Castro Valley Ski Club Newsletter



Castro Valley, CA 94546 www.cvskiclub.org

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CVSC SkiZette

May, 2016



EVENTS CALENDAR



(f) = flyer in this issue

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DITC	web site. skibac.org	, a

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Visit our Website at www.cvskiclub.org

Castro Valley Ski Club Newsletter

SkiZette Policy NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter. Submit articles to:

Dennie Warren, Editor email: dennieluuu1@att.net

Didn't get your newsletter? - Change of Address? - PLEASE Contact Maggie Jong, VP Membership email: mozoro25@gmail.com







Castro Valley Ski Club Newsletter

President's Message

Hello Everyone,

Happy May Day...Well spring is upon us, although we are still having some wet and snowy days in the state, the time has come to put up our skis for the season and plan for outdoor fun!!!!



Claudia Fernandes President

We have some fun days ahead.....We are planning on having some meetings at Lake Chabot, and then our annual BBQ meetings during the summer. Pat is busy planning some fun outings in the days ahead and some impromptu gatherings. Stay tuned.

May 7 is our End of Season Banquet which takes the place of our May General meeting. It will be a fun time with music and dancing. We also have the Director from Achieve Tahoe, Mike Hunter, attending the Banquet where we will present them with our check to be used for buying the new bi-ski. We are pleased he is able to join us and share some insights on this last season.

Thank you to Karen Wehrman for providing us with our April speaker from April Showers. I hear they were wonderful presenters and everyone learned a lot about this local charity and the great work that they do for the homeless.

We are busy getting ready for the upcoming FWSA convention in Arizona, there are still spots available for delegates from our club, if anyone is interested in attending as a representative, please let me know.

We are also putting together a tri fold board with information to take to the conference and share with other clubs about the different charities and projects we support such as DSUSA/Achieve Tahoe, April Showers and Alameda Community Food Bank. The club is being recognized by FWSA for the support the club has shown to charities through the years and those we have started to work with more recently. We hope to do more in the future...

I look forward to working with all of you and hope to see you all at our upcoming meetings and events. Happy Spring!!!

Our Vice President

Here it is May already and I for one am enjoying the spring weather we are experiencing. That said there is still skiing in the Sierra's through May at many resorts for you to squeeze in those last runs of the season.



Anne Wilburn Vice President

Moira Fry and Bob Kraut of April Showers, an Interfaith Homelessness Network in San Leandro, Ca, spoke at our April General Meeting. It is an all-volunteer organization that initially offered an opportunity for a shower and clean clothing. They have evolved to provide hot lunches, haircuts, clothing, supplies, and help navigating the system to get them off the street. Thank You Karen Wehrman for arranging this wonderful program. And Thanks to our many fellow members who brought in donations of clothing and supplies. Their website is

www.ihnaprilshowers.org for more information. As for BAC; the **84**th **Annual FWSA Convention is just around the corner June 9-12, 2016**, it is not too late to attend. They announced that the 85th 2017 Convention location will be in Boise, Idaho and will include many activities like river rafting.

The Travel Directors for FWSA are in transition and soon we will have available signups for FWSA Ski Week in Breckenridge, CO, lodging will be at Beaver Run by chair 9.

May activities are in the works for BAC and FWSA and as soon as dates and details become firm I will keep you posted.

I hope to see you at the End of Season Banquet this Saturday, May 7th at Crow Canyon Country Club. Thanks Pat Green for arranging this Great Event.

Anne

Claudia

What is one thing that people of all nations, colors, and creeds have in common? We all eat. Food unites us; and a worldly traveler takes advantage of every bite to soak up all that a culture has to offer. Food is the pulse of a culture. Food fortifies; it is celebrated and cherished. Eating like a local is an important aspect of traveling because it gives you an accurate look at a culture. Many Turkish dishes gave us a full sensory experience, in some cases more than one can handle. In short the dishes were very hot! Some of the CVSC members wanted to know how to neutralize "hot" in their mouth. This month I would like to dedicate this article to neutralizing hot and spicy foods.

Have you ever eaten a little too much hot pepper?

That hot and spicy food tasted good until you stop eating it and realize your tongue might spontaneously combust if you closed your mouth. What do you reach for? What will neutralize the burning heat of the capsaicin (component that makes peppers and chilis hot) stubbornly binding to every taste bud in your mouth?

Common antidotes for relieving the pain include water, ice, bread, alcohol and milk. All of these may provide some relief with varying degrees of effectiveness. Ice and anything cold certainly feels good, but as soon as it melts and is gone, the burning pain will come back nearly as strong as before. To really neutralize capsaicin we must consider what it is soluble in, which is mainly alcohol and fat. But before you reach for that beer remember that most contain about 95% water and will do little to wash away the capsaicin persistently clinging to your burning tongue. It's time for the strong stuff? Even most hard liquors are only 40% pure alcohol which is probably enough to do the trick eventually, but you might not be able to get off the floor a few minutes later. A better choice is the fat contained in dairy products.

High fat dairy products, such as milk or sour cream, quickly coats the mouth and break the bonds that capsaicin forms with the nerve ending in your mouth. Ever wonder why spicy Mexican food is often served with sour cream? Dairy products are also stored cold, providing instant cooling relief, and you will still be able to drive home after finishing off a tall glass of icy cold milk! Sugars will also bind to pain receptors than capsaicin and the other capsaicinoids making a sweet treat a good idea.

To My Castro Valley buddies

I hope you never have to suffer from a burning mouth in the future.

Sandy Beecher Safety Chair

2016 Castro Valley Ski Club Croatia Cruise Adventure

Split, Dubrovnik & Trstenik plus Zagreb & Plitvice Lakes



\$4,495.00 per person in twin/double sharing \$4,695.00 per person in twin/double sharing - Upper Deck

Included Items

- Round-trip flights from Los Angeles or San Francisco via Lufthansa Airlines including fuel surcharges, taxes & fees (all surcharges, taxes & fees are subject to change until ticketed)
- All ground transportation and transfers
- 2 nights' accommodation in Zagreb (deluxe rooms)
- 1 night accommodation in superior hotel in Split (pre cruise)
- 7 nights' accommodations in lower deck deluxe cabin
- 1 night post-tour accommodation in Frankfurt (post cruise)
- 20 meals: 11 breakfasts, 7 hunches, & 5 dinners including welcome reception, cocktail & dinner; Croatian village party & dinner in Kuna; dinner cruise in Dubrovnik; Captains farewell dinner with entertainment
- Croatian wine and appetizers tasting in Korcula
- Shore excursions including local guides and entrance fees
- Professional, English-speaking cruise manager on board cruise
- Visitor's tax & port fees



Croatia Cruise Acventure tour tinerary map

Tucker Hoffmann - CVSC Travel Director 925-371-1910 <u>tkhoffmann@comcast.net</u>

CV5C C5T # 2081040



Bay Area Snow Sports Council FWSA Ski Week at Breckenridge, CO

Jan 28 - Feb 4, 2017

Breckenridge is one of Colorado's premier ski resorts with amazing ski terrain and an historic Victorian mining town. Breck's 2,900 acres with 34 lifts encompass five interconnecting peaks and will satisfy all levels of skier's desires. Located at the base of the ski resort, our deluxe ski in-ski out lodging also offer a complimentary shuttle to get you anywhere you need to go! World class skiing, (avg. 300 inches of snowfall per year), fun nightlife in historic town, and group party/activities will make this an exciting and memorable trip!

Registration Opens May 9, 2016

\$200 Signup Deposit

Lodging and Amenities* Packages range from \$1,040 to \$1,215 Prices do not include lift ticket and transportation

Lift ticket prices

5-Day Adult Ticket \$375 5-Day Senior Ticket \$332 6-Day Adult Ticket \$409 6-Day Senior Ticket \$357

Purchase Epic Pass through Sports America for \$50 lodging credit. https://www.sportsamerica.com/epic-fwsa

*Amenities include:

- 7 Nights Lodging with Ski-in-Ski-out options
- Welcome Party
- · Hosted Mountain Tour
- Scavenger Hunt
- Pub Crawl
- · Council Night Dinner and Dancing
- Mountain Picnic
- Racing
- · Banquet with Dancing
- Farewell Après Party
- Optional Vail Ski Day

Optional Group air Itineraries and Pricing to be announced Registration and Information Contact:

Gail Burns, BAC Travel Director

gailburns@earthlink.net (650) 255-7883

123 Phillips Lane, Woodside, CA 94062 Must be a Member of Far West Ski Association or an affiliated ski club FWSA CST #2036983-40 / BAC CST #2050870-40





FWSA ANNUAL SKI WEEK REGISTRATION FORM BRECKENRIDGE, COLORADO, January 28 – February 4, 2017

RINT NAME:		Nickname
treet Address:	City:	
tate: Zip Code:	PHONE: Home: (_)
Cell / Work: ()	E-Mail Address: _	
eate of Birth (M/D/Y):/	/19 (We need your birth date	for racing and lift tickets)
IaleFemale I am a Sk	kier/Snowboarder	/Non-Skier or Boarder
ki Club:	FV	VSA Direct Member:
WSA Council: Arizona, Bay Area, Cent	ral, Intermountain. LAC, Orange,	Northwest, San Diego, Sierra Direct Member
REQUIRED EMERGEN	NCY CONTACT INFORM	MATION – Person not at ski week
Name:	Cont	act Number:
	OTHER INFORMATIONOF	
		Cell #:
List Food Allergies and/or drug all	ergies (optional):	
Medical Conditions (optional):		
 my own Travel Insurance. I am aware that I am financially. I am aware it is my responsibility passport must be valid at least 6. I have received a copy of the FW. I further certify that I'm a current form is accurate. I am aware that FWSA may use any promo DVD's to market oth. 	responsible for myself whether or ty to obtain all legal documents red months after trip. SA Conduct Policy. It FWSA Club or Direct member an pictures taken at Ski Week in the s	ravel insurance and I have the option to purchase not I purchase Travel Insurance. quired for travel including passports and that my d that the information I have provided on this ski week presentation, on their website, and in o sign a form to deny the use of my photo.
X (Required) Ski Week Participant Signature O	R Parent/Legal Guardian for Mino	or Date
		at Ski Week (including Council Challeng
		t (5064) SVet (65 & up)
egenas Ciasses (No Skill Level	s): (/5 & up) 1st grp on 2nd (course 1st grp on 3rd course
kier Race Class: SOS1S2	2S3S4S5S6S	S7S8S9S10
nowboard Upper Sno	owboard Lower	Strikes? Yes No
lub I will race for:		

FWSA ANNUAL SKI WEEK

BRECKENRIDGE, COLORADO, January 28—February 4, 2017

SPORT PARTICIPANT RELEASE OF LIABILITY, WAIVER OF CLAIMS, EXPRESS ASSUMPTION OF RISK AND INDEMNITY AGREEMENT.

Please read and be certain you understand the implications of signing.

Express Assumption of Risk Associated with Sport, Venue Use and Related Activities.

, _____ do hereby affirm and acknowledge that I have been fully informed of the inherent hazards and risks associated with all activities of FWSA Annual Ski Week including but not limited to alpine skiing, snowboarding, tubing, and tobogganing, certain additional risks, dangers and hazards including, but not limited to boarding, riding, and disembarking ski lifts, transportation of equipment related to the activities, and traveling to and from activity sites in which I am about to engage. Inherent hazards and risks include but are not limited to:

- Risk of injury from the activity and equipment utilized is significant including the potential for broken bones, severe injuries to the head, neck, and back or other bodily injuries that my result in permanent disability and death.
- 2. Possible equipment failure and/or malfunction or misuse of my own or others' equipment.
- 3. I AGREE THAT I WILL WEAR APPROVED PROTECTIVE GEAR AS DECREED BY THE GOVERNING BODY OF THE SPORT I AM PARTICIPATING IN. However, protective gear cannot guarantee the participant's safety. I further agree that no helmet can protect the wearer against all potential head injuries or prevent injury to the wearer's face, neck or spinal cord.
- 4. Variation and/or steepness of terrain, variation or changes in surfaces including but not limited to snow surfaces, ice, bare spots, rocks, stumps, debris, cliffs, trees, fences, posts, trees, light poles, signs, buildings, roads, walkways, ramps, rails, stairs, pyramids, manual pads, bowls, half-pipes, jumps, padded and non-padded barriers, other persons, and other natural and man-made hazards.
- My own negligence and/or the negligence of others, including but not limited to operator error and guide decision making including misjudging terrain, weather, riding surfaces or other obstacles.
- 6. Exposure to the elements and temperature extremes may result if frost nip, frost bite, heat exhaustion, heat stroke, sunburn, hypothermia and dehydration.
- Dangers associated with exposure to natural elements include but are not limited to avalanche, rock fall, inclement weather, thunder and lighting, severe and or varied wind, temperature and other weather conditions.
- B. Accidents or illness occurring in remote places where there are no available medical facilities.
- 9. Fatigue, exhaustion, chill, and/or dizziness, which may diminish my/our reaction time and increase the risk of accident.
- 10. Impact or collision with other athletes, spectators, facility employees, pedestrians, motor vehicles, and cyclists.

'l understand the description of these risks is not complete and unknown or unanticipated risks may result in injury, illness, or death. WARNING

I am aware and acknowledge that racing and training and practice for racing have inherent dangers and risks for any competitor. Race courses may be icy, rutted, and bumpy. I assume the risk of all course conditions including, but not limited to weather and snow conditions, course construction or layout, and obstacles. I am required to inspect physically and visually the course and area of competition prior to the beginning of competition and, by using the course, assume the risk of all course conditions. I am voluntarily participating in these races and training and practice for the race with the full knowledge of the dangers and risks involved and hereby agree to accept any and all risks or injury, or death that my result.

Release of Liability, Waiver of Claims and Indemnity Agreement

In consideration for being permitted to participate in the above described activity(ies) and related activities, I hereby agree, acknowledge and appreciate that::

- I HEREBY RELEASE AND HOLD HARMLESS WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE, the following named persons or entities, herein referred to as releasees: Far West Ski Association (FWSA) and their directors and officers, FWSA Ski Councils and their directors and officers, FWSA Ski Clubs and their directors and officers, Far West Race Association (FWRA) and their directors and officers, and their successors and assigns.
- To release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise. By executing this document, I agree to hold the releasees harmless and indemnify them in conjunction with any injury, disability, death, or loss or damage to person or property that may occur as a result of my engaging in the above activities.
- By entering into this Agreement, I am not relying on any oral or written representation or statements made by the releasees, other than what is set forth in this
 Agreement.
- This agreement shall apply to any and all injury, disability, death, or loss or damage to person or property occurring at any time after the execution of this
 agreement.

This release shall be binding to the fullest extent permitted by law. If any provision of this release is found to be unenforceable, the remaining terms shall be enforceable.

HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, I FULLY UNDERSTAND ITS TERMS, I UNDERSTAND THAT I HAVE GIVEN UP LEGAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signature of Adult Participant	Name of A	dult Participant (Please Print)	Date
	ut also to release and	Guardian, Temporary Guardian with legal responsibility for this paindemnify the Releasees from any and all liabilities incident to his	
S/			
5			
Signature of Parent or Adult Legal Guardian if Partic	ipant is a Minor	Name of Parent or Adult Legal Guardian (Print Clearly)	Date

Bay Area Snow Sports Council FWSA Ski Week at Breckenridge, CO

Jan 28 - Feb 4, 2017
Trip Preference Sheet

	Ir	ip Preference Sheet		
Name:		Date of Birth:		 -
		(cell) _		
		Lodging Options:		
		l Lodging Ski-In-Ski-Out		
		dging choices. Lodging is limited		
Order of	rices, not including transpo	ortation and lift tickets, are per	person based	on double occupancy.
Preference			Price	Single
1st, 2nd, & 3rd	Lodging Name	<u>Description</u>	Per	<u>Supplement</u>
15t, 21lu, & 5°	Loughig Name	<u>Description</u>	Person	Supplement
	Beaver Run Resort	Hotel Room QQ	\$1,215	\$850
	beaver Run Resort	noter Room QQ	Ψ1,213	ΨΟΟΟ
	Beaver Run Resort	2Bed / 2Bath Condo Q / QQ	\$1,115	\$750
	Beaver Run Resort	2Bed / 2Bath Condo Q / Q	\$1,115	\$750
	William at Danalanasi dan	201/20-* 6 1-	¢1.040	ф. С 7 Г
	Village at Breckenridge	2Bd/2Ba* Condo	\$1,040	\$675
S	ki Pass Options:	Bedding may vary Price		
	Adult Ticket	\$375		
•	Senior Ticket	\$332		
	Adult Ticket	\$409		
6-Day	Senior Ticket	\$357		
_		c Pass through Sports Ameri	ca for \$50 loo	dging credit.
_	=	www.sportsamerica.com/epi		-66
			Beds: (One Two
Preferred Condo Ma				
=	-	nsportation? Yes No		
-	ort: San Jose SFO			
		s \$90. Your arrival and departu	re times must	be coordinated with
FWSA bus schedule	. Subject to availability of s	space on the bus.		
D	1.1.	Consultation Dalia		
Payment Sche		Cancellation Policy:	. 1	1:
Due Now Jul 1, 2016	\$200 Initial Deposit \$400 Installment	Cancellation mus Payments are fully refunded.		
Sept 1, 2016	\$400 Installment	Payments are fully refundab \$100 fee applies to cancellat		
Nov 1, 2016	Balance Due	\$400 fee applies to cancellat		
1101 1, 2010	Dalance Duc	No refund for cancellations		
		refund may apply if suitable		
	Sand th	is 'Trip preference sheet' to:	_	10 IOuIIu.
(rector, 123 Phillips Lane, Woo		4062

FWSA TRIP CONDUCT POLICY

This policy applies to all persons participating on a Far West Ski Association ski week or trip. It is intended to maximize the enjoyment for all trip participants and provide guidelines for the FWSA Travel Staff, Council Trip Leaders, and assigned Trip Assistants. All trip participants are requested to observe common courtesy and generally accepted standards of social and moral behavior.

In accordance with Federal and State laws, the Far West Ski Association will enforce a "Zero Tolerance Policy" on illegal drug use at any FWSA sponsored event or trip. Failure to observe this policy will automatically remove you from participation in future FWSA events.

Participants shall adhere to the requirements of FWSA trip packages (e.g., lift tickets) and participants agree not to transfer, resell, or barter all or portions of that package. Only FWSA, or the issuing agency may compensate the participant for the unused portion or permit transfer. Failure to comply may result in exclusion from future FWSA events.

Alcohol and tobacco use is allowed in moderation and where permitted by law. FWSA Travel Staff, Council Trip Leaders, or assigned Trip Assistants, will ask a participant to cease any loud, obnoxious, or offensive behavior. Participants who refuse to cooperate will be reported to local security or local police.

Far West Ski Association maintains a strict policy prohibiting sexual harassment and harassment because of race, religion, color, national origin, ancestry, disability, medical condition, marital status, sexual orientation, age, or any other basis made unlawful by any applicable law or ordinance or regulation. Prohibited harassment in any form, including verbal, physical and visual conduct, threats, demands, and retaliation is unlawful and will not be tolerated. If, after a request to refrain from this behavior, the participant continues, FWSA Travel Staff, Council Trip Leaders, and assigned Trip Assistants may contact local security or local police. Profanity and off-color humor is only permitted if it is not offensive to other participants. Please stop the offensive behavior if asked by another participant, FWSA Travel Staff, Council Trip Leader, or assigned Trip Assistant.

Parents/Legal Guardians of minor children under the age of 18 are responsible for the supervision and behavior of their children. Children under 12 years will be under the direct supervision of their parents/legal guardians at all FWSA events. Parents/Legal Guardians are responsible for providing supervision of their children under 12 years of age during the time that they are attending a FWSA function without their children (e.g., children under 12 will not be left alone in the lodging rooms).

FWSA Travel Staff, Trip Leaders, assigned Trip Assistants, and/or FWSA Board of Directors will attempt to resolve problems in a mutually beneficial manner. When resolution cannot be achieved, FWSA Travel Staff, Trip Leaders, and assigned Trip Assistants have the authority to call on-site security or local police to resolve the problem. Participants may be excluded from a trip at their own expense and without reimbursement of trip expenses.

Breckenridge Shirts

Far West has a limited supply of special ski week shirts—K-Wick Unitex Sport long sleeve 1/4 zip pullover T-Necks. Men's shirt is charcoal and women's shirt is berry. *First come for available sizes.*

Must pre-order the shirts for delivery at ski week—pick up when you check in at Breckenridge ski week registration. Extra shirts may be available for sale at registration—not all sizes may be available.

Price is \$42.00. Send this form with a check payable to "FWSA" and send to Nancy Ellis, P.O. Box 9681, Truckee, CA 96162.

Orders must be received by Fri., January 20, 2017.

Name:					
Council:					
Email:					BRECK
Women's Shirt	XS	_ S	M_	L	XL
Men's Shirt	М		L	XL	XXL

Men 's Shirt—Breckenridge logo on right sleeve and FWSA logo on right front of shirt. Shirt is one color—charcoal/gray





Women 's shirt—FWSA logo on right front and Breckenridge logo on left front of shirt. Shirt is one color—berry/purple.



84th Annual Far West Ski Association Convention June 9–12, 2016

DoubleTree Resort by Hilton Paradise Valley - Scottsdale 5401 North Scottsdale Road, Scottsdale, AZ 85250-7090 480-947-5400 • www.paradisevalley.doubletree.com

HOSTED BY ARIZONA SKI COUNCIL



Arizona is Awesome

DoubleTher Resort by Hilton Paradise Valley - Scottsdale

Reservations call 800-498-7396

Group Name Far West Ski Association

Online Reservations http://blt.ly/FWSA-2016-Lodglng
Group Code FWS

Room Rates per night plus tax single or double occupancy — \$99

Room Registration Deadline May 18, 2016

HOTEL FEATURES

- 2 heated pools and whirlpools and poolside bar
- Lighted tennis court & sports court & a 9-hole putting green
- Loggia Lounge and The Palm Cafe
- enFuego Restaurant award winning dining
- NO resort fees, NO parking fee, FREE Wi-Fi in guest rooms
- Rates are available 3 days pre and post Convention based on availability

TRANSFORTATION

- Air transportation is via Phoenix Sky Harbor International Airport (PHX), located 12 miles from the DoubleTree Resort by Hilton.
- · Rental cars and shuttle services are available at the airport.

CONVENTION HIGHLIGHTS

- Silent Auction
- Travel Expo
- Snowsports Leadership Academy
- Keynote Speaker Jordan Romero
- Celebrity Speakers
- Public Affairs Panels
- Saturday Awards Luncheon
- Saturday Awards Dinner
- Far West General Meeting & Elections

OPTIONAL ACTIVITIES

- Thursday
 - Western Journey
 – Museum of the West
 - Old Town Scottsdale Tour via Segway
 - Scottsdale Pub Crawl
- Friday
 - 10th Annual Michael German Memorial Golf Tournament
 - Spa Lamar Day
 - World Music Experience
 - · Pool Party

Jane Wyckoff

FWSA Convention Chairperson ianewyckoff1@cox.net or 949-933-9607 Jeannine Davis

Silent Auction / Travel Expo Chairperson

SilentAuction@fwsa.org or 415-328-2333

Linda Westlund

Arizona Host Council Convention Coordinator

HostConvention2016@fwsa.org or 480-216-2010

www.fwsa.org

Spectacular Ships · Affordable Balconies · World-Class Dining & Entertainment









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10 DAY FALL FOLIAGE CRUISE ON THE CARIBBEAN PRINCESS

OCTOBER 2-12, 2016

Prices are per person double occupancy:

\$1,499.00 Inside \$2,099.00 Window \$2,499.00 Balcony Call for price on Mini-Suite

\$195.00 PORT FEES & TAXES PER PERSON Air & transfers not included

Group Cocktail Party Included

Ex Military: \$100.00 onboard credit, I will send the form if needed

Ships Cancellation Policy

FULL REFUND ON DEPOSIT TO JULY 7th, 2016

JULY 8th - JULY 31th, 2016 10% PENALTY

AUGUST 1th - 30th 50% PENALTY

AUGUST 31th - SEPTEMBER 10th 75 % PENALTY

After Sept. 22th - no refund



Day	Port / Date	Arrive	Depart
1	Quebec City, Quebec Sunday, October 2		Overnight Stay
2	Quebec City, Quebec Monday, October 3		5:00 PM
3	At Sea Tuesday, October 4		
4	Corner Brook, Newfoundland Wednesday, October 5	8:00 AM	5:00 PM
5	Sydney, Nova Scotia Thursday, October 6	8:00 AM	5:00 PM
6	Halifax, Nova Scotia Friday, October 7	8:00 AM	4:00 PM
7	Saint John, New Branswick (for the Bay of Pundy) Saturday, October 8	8:00 AM	5:00 PM
8	Bar Harbor, Maine Sunday, October 9	7:00 AM	6:00 PM
9	Boston, Massachusetts Monday, October 10	7:00 AM	4:00 PM
10	Newport, Rhode Island Tuesday, October 11	9:00 AM	6:00 PM
11	New York City (Manhattan or Brooklyn), New York Wednesday, October 12	7:15 AM	

Call Tucker Hoffmann to book your cabin. You will need to give him your credit card number FINAL PAYMENT DUE JULY 1** 2016

tkhoffmann@comcast.net

925-371-1910 -home - 510-329-6838 - cell Castro Valley Ski Club Travel CST#2081040-40



2015/2016 Avid Skiers in Control

President	Claudia Fernandes	925-462-6573	Claudia.fernandes4108@gmail.com
Vice President	Anne Wilburn	925-200-2801	annewilburn@comcast.net
VP Membership	Maggie Jong	925-447-5148	mozoro25@gmail.com
VP Club Activities	Pat Green	925 846-7250	greendm@comcast.net
Secretary	Eva Lanphear	510-793-3863	ejlanphe@pacbell.net
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Web Manager	Ray Jong	925-447-5148	skibuff@comcast.net
Travel Director	Tucker Hoffmann	925-371-1910	Tuckerhoffmann@aol.com
Past President	Karen Wehrman	510-538-2872	kwehrman@comcast.net
Trustee	Kathy Hoffmann	925-371-1910	tkhoffmann@comcast.net
Safety Chair	Sandy Beecher	707-255-4139	srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:

Siracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR MAY, 2016



End of Season Banquet May 7

Crow Canyon Country Club 711 Lake Dr Danville, CA

(dinner @ 7pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES

First With Safety Awareness Slogan award sponsored by:

ASPEN & SNOWMASS