



Castro Valley, CA 94546
www.cvsclub.org

CVSC SkiZette

May, 2013



EVENTS CALENDAR

(f) = flyer in this issue



Inside this issue:

Web Manager Note	2
President's Messg/ Word from our VP	3
Travel Update	4-7
Race Director report/ Article on Ticks	8
FWSA/DSUSA/BAC 9 Oakland A's night	9
81st Annual FWSA Convention	10
FWSA Ski Week 2014, Beaver Creek, CO	11
Avid Skiers in Con- trol	Back page



MAY

- 4 CVSC End of Season Banquet
- 8 CVSC board meeting at Sandy's (held at Pat's)

JUNE

- 6-9 81st Annual FWSA Convention (f)
- 12 CVSC board meeting at Keith's
- 19 CVSC general meeting at Don Jose's

JULY

- 10 CVSC board meeting at Eva's (held at Dave's)
- 17 CVSC general meeting bbq at Pat & Dan Green's (details TBA)

UPCOMING

- 9/18-10/3 Borneo Adventure
- 2014:
- 1/25-2/1 FWSA Annual Ski Week at Beaver Creek, CO (f)

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

MAY BIRTHDAYS

C Mark Read	1	Steve Kallal	17
Kirby Slate	2	Gisele Sorensen	17
Pat Green	6	Fred Rubis	18
Ron Dennis	6	Debbie Scanlon	20
Sandra Beecher	7	Wayne Ainsworth	23
Anne White	16	Janet Wilson	30



Visit our Website at www.cvsclub.org

SkiZette Policy NEWSLETTER

DEADLINE: last week of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor
email: dennieluuul@att.net



*Didn't get your newsletter? - Change of Address? -
PLEASE Contact Dave Silva, VP Membership
email: silvadave@yahoo.com*

Castro Valley Ski Club Web Site

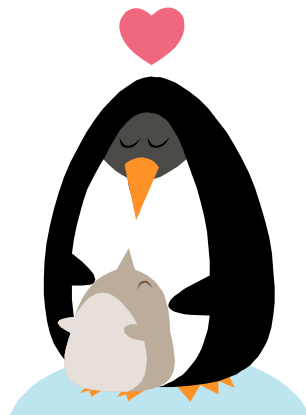
The club web site is up and available and is currently up to date with information on the latest club news and upcoming events. To view the site, point your web browser at the following URL:

<http://www.cvskiclub.org>

The web site lists upcoming club events and the past and future travel opportunities for club members. Past and current editions of the SkiZette, the club newsletter, are also available on the web site. For those interested in joining the CVSC racing team, the yearly schedule of race events can be found on the web site.

The web site also has pictures of some of the club's recent travel events. We would like to add more pictures and are actively soliciting members to submit their favorite pictures. If you have any pictures you would like to submit for the web site, please email them to cvscclub@yahoo.com. High resolution pictures in jpg format are preferred.

Ray Jong
CVSC Web Manager



Castro Valley Ski Club Newsletter

President's Message

Hello Everyone,

Spring has sprung, the ski season is definitely over, and we will celebrate this fact at the End of Season Banquet this Saturday night. Every year we celebrate this occasion and at the same time we celebrate the wonderful and dedicated volunteers we have right here in our Castro Valley Ski Club. Without really great volunteers we would not enjoy the wonderful benefits of our ski club. Each one of the hard-working volunteers is so appreciated!



Karen Wehrman
President

Two of these great volunteers have been chosen to represent our club as Man and Woman of the Year – Keith Wilson and Paula Kinahon. They are both extremely deserving of this honor and will represent us at BAC and the Far West Ski Association annual convention coming up June 6 – 9 in Reno, Nevada. When you see Paula or Keith, please extend a big Congratulations!!

Speaking of the Far West Ski Association Convention, we have a great slate of delegates to represent us there. If you have never attended one of these conventions, I heartily encourage you to do so. There are many great activities to take advantage of, lots of great information regarding ski clubs and the whole ski industry, and lots of fun with other friends of our club. We will be represented by fifteen delegates, and I am really looking forward to the whole experience. I hope to see you there next year, or even this year if you sign up by May 10.

So, here I have described two great events to see your fellow CVSC members, all dressed up and looking good, so how could you go wrong?

I hate putting my skis away for the next several months, but I sincerely wish everyone a happy, healthy, active, and interesting Spring and Summer season - and I hope we'll see you at a meeting soon.

Happy Trails,

Karen

A Word from our VP

The bottom half of Northstar is now brown, a discouraging color, and like an obscene gesture. Okay, okay, I got it.



Ron White
Vice President

Thoughts now turn to celebrations of the sport, the CVSC End-of Season Banquet, which you may have attended by the time you see this, and the 81st Annual FWSA Convention in June, which you can still plan for. To get the convention or room special prices you have to act by the 10th of May-- that's real soon now. Many club members are attending, around 18, and we have some fun events to support as you've seen in the Skizette flyers.

The Convention is close by this year, in Reno, and the Friday night Silent Auctions yield fantastic savings for skiing in places that either the club or the Far West doesn't plan for us anytime soon. Judging by recent winter conditions in the Sierra, you may want to try for an area more likely to be dependable. Typical winning bids come in at about half price, and I've won two of these myself some time ago, for Jackson Hole and Crested Butte, both terrific. And no registration is required for the Friday night auction.

Soon it will be time for our summer meeting/barbeques. These events are always well attended, and we'll be hosting one again this year in Livermore. Hope to see you all at both.

Hurray, hurray, it's the first of May, outdoor *something* begins today. Anyone remember *what*?

Ron



CASTRO VALLEY SKI CLUB 2014 Trip - BEAVER CREEK Jan. 25-Feb 1st, 2014

Next year we will be joining FWSA on the Beaver Creek Trip. Dates are Jan. 25 - Feb 1st, 2014. Castro Valley Ski Club has already requested lodging from BAC and sent in deposits for 42 CV members. We are already up to 40 sign-ups. The lodging will be in condos next year. Pricing will be \$1355, air and transfers not included. Send us a quick email to let us know if you are sending in a deposit. Send a \$200 deposit to address below.

Package Includes:

- Registration
- 7 Nights Lodging Highlands Lodge or Kiva Lodge (across street if Highlands if full)
- Welcome Party
- Pub Crawl
- Mountain Picnic
- Après Party
- Races
- Banquet with Dancing
- 5 day Lift Ticket
- BAC Council Night Party

 *Beaver Creek.*



note: air and transfers not included in this price

Lift tickets are included in the ski week package; however, EPIC passes will also be available and should be purchased from Sandy Gaudette at Skigroup.net by calling her at 1-800-500-2754. Each member purchasing the EPIC pass through Skigroup, will receive a \$25 discount off their lodging during our ski week. Deduct \$315 if you do not need the FWSA lift ticket.



Post Trip to Breckenridge

Castro Valley will also be doing a 4-day post trip to Breckenridge. It includes 4 nights lodging, porter & resort fees and your bus transportation (if needed) to Breckenridge and then on to Denver. Deduct \$60 if you are driving. Price will be \$380.00. in 2bd./2b condos staying at the Beaver Run Resort, ski-in, ski-out. If you purchase the Epic Pass or Epic Local Pass it will be good here otherwise lift tickets are \$226.00 for a 3 day. If you would like to participate, add \$100 to your deposit and let me know.



Beaver Creek

Beaver Creek is luxurious and upscale, with the aura and refinement of a premier European resort. Located 132 miles due west of Denver, Beaver Creek is one of the most diverse mountains in the world. Every type of terrain- from designated beginner areas, to regions that will challenge even the most experienced skiers- can be found within its 1,600 acres of skiing. And with 14 efficient lifts and minimal crowds, you'll enjoy more time on the slopes of this fabulous mountain rather than standing in lines.

🏠 The Highlands Lodge or Kiva Lodge (if Highlands is full)



Highlands Lodge Complex

The condominium complex we are staying at is located at the base of Beaver Creek Mountain, a quarter-mile from Beaver Creek Village and eight miles from Vail. We have 3bd.3b units.

Highlights of this four-story, ski-in/ski-out lodge include an outdoor pool and hot tubs, complimentary shuttle service to and from town, and guest privileges at the Allegría Spa. The complimentary airport transportation is for the local flight only.

Property Amenities

Lodge guests are provided concierge services; heated, underground parking; and an outdoor swimming pool and hot tubs. Guests have access to the spa and health club at the Park Hyatt Beaver Creek, a 5-minute walk down Offerson Road or a quick hop via the shuttle that transports guests throughout Beaver Creek and Vail. Private ski lockers and boot warmers are available in the skiers' locker room.

- Swimming pool - outdoor
- Complimentary newspapers in lobby
- Health club
- Airport transportation (complimentary)
- Conference room(s)
- Photocopy machines
- Fax machine
- Front desk (limited hours)
- Concierge services
- Laundry facilities
- Patio
- Video library
- Suitable for children
- Spa tub
- Use of nearby fitness center (complimentary)
- Fitness equipment
- Parking (free)
- Business center
- Business services
- Internet access in public areas - surcharge
- Safe-deposit box - front desk
- Babysitting or child care
- Ski storage
- Library
- Swimming pool - children's
- Air-conditioned public areas

- **AIR SCHEDULE**

TO BE ANNOUNCED

Payment Schedule:	Amount:	Due Date:
Initial Deposit:	\$200	NOW
	\$300	if your doing Breckenridge too
Second Payment:	\$300	July 1, 2013
	\$400	if your doing Breckenridge too
Third Payment:	\$400	September 1, 2013
Final Payment:	Balance	October 1, 2013

- **Cancellation Penalties:**

\$100 after July 1, 2013

\$300 after September 1, 2013

No Refunds after October 1, 2013

*If you cancel and we have to pay for a single supplement for your roommate you *will* be charged for the single supplement.

ALL CANCELLATIONS MUST BE IN WRITING

Please make all checks out to the "Castro Valley Ski Club" & send to the address below.

Tucker Hoffmann
CVSC Travel Director
2657 Rivers Bend Circle
Livermore CA 94550

925-371-1910

tkhoffmann@comcast.net



CVSC CST # 2081040

Castro Valley Ski Club Malaysia & Borneo Adventure September 18th - Oct. 3rd, 2013

\$3545 - PENANG ISLAND EXTENSION ADD \$625
trip is full & WAIT LISTED

Includes;

- RT Air LAX or SFO
- All tours & transfers via private air-conditioned transportation
- 13 nights hotel accommodation for the main program
- Breakfast daily, 6 lunches and 6 dinners
- English speaking tour guide throughout
- Entrances fees where applicable
- Internal flights as required
- Airport taxes
- Tips



Borneo Adventure itinerary map

HOT NEWS.....Discover Ireland & Scotland

We are working on our 2014 trip. The final dates and pricing are not yet available. We have had an overwhelming response to this trip. We can take 44 members and have over 60 on the list. At this time we are **ONLY** taking **current members**. Here's what we are setting up, about 2 weeks not including London.

Ireland: Dublin , Galway, Limerick , Waterford, Killarney, Kerry, and Belfast.

Scotland: Glasgow, Edinburgh, Inverness

London: (optional add-on) 3 nights



Blarney Castle



Tucker - CVSC Travel Director & Kathy, assistant
2657 Rivers Bend Circle, Livermore CA 94550
925-371-1910 tkhoffmann@comcast.net

CVSC CST # 2081040

Last Races of the Winter Season

April 6, 2013: A warm, early spring day at **Alpine Meadows**. This ski resort was the location of the **Far West Racing Association Championships**. This event was held to challenge the best amateur racers of our universe. Racers from all over the western states of California, Oregon, Washington and Arizona met to compete for top honors. **Bragging rights** from these races last all through the off-season. *Some retain these bragging rights forever!* The Far-West championship is a two-day event of ski and snowboard racing that pits the top recreational racers of the western states against each other.



Keith Wilson
Race Director

This was a challenge from the start! Would **Alpine Meadows** still be open, or closed for the summer? Would there be enough snow on the race courses to keep the skiers off the dirt beneath? Would anyone drown in the puddle of melted snow in front of the ski resort? Or would the entire event degenerate into a **pond-skim**? Most of the racers do not look all that good in bathing suits!

Saturday's race was a slalom race on **Yellow Trail**. This is one killer hill for a race course! And a slalom race at that! Two courses were set – one for the first run and one for the second run. That was a good plan! It did keep us off the dirt. I, **Keith Wilson**, survived that day and won my race. **Incredible! Atossa Shafa** missed a gate and was disqualified – oops! **Brian Taylor** bounced off the course and did not finish – curses! **Anousha Nejad** showed good sense and passed up on the race course. **Abdi Nejad** placed second. It was **Abdi's** first race of the season – not bad!

Saturday afternoon we had two award ceremonies. First, **Open League** met. **Winners** for our racing season were announced and awards presented. These were the difficult awards to win. Winners had to place high in the eight **Open League** races held this season. Metals went to **Steve White** in level 6, Open Men and to **Ron White** in level 7, Super Vet Men. Following the Open League ceremonies, we partied with all the leagues, still at **Alpine Meadows**. This party offered **food and drink**, a **silent auction** and **awards** for the race day.

Sunday, the **grand slalom** race was held on Werner's Schuss - **Werner's Schuss**? I had to find that one on the map. It turns out that this is the steep run just off the top of the Roundhouse lift, to the North. We had more spring-skiing type weather. Well, what's the option? *I have raced at Mammoth in a Snow-storm in early April.* **Atossa** destroyed her competition with a win in Class 3, Open Women. **Brian** outwitted his competition and won in Class 1, Open Men. **Anousha** came to race and won in Class 10, Junior Women. **Abdi**, with his second race of the season, came in second in Class 4, Open Men. **I did not race!** Somehow, I tweaked my left knee on Saturday. I did not even realize this until Saturday evening when I went bounding upstairs.

Now, what will we do for the summer ski season?

Website: www.skialpine.com. Check the Open League Race Committee website for latest news and results: www.olrc.org.

TICKS AND LYME DISEASE

There are several species of deer ticks across the United States that become infected with the spiral bacterium, *Borrelia burgdorferi*, which can cause Lyme disease. Anyone walking through woodlands and brushy areas may be bitten by a tick and never know it. The tiny ticks, some the size of poppy seeds, may stay on your body for hours to days. The tick engorges itself with blood. If infected, the spiral bacteria are transmitted to the bloodstream of the person or animal during the bite. Not all ticks are infected with the spiral bacterium, *B. burgdorferi*. If the tick is saved, tests can be run to detect Lyme disease.

Symptoms of Lyme disease:

Lyme disease is called the "great imitator" because it can look like other diseases. Many people with Lyme disease have been misdiagnosed with more familiar conditions such as Fibromyalgia or chronic fatigue. Partial lists of symptoms are as follows:

- Flu-like illness
- Rash (less than 60%)
- Bell's palsy (facial paralysis)
- Extreme fatigue
- Sick feeling (malaise)

Stiff, aching neck, head ache, joint pain

- If bitten by a tick:
- Remove the tick immediately by grasping the tick as close to the skin as possible.
- Use tweezers or facial tissue to remove the tick, and never bare fingers
- Use a straight, steady pull. Do not twist or squash the tick.
- Save the tick for identification.
- Contact your local vector control office for identification.

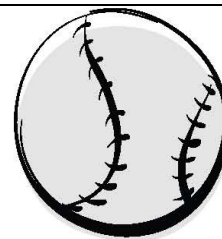
If it is a western black-legged tick please consider sending the tick to a laboratory that is authorized to test the tick for Lyme disease. Igenex Laboratory in the South Bay is an authorized laboratory.

For additional information:
California Lyme Disease Association (www.lymedisease.org)
Lyme Info- (www.lymeinfo.net)

(article submitted by Sandy Beecher)



Oakland Athletics vs. Texas Rangers



Friday, August 2, 2013

Game time @ 7:05pm.

\$32 seats, Regularly \$35

Bay Area Snow Sports Council, BAC

Presents it's Eighth Annual

FUND RAISER for

Disabled Sports USA Far West

All proceeds over cost go to DSUSA

Additional contributions
will be greatly appreciated

Deadline for purchasing tickets: July 12th



FIREWORKS NIGHT

Section 104, 105 Lower Box, 1st base side

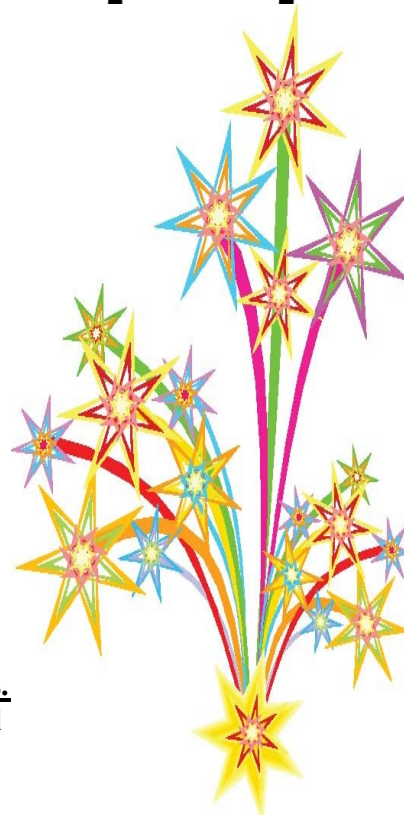
"Great view for fireworks"

BAC Tailgate BBQ for \$10

Raffling Prizes

5-6:30 pm

BBQ at the north side of the stadium, parking lot A,
South-East Corner. Look for a BBQ trailer,
Heffley's SUV with the BAC banner in front
and a large crowd having a great time.



For club group seating, please send one club check for all club members.
Make checks payable to Bay Area Snow Sports Council (BAC). Paypal will
be available. Seating assigned based on when money received by BAC.

Supported by: **VAIL RESORTS®**

Contact: Norm Azevedo

(925) 944-9816, nazevedo@sbcglobal.net

901 Sousa Dr. Walnut Creek, CA 94597

EXPERIENCE OF A LIFETIME





Far West Ski Association

81st Annual Convention

Mountain Magic Moments

June 6-9, 2013

Grand Sierra Resort & Casino



2500 East 2nd Street Reno, NV 89595
(775) 789-2129 (reservations)
www.grandsierraresort.com

hosted by Bay Area Snow Sports Council



Grand Sierra Resort & Casino

Reservations call 800-648-5080 or 775-789-2129

Group Name Far West Ski Association 2013

Online <https://resweb.passkey.com/go/FarWestSki>

Room Rates per night plus tax single or double occupancy

Grand Sierra Room **\$79**

Summit Grand II Upgrade **\$104**

RV Spots at Grand Sierra: call 800-648-5080 or 775-789-2129

Hotel Features

- 11 Restaurants, 5 Bars & Lounges, Casino, Beach/Pool, Spa/Health Club, Movie Theater, Bowling, Miniature Golf
- NO Resort Fees, FREE In-room Wi-Fi, FREE Parking
- Rates available 3 days pre and post Convention
- FREE TRANSFER from Reno International Airport
- Room block release date is May 15, 2013

Convention Highlights

- Silent Auction
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panel
- Saturday Awards Luncheon
- Celebrity Multi-Media Presentation
- Saturday Awards Dinner
- Far West General Meeting & Elections

Optional Activities

- Pub Crawl
- Michael German Golf Tournament
- River Run White Water Rafting
- Tahoe Rim Hike
- Grand Sierra Spa Day
- Grand Sierra Fun
- Beach Party

Information www.fwsa.org

- **Jane Wyckoff**
FWSA Convention Chair
janewyckoff1@cox.net or 949-933-9607

- **Mary Olhausen**
Silent Auction/Travel Expo Chair
omary52@comcast.net or 503-880-7383

- **Linda Indreboe**
BAC Host Convention Chair, 408-248-8426
bac.publicaffairs@skibac.org

Far West Ski Association

Castro Valley Ski Club/Bay Area Council



Presents

Ⓟ *Beaver Creek. Not exactly roughing it.*

2014 Annual Ski Week in Beaver Creek, CO

January 25th to February 1st, 2014

Pricing Approx. \$1355 (waiting on lodging allocation)

Package Includes:

- 7 Nights Lodging (dbl. occ.)
- Registration
- Mountain Rally
- Welcome Party
- Mountain Pub Crawl
- Ski Week Picnic
- Awards Banquet
- BAC Party
- Après Party
- 5 day Lift Ticket



note: air and transfers not included in this price

Lift tickets are included in the ski week package; however, EPIC passes will also be available and should be purchased from Sandy Gaudette at Skigroup.net by calling her at 1-800-500-2754. Each member purchasing the EPIC pass through Skigroup, will receive a \$25 discount off their lodging during our ski week. To check EPIC Pass pricing, available mid-March, go to: www.snow.com/epic-pass. Deduct \$315 if you do not need the FWSA lift ticket.

Castro Valley will also be doing a 4-day post trip to Breckenridge. It includes 4 nights lodging, porter & resort fees and your bus transportation (if needed) to Breckenridge and then on to Denver. Price will be approx \$380.00. in 2bd./2b condos or a hotel room, staying at the Beaver Run Resort, ski-in, ski-out. If you purchase the Epic Pass or Epic Local Pass it will be good here otherwise lift tickets are \$226.00 for a 3 day. If you would like to participate, add \$100 to your deposit and let me know.

Send \$200 deposit to:

Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle, Livermore CA 94550



925-371-1910 tkhoffmann@comcast.net

CVSC CST # 2081040



2012/2013 Avid Skiers in Control

President	Karen Wehrman	510-538-2872	kwehrman@comcast.net
Vice President	Ron White	925-443-3106	ronkewwhite@gmail.com
VP Membership	Dave Silva	510-538-2322	silvadave@yahoo.com
VP Weekend Trips	Jim Silva	510-538-2872	kwehrman@comcast.net
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Web Manager	Ray Jong	925-447-5148	skibuff@comcast.net
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Activity Director	Pat Green	925 846-7250	greendm@comcast.net
Travel Director	Tucker Hoffmann	925-371-1910	Tuckerhoffmann@AOL.com
Past President	Ralph Sherman	925-449-7941	shermescape47@yahoo.com
Trustee	Kathy Hoffmann	925-371-1910	tkhoffmann@comcast.net
Safety Chair	Sandy Beecher	707-255-4139	srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifyeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR MAY, 2013



The next meeting will be
May 4

Crow Canyon Country Club
711 Lake Dr
Danville, CA
(meeting starts at 7 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS