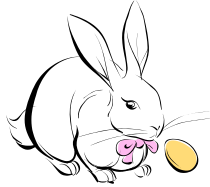




Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

April, 2015



EVENTS CALENDAR

(f) = flyer in this issue

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APRIL

- 8 CVSC board meeting at Ron's
15 CVSC general meeting at Don Jose's

MAY

- 9 CVSC End of Season Banquet (f) pg7
13 CVSC board meeting at Claudia's

JUNE

- 4-7 FWSA 83rd Annual Convention, San Diego, CA (f) pg 9
10 CVSC board meeting at Ray's
17 CVSC general meeting at Don Jose's

UPCOMING

- 8/7 Concert in the Park (w/Tommy & the Four Speeds), Pleasanton (details TBA)
8/10-20 CVSC Alaska Cruise (f) pg5
10/28-11/13 CVSC trip to Burma (f) pg6

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

- 8/22 BAC/FWSA/DSUSA Oakland A's F/R Tale-gate fireworks (f) pg8

- 2016:
1/30-2/6 FWSA Ski Week Telluride, CO (f) pg4



APRIL BIRTHDAYS

Ken Calkins	3	Barbara Gilmartin	19
Kerma Cook	6	Lynnell Calkins	19
Norman Glickman	8	Diana Gartland	23
Janice Dark	10	Fran Slate	28
Linda Michaels	19		



Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter.

Submit articles to:

Dennie Warren, Editor

email: dennieluuu1@att.net

Didn't get your newsletter? - Change of Address? -

PLEASE Contact Maggie Jong, VP Membership

email: mozoro25@gmail.com



A DAY AT THE RACES.....

Here we are at the end of the 2015 race season, and what a season it was! **Not one race got snowed out.** That's almost **unprecedented.** Unfortunately, that's because we hardly had any snow. Man-made snow saved the ski season and the racing season!



Keith Wilson
Race Director

As it turned out, there were only two races in March – both at Northstar. Later races scheduled in March were cancelled for two reasons. One was the lack of snow, and the other was that we reached our quota of races. Because I missed last race season, I got to start over and get reclassified.

Results, Based on the combined leagues:

Race 6 at Northstar – Slalom on March 14th

Brian Taylor	(Class 1, Veteran, Men) 3 rd
Dave Cunningham	(Class 5, Veteran, Men) 2 nd
Keith Wilson	(Class 9, S-Veteran, Men) 1 st and bumped up to 8

Race 7 at Northstar – Grand Slalom on March 15th

Brian Taylor	(Class 1, Veteran, Men) DQ
Dave Cunningham	(Class 5, Veteran, Men) 2 nd
Keith Wilson	(Class 8, S-Veteran, Men) 1 st

Next was the Far West Championships at Mammoth, March 29-28. An impressive group from Open League raced, but no one from Castro Valley Ski Club.

So, what happens next? We all get to spend the warmer months thinking about skiing and racing? Next season is ?????????!

The ski season is just about over and many of us are suffering from Seasonal Affliction Disorder (SAD). This is a known clinical depression that afflicts people during the winter season; people feel isolated when the weather gets gloomy. It is just the opposite for a skier. We get excited when the weather is cold and feel depressed (SAD) when the weather gets warm. Let's take a look at the bright side. I can find some great sales on gear and winter clothing, that's some consolation! I can take more walks with my dog- so at least he's happy.

But lo and behold, all it took was finally getting out on my bike last weekend and wearing SHORTS in the sun, and my disposition improved immensely. I suddenly got excited about all the summer stuff coming - road trips, biking, hiking, swimming, eating fresh herbs and veggies out of the garden, wearing flip-flops and other comfy warm weather clothes, and just sitting in the back yard, having a glass of wine or an ice cold beer.

Although skiing is really my favorite sport, each season has a special place in my heart. It just takes me a while to switch gears.

Have a wonderful summer and let's hope that next season is cold, wet and we get lots of snow in the Sierras.

See everyone soon!

Sandy Beecher, Safety Chair

President's Message

Hi All,

April Fool's Day has just passed, and I hope you didn't get punked too badly this year. One thing that I know for sure is that members of Castro Valley Ski Club are never fools when you think about all the benefits that members enjoy ~ no foolin' there.



Karen Wehrman
President

Speaking of the benefits of membership, Pat Green has arranged a great party at Crow Canyon Country Club to celebrate the end of this ski season. (Did it actually ever begin?) The bash takes place on Friday, May 9, and you will find more information about it in this issue. We will have a very elegant and tasty dinner followed by dancing to a new D.J. that plays great dance music. I sincerely hope you can join us in saying "Goodbye" to the ski season and celebrating the beginning of the new year that will have lots of great parties and activities to enjoy. We will also welcome new Board members and send off outgoing Board members with gratitude and well wishes. I really hope to see you there.

Another request from me to you, if you are a local member, is to attend the April regular meeting at Don Jose's and cast your vote for Board members in our annual election process. That meeting is important and will take place on Wednesday, April 15, at 7:30 at Don Jose's Restaurant in Castro Valley. April 15 is also "tax day" so you can come and ease your pain and share a tax story with other members.

We have many great events to take in this off ski season time, so watch for them ~ a couple of BBQ meetings in July and August, a concert in the park, and other fun activities. The more people attend the events the more fun they are ~ your presence is requested at all of them!

See you soon,

Karen

A Word from our VP

Here it is, you've been waiting for it, the final installment of a few thoughts about handling risk in activities that include it, skiing and riding in particular. I suggested that prioritizing risks is a cornerstone of so-called 'Steep Life Protocols', a terrain management system that increases a skier's safety. Six key backcountry protocols to help us prioritize risk that I covered in three previous months were 1) Be physically and mentally ready, 2) Monitor weather, 3) Travel with a team mentality, 4) Select practical equipment, 5) Evaluate surface snow conditions, and 6) Assess snow stability. And, I provided some descriptions for identifying terrain hazards—concave terrain, convex features, unsupported slopes, and terrain traps. Now I continue with selecting terrain with a 3-Strike Methodology.



Ron White
Vice President

Sometimes weather, group dynamics, snow, gear, and all other factors align perfectly (no strikes), but sometimes they don't. It's knowing how many strikes you have that dictates what terrain you ski that day.

- **No Strikes:** Epic conditions/stability. Continue to focus on smart skiing and backcountry protocols.

- **Strike 1:** Ski accordingly for difficult snow conditions. Keeping snow stability in mind, you can still enjoy the fun concave/convex and unsupported slopes, but you're looking for isolated terrain with surefire safe zones. Maintain visual and/or verbal communications including predetermined hand signals for go/no-go and alerting your partner(s) of hazards. Travel one at a time through terrain traps if no other options are available and make sure you're wearing safety gear and being spotted.

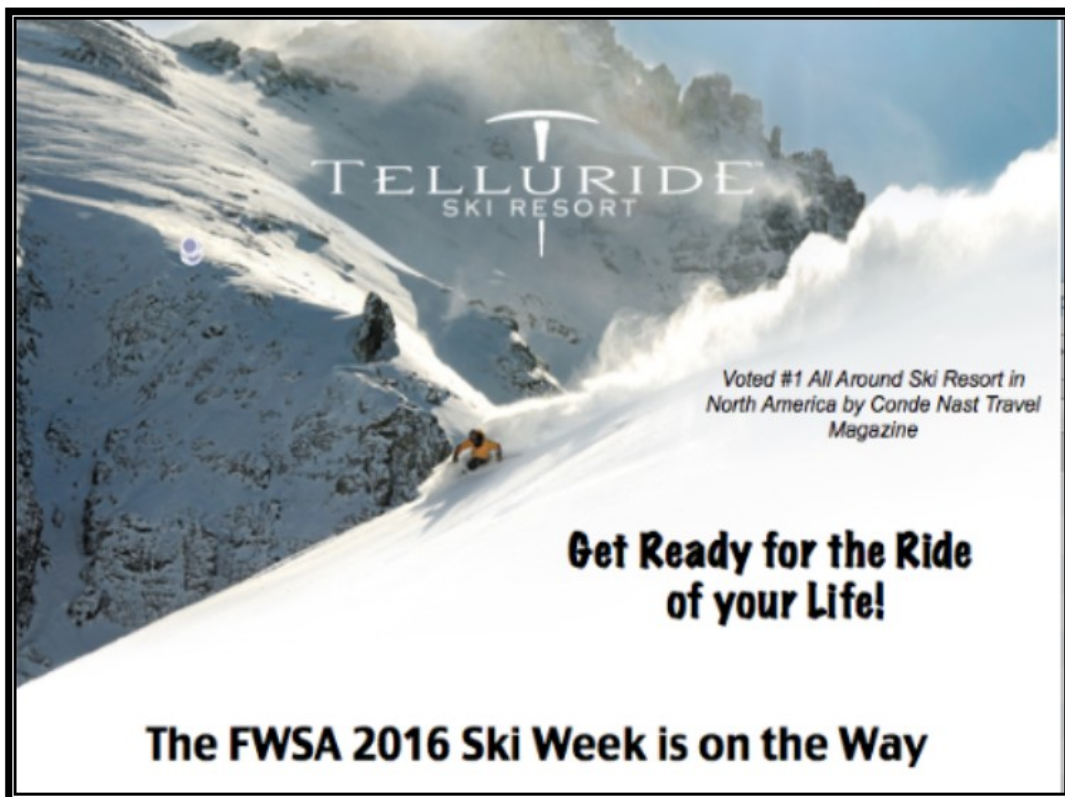
- **Strike 2:** Access lower angle terrain, or ski in trees that have branches facing uphill, and avoid concave/convex, unsupported slopes, and terrain traps. Maintain the apex (e.g., ridges and hips where snow slides away from you with less power).

- **Strike 3:** Is either no-go or ski groomers, low angle slopes, or glades with no avalanche hazards above, being mindful of how far and fast avalanches can travel. Be safe. Skiing is life!

Ron

Far West Ski Association

Castro Valley Ski Club/Bay Area Council



January 30th to February 6th, 2016

\$1215-\$1495 (depending on your choice of accommodations)

Lodging - Mountain Lodge, ski-in ski-out

Land Package Includes:

- 7 Nights Lodging (dbl. occ.)
- Registration
- Welcome Party
- Ski Week Picnic
- Farewell Banquet
- BAC Party
- Après Party
- 5 day Lift Ticket



note: air and transfers not included in this price



Send \$200 deposit (made out to CVSC) to:
Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle, Livermore CA 94550

925-371-1910 tkhoffmann@comcast.net
CVSC CST # 2081040

CASTRO VALLEY SKI CLUB

10-DAY ALASKA on the GOLDEN PRINCESS

Aug 10-20th, 2015

Cruise is out of San Francisco; don't worry about booking air or luggage being overweight

ITINERARY:

Ports: San Francisco, California; Juneau, Alaska; Skagway, Alaska; Glacier Bay National Park, Alaska; Ketchikan, Alaska; Victoria, British Columbia; San Francisco, California

CABIN PRICING: per person double occupancy

INTERIOR	OCEANVIEW	BALCONY	MINI-SUITE	SUITE
\$1,349.00	\$2,049.00	\$2,299.00	\$2,599.00	\$3,599.00

NOT INCLUDED: Taxes, Fees & Port Expenses additional: \$225.00 USD

DEPOSITS:

\$200.00 PER PERSON DUE NOW
MAY 1st, 2015 FINAL PAYMENT DUE

CANCELLATION POLICY:

NO PENALTY TO CANCEL
PRIOR MAY 1st, 2015

EX MILITARY: \$100.00 ON BOARD

CREDIT I will send the form if needed



**DEPOSIT MAY BE MADE BY CREDIT CARD OR CHECK,
YOU NEED TO CONTACT ME BY E-MAIL OR PHONE AS TO YOUR METHOD OF PAYMENT**

SEND TO:
TUCKER HOFFMANN
2657 Rivers Bend Circle
Livermore, CA 94550

tkhoffmann@comcast.net
510-329-6838 – cell

CST#2081040-40



CASTRO VALLEY SKI CLUB

presents

Burma & the Irrawaddy River - Cruising the Road to Mandalay



Oct. 28 – Nov. 13, 2015

Limited to 48 includes air from LAX or SFO

Pre-trip to Bangkok - \$399

Post-Trip to Inle Lake, Myanmar - \$1099

Myanmar, formally Burma, is a hot destination and for two reasons: firstly, the door has been opened on a piece of Asia that has been isolated from the pressures of development (and, indeed, tourism) for five decades; and secondly, it offers so much to the traveler it is hard to know where to begin. The country has all the beauty of Thailand's coastal and mountain regions but only a fraction of it has been seen by outsiders. Myanmar is truly a "last chance to see" (Malaysia/Thailand 30 years ago, Vietnam 15 years ago, Cambodia 10 years ago - take your pick).

We will be on a DELUXE Riverboat for 10 days.
There are different categories of cabins depending on the deck level.
We have reserved the WHOLE boat for our group.

Here are the prices WITH air from either LAX or SFO

Irrawaddy Suite B2 - 2 cabins - \$5652

Maugham Suite B1 - 8 cabins - \$5852

Orwell Suite - 16 cabins - \$6052



Call for more info.

Send your \$500 (\$300 is non-refundable) deposit to:
Tucker Hoffmann, CVSC Travel
2657 Rivers Bend Circle Livermore CA 94550
925-371-1910

CST #2081040

CVSC END OF SEASON BANQUET

Saturday, May 9, 2015

Black tie optional

CROW CANYON COUNTRY CLUB

711 Lake Dr., Danville, CA 94526

EVENING EVENTS

6pm – Hors d'oeuvres/no-host cocktails

7pm – Dinner

Installment of new CVSC Board

Awards for Officers & Members

Door prizes & raffle

Dancing 'til 11:30

MENU CHOICES

CVSC members—\$39; Non-members—\$49

#1 Salmon or #2 Steak

All entrees include salad, seasonal vegetables and chef's choice of potatoes or rice,
bread & butter, coffee, tea, and dessert.

DON'T MISS THIS GALA EVENT!!!

BANQUET RESERVATION FORM

Complete reservation form & mail to Pat Green, 4655 Cope Ct., Pleasanton, CA 94566

By Saturday, May 2, 2015

(Enclose check payable to CVSC)

Name(s)	Menu choice #	Member?	Amt enclosed
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
Phone _____			
Email _____			Total amount enclosed\$ _____



Oakland Athletics
vs. Tampa Bay Rays



*** * * *SAVE THE DATE* * * ***

**Bay Area Snow Sports Council
Presents our 10th Annual
FUND RAISER for
Disabled Sports USA Far West
*All proceeds over cost go to DSUSAFW***

Saturday, August 22, 2015

Game time @ 6:05pm.

Seats in Sections 128R & 129R, Field Level, 3rd base side

Deadline for purchasing tickets: July 27th

BAC Pricing still to be determined

FIREWORKS NIGHT &

BAC Tailgate BBQ

(4:00 to 5:15 pm)

**Make this an Exciting
Summer Club Event**

For club group seating, please send one club check for all club members.
Make checks payable to Bay Area Snow Sports Council (BAC). Paypal will be available. Seating assigned based on when money is received by BAC.

Contact: Norm Azevedo
(925) 944-9816, nazevedo@sbcglobal.net
901 Sousa Dr. Walnut Creek, CA 94597
Contact: Dennis Heffley
(925) 998-4415, skheffley@aol.com



2015

83rd Annual Convention

Far West Ski Association

Salute to San Diego



"The Voice of the Western Skier"



FOUNDED 1930

June 4-7, 2015

Town and Country Resort & Convention Center

500 Hotel Circle North, San Diego, CA 92108

800-772-8527 • www.towncountry.com

Hosted by San Diego Council of Ski Clubs

Town and Country Resort & Convention Center

Reservations call 800-772-8527

Group Name Far West Ski Association

Online Reservations <http://bit.ly/FWSA-lodging>

Room Rates per night plus tax single or double occupancy

(choice of Royal Palm Tower, Regency Tower/Courtyard, Garden Room)

Garden & Tower Rooms **\$145** (Rooms will be released May 10, 2015)

Hotel Features

- 32 lushly-landscaped acres in the heart of Mission Valley, 5 restaurants & 3 lounges, 3 Pools and Whirlpool, 14,000 sq. ft. Bella Tosca Day Spa-Salon-Fitness Center, 27-hole Championship Golf Course, adjacent to Fashion Valley Shopping Mall & Light Rail Trolley Stop
- NO Resort Fees; FREE Wi-Fi
- Parking is \$5 per day
- Rates are available 3 days pre and post Convention



Transportation

- Air transportation is via San Diego International Airport (SAN), located 7 miles from the Town & Country.
- Rental cars and shuttle services are available at the airport.
- The Cloud 9 Super Shuttle is currently \$11 per person one way.

Convention Highlights

- Silent Auction
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panel
- Saturday Awards Luncheon
- Celebrity Multi-Media Presentation
- Saturday Awards Dinner
- Far West General Meeting & Elections

Optional Activities

- Thursday Activities
 - San Diego Tours
 - Dinner on the USS Midway
- Friday Activities
 - Michael German Golf Tournament
 - Kayaking La Jolla Cove
 - Biking Mission Bay
 - San Diego Zoo
 - Pool Party

Jane Wyckoff

FWSA Convention Chairperson

janewyckoff1@cox.net or 949-933-9607

Jeannine Davis

Silent Auction / Travel Expo Chairperson

SilentAuction@fwsa.org or 530-392-3185

Elleen Sanford

San Diego Host Council Convention Coordinator

HostConvention2015@fwsa.org or 858-695-1442www.fwsa.org



2014/2015 Avid Skiers in Control

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Vice President
VP Membership
VP Club Activities
Secretary
Treasurer
Newsletter Editor
Web Manager
Race Director
Travel Director
Past President
Trustee
Safety Chair

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Maggie Jong 925-447-5148
Pat Green 925 846-7250
Eva Lanphear 510-793-3863
Claudia Fernandes 925-462-6573
Dennie Warren 510 759-3415
Ray Jong 925-447-5148
Keith Wilson 925-828-8265
Tucker Hoffmann 925-371-1910
Ralph Sherman 925-449-7941
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WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR APRIL, 2015



The next meeting will be
April 15

Don Jose's Restaurant
3430 Village Dr.
Castro Valley, CA

(meeting starts @ 7:30p)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS