Ground Transportation: TBA

Discounted 5-6 Day Lift Tickets will be available

Buy IKON Pass w/Sports America for \$30-50

lodging discount.



The Bay Area Snow Sports Council Presents
A Mini Ski Week to:



Alta, Snowbird, Brighton & Solitude, Utah
February 19 – 23, 2020

Utah is renown for its wonderful powder snow & epic mountain terrain! By staying at the base of Big & Little Cottonwood Canyons, our BAC skiers will be able to access four great Utah ski resorts!

Lodging & Amenities Package Includes:

- ❖ 4 nights at the Hyatt Place/Cottonwood – double occupancy
- ❖ Welcome reception and Group Dinner included
- ❖ Free daily hot breakfast
- ❖ Free hotel shuttle to ski bus transit center
- ❖ Free wifi & parking

Lodging & Amenities Package Pricing:

- ❖ \$575 per person – based on double occupancy in King or 2 Queen bed hotel rooms.
- ❖ Registration opens on April 5. To insure your spot send your \$200 deposit check, payable to BAC Travel, in with your completed Trip Preference Form & Waiver. You must be a member of a BAC Club to reserve a spot.

Not Included - Airfare, Lift Tickets & Ski Bus Tickets

- ❖ Airfare Options & Ground Transportation - Delta, United & Southwest all have non-stop flights from the Bay Area into SLC airport - only 20 minutes from the hotel
- ❖ Lift Tickets: Alta, Snowbird, Brighton & Solitude are all on the IKON pass.
- ❖ Two Ski Buses for either Alta/Snowbird or Brighton/Solitude depart every 20-30 minutes from the ski bus stop. Ski bus tickets are nominal at around \$8 round trip.



BAC Trip Leader: Cathy Wilson

Send your \$200 deposit (payable to BAC Travel) to:

Cathy Wilson
BAC Utah Trip Assistant
1469 Firebird Way, Sunnyvale,
CA 94087

BAC CST# 2050870-40

FWSA 10th Annual Scuba Dive Trip – The Philippines

September 28 – October 12, 2019



5 nights – Azure Dive Resort in Dumaguete

9 nights – Marco Vincent Resort in Puerto Galera

Azure Dive Resort – September 28-October 3, 2019

- Diver Land Package = \$1139.00 Superior Hotel Room - Double Occupancy
- Non-Diver Land Package = \$684.00 Superior Hotel Room – Double Occupancy
- Single Supplement Hotel Room Add = \$381.00
- Lodging Upgrades Available – contact Randy Lew for details (air transportation not included in above pricing)

Marco Vincent Dive Resort – October 3 - 12, 2019

- Diver Land Package = \$2621.00 Superior Hotel Room - Double Occupancy
- Non-Diver Land Package = \$2192.00 Superior Hotel Room – Double Occupancy
- Single Supplement Hotel Room Add = \$386.00
- Lodging Upgrades Available – contact Randy Lew for details (air transportation not included in above pricing)

Passport must be Valid thru April 12, 2020

Price Includes:

- ** Transfer to and from airport to resort
 - ** Complimentary Wi-Fi
 - ** Resort Amenities
 - ** PADI Certified Dive Resorts
 - ** Breakfast, Lunch & Dinner daily
 - ** Resort fees, government taxes & gratuities (dive tips not included)
- Azure Dive Resort – 4 days of 4 dives per day – Oslob Whale Shark Diving
 - Marco Vincent Dive Resort – 8 days of diving – 24 boat dives



Create New Memories
with Friends,
Old and New!



Experience Local Culture
& Entertainment



Enjoy a Beautiful Resort



Kayak, snorkel, spa
services and more...



Contact: Randy Lew
FWSA Dive Trip Leader
829 SE 11th Place
Battle Ground, WA 98604
Cell: 530/304-0802
E-mail: FWSA13Randy@telis.org

You must be a Member of a Far West Ski Assn.
affiliated club or a FWSA Direct Member!

CST# 2036883-40

Castro Valley Ski Club

Presents

Russian River Cruise with Emerald Waterways

*Moscow • Uglich • Yaroslavl • Goritsy • Kizhi •
Mandroggi • St. Petersburg*



Price \$5464

Includes:

- RT Air from SFO & LAX
- 32 Meals (11 breakfasts, 10 lunches and 11 dinners)
- Airport transfers on tour dates when air is provided by Mayflower Cruises & Tours
- Fully escorted by an English-speaking Tour / Cruise Director
- Eleven-night cruise aboard the *MS Rossia*
- **All gratuities onboard and onshore**
- Shore excursions with English-speaking local guides
- Personal listening device for excursions
- Visits to many UNESCO World Heritage Sites
- Selection of complimentary drinks to accompany meals
- Variety of onboard entertainment
- All port charges included

WHAT IS NOT INCLUDED:

- Travel Insurance - If you don't need travel insurance let me know. I'm trying to set up something.
- Russian Visa

\$400 Initial deposit NON-refundable - 1 cabin left either 1 single gal or a couple

Make Checks payable to Castro Valley Ski Club (CVSC) Send payments to:

Tucker Hoffmann, CVSC Travel
2657 Rivers Bend Circle, Livermore CA. 94550
Phone 925-371-1910 Cell 510-329-4242
Email: tkhoffmann@comcast.net

CVSC CST # 2081040

Castro Valley Ski Club

Presents

WONDERS OF ISRAEL & JORDAN

JERUSALEM, GALILEE, NAZARETH, DEAD SEA, MASADA & TEL AVIV



\$4875.00 per person

SEPT. 5-19TH, 2019

INCLUDED IN THE CVSC PACKAGE :

- Round-trip airfare from SFO Lufthansa Air or LAX on Air France
- Airfare taxes, fees & fuel surcharges
- Intra ground transportation and transfers
- Accommodations at First Class hotels
- 10 full buffet breakfasts, 2 lunches and 6 dinners (more meals being added)
- **Most Tips**
- **and more.....**

WHAT IS NOT INCLUDED:

- Travel Insurance \$179 per person



2018/2019 Avid Skiers in Control

President	Claudia Fernandes	925-462-6573	Claudia.fernandes4108@gmail.com
Vice President	Anne Wilburn	925-200-2801	annewilburn@comcast.net
VP Membership	Maggie Jong	925-447-5148	mozoro25@gmail.com
VP Club Activities	Pat Green	925 846-7250	greendm@comcast.net
Secretary	Phyllis May	925-371-1667	phyllismay@comcast.net
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Past President	Karen Wehrman	510-538-2872	kwehrman@comcast.net
Trustee	Kathy Hoffmann	925-371-1910	tkhoffmann@comcast.net

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing: slracing.tripos.com/schedule.htm
 Open league racing: olrc.org
 Weather: nws.mbay.net/home.html
 Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com
 Web cams on the slopes: magnifeye.com
 Road conditions: 1-800-427-7623
 Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com
 Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR JUNE, 2019



There will be no meeting in June due to our End of Season Banquet, June 26th.

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS