



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

February, 2012



EVENTS CALENDAR

(f) = flyer in this issue



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FEBRUARY

- 8 CVSC board meeting at Dave Silva's
- 15 CVSC general meeting at Don Jose's ***

MARCH

- 1-6 BAC Salt Lake City, UT ski trip (f)
- 14 CVSC board meeting at Eva Lanphear's
- 21 CVSC general meeting at Don Jose's

APRIL

- 11 CVSC board meeting at Claudia's
- 18 CVSC general meeting at Don Jose's

***Please see pg 2 for details on special guest

UPCOMING

- Amazon Riverboat Adventure:
- 5/3-6/3 Group 1
- 6/9-17 Group 2
- Oct/Nov Australia & New Zealand trip (non-skiing)

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

February
Birthdays

Nancy Kelly	2
Patricia Medina	11
Frank Perez	12
Hyeja Busse	14
Barbara Natale	15
Bruce Anderson	15
Steven James	27
Debbie Brown	27



Visit our Website at www.cvskiclub.org

**SkiZette Policy
NEWSLETTER**

DEADLINE: last week of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor
email: dennieluuul@att.net



***Didn't get your newsletter? - Change of Address? -
PLEASE Contact Dave Silva, VP Membership
email: silvadave@yahoo.com***

Special notice for Feb. 15 General Meeting:

Dr. Lacy Book of the Specific Chiropractic Center in Dublin is an Upper Cervical Specific Chiropractor who for almost 2 years has been a huge help to Past President Ralph's painful sciatic nerve problem (completely eradicated), helped him overcome headaches, back problems, acid re-flux, and more--all with a very gentle adjustment process. She is a delightful young lady who has a very caring heart and is sought after by many hurting people in the Bay area. Don't miss this informative presentation to learn more about good health and healing from top to bottom.



Castro Valley Ski Club Newsletter

President's Message

Hello Everyone,

Well, I asked you all to "Think Snow" in my last message, and it does appear that you did - we have had some of the beautiful white stuff falling. Don't stop, we still need more to have a great ski season ahead of us!!



Karen Wehrman
President

For those of us on the Snowmass trip, our great CVSC karma kicked in, and we had a fantastic week, lots of snow falling mostly during the night-time hours with freshies on many mornings - just pure magic to be sure. We also did pretty well in the party department. Lots of hard work went into getting us all together, with wonderful food and wine, lots of enthusiastic tales of the day's skiing exploits and all around great fun. Many, many thanks go to Pat and Dan Green and Kathy and Tucker Hoffmann for all their efforts in making this a wonderful, wonderful trip. Every event requires much planning and coordination, and the success of this trip is due to a wonderful job done by these great members!

One of the most fun parties was for the ladies only - eat your hearts out, guys. Thanks to Christine Noutsios, a true Englishwoman, for a traditional tea party complete with cucumber sandwiches, jam tarts, scones and clotted cream, and the best trifle ever. All made personally by Christine. There were hats involved and just lots of fun by all the women on the trip. Just brilliant! The name of a very popular celebrity actor came up - to say that the women in this club are big fans of Antonio Banderas, who has a home in the area, would be an understatement!

Our next regular meeting will be on Wednesday, February 15, at Don Jose's Restaurant in Castro Valley, and I hope to see lots of you there - our Past President, Ralph Sherman has lined up an interesting and dynamic speaker for the meeting, so please come and join in the fun.

After such a great trip like Snowmass, I come away feeling so blessed to have CVSC in our lives - with all that it offers in the way of opportunities for skiing with friends, travel, and just all around fun and connection with others with similar interests. I hope you all feel the same way, too, and that we will continue to create wonderful memories together.

AND, don't forget to "Think Snow"! You are a powerful force!!

Karen

A Word from our VP

Many of us just returned from Snowmass, where we were bailed out at the last minute by a storm just before our departure from Oakland. The word was that it was plenty rocky just the prior week. So we lucked out, and the snow was great, especially Monday and Friday, after another several inches Thursday night. The reception and dinner were fun too, with much socializing particularly with members from Los Angeles and other states, like AZ and LA.



Ron White
Vice President

And next year, CVSC goes to Crested Butte! This is a terrific area that son Steve and I visited about 2 years ago with a deal I got in a silent auction at the FWSA annual conference. If the info doesn't make it into this month's Skizette, you will be seeing it soon. Because the Far West is going to Snowmass next year, many of us will like the variety the CVSC trip offers.

Another ski price deal now comes our way from Mt. Rose. This area has a high base at 8260', and is a great area that I like a lot. The prices are \$42 adult and \$32 senior (65-74). Use the login: corpbay01, and the password: mtrose01, at the site: <https://secure.skirose.com/e-commerce/grpLogin.aspx>

From that site, you will be able to purchase lift tickets that will then be e-mailed to you in PDF format. You just print your e-ticket and redeem it at any Mt. Rose ticket window! There are no blackout dates, good everyday.

Now....if we can just get some more snow in the Sierra.

Yours,

Ron



WOW...what a fantastic week we all had in Snowmass. You couldn't ask for better snow or weather. 52 members joined us. Watch for the full report with pictures in the next Skizette.

Our next trip will be to the Amazon in May/June. This trip is a done deal and final payments are due Feb. 1st.

We are STILL waiting for air confirmation from Qantas on the New Zealand/Australia Trip. We are assured it will be very soon. Last we heard it may be the Oct. 17 - Nov. 5, 2012 time frame, but until we get it all in writing I can't say for positive. Hang tight!

HOT NEWS.....

CASTRO VALLEY SKI CLUB GOES TO.....

Crested Butte, Colorado - www.skicb.com

JANUARY 26 - FEBRUARY 2, 2013

Plaza Condominiums - \$735.00 2 BED 2 BATH (sleeps 4)

Located just 100 yards from the main Silver Queen quad lift. These units offer condominium conveniences in a hotel-like setting. The Plaza is an easy walk to the action packed ski area base and offers the most on-site amenities of any complex in Mt. Crested Butte.

The Grand Lodge - Emmons Studio Suite \$835.00 (sleeps 2)

The Grand Lodge is a full-service hotel located just 200 yards from the ski lifts. The Emmons Studio comes equipped with a king size bed, and for your convenience, there is also a pull-down king size Murphy bed in the living area. In addition, our oversized Emmons Studios have mini kitchenettes with a microwave, dishwasher, dishware, sink, one burner stove, and refrigerator.

INCLUDES

- 7 nights Lodging at either the Grand Hotel Emmons Studios or the Plaza Condos
- 5/DAY LIFT TICKET
- PORTER AT HOTEL
- Welcome Party
- Mountain Picnic
- CVSC Dinner

Not included:

- R.T. Air into Gunnison with Transfers add \$450 (est.)
- Optional sleigh ride dinner

Send your deposit to:

Tucker Hoffmann
CVSC Travel Director
2657 Rivers Bend Circle
Livermore, CA. 94550

PS. If you are sending check send me a quick e-mail so I can get you on the list

AMAZON RIVERBOAT ADVENTURE

\$2,950.00 PP DOUBLE

Price includes: air, plus taxes & fuel charges

SOLD OUT- 46 members going



Lake Titicaca June 3-6 - \$770

Machu Picchu - June 5-9 (group 2 doing MP departs June 4th) - **\$1160**

Group 1: May 25 – June 3, 2012;

Group 2: June 9 – 17, 2012

INCLUDED IN THE CVSC PACKAGE :

- Round-trip airfare – LAX to Lima
- Taxes & fuel surcharge
- Intra-Peru flights and ground transportation
- Accommodations at hotels all with private bath
- Amazon Riverboat Cruise with all meals



2012 - AUSTRALIA & NEW ZEALAND

SYDNEY, GREAT BARRIER REEF, CAIRNS, MELBOURNE,
CHRISTCHURCH, QUEENSTOWN, MILFORD SOUND, AUCKLAND

Price will be around \$4950 depending upon the exchange rate. It will be for 20 days. We are waiting for final confirmation on our travel dates. It will be very close to one of the following. **40 members with deposits in.**

Oct. 24 - Nov. 12, 2012

Oct. 17 - Nov. 5, 2012

Included:

- Round-trip, non-stop international airfare from Los Angeles/SFO
- Airline fuel surcharge
- All intra-South Pacific flights, ground transportation and transfers
- Accommodations at deluxe and superior first class hotels with private bath
- One night accommodation on a New Zealand Farm with dinner
- Full buffet American breakfast daily
- A welcome dinner in Auckland
- Sightseeing tours including admission fees as indicated in itinerary
- Special dinner in Queenstown at the top of the Gondola
- Milford Sound Excursion
- Great Barrier Reef Excursion
- and more.....

Far West Ski Association



March 9 - 17, 2012

Chamonix

Norm Azevedo / 925-944-9816

March 17 - 25, 2012*

Morocco

March 17 - 31, 2012

Norm Azevedo / 925-944-9816

*must be in combination with Chamonix

March 27 - April 1, 2012

Big White, Canada

Gloria Raminha / 713-818-0471

June 7 - 10, 2012

Convention, Ogden, UT

Don Anderson / 941-375-8724

January 2013

Aspen/Snowmass, CO

BAC TRIPS:

March 1-6 2012 BAC Ski Trip - Salt Lake City, UT. \$1,045 per person double occupancy, 5 nights, 4 days skiing (interchangeable at Alta, Snowbird, Solitude, Brighton, includes daily charter bus to resorts), round trip air Oakland-SLC, ground transportation, welcome reception. Contact: Linda Hennings
lindahennings@sbcglobal.net 209-538-3590 evenings only BAC CST #2050870-40.

Tucker - CVSC Travel Director & Kathy, assistant
2657 Rivers Bend Circle, Livermore CA 94550

925-371-1910 tkhoffmann@comcast.net

CVSC CST # 2081040



We finally have snow! Racing season will get underway on Feb 11th and 12th with GS races at Northstar. This will be a nice start to the season. Hopefully the weather will be accommodating. Then we have races Feb 25th and 26th at Sugarbowl.

We are all reminded of a few basic truths with the racing league:

Figure that any clinic or race is ON, until we are told different. The league board is experienced and on top of the conditions, so we should get a read-out by Wednesday before the event, but it could be Thursday. I will watch too, and relay any message I get ASAP. The league notifies the race directors first.

I figure that is not worth skiing or boarding until the resort claims at least 36" of base. The base is usually inflated early in the season. Less than 36" usually means you will damage your skis or board by hitting rocks. Sometimes 36" is not enough; 60" is safe.

Check Caltrans, road conditions if we get a storm within 24 hours of your trip (1-800-427-7623). The roads are usually cleared 12 hours after the storm ends. Sometimes it just rains on the roads.

Registration for races and clinics is 8 AM to 8:45 AM. It will be easy to find the registration area because not too many others are at the resort that early. Races and clinics usually start 9:30 AM or 10 AM. Early in the season, the league starts the 8-10's first, then the 5-7's (intermediates), then the 0-4's (advanced). Later in the season, the starting-order changes.

It is not too late to join the Castro Valley race team; since, we have not had a race. There is plenty of the racing-season left. Call me; email me (keithwilson108@sbcglobal.net) whatever. Just do it at least one week before the next race so it will count. Otherwise, show up on registration day by 8:00 AM and I will get you on the course as a "courtesy racer".

For anyone who would like to try racing, come on up for a weekend. Anyone can try the racecourse for a small fee that can be applied to league registration. Just be there by 8AM. Or call me for more information at 925-828-8265 (H) or 549-1715 (C).

Watch the Open League website for the latest information - www.olrc.org. Note that this website will direct you to the new website on google – just click on the link.

Websites: www.northstar.com. www.sugarbowl.com.

Keith W.



Keith Wilson
Race Director

From the secretary's desk..... by Eva Lanphear

After being reminded this week at the January meeting of the support our club provides to the DSUSA Snow Season Program, it seemed appropriate to also highlight another program the club supports.

Last year Karen reported at a membership meeting that our Board approved a sum of \$1000.00 to sponsor a youth racer in training through the FWSA Scholarship Foundation. Unfortunately the youth, who is from Castro Valley, had a ski injury which took him out for the season.

In October, 2011, the board closed out a program for Parallelers club members who had merged with CVSC several years ago and brought their Sitzmark cabin fund with them. When the Sitzmark cabin lease was terminated, members of the Parallelers club were given an opportunity to use the Siegfried condo for two nights per member to be funded by the Sitzmark cabin fund. All members of the Parallelers club were given that opportunity and were given a year and one-half to take advantage of that offer. On September 30th, 2011, the offer expired.

At the October, 2011 board meeting, it was approved that the Sitzmark Cabin fund be set aside to fund, on an annual basis, for the next five years, a \$1000.00 scholarship through the FWSA Scholarship Foundation for a youth racer.

The first racer to be approved was Foreste Peterson.

Foreste Peterson is an 18 year old senior at Berkeley High School in Berkeley, CA. To balance her demanding ski training and competition, Foreste completes most of her academic work through the Berkeley High School Independent Study Program where she maintains a 3.95 GPA and is a member of the National Honors Society. In 2010 she was awarded the City of Berkeley Mayor's Award for Excellence in Sports, Academics and Spirit. Her family is deeply involved in skiing. Her father has acted as her tech, tuning and waxing her skis for competition. Her older sister, Hilary, is a senior at the University of Colorado and the captain of the women's ski team.

Foreste was selected for the U.S. Ski Team's Development team in 2010 but missed most of the 2010-2011 ski season due to a broken ankle. A superb technical skier, her achievements include: 1st place in GS, 1st in Combined, and 2nd in Slalom at the 2010 J-2 Nationals; 3rd place in GS and the Super Combined at the 2010 U.S. Nationals; 1st place in GS at the 2010 Elite FIS Tech Series; and 1st place in Slalom at the 2010 2 Elite FIS Slalom Series. She was ranked as the top J-2 female racer in the Far West and Western Region, and one of the top 3 in the United States.

Foreste was featured on the Beta Vivo Girls Sports website (6/27/11) where she was recognized as a fitness and nutrition expert. She has been a guest speaker on numerous occasions and is a motivational speaker for the U.S. Ski Team at the Center of excellence in Park City. For the past two years, she has been a part of the Far West Masters Scholarship Program and the Lake Tahoe Ski Club Foundation for which she foreruns at special races, helps at banquets, speaks at fundraisers, and sells raffle tickets.

It should be noted that USST C and D team members are responsible for raising \$20,000 to finance their training and racing. The U.S. Ski Team only fully covers expenses for the A and B teams. Foreste has set her goal on making the 2014 Olympic team. She has a long hard road to go.

Bay Area Snow Sports Council *presents*



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Greatest Snow on Earth!***

MARCH 1-6, 2012

Your Vacation Includes:

- **Five Nights Hotel Accomodations**
Red Lion Hotel - downtown Salt Lake - 2 per room
Daily hot breakfast
- **Four Days Skiing**
Interchangeable at Snowbird, Alta, Solitude & Brighton
Includes daily charter bus to resorts
- **Roundtrip airfare Oakland to Salt Lake City**
- **Charter Bus - airport to lodging**
- **Welcome reception**

\$1045.00

Including Flights

For More Information

Linda Hennings

209-538-3590 -evenings only

lindahennings@sbcglobal.net

CST: 2050870-40



2011/2012 Avid Skiers in Control

President	Karen Wehrman	510-538-2872	kwehrman@comcast.net
Vice President	Ron White	925-443-3106	ronkewwhite@gmail.com
VP Membership	Dave Silva	510-538-2322	silvadave@yahoo.com
VP Weekend Trips	Jim Silva	510-538-2872	kwehrman@comcast.net
Secretary	Eva Lanphear	510-793-3863	ejlanphe@pacbell.net
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Race Director	Keith Wilson		wilson108@llnl.gov
Activity Director	Pat Green	925 846-7250	greendm@comcast.net
Travel Director	Tucker Hoffmann	925-371-1910	tkhoffmann@comcast.net
Past President	Ralph Sherman	925-449-7941	shermescape47@yahoo.com
Trustee	Kathy Hoffman	925-371-1910	tkhoffmann@aol.com
Safety Chair	Sandy Beecher	707-255-4139	srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR FEBRUARY, 2012



The next meeting will be
February 15

Don Jose's Restaurant
3430 Village Dr.
Castro Valley, CA
(meeting starts at 7:30 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS