

Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

May, 2026



EVENTS CALENDAR

(f) = flyer in this issue

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- MAY**
- 13 CVSC Board meeting at Anne's
 - 20 CVSC General meeting at Don Jose's Mexican Restaurant @ 6pm

- JUNE**
- 17 CVSC General meeting at Don Jose's Mexican Restaurant @ 6pm
 - 27-7/12 CVSC Sicily Trip, Italy (f) pg 8

- JULY**
- NO GENERAL MEETING IN JULY**
- 18 CVSC Hawaiian Luau Party at Pat & Dan's (f) pg 7

- UPCOMING**
- 9/15-26 CVSC Lyon & Provence River Cruise with pre trip to Nice (f) pg 9
 - 2027:
5/19-26 CVSC Mississippi River Cruise (f) pg 10

- BAC/FWSA TRIPS**
Please visit websites for detailed information.
- BAC Web site: skibac.org Far West Ski Assoc: fwsa.org**
- 9/26-10/3 FWSA Dive Trip, Cayman Islands (f) pg 12
 - 11/30-12/8 BAC Christmas Markets Cruise along the Danube (f) pg 13
 - 2027:
1/23-30 FWSA Ski Trip to Big Sky, MT (f) pg 17

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**MAY
BIRTHDAYS**



Castro Valley Ski Club Newsletter


President's Message

Happy spring everyone, April showers brings May flowers which we seem to have a lot of.

Hope you all are well!

We had a nice turnout at the last general meeting. Food ,drink and friends.

We discussed another volunteer day at open

heart  part of the food bank, after our upcoming trip to Italy. Wayne was good enough to report on the site and the day available for volunteering. More info as we get closer to summer - thank you, Wayne.


Tucker and Kathy reported on the current upcoming trips and some future trips being considered. More information at our next meeting. Thank you both!



Claudia Fernandes
President

Pat will have more info on our upcoming events as they are in progress and more being considered like concerts in the park, CV library Thursdays, wine Wednesdays, Tuesdays outside the Bankhead and more. Thank you Pat.

Some sad news - Bob Anderson, who Karen Kimball has been with for a long time, passed away suddenly. Our hearts and prayers go out

to Karen and his family at this difficult time. 

The FWSA convention is coming up early June. Let me know if anyone is interested in attending. I've heard from some of you already. It is being held in San Diego this year.

Enjoy your month of May and be safe. We hope to see you at our upcoming meeting May 20 at Don Jose's free margaritas this time!!

Take care and see you soon –

Claudia



SkiZette Policy

NEWSLETTER

DEADLINE: 5th of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuu1@gmail.com



Didn't get your newsletter? - Change of Address? -

PLEASE Contact Maggie Jong, VP Membership

email: mozoro25@gmail.com

SPORTING GOODS EXCHANGE

Got any sporting equipment (i.e. skis, snowboards) and/or clothing that you no longer can use, don't want, etc..... let me know & I'll put it here!!!!

OR.... If you need the above let me know as well!!!

This also goes for winter/ski cabins that you'd like to offer for rent or are looking for same.... Let me know!!!!

(Dennie—your editor — dennieluuu1@gmail.com)

GREENHOUSE MARKET-PLACE

Do you do lots of canning (fruit — jams/ jellies/preserves) and would like members to know about it — let me know & the word will go here!!!!

Are you blessed with culinary expertise (make pies, special desserts, etc) and would like to share?? Also, let me know!!!

Yoga In Airplane: 5 In-flight Yoga Poses

Benefits Of In-flight Yoga

- Release muscle tension
- Increase blood circulation
- Relax your mind
- Soothe the nervous system
- Decrease anxiety
- Be fresh to take on the activities after you land!

Sitting still for hours together on a flight can make the body numb in certain areas, especially the back, neck, knees and feet. Doing these simple yoga poses on your airplane seat will ensure you have a happy and yogified journey. And you don't need to feel shy either. Your neck, back and knees will surely thank you for your concern.

Yoga is often understood as a technique practiced only in the four walls of a room. A space that is empty and quiet. Ever had a thought that yoga could be carried out in a moving bus, at the airport, or even in an airplane? Yes, you can do yoga sitting on a flight, gliding through slow-moving clouds in the sky. And we are not talking about complex yoga postures that need a lot of space and could perhaps gravitate a crowd of curious on lookers. Simple yoga poses that you can do right on your seat, to ease out body stiffness after that long, sometimes stressful, air travel.

In-flight Yoga Pose #1: Seated Spinal Twist



Sit upright on your seat with your feet on the floor.

Place your right hand on your left knee and your left hand on the seat, just behind your left hip.

Inhale and gently lift up through your spine and chest (as much as possible, without straining or disturbing your fellow passenger). Now twist slowly to your left so that you're looking over your left shoulder.

Hold this position for a few seconds, keep breathing deeply and then as you exhale, gently twist slightly more by engaging your belly muscles towards the left.

Leverage your right hand against your left knee to deepen the twist. Take eight-ten deep breaths.

Repeat this procedure on the other side.

In-flight Yoga Pose #2: Seated Cat Pose

Sit on the edge of your seat. Keep a comfortable distance between the knees and your ankles in line with your knees.

Place your hands on your thighs and as you inhale, tilt your pelvis and abdomen outward and allow your chest to arch up and forward.

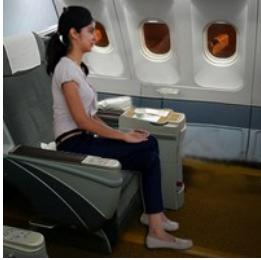
As you exhale, curl your pelvis inwards and backwards, arching your spine outwards, lower your chin as your chest moves inwards.

Repeat this yoga posture four-six times.

In-flight Yoga Pose #3: Seated Shoulder Shrugs with Blanket

Sit comfortably with your back against your seat and place a rolled-up blanket lengthwise along your spine, against the back of your seat. Inhale gently and then hold your breath. Lift your shoulders, while keeping your arms at rest. Still holding the breath, squeeze the shoulders by pushing them closer to the ears and backwards (without straining yourself). As you exhale, squeeze your entire shoulder blades together and then bring them down. Repeat this yoga pose three times.

In-flight Yoga Pose #4: Back-Release Pose



Seated upright on your seat, cross your right ankle over your left knee, leaving the left foot on the floor. Keep your right foot flexed to help protect the knee. Breathe deeply and take your attention to your lower back. If you wish to deepen the stretch, fold and bring your torso forward. Hold in this pose taking eight-ten deep breaths. Repeat this posture with the left foot.

In-flight Yoga Pose #5: Neck-Release Pose

Sit upright and lean your left ear towards your left shoulder. Wrap your left arm around the right side of your head, touching your right cheek. Breathe deeply. Release the left arm and slowly roll your head forward, bringing your chin down and over to the right side. Now, lean your right ear towards the right shoulder. Wrap your right arm around the left side of your head, touching your left cheek. Breathe deeply into the chest and the left side of your neck. Repeat this yoga posture taking six-eight deep breaths on each side.

It is important that you practice these yoga poses on airplane with care. If you have any special health condition, consult your doctor before doing these [yoga poses](#). And don't forget to drink plenty of water on the airplane to stay hydrated. Wish you a happy and healthy journey!

Art of Living

(submitted by Sandy Beecher, Safety Chair)

Paul Vlasveld awarding Claudia Volunteer of the Year award!!!!





CVSC's Hawaiian Luau Party!

Hosted by Pat and Dan Green

Saturday, July 18, 2026

at

4655 Cope Ct, Pleasanton, CA 94566

Mai Tais and Appetizers start at 3 PM - Dinner to follow

The dinner menu:

Jamaican Jerk Chicken Breast, Kahlua Pork, Coconut Rice, Grilled Vegetables,
Spring Mango/Cranberry/Pecan Salad, Tropical Fruit Salad, Sweet Rolls & Dessert

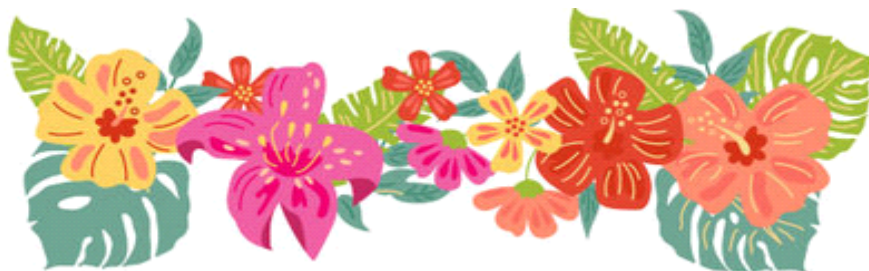
Cost: \$29 for members \$65 for non-members

Make checks payable to CVSC and send to Pat Green

Any questions? Call Pat at 925-846-7250

Please RSVP no later than July 8th!

We hope you can join us!



Castro Valley Ski Club

Presents

Sicily's Ancient Landscapes & Timeless Traditions

PRE-TRIP Puglia: Italy's Undiscovered Heel
Small group trip only 18 spots



JUNE 22 OR 27- JULY 12, 2026 - SOLD OUT

Single Supplement: FREE

On this Sicily travel experience, you'll discover an Italian island with more than 3,000 years of history. Once home to a Greek colony, a Roman province, an Arab emirate, a Norman kingdom, and more, traces of ancient conquerors can still be found in Sicily's well-preserved ruins, elegant architecture, and gastronomic delights. And thanks to our expert Trip Leader and small group size you can go behind the scenes and off the beaten path, where you'll discover authentic cultural experiences with the friendly, fiercely proud Sicilian people.

Pre-trip extension to Puglia: Italy's Undiscovered Heel departs the US on: **June 22, 2026**

Main tour departs US on: **June 27, 2026**

Returns to US on: **July 12, 2026**

PRICING (per person)

Pre-trip extension to Puglia: **\$1895** Main Tour: **\$4995**

Airfare from SFO: **\$2100** (but we can fly travelers to/from any US commercial airport)

IT'S INCLUDED:

- 14 nights accommodation
- Airport transfers, government taxes, fees, and airline fuel surcharges unless you choose to make your own air arrangements
- All land transportation
- 30 meals—14 breakfasts, 9 lunches, and 7 dinners (including 1 Home-Hosted Lunch)
- 24 small group activities
- Services of a local O.A.T. Trip Experience Leader
- Gratuities for local guides, drivers, and luggage porters

Castro Valley Ski Club

Sensations of Lyon & Provence River Cruise with 3 nights in Nice

SEPTEMBER 15TH – 26TH, 2026 – SOLD OUT

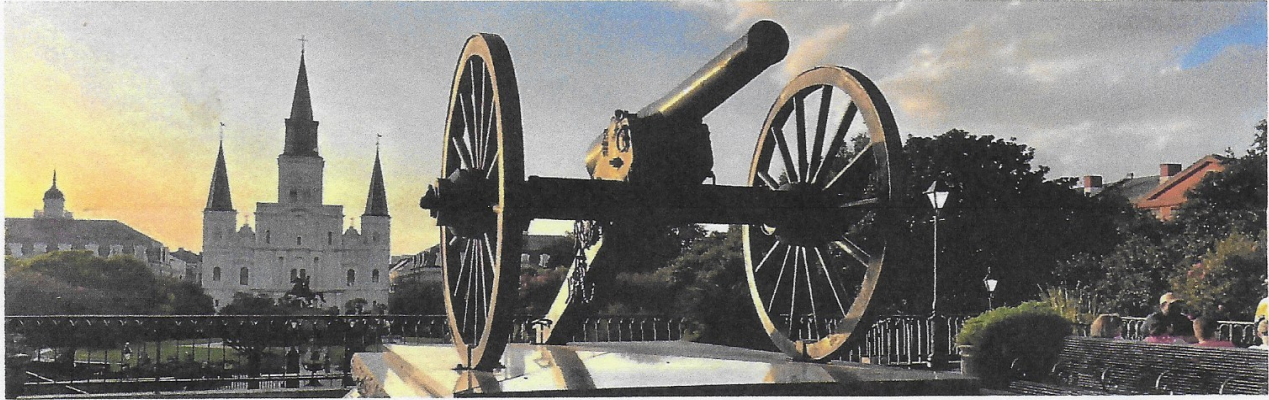
\$5465-\$6669 including air (depending on choice of cabin and special discounts)



Embark on an unforgettable journey through the heart of Europe with Mayflower Cruises and Tours'. As you navigate the serene waters of the Rhône, explore legendary cities like Lyon, known for its vibrant culinary scene, and Avignon, with its storied Palais des Papes. Each stop invites you to experience the unique flavors and sights of the region, from sampling celebrated Côtes du Rhône wines to wandering through ancient Roman ruins. Our luxurious cruises provide not only comfort and elegance but also educational enrichment, thanks to our expertly guided tours and on-board cultural experiences

Highlights

- 23 Meals: 10 breakfasts, 6 lunches and 7 dinners
- Airport transfers on tour dates when air is provided by Mayflower Cruises & Tours
- Three-night hotel stay in Nice, France
- Touring in Monaco and Monte Carlo
- Seven-night cruise through southern France
- First-class service by an English-speaking crew
- Shore excursions with English-speaking local guides
- Personal listening device for onboard excursions
- All meals included onboard with a variety of international cuisine
- Complimentary regional wines, beer and soft drinks accompany onboard lunches and dinners
- Complimentary bottled water in your stateroom
- **All gratuities included**
- Complimentary WiFi onboard
- Complimentary bicycles onboard for use ashore



LOWER MISSISSIPPI CRUISE

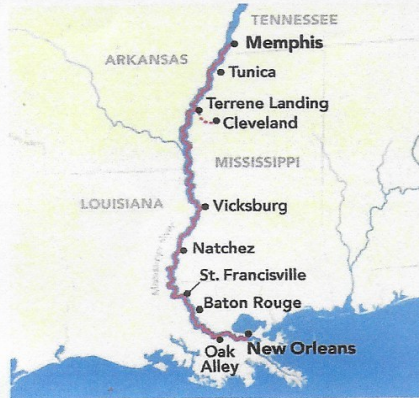
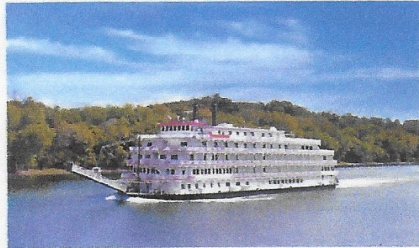
Sailing May 19, 2027



American Splendor



New Orleans to Memphis



Traveling the Lower Mississippi with American Cruise Lines is an experience like no other. Enjoy customized excursions from classic antebellum homes to renowned plantations in Oak Alley and Natchez. Travel to Vicksburg and delve deep into the history of the Civil War. Our carefully selected onboard experts bring the history and culture of this region to life with award-winning enrichment programs.

PORTS OF CALL

- ★ New Orleans, LA
- ★ Oak Alley, LA
- ★ St. Francisville, LA
- ★ Natchez, LA
- ★ Vicksburg, MS
- ★ Cleveland, MS
- ★ Memphis, TN

9-DAYS/8-NIGHTS

Prices Starting At:

\$4625 Per Person -window

\$5335 Per Person - balcony

Based on Double Occupancy
Certain Restrictions Apply



Certain restrictions apply.
Ship, schedules, rates and
itinerary subject to change.

Call 888-458-6027 to book. A \$500 deposit is required to hold your cabin, \$250 is non-refundable if you cancel. Refer to the date of the cruise when calling, which May 18,2027, and mention the Castro Valley Ski Club. Air is additional \$495. You will be asked if you want air when you book.

CONTACT INFORMATION

Contact Name - Tucker or Kathy Hoffmann
Phone Number - 510-329-4242
Email.- tkhoffmann@comcast.net

We have 5 cabins booked so far on the Mississippi River Cruise

This trip also includes one pre night in New Orleans on May 18th before we board the boat on May 19th. You can add more pre nights for an additional charge. Cruise fare includes: All meals while onboard the ship (including drinks with meals) and a nightly cocktail party with hors d'oeuvres. Guest speakers and nightly entertainment is offered throughout the cruise. All Featured Shore Excursions are included. Taxes, gratuities, and port charges and fees are included in the cruise fare.

The Splendor Paddlewheeler

- Built in 2016
- 180 Guest Capacity
- Classic Paddlewheel Aesthetic
- Glass-Enclosed Restaurant
- Open Seating Dining
- Three Distinct Guest Lounges
- Cozy Study Enclave
- Fitness Center
- Elevator Access to All Passenger Decks

American Splendor allows guests to experience the nostalgia of classic paddlewheeler travel, while enjoying perfect comfort and the most modern amenities. The world's newest paddlewheeler, *American Splendor* features serene color palettes, luxurious textiles and linens, comfortable furniture throughout, and sophisticated artwork and flourishes. From the staterooms and suites to the lounges and dining rooms, the décor pays homage to the legendary Mississippi River.

Please call this phone number - 888-458-6027 to book. Refer to the date of the cruise when calling, which is May 18, 2027 and mention the Castro Valley Ski Club. Please note, they are not holding any staterooms for our group, they will be subject to whatever cabins are available at the time of booking.

Personally think deck 2 with the balcony is the best deal with lounges at both ends of the hallway and the restaurant below us. Price is \$5,335.

All cancellations will incur a non-refundable \$250 per person Cancellation Administrative Charge. Following is the group refund schedule for any monies received:
100%* - Up to 91 Days prior to day of sail
50%* - Between 90-45 days prior to day of sail
0%* - Between 45-0 days prior to day of sail
*All refunds will incur a non-refundable \$250 per person Cancellation Administrative Charge.
A Cancel For Any Reason Protection Plan is available upon request.

Tucker & Kathy Hoffmann
Castro Valley Ski Club Travel
tkhoffmann@icloud.com

<https://www.americancruiselines.com/cruises/mississippi-river-cruises/lower-mississippi-river-cruise>



FWSA 2026 DIVE TRIP Cayman Brac Beach Resort

September 26 - October 3, 2026

Grand Cayman 2nd Week October 3-10, 2026 Extension Available

BASIC Dive Package: \$2,669 pp (double occupancy)
Non-Dive Package: \$2,244 pp (double occupancy)

Oceanfront Room Upgrades and Standard Single supplement rooms are available.

Cayman Brac Beach Resort Land Package Includes:

7 Nights Beach View Accommodations (*Double Occupancy*)

Three Meals Daily & 21 Drink Package (alcoholic & non-alcoholic)

Complimentary Wi-Fi

PADI 5-star dive operation

6 Days of Diving - 17 Boat Dives with Dive Master, Tanks and Weights Included

Complimentary Nitrox and use of a dive computer

Resort Fees, Taxes & Gratuities (dive gratuities are not included)

Round trip ground transfer from Cayman Brac Airport



*Incredible world-class
diving in the Cayman
Islands!*



Enjoy a fantastic resort on the beach - perfect for the diver and non-diver to experience!

Contact: **Randy Lew**
FWSA Dive Trip Leader
829 SE 11th Place
Battle Ground, WA 98604
Cell: 530/304-0802
E-mail: fwsa13randy@telis.net

Gloria Raminha
FWSA VP of Int'l Travel
12707 Windy Ridge Drive
Bakersfield, CA 93312
Cell: 661/800-8229
E-mail: garski2011@gmail.com

You must be a Member of a Far West Ski Assn. affiliated club or a FWSA Direct Member!

State of California Registered Seller of Travel # 2038883-40



Bay Area Snow Sports Council presents ...

Cruise aboard our privately owned 162-passenger M/S River Adagio

Christmas Markets Along the Danube

Germany: Nuremberg, Regensburg, Passau | Austria: Linz, Melk, Vienna

8 days from **\$2,995**
River Cruise Tour only

9 days from **\$4,445**
with international airfare
from San Francisco



IT'S INCLUDED

- International airfare, airport transfers, government taxes, fees, and airline fuel surcharges, unless you choose to make your own air arrangements
- **Accommodations** for 7 nights aboard a private river ship with wireless Internet access in all common areas and cabins
- **20 meals:** 7 breakfasts, 6 lunches, and 7 dinners—plus all onboard house beer & wine, as well as soft drinks
- **5 included tours** with personal headsets, **up to 5 Christmas markets**, and **6 Exclusive Discovery Series events**—Main-Danube Canal conversation • German language lesson • Regensburg choral concert • *Stollen* baking demonstration • *Christmas Traditions* conversation • Wachau Valley conversation
- **Local Program Directors, a Grand Circle Cruise Line exclusive:** These dedicated experts are with you and your group of 38-45 travelers from beginning to end to provide insider's knowledge and a local perspective
- **Gratuities** for local guides and motorcoach drivers
- **All port charges**
- **Baggage handling** for 1 piece of luggage per person, including tips
- **5% Frequent Traveler Credit** toward your next trip



Reservations & Information **1-800-221-2610**

ITINERARY OVERVIEW

Departure **NOVEMBER 30, 2026**

Return **DECEMBER 8, 2026**

Day 1 • Depart U.S.

Day 2 • Vienna, Austria

Embark ship

Day 3 • Melk • Wachau Valley

Included Tour Melk Abbey

Day 4 • Linz

Optional Tour Salzburg

Day 5 • Passau, Germany

Included Tour Passau

Day 6-7 • Regensburg

Included Tour Regensburg

Day 8 • Nuremberg

Included Tour Nuremberg

Day 9 • Nuremberg • Return to U.S.

Disembark ship

MAXIMIZE YOUR DISCOVERIES & VALUE

OPTIONAL EXTENSIONS
all with FREE Single Supplements

Vienna, Austria
3 nights pre-trip from \$895

Munich, Germany
3 nights post-trip from \$945

PLEASE MENTION THIS CODE WHEN BOOKING **G6-29997**

www.gct.com/xms

WHAT TO EXPECT

Group Size

- This trip has a group size of 38-45 travelers (with approximately 3-4 groups onboard) each with a local Program Director exclusive to Grand Circle

Pacing

- 9 days, with 7 nights aboard a private river ship
- Return flights to U.S. often require departing from ship in early morning hours

Physical Requirements

- Included features on your trip may consist of 3-4 hours of physical activity each day. Travelers should be able to walk 1-3 miles unassisted within a time frame of 1-2 hours, and walk on uneven surfaces, including steep and unpaved paths, hills, riverbanks, 25-50 stairs without handrails, and cobblestones, which can be slick in wet, colder or frozen conditions

- Optional activities and walks may be offered in addition to the above mentioned activity level
- Not accessible for travelers using wheelchairs or scooters
- Travelers using walkers, crutches, or other mobility aids must travel with a companion who can assist them throughout the trip
- We reserve the right for Program Directors to restrict participation, or in some circumstances send travelers home, if their limitations impact the group's experience

Terrain & Transportation

- Diverse terrain and uneven walking surfaces, including steep paths, hills, riverbanks, 25-60 stairs without handrails, and cobblestones
- Travel by 162-passenger river ship and 49-seat coach

- Changes in water-level depths may require adjustments to your itinerary
- Docking for the following locations may be up to 1 hour outside of the city center, with transportation to and from the ship by motorcoach: Regensburg, Germany; Nuremberg, Germany; Passau, Germany

Climate

- Daytime temperatures range from 38-45°F during cruising season
- Rain, ice, snow, and wind are possible during the holiday season

YOUR ITINERARY

DAY 1 • Depart U.S.

Depart the U.S. today on your flight to Vienna, Austria.

DAY 2 • Vienna, Austria • Embark ship

You'll be met at the airport today and transferred to your private river ship. Mingle with your fellow travelers during dinner onboard this evening. If you began your discoveries early with our optional pre-trip extension to *Vienna, Austria*, you will join your main group today.

D—M/S *River Aria* or M/S *River Adagio*

DAY 3 • Melk • Wachau Valley discussion

After setting sail this morning, enjoy hot chocolate and relax onboard as your ship

cruises along the Wachau Valley. Your Program Director will provide enlightening commentary about this UNESCO World Heritage Site consisting of sculpted hills and medieval towns built along the river during an **Exclusive Discovery Series** discussion. Later, disembark in Melk for an excursion to the dramatic 900-year-old Baroque Melk Abbey.

B,L,D—M/S *River Aria* or M/S *River Adagio*

DAY 4 • Linz • Optional Salzburg tour

This morning the ship calls at the port of Linz. You have the day free to explore this Old World city. It offers a wealth of discoveries—from its Hauptplatz, one of the loveliest squares in Europe, to the 17th-century Abbey of St. Florian, where Linz's native son, Anton Bruckner, was the

organist and composed many of his famed masterpieces of church music.

Or, join us for an optional full-day tour of Salzburg, the Baroque city of Mozart. Savor hearty Austrian fare over lunch at a local restaurant. Tonight, celebrate the holidays with your fellow travelers at the Captain's Farewell Dinner.

B,L,D—M/S *River Aria* or M/S *River Adagio*

DAY 5 • Passau, Germany • German language lesson • German Christmas Traditions discussion

Begin the day with an **Exclusive Discovery Series** German language lesson, where you can learn some German phrases—such as, *Schöne Feiertage* (Happy Holidays)—commonly used during the Christmas season. In mid-morning, disembark to



Regensburg, Germany

Christmas Markets Along the Danube

Departure NOV 30, 2026
Return DEC 8, 2026

DECK

A	Serenade w/balcony	\$3,345
B		
C	Sonata	\$3,295
D		
E	Cantata	\$3,245
F		
G	Prelude	\$3,145
H		\$2,995

AIR ADD-ON

San Francisco	\$1,450
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Additional departure cities are available. Call for details.

Deposit: \$750 per person.

Travel Protection: Starting from \$389.

Single Supplement: \$795. Single accommodations are limited. To avoid the single supplement, ask about our Roommate Matching Service.

Standard Policies and Terms & Conditions apply; see www.gct.com/tc for details. See www.gct.com/ disclaimers for full policy details. Every effort has been made to publish this information accurately. We reserve the right to correct errors.

Travel Protection Plan (Recommended)

Protect your trip with our Travel Protection Plan, administered by TripMate.

- **100% cancellation protection, for any reason**—up to and including the day of departure.
- **Pre-existing condition coverage**—100% cash reimbursement if purchased within 14 days of initial trip deposit.
- **Medical benefits and assistance**—including emergency evacuation and more.
- **Comprehensive coverage**—includes trip interruption, trip delay, medical expenses, and baggage protection.

Learn more at www.gct.com/tpp

Good Buy Plan

The earlier you pay, the more you save
based on a trip value of \$6,500 per person

Months Prior to Departure (Must Pay in full from a checking account)	Guarantee Your Price and Receive:	Savings Per Person:	Savings Per Couple:
15 months or more	10%	\$650	\$1300
14 months prior	9%	\$585	\$1170
13 months prior	8%	\$520	\$1040
12 months prior	7.5% off	\$488	\$975
11 months prior	6% off	\$390	\$780

Good Buy Plan savings is calculated based on total reservation cost

For more information, visit www.gct.com/gbd

Reservations & Information:

Call Toll-Free: 1-800-221-2610

Prices, dates and itinerary are subject to change

CST 2041626-40

PLEASE MENTION THIS CODE WHEN BOOKING

G6-29997





Vienna, Austria

explore Passau on an included walking tour, which includes visits to St. Stephen's Cathedral and the Bishop's Residenz. After time to admire the remarkable artistry displayed at the festive Christmas handicrafts market, gather onboard for an **Exclusive Discovery Series** conversation on the history of German Christmas traditions, as your ship cruises along the picturesque Danube River to Passau.

B,L,D—M/S *River Aria* or M/S *River Adagio*

DAY 6 • Regensburg • Choral concert

Today, you'll arrive and dock around mid-morning in Regensburg, Germany's largest medieval city. Then, enjoy a walking tour of this hidden treasure. Since the city suffered no damage during World War II, it remains beautifully preserved. Your tour features the Old Town Hall, the famous Stone Bridge, Germany's oldest, and the Regensburg *Christkindlmarkt* (Christmas market) in

Neupfarrplatz. After dinner onboard, join us for an **Exclusive Discovery Series** event as we walk to a local church to hear a choral concert featuring festive holiday music.

B,L,D—M/S *River Aria* or M/S *River Adagio*

DAY 7 • Regensburg • Main-Danube Canal discussion • Stollen baking demonstration • Captain's Farewell Dinner

Enjoy a leisurely morning onboard today. Your cruise toward Nuremberg begins shortly after lunch. During the afternoon, you'll enjoy two **Exclusive Discovery Series**: a discussion outlining how the Main-Danube Canal's innovative system of locks has made Europe's rivers navigable, and a *Stollen* baking demonstration, where you'll learn how to prepare this traditional German bread made with fruit and nuts, and topped with powdered sugar.

B,L,D—M/S *River Aria* or M/S *River Adagio*

DAY 8 • Nuremberg

Your ship docks at Nuremberg quite early this morning. After breakfast, you disembark for a tour of Nuremberg, one of the most important cities of the Franconia region. Later, visit Nuremberg's famous *Christkindlmarkt* (Christmas market), where you have free time to browse on your own. This is Germany's most famous traditional Christmas market, and it is open throughout the holiday season.

B,L,D—M/S *River Aria* or M/S *River Adagio*

DAY 9 • Disembark ship • Return to U.S.

After breakfast, disembark and transfer to the airport for your flight home, or join the *Munich, Germany* post-trip extension.

B

FAR WEST SKI ASSOCIATION

Big Sky, Montana

Jan. 23—30, 2027

"The Voice of the Western Skier"



FOUNDED 1930



Contact Information

Arizona	Linda Johnston	(602) 790-0961	ljohnston6@yahoo.com
Bay Area	Karen Albrecht	(650) 515-9532	iplaythird@yahoo.com
Northwest	Laurie Steinbeck	(541) 914-3698	skihard3@aol.com
Orange	Barbara Razo	(714) 401-7341	snowgirlnsp@gmail.com
San Diego	Tom Rushfeldt	(612) 747-2220	trushfelt@yahoo.com
Sierra	John Schultheis	(408) 891-4392	jms@schultheis.com
VP N.A. Travel	Nancy Ellis	(530) 414-8261	fwsatravelnancy@sbcglobal.net

Package Includes:

7 Nights Lodging
Banquet & Dance
Welcome Party
Council Activities

Group Air, Ground Transfers, Trip Insurance, Lift Tickets, and IKON Passes are extra

FWSA CST # 2036983-40

Must be a member of a Far West Ski Association Club or FWSA Direct Member



2026/2027 Avid Skiers in Control

President	Claudia Fernandes	510-435-5263	c.fernandes08@icloud.com
VP/BAC Rep	Anne Wilburn	925-200-2801	annewilburn@comcast.net
Membership	Maggie Jong	925-447-5148	mozoro25@gmail.com
Club Activities	Pat Green	925 846-7250	greendm@comcast.net
Secretary	Carrie Brunnings	925-202-1740	carriesouza@comcast.net
Treasurer/Web Manager	Ray Jong	925-447-5148	skibuff@comcast.net
Newsletter Editor	Dennie Warren	510-759-3415	dennieluuu1@gmail.com
Travel Director	Tucker Hoffmann	510-329-6838	tuckerhoffmann@aol.com
Trustee	Kathy Hoffmann	510-329-4242	tkhoffmann@icloud.com
Trustee	Paula Kinahon	510-910-2707	pkinahon@gmail.com
Safety Chair	Sandy Beecher	707-479-6272	srbeecher@aol.com
Past President	Karen Wehrman		In Memorium

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing: slracing.tripos.com/schedule.htm
 Open league racing: olrc.org
 Weather: nws.mbay.net/home.html
 Best weather website for snow: Tahoweatherdiscussion.com

Far West Racing Assoc: fwra.com
 Web cams on the slopes: magnifeye.com
 Road conditions: 1-800-427-7623
 Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & tahoeskitrrips.com
 Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR MAY, 2026



All monthly general meetings are held
at Don Jose's Mexican Restaurant,
3430 Village Dr., Castro Valley, CA

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS