



P.O. Box 20321,
Castro Valley, CA 94546

CVSC SkiZette



October, 2007

CELEBRATING OUR TWENTY FOURTH YEAR

Special Events:

DEL VALLE HIKE

October 7

ANNUAL AUCTION

October 17

EVENTS CALENDAR

(f)= flyer in this issue , (tt) = see travel table



DELVALLE HIKE—OCT 7



ANNUAL AUCTION—OCT 17

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OCTOBER

- 3 CVSC General Meeting at Don Jose's
- 7 CVSC Hikes DelValle -flyer on p10
- 10 CVSC Board Meeting at Claudia Fernandes'
- 12 CVSC Volunteer Party
- 17 CVSC ANNUAL AUCTION at Don Jose's -see page 11
- 31 Halloween and CVSC Leaves for Viet Nam; away until Nov. 19

NOVEMBER

- 7 CVSC General Meeting at Don Jose's
- 14 CVSC Board Meeting at Jim & Paula's
- 21 CVSC General Meeting at Don Jose's
- 22 **Thanksgiving Day**
Welcome back to Viet Nam trekkers!

DECEMBER

- 5 CVSC Annual Christmas Meeting at Sequoyah CC
- 12 CVSC Board Meeting at TBD
- 19 CVSC General Meeting at Don Jose's
- 25 **Christmas Day**

UPCOMING

- January 19-26 FWSA Ski Week to Whistler, Canada
- March 7-15 FWSA European Ski Week to LesVallees, France

Visit our Website at www.cvskiclub.org

OCTOBER BIRTHDAYS



Elizabeth Yagle	1	Susan Schmidt	15
Erika Meinhardt	4	Sheila McClellan	16
Gerald Woegoetter	4	Sherry Prickett	16
Jay Tyer	5	Jim Korn	18
Tom Fernandes	8	Cindy Hastings	20
Astra Gabriel	8	Sonja Neal	20
Roland Kutaka	9	Sandy Perez	21
Gene Anderson	10	Lloyd Chase	24
Cynthia Michael	13	Steve Adams	28
John Fagan	15	Marleen Schlottman	31

BAC Open League Race Schedule 2007 - 2008 Ski Race Season.

Date	Event	Location
Dec 8, 2007	Race Clinic	Alpine
Dec 9, 2007	GS Race 1	Alpine
Jan 5, 2008	Race Clinic	Alpine
Jan 6, 2008	GS Race 2	Alpine
Feb 9, 2008	Slalom Race 3	Homewood
Feb 10, 2008	GS Race 4	Homewood
Feb 23, 2008	Slalom Race 5	Sugarbowl
Feb 24, 2008	GS Race 6	Sugarbowl (MacT)
Mar 8, 2008	Slalom Race 7	Northstar
Mar 9, 2008	GS Race 8	Northstar
Mar 14, 2008	Race Clinic	Sugar Bowl
Mar 15, 2008	Nor Cals	Sugar Bowl
Mar 17, 2008	Nor Cals	Sugar Bowl
Apr 4, 2008	Clinic / Pace	Mammoth
Apr 5, 2008	FWRA Champ	Mammoth
Apr 6, 2008	FWRA Champ	Mammoth

TRAVEL TABLE - FWSA, BAC, Club trips featured

Destination/Sponsor	Dates	Cost	Contact	What
CVSC Viet Nam Adventure CVSC CST # 2080140	Oct 31-Nov 19 2007 Wait List Only	\$3150	Tucker Hoffmann 510 278-7660 tkhoffmann@aol.com	All transportation, lodging, most meals, taxes and charges. Sightseeing tours: English guides; Portage for one suitcase.
2008 FWSA Ski Week to Whistler, Canada CST# 2036983-40	January 19-26, 2008	TBD	Tucker Hoffmann 510 278-7660 tkhoffmann@aol.com	Transportation, lodging, lift ticket, welcome party, Council Races.
2008 FWSA European Ski Week: Les 3 Vallees, FRANCE CST# 2036983-40	Mar. 7-15, 2008	\$1395+ \$890 Ext.	Norm Azevedo 925 944-9816 fwsaitravel@sbcglobal.net	All trans.; 7 nite lodging w/ b'fast & dinner daily; ski in-out. Ext. to Provence-Paris to March 21, 2008.

The Company Store

The following Castro Valley Ski Club promotional items, with logo, are available to members ;

Black Ball Caps	\$10
Gold Key Rings	\$5
Logo Luggage Tags	\$1.50; 4/\$5
Logo Fanny Packs	\$20
Club Patches	\$1

SEE DEAN OR JOLENE MICHAEL TO PURCHASE ANY OF THESE GREAT ITEMS

SkiZette Policy NEWSLETTER

DEADLINE: 22nd of the month

Articles submitted by this date will be included in the following month's newsletter - space permitting. Submit articles to:

Jim Korn, 15447 Heron Drive, San Leandro, CA 94579-2741;
Phone (510) 357-6127, Fax (510) 352-3757,
email: jimkorn@sbcglobal.net

Didn't get your newsletter? - Change of Address? - Contact Ralph Sherman, VP Membership @ (925)449-7941



President's Message



Don't forget the change from a mailed **SkiZette** to electronic mail*—email from now on unless you let **Jim Korn** know that you would prefer a mailed copy. There are several benefits to this. We have just under 200 members in the Club. That translates to about 130 mailings for which stamps have to be purchased and affixed, 130 newsletters to be folded and 130 to be labeled and stapled. Add to that the cost of printing and the number more than doubles. It's easy to confirm that Jim has donated a great deal of time and effort to this for many years and we are so very thankful to him. This change will be a benefit to him and to all of us in several ways. The club will save about \$2,000 annually and Jim can take some time off. I may petition the Board to use some of the windfall savings to fund more frequent "free" margarita meetings unless there are objections from membership. Suggestions for other uses of these funds are welcomed.

By the way, I have heard comments from those who prefer to have a mailed hard copy of the newsletter to read "later" rather than on the screen. With due respect, just print it, put it in the bathroom and as the need arises, enjoy that quiet place.

This is a repeat reminder from last month's SkiZette. It's time to get serious about the soon to arrive date of October 17 and our annual fund- raising **Auction**. Over the past membership year, many of us have enjoyed the unique auction items garnered from our 2006 event with 64 items generating a record setting bid total. Here are some great ideas from last year's Auction. There were gourmet brunches, premium wines, dinners at fine restaurants, weekends at member's cabins with food and fun, ski gear, lady's fashion accessories, home cooked dinner extravaganzas, **Pat Green's** famous rum runners along with great food, old wooden skis and poles found in the garage or attic, home-made vinegar, boating on the USS Kathleen with **Walt and Kathy**, antique furniture, a round of golf at a private country club, cookies, wine/cheese/BBQ sauce basket, and many more creative items. Big or small, Tucker will sell them all.

Time to put on your thinking cap, perhaps with some new and creative ideas, and be ready with a sought after item to be grabbed by the highest bidder. **Dave Silva needs your Auction Forms in his hands no later than October 15. Email and address information is on the form.** Better yet, have them ready for him by the October 3 meeting.

Volunteers should soon be receiving invitations to the **Volunteer Party** at my home on October 12. I am looking forward to celebrating with you for your efforts and your devotion to the continuing success and activities of this vibrant group we proudly represent.

Here's a little **Will Rogers Wisdom**. After eating an entire bull, a mountain lion felt so good he started roaring. He kept it up until a hunter came along and shot him.....The moral: When you're full of bull, keep your mouth shut.

Get out there and make this and every day a great one for yourself and others.

Ralph

*need correct, current email addresses for:

Gene Anderson	Robert Duncan
Robert Franklin	Helmut Koehler
Dave Lincoln	Joyce Nichelini

Consider This ...



Greetings. The first snow has fallen in the Sierras with it the promise of the ski season to come. May it be a great one. You have three months to gear up with time aplenty for strength and stamina training (oops, you haven't been doing this throughout summer) so when the slopes are ready, you'll be ready.

Last month's **Consider This** had some frequently asked questions about the discount lift ticket program. Some things just bear repeating so here are the FAQs again. I had hoped to publish ticket pricing in October SkiZette but this information has yet to be released by the BAC. Not to worry. With the club's new email distribution system, lift ticket pricing and the ordering form can be distributed on the spot.

Ski for Less with BAC Discount Lift Tickets!

FAQs on discount lift tickets:

- o **What is the discount lift ticket program all about?** As a large organization, the BAC, can purchase lift tickets for many Tahoe/Sierra resorts at volume discounts. The savings potential ranges from 15% to 35% depending on the resort. As a member of CVSC, you have the opportunity to share in the savings.
- o **When will ordering information be available?** The discount lift ticket order form will be distributed in October via email & at club meetings.
- o **Do I automatically get tickets for 2007/2008 for credits carried over from last season?** No, you will not automatically get replacement tickets. You will still need to submit an order form for the repurchased tickets. Replacement tickets are not free. The price is nominal and varies by resort. Prices will be on the order form.
- o **Where can I get information on the number of tickets I returned last spring?** Your BAC Representative (meaning ME) maintains records of all things related to the discount lift ticket program including returns & credits. This information will be available at the October club meetings.
- o **What is the deadline for ordering lift tickets?** This year the deadline for placing orders is **November 2, 2007**. Keep in mind November 2nd is NOT a club meeting night so plan accordingly.
- o **When will the ticket order be delivered?** Ticket orders will be delivered at the December club meetings. You can also arrange to pick it up at my home in San Leandro or have your order mailed.
- o **What if I have unused tickets at the end of the season?** Unused lift tickets for many resorts may be returned for credit toward the purchase of a new ticket the following season. Nonrefundable tickets will be clearly indicated on the order form. Unused tickets must be returned by May 7, 2008 to receive credit.

THINK SNOW!

I look forward to seeing you at the October meeting. Meanwhile, hope you're having fun.

Best regards,
Paula Kinahon
BAC Representative

415 983-7145 (day)
510 357-6147 (evening/weekend)
Paula.kinahon@mckesson.com



From Membership ...



Fall is officially here! The leaves are turning, the nights are cooler, the first SKI Magazine has arrived, and our ski club goes to two meetings each month in October, as anticipation for the coming ski season grows.

It is also that time of year to renew your membership. It would be great if all renewals could be in by no later than October 15. Especially if you are going on the Vietnam trip, make sure to get your membership dues paid.

Eva Lanphear has agreed to be the WE CARE committee, and if anyone knows of a member that is not able to come to the meetings because of illness or some other reason to please let Eva know so we can stay in touch with that member. Her Email is eilanphe@pacbell.net.

Every year when I write the check for renewal I pause to think of all the benefits of membership, and then I am delighted to write that check to make sure to continue to be a part of such a wonderful club. So have a great Fall season, and I hope to see you soon at a meeting.

Karen Wehrman

Know Your Board ...

Karen Wehrman is one of our recently elected Board Members who has taken on the important job of Membership Chair. Ralph, our President, talked with her at the last meeting about her life in the Bay Area.

Karen has lived here all her life and was introduced to Castro Valley Ski Club by her friends of several years, Ron and Rosie Dennis. She joined our Club six years ago with her husband, Jim Silva. Both have been active members and raced for the Club. Karen likes racing and has "...a whole bunch of medals."

For the last 33 years, Karen owned and managed a 60-member pre school and just retired on August 10th of this year. She's looking forward to spending time with her three grandchildren and managing the membership chores for our Club.

Karen said her hobbies are snowmobiling, hiking, gardening and travel. Her favorite Cities are New York and Katmandu. When asked who, in all of history, she would like to have lunch with she responded with Vincent VanGugh.

She has the greatest regard for the CVSC members and really likes being a member herself. She will start a "WE CARE" program to keep in touch with members who need extra consideration in time of family needs.

alzheimer's association™

the compassion to care, the leadership to conquer

Genworth Financial, one of the Long Term Care insurance companies I represent, is the National Sponsor of the Alzheimer's Association Memory Walk.

Every 72 second someone in America develops Alzheimer's. An estimated 5.1 million Americans have the disease. It includes at least 200,000 individuals younger than 65 with early onset Alzheimer's! In 2030 the projected number is 7.7 million and in 2050 it could range between 11 and 16 million. As the population ages, this will become a real problem for society as a whole and it already is for all the families who have a loved one with the disease. It will touch most all of us,

through a family member or friend.

Please sponsor me for the Memory Walk, the Association's yearly major fundraiser. My walk will be in Sacramento on October 6th. If any of you are interested in walking in Aptos (9/29) or Treasure Island (10/6), please give me a call and I can send a registration brochure.

To sponsor me, please make a check out to Alzheimer's Association and send to:

Annemiek Storm
PO Box 3010
Diamond Springs, CA 95619-3010
800-728-1614

I have set myself a goal of \$10,000 with Ed and myself contributing \$100 for every \$900 received. I will reach it with your help! THANKS!

Castro Valley Ski Club Travel Update..... Tucker Hoffmann CVSC Travel Director



2007 CVSC VIETNAM TRIP -Oct. 31st – Nov. 19th

38 members - We will be leaving next month with 38 CVSC members on this exciting trip to Vietnam, Cambodia and Thailand.

January 19-26, 2008 Whistler, Canada – **SOLD OUT**

Tucker Hoffmann / 520-278-7660 (with BAC & FWSA)

October 27- Nov 10, 2008 (tentative dates) – **INDIA & NEPAL** - 34 spots

available -**SOLD OUT** In the last newsletter we announced the next adventure trip, which will be to INDIA. We had a big response and we are now starting a waiting list. These adventure trips fill fast so once you hear about them don't delay in getting your deposit in.



Far West Ski Association News



March 7-15, 2008 La Tania, France – see flyer Norm Azevedo / 925-944-9816

June 8-15, 2008 Alaska Cruise cruisecompany.com/fwsa/

October 1-17, 2008 – Greece with extension to Turkey –see flyer Norm Azevedo / 925-944-9816

Passport News –

Good news for Caribbean, Canada and Mexico travelers without passports. The U.S. House and Senate Appropriations Committee both approved legislation that would delay passport requirements for sea and land travel to the Caribbean, Bermuda, Mexico and Canada until at least June 1, 2009, a year later than currently mandated. However, the bills don't push back the rules for air travel - currently suspended because of a backlog in processing passport applications.

It's a germy world

Go out and buy a big box of antibacterial wipes in travel-size packets, and then put some in your luggage and some in the trunk of your car. Wipe things that people touch a lot, such as the phone and the remote.

Remove the hotel bedspread. That's typically the most germ-laden thing in the whole room.

Look for rust-colored stains on sheets and bedspreads. It can be a sign that bedbugs are present.

Wash your hands. The main way you can get sick is by getting lots of germs on your hands, then putting your hands in your mouth. So remember what your mother told you, and wash your hands early and often.

HAPPY TRAVELING.....





Castro Valley Race Team

It is raining in Livermore as I write this and weather reports are calling for snow in the Sierra's above 7000'. Winter is knocking on the door and that means it is time to start getting ready for Skiing again. I am looking forward to putting together our Castro Valley race team and would love to see some fresh faces on the team this year. We have a nice group of people on our team and would love to have some more CVSC members join our squad.

We have a good race schedule this year and a number of race clinics to improve our skills as well. The schedule for our Open League races and clinics is posted in the newsletter. This year's Nor Cal's will be held at Sugar Bowl. It should be a great event and we will follow it with a trip to Mammoth for the Far West Finals. Our team did quite well last season and we finished in the top ten overall. We had several racers earn first place finishes in their class and despite the poor snow conditions we managed to hold 6 of our 8 races last season. I am looking forward to an even better season this year and would love to see our team break into the top 5.

Have ever wondered what it was like to ski on a racecourse and share in the camaraderie that skiers share at the finish line? If so then stop wondering and find out by joining our team. We have a great time on the hill and it is a wonderful feeling to cross the finish line to hear your friends cheering you on.

This year's fees are the same as last year. \$55 for adults, \$30 for Children and \$110 for Families. We charge a \$20 volunteer fee which you can earn back by helping out on Race Day. We always need gate keepers of help at the Scoreboard. The registration form is in the newsletter and will be posted on our web site. I hope to see you on the race hill this season.

Weekends to keep in mind

Dec 13-19	Keystone Nationals
Jan 19/20	MLK Weekend
Feb 3	Super Bowl Sunday
Feb 16-18	Presidents Day Weekend
Mar 1/2	Sierra League Super G Race & Clinic
Mar 23	Easter Sunday

Think Snow! David Cunningham 925-989-2198 tahoeskier@mail.com

Winter is just around the corner. It is starting to get cooler out and there are already reports of snow in the Sierra's. So, It must be time for the Warren Miller Ski Movie. This year's film is called "Playground" and it promises to be quite an event. Livermore's brand new Center for Performing Arts will be the venue for this years Castro Valley Ski Club "Take a friend to a Ski Movie" night. Here is an excerpt from a press release on the movie:

Warren Miller's 2007 feature showcases stunning global destinations from Sweden to Canada, Alaska to Japan, and several others. Warren Miller's *PLAYGROUND* also exposes the most unlikely winter sports destination, a resort found directly within the Arabian Desert called Ski Dubai. Olympic Gold Medalist, skiing innovator and pop icon, Jonny Moseley, adds a new title to his resume as he serves as the film's narrator.

Sunday November 11th is the date. The show starts at 7pm. Tickets are \$18 each. Please sign up early so I can get a group ticket order together. I'd also like to put together an early dinner meeting before the movie. For more information please contact:

David Cunningham 925-989-2198
tahoeskier@mail.com



OPEN LEAGUE RACING 2007 – 2008 Registration Application		<i>Form must be signed and dated with an original signature on plain paper. No photo copied or faxed signatures will be accepted. PLEASE PRINT CLEARLY</i>	
Last name _____ First name _____		BIB # _____	Ski _____ Snowboard _____
Street Address _____ City _____ Zip _____		CLUB: _____	
E-mail _____		LEAGUE AFFILIATION <i>(Please circle answer & fill in blanks as needed)</i>	
Phone: () _____ Home Phone: () _____ Work Phone: () _____ Cell Phone: () _____ Tahoe		Have you raced for any other FWRA league since 11/01/05? NO YES, which league _____ class _____	
Birth date: ____/____/____ <input type="checkbox"/> Female Age as of 11/01/2007 _____ <input type="checkbox"/> Male		Do you plan to race for another FWRA league this year? NO YES, which league _____ If YES, which is your home league _____	
<p style="text-align: center;">FEES</p> Racer fee: Adult \$55, Junior (under 18) \$30, Family \$110 _____ Volunteer fee: \$20 <i>(required for ADULT racers)</i> _____ Bib purchase <i>(required for all NEW racers)</i> New/Replacement Cotton Bib \$10 _____ OR Stretch/Cotton Bib Combo \$35 _____ <i>(a \$10 credit will be given for returning a CLEAN reusable cotton bib)</i> <p style="text-align: right;">TOTAL </p>		<p style="text-align: center;">ROOKIES ONLY <i>(No FWRA Handicaps since 11/01/05)</i></p> Skiing ability for initial placement: <input type="checkbox"/> Beginner or low intermediate skier <input type="checkbox"/> Strong intermediate skier with no race experience <input type="checkbox"/> Advanced or Expert skier with race experience	
		EMERGENCY CONTACT	
		Name _____ Telephone () _____	
ACKNOWLEDGMENT AND ASSUMPTION OF RISK AND RELEASE <i>(Initial all 6 places and then Sign)</i>			
<p>I, _____, the undersigned, know that alpine skiing and boarding are action sports carrying significant risk of serious personal injury, death or property damage. I also know that there are natural, mechanical, and environmental conditions and risks, which independently or in combination with my activities may cause property damage, or severe or even fatal injuries to others and me. _____ (Initials)</p> <p>I agree that I alone am responsible for: (a) My safety while participating in competitive events and/or training for competitive events; and (b) Providing, utilizing and maintaining that equipment necessary for the safe enjoyment of my participation in such events. I specifically acknowledge that the following persons or entities including: the Far West Racing Association, Bay Area Snow Sports Council, Open League Racing, its officers and race officials, the ski resort, the promoters, sponsors, organizers, or the participating clubs, their officers and or agent, representative, director, employee, member or affiliate of any person or entity named above are not responsible for my safety. I specifically RELEASE and DISCHARGE, in advance, those parties from any liability on the part of persons or entities mentioned above. I agree to accept all responsibility for the risks, conditions, and hazards that may occur whether they now are known or unknown. _____ (Initials)</p> <p>Being fully aware of the risks, conditions and hazards of the proposed activity as a competitor, coach or official, I HEREBY AGREE TO WAIVE, RELEASE AND DISCHARGE, any and all claims for damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of any participation in competitive events or training for competitive events, against any person or entity identified above whether such injury or damage was foreseeable or not, including any such claims regarding the design or condition of any equipment utilized by me in such competitive events without regard to whether such equipment is specified or recommended by such persons or entities identified above. _____ (Initials)</p> <p>I further agree to forever HOLD HARMLESS and INDEMNIFY all persons and entities identified above, generally and specifically, from any and all liability for death, personal injury or property damage resulting in any way from my participating in competitive events or training for competitive events. _____ (Initials)</p> <p>I currently have, and I agree to maintain throughout the time that I train and compete, a valid and sufficient medical accident insurance. I understand that this is my sole responsibility and release all persons and entities identified above from providing this coverage for me. _____ (Initials)</p> <p>I agree that I will accept and abide by the rules and regulations of the Far West Racing Association, Far West Ski Association, Open League Racing, and any other rules and regulations imposed by the organizers of any particular competition. This acknowledgment and Assumption of Risks and Release shall be binding upon my heirs and assigns. _____ (Initials)</p> <p>Signature of Registrant (or guardian if competitor is under 18 years of age) _____ Date: _____</p>			

CVSC ENJOYS ANOTHER GREAT NAPA WINE TOUR !

Story by Jim Korn

Photos by Steve James and the Author

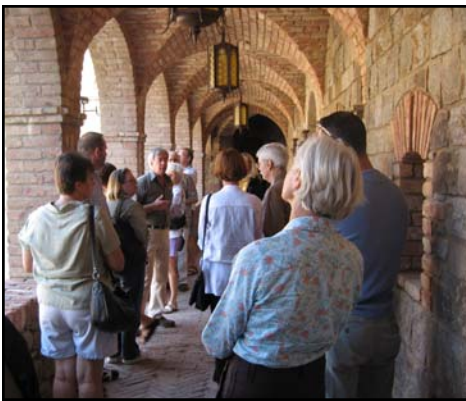
We were blessed with perfect weather for the Club's annual wine tour organized by our fun Hostess, **Sandy Beecher**. We visited three special wineries, Castellano Amorosa with its stunning setting and lovely wines, Frogs Leap, noted for its Cabernet wines and Honig Cellars, one of the largest Napa producers of only two varietals: Cabernet Sauvignon and Sauvignon Blanc.



*Castellano Amorosa
Medieval Majesty in every sense!*



Our first visit was to the impressive castle reproduction at Castellano Amorosa, a no-expense-spared stone edifice housing a winery, located north of Rutherford, off and out of sight of highway 29. We were cordially greeted by Pat Gallagher, our host who



Our Host, Pat Gallagher, starting the tour at Castellano Amorosa

guided us on an extended tour and provided both a barrel and bottle tasting of their wines. Before the tour, he emphasized –twice– that there were strenuous stair climbs, etc., etc. when someone in the group spoke up: “We are a ski Club!”, which broke everybody up. We all had a chance to barrel

taste the 2006 vintage of their merlot, and then at the tasting bar, the same wine, bottle aged from 2003. The aged wine was smoother. All the wines were of high quality, especially the reds.

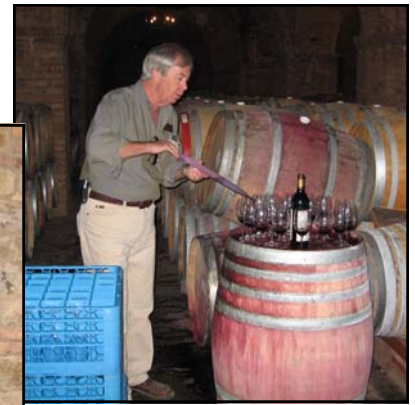
The ‘castle’ was replete with medieval décor, including some prison hardware. An iron maiden, gibbet, torture rack and cave of despair were on display in the “dungeon”.



French Oak at the Castellano



A grim reminder of meaner days—the dreaded Iron Maiden. This is a genuine article found in Europe for the castle's décor.



Pat Gallagher preparing the barrel tasting for us

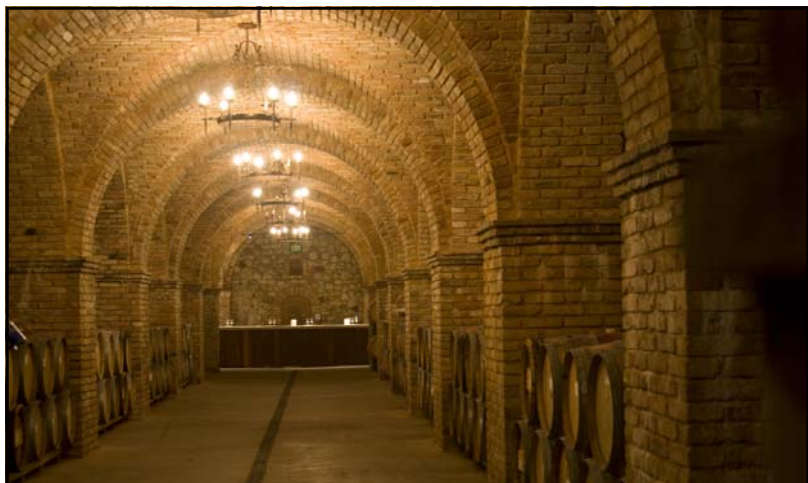


Just inside the main entrance to the state dining room



CVSC samples the wine!

CVSC ENJOYS ANOTHER GREAT NAPA WINE TOUR ! CONT'D



Tasting space in the barrel room

The cellar area was extensive with ample space for barrel aging and a majestic tasting bar. These were in the same area as where we were treated to the barrel tasting.

Well—we had two more wineries to go! Here the group broke for lunch at a quaint deli in Rutherford where we tarried for a while under the trees and enjoyed some self catering using goodies from the store.

After lunch, the group split up and half went to Frogs Leap Winery on Conn Creek Road just outside Rutherford, and the rest went to Honig Cellars about a mile away.

Frogs Leap Winery featured a tour focused on organic viticulture and natural cellaring techniques. The tours here are by appointment only and we enjoyed Cabernet Sauvignon, Chardonnay Carneros, Merlot, Sauvignon Blanc and Zinfandel.



The Honig vineyard

The tasting venue at Honig Cellars was in a lovely outdoor setting where we were served by a cordial staff managed by David, our host. Honig is a large producer of Cabernet Sauvignon and Sauvignon Blanc –only.



The lovely tasting setting at Honig

The wines were excellent, and the tastings generous. Louis Honig started modestly in 1962 selling Cabernet Sauvignon grapes to other wineries and decided in the mid-70s to start making their own wine for sale. The first 200 cases of the 1980 vintage were popular sellers and by 1990 production was up to 10,000 cases. In 1986, Honig started also producing Cabernet Sauvignon. Annual production of both varietals currently runs above 30,000 cases annually. The enterprise is now managed by Louis' son Michael and wine maker James Hall.

CVSC ENJOYS ANOTHER GREAT NAPA WINE TOUR ! CONT'D

After the wine tasting, we all went to Sandy Beecher's home for a BBQ dinner by the pool where we were joined by several more Club members who could not spend the day at wineries. Dean Michael did the grilling while the ladies prepared the rest of the pitch-in victuals.

Our THANKS to Sandy Beecher for hosting another wonderful day in the vineyards and the warm greeting we always get when at her home when the wine tasting is over.

We all had a great time.



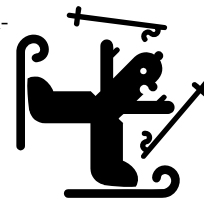
Awaiting the BBQ at Sandy's poolside



Quick Summer Tips for Ski Fitness

C.W. Schurman, MS CSCS

Just as a properly organized winter and spring training program prepares us for a great summer of strong mountaineering, so too should summer and fall be the perfect time to start preparing for a fun, safe and healthy winter of skiing. Whether you prefer cross-country, traditional downhill, or ski mountaineering, now is the time to start thinking about your preparation. Below are five tips you can implement in the coming summer months to insure that your body will be ready to hit the slopes in November.



Include roller blades in your fitness arsenal, especially if you enjoy cross-country skiing. By including ski poles on occasional roller blade excursions, you can also condition the shoulders and muscles in the torso that propel you forward. Try crouching down really low and mimicking speed skaters, pushing the legs out to the side as well as behind you to really engage the glutes and other muscles in the hips.

Strength train on a regular basis, especially if you want to frequent more difficult terrain such as moguls. For more information on exercises to include in your routine, visit www.bodyresults.com/E2WinterSportTraining.asp and www.bodyresults.com/S2Skiprep.asp; the suggestions for late season training at www.bodyresults.com/E2SkiCircuit.asp can also apply in pre-season with modifications. Remember, if you are just starting into a strength program, begin your training with a set or two of 6-10 different lower body and core exercises, twice a week, and train in the 12-15 repetitions bracket with light weight. As you get in better condition, you can reduce the repetitions, increase the weight, and train for additional strength rather than endurance.

Take it outdoors and enjoy the summer weather! As a ski fan, if you long for cool weather and snow, why not seek it out in the summer? The higher elevation slopes of the North Cascades and Canadian Rockies are great places to enjoy mountaineering year round, with cooler temperatures and in some places, snow year round. If working out in a gym setting is not your idea of a fun time, opt for moving your workouts outside to the nearest park that has a Par Course. These outdoor fitness courses were big in the late 80's. They were designed so that you can walk or jog between stations (usually 18 of them, to mimic the design of golf courses) and then do the strength training at each station such as situps, balance step ups, pushups, pull-ups, and stretching.

Build your quad strength. Strength in the quadriceps (large muscles in the front of the thighs) is essential both for walking down hill (as in hiking, scrambling, and mountaineering) AND skiing, so by having strong quads year round, you can jump right into either sport with reduced risk of pain or injury. For appropriate exercises see the pages listed above in #2 for beginning and advanced suggestions, and reverse step ups at www.bodyresults.com/E2kneetest.asp.

Enjoy a Fall Hike and Potluck Lunch/BBQ with your CVSC Pals



Sunday October 7

Meet at Del Valle Park (just south of Livermore) at 9am

We will hike for about 2- 2 ½ hours, then head over to Jacky and Peter Poulsen's house in Livermore afterwards for a potluck and BBQ; you bring a side dish or dessert, we will take care of the BBQ. If you aren't a hiker, feel free to join us for the lunch!

Bring:

For the hike:

Water bottle, sunscreen, hat

For the brunch:

BYOB

Side dish to share:

A-D bring munchie/appetizer,

E-P bring side dish,

Q-Z bring dessert)

We will supply BBQ meat and soft drinks.

**Questions: contact Jacky or Peter at (925) 455-0542
or poulsen@wecare.net**

To sign up, please send a check for \$6 per person, preferably by September 30,
to Jacky Poulsen, 9325 Lupin Way, Livermore CA 94550



**CASTRO VALLEY SKI CLUB
ANNUAL AUCTION FUND-RAISER**

**WEDNESDAY, OCTOBER 17, 2007 / TIME: 7:30 PM
DON JOSE'S MEXICAN RESTAURANT**

Our Annual Ski Club Auction Fund-Raiser is a must not miss event, so mark your calendar as this year's auction will be held at our second club meeting in **OCTOBER, WEDNESDAY THE 17TH STARTING AT **7:30 PM** at **DON JOSE'S MEXICAN RESTAURANT****

COME JOIN THE FUN, BRING A FRIEND, AND DON'T FORGET TO BRING YOUR CHECKBOOK, as you will want to **BID** on all the wonderful items that have been donated for this event. Remember as you overbid on items that all proceeds from the auction go to help subsidize and fund our club events throughout the year.

Each year we are continually surprised with all the wonderful items, events, and services donated to our auction fund-raiser. And each year pleasantly surprised at the terrific outcome resulting from all the bidding on items.

As you are marking the calendar to attend this year's auction you will also want to start thinking of **ITEMS, EVENTS, AND/OR SERVICES**, which you would like to **DONATE** to this year's auction fund-raiser. Just fill out the **AUCTION FORM** below, and return it to **DAVE SILVA...**

ALL DONATIONS HAPPILY ACCEPTED!!!

FILL OUT THE AUCTION FORM BELOW AND RETURN IT VIA EMAIL, FAX, OR MAIL

**TO: DAVE SILVA, EMAIL: SILVADAVE@YAHOO.COM, FAX: 510-538-0922,
MAIL: 1883 STROBRIDGE AVENUE, CASTRO VALLEY, CA 94546**

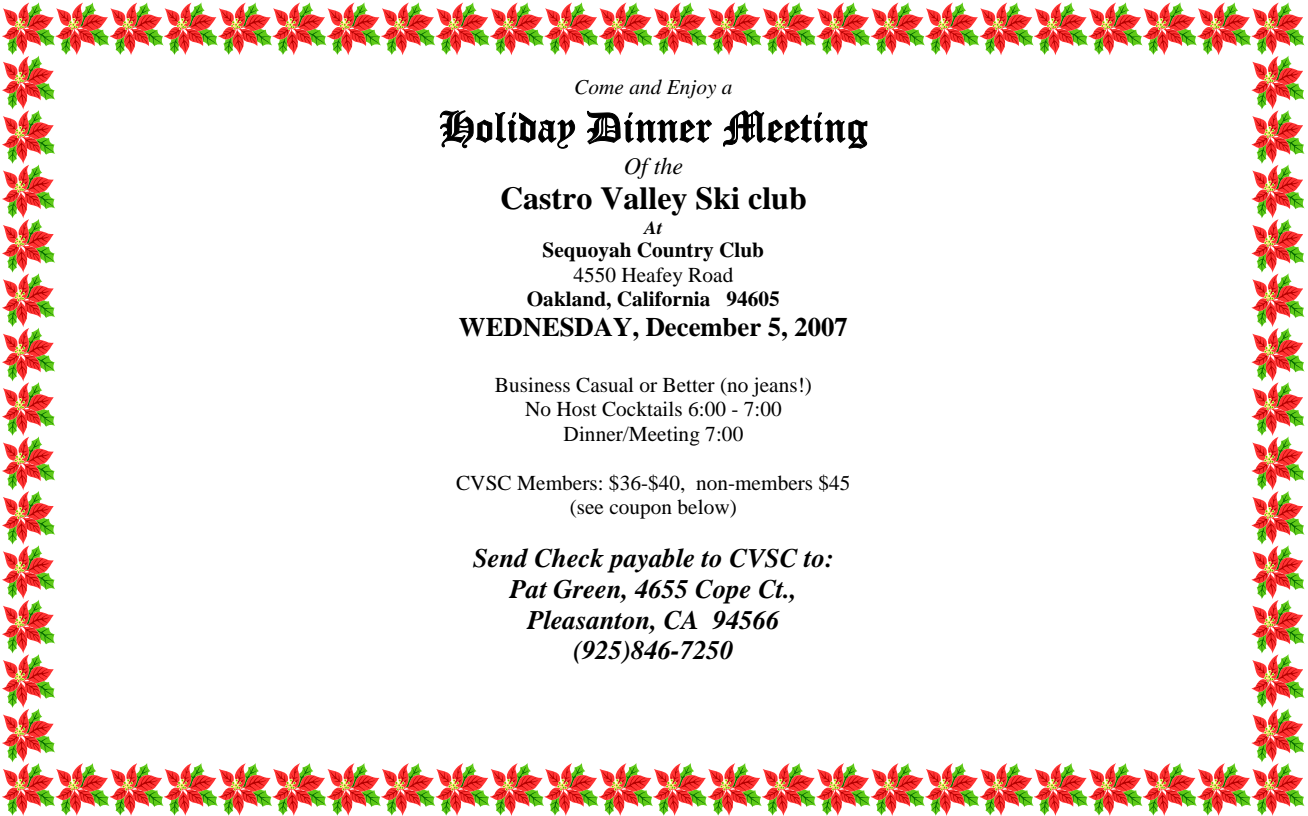
AUCTION FORM

Donated By: _____ Phone: _____

Email: _____ Estimated Value: _____

Description of Item: *(include any restrictions; i.e. valid or non-valid dates, number of people, etc.)*

THANK YOU FOR YOUR DONATION!



Come and Enjoy a
Holiday Dinner Meeting

Of the
Castro Valley Ski club

At
Sequoyah Country Club
4550 Heafey Road
Oakland, California 94605
WEDNESDAY, December 5, 2007

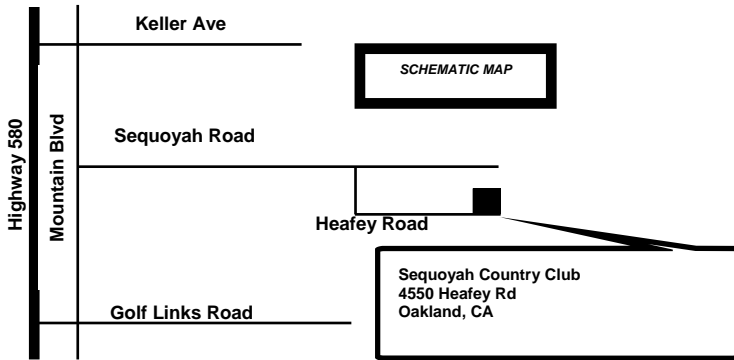
Business Casual or Better (no jeans!)
No Host Cocktails 6:00 - 7:00
Dinner/Meeting 7:00

CVSC Members: \$36-\$40, non-members \$45
(see coupon below)

Send Check payable to CVSC to:
Pat Green, 4655 Cope Ct.,
Pleasanton, CA 94566
(925)846-7250

DIRECTIONS FROM BERKELEY:
Take Hwy 580 or 13 to Keller Exit. Turn left and go over 580 overpass. Turn immediate right onto Mountain Blvd. Turn left onto Sequoyah Rd. Turn right onto Heafey Rd, CC is on right

DIRECTIONS FROM HAYWARD:
Take Hwy 580 to 98th St/Golf Links Road Exit. Bear right and take immediate left onto Mountain Blvd. Turn



YES! I want to attend the CVSC Christmas Party!

Name (s) _____

Phone # _____ **email** _____

No. of Salmon Dinners @ \$40 _____ **total \$** _____

No. of Chicken Dinners @ \$36 _____ **total \$** _____

No. of Guests @ \$45 _____ **total \$** _____

Total Amount of check enclosed \$ _____

Send Check payable to CVSC to:
Pat Green, 4655 Cope Ct.,
Pleasanton, CA 94566

Join the Castro Valley Ski Club Cabin for a good deal on lodging !



We again plan to lease a cabin in Tahoe-Donner area for the upcoming ski season. The lease will run from approximately December 1, 2007 through April 15, 2008. Membership Fees and nightly use fees will remain the same as last year. In order to keep the nightly fee as low as possible, we need to increase cabin membership and usage, and we will strive to do this in the coming years. Last year our membership was far below the maximum allowed to avoid crowding and reservation problems. You can help us increase membership by introducing friends and acquaintances to the cabin. We have found that this is the most effective way to build up membership.

The cabin has 7 sleeping areas comprised of 5 private rooms, 2 group rooms, along with six bathrooms. Total sleeping capacity is approximately 30 persons. There is also an outdoor hot tub. We will not sell more than 45 season memberships so the cabin does not become overbooked. Please keep in mind that even with our limited membership, weekends are sometimes booked 3-5 weeks in advance, so you must plan ahead and make your reservations early. Holidays are especially popular.

We currently plan to open the cabin the weekend of December 1. Those wishing to help us prepare the cabin for the season can stay at the cabin free of charge Dec. 1,2. This offer is open to anyone, even if you haven't joined the cabin membership. It's a great way to see the cabin if you haven't decided to join and want to learn more. We are tentatively planning a group dinner on the evening of Saturday, December 1, pending final resolution of the cabin lease dates.

As in past years, the cabin owners will be

occupying the cabin for a two-week period, and this year that will be at or near the end of March. Cabin members are not allowed to use the cabin during this period. The exact dates for the owner's use of the cabin have not yet been determined, but we should know by the end of October.

We would like to encourage you to use the cabin on weekdays (and on non-race weekends). The cabin gets very little use on these days and of course, the ski areas are not very crowded. If you get a case of ski fever during the week I'm sure we can find a room or rooms for you in the cabin.

We will have a television with cable access, along with VCR and DVD players and a computer with broadband internet connection with Wi-Fi for your use. As in past years, we expect everyone using the cabin to clean up after themselves (including the stove and ovens) and leave the cabin in the same condition (or better) than they found it.

This year Lloyd Chase will be managing the cabin business, finances and facilities issues. The reservations manager position is presently vacant and will be announced at a later date.

We look forward to helping you enjoy another great year of skiing.

Lodging Rates:

The following are per-person per-night rates and are the same for both the group areas and private rooms. These fees are in addition to the annual cabin membership fees:

Rates:

Weekends (Fri. & Sat. nights) & Holidays

**\$20 per member per night
\$35 per guest per night**

Weekdays (non-Holidays)

**\$15 per member per night
\$25 per guest per night**

There is no charge for children less than five years

of age and a \$5 nightly fee for children between the ages of 6 and 12. There is no guarantee of a separate bed for children under 5 years of age.

General guidelines for reserving and using the cabin

If you have a paid reservation at the cabin, and you cannot go, please let the reservations manager know as soon as possible. While we cannot give you a refund, under certain conditions (see the **2007/2008 Cabin Rules**) we may be able to give you a credit for future cabin use.

If you have not paid for your reservation, do not go to the cabin. Your reservation will have been canceled and possibly given to someone else.

Membership

To join the cabin, you must join the Castro Valley Ski Club and you will need the complete cabin application package which contains the detailed rules for use of the cabin. Be sure to read them. New cabin members can obtain the complete package by attending a club meeting, by contacting the cabin business manager (see contact info below), or from the club website, cvsc.org., by clicking on "join the cabin now". Cabin members from last year will have the package mailed to them automatically. After you read the attached rules, fill out the application and sign the statement. Also, if you wish, fill out the reservation form on the back of the application to request your first reservation. We've included a layout of the cabin with room and bed designations. We will have a current listing of room reservations at the cabin and at club meetings on a regular basis.

One final note. The main reason the club leases a cabin for the winter is to provide a maximum number of members an inexpensive and pleasant place to stay while skiing in the north Tahoe area. Staying at the cabin is a "group" experience with all the advantages and disadvantages this encompasses.

***PEERLESS TRUCK CHAINS
STILL FOR SALE***

Standard twist/cross chain
FITS: 9.50-14; 9.15-15; 9.00-15;
7.50-15; 7.00-15; LT245/65R15
LT235/75R15
AND MORE!

NEW—IN BOX!

Contact: Ben Newmarker
(510)635-7225
(209)615-9959

**Castro Valley Ski club
2005/2006 Cabin Application**

Name: _____

Home Address: _____

City/State/Zip: _____

Home Phone: _____

Work Phone: _____

Electronic Mail: _____

Membership Fees*:

Single - \$195

Family - \$250

For Family Memberships: Number in Family _____

Ages of children _____

* Note that all cabin members are free to bring guests to the cabin within the restrictions defined in the Club Cabin Rules.

My Signature below certifies that I have read the Castro Valley Ski Club Cabin Rules and Policies and agree to abide by them. In agreement I will also ensure that my family members and guests abide by these rules and policies.

Signature

Date

In case of Emergency Contact: _____

Emergency Telephone Number: _____
Area Code

Mail your completed form along with your membership fee to: *Lloyd Chase*
1315 Lexington Way
Livermore, CA 94550



Castro Valley Ski Club
P.O. Box 20321 Castro Valley, CA 94546-8321

Membership Application

October 1, 2007 thru September 30, 2008

Print

Member Name _____ Birthdate: _____

Family Members:	Name	Relationship	Birthday
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Home Address: _____

City/State/Zip: _____

Home Phone (____) _____ Work Phone(____) _____

E-Mail Address: _____

Emergency Contact: _____ Phone (____) _____

Address: _____

Annual Dues: \$35.00 - Member Amount Paid \$ _____
\$15.00 - Each additional family member

For those joining after July 1st, dues are for membership until September 30th of the next year.

Skiing Ability: Novice____ Intermediate____ Advance____
Would you be interested in becoming a member of the ski race team? Yes____ No_

Which committee in the club would you like to sign up for?
Phone committee ____Activities ____Chair an activity____
Chair TGIF Social Event _____Other _____

New Member: How or from whom did you hear about our club? _____

Renewing Members: when did you first join CVSC- Month _____ Year _____

YOU MUST Read and sign the Risk Agreement on the Reverse side
Or your application cannot be accepted!

RELEASE, WAIVER AND INDEMNITY AGREEMENT

In consideration of my being allowed to participate in CASTRO VALLEY SKI CLUB Events and activities, I HEREBY AGREE AS FOLLOWS:

I HEREBY ASSUME ALL RISKS INVOLVED IN MY PARTICIPATION IN CASTRO VALLEY SKI CLUB EVENTS AND ACTIVITIES.

I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the Club members, its officers, participants, promoters, sanctioning organization or any subdivision thereof, owners and leasees of the premises used to conduct said events, and each of them, all for the purposes herein referred to as "releasee" from all liability to the undersigned, her/her personal representative, assignees, heirs, and next of kin for any and all loss or damage on account in injury (including death) or property.

I HEREBY AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS the releasees, and each of them, from any loss, liability, damage or cost they may incur due to the presence of the undersigned in anyway while participating in any event and whether caused by negligence or releasees or otherwise for losses, damage (including attorney's fee) which may be brought against me or against any of them by anyone claiming to be injured (including death) as a result of any injury caused by me or injury to me or the claimant's property which may occur as a result of my participation.

EACH OF THE UNDERSIGNED FURTHER EXPRESSLY AGREES that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by law in the State/Province in which the event is conducted and that if any portion thereof is held invalid it is agreed that the balance shall continue in full force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS RELEASE, WAIVER AND INDEMNITY AGREEMENT and further agrees no oral representations or inducements apart from the foregoing have been made.

I HAVE READ THIS RELEASE (ALL APPLICANTS MUST SIGN)

Parents or guardian must sign for those under 18 year of age.

(signature)

(date)

(signature)

(date)

(signature)

(date)



Keystone Nationals Race Challenge

SAVE THE DATE FOR THE 3RD ANNUAL EVENT AT KEYSTONE RESORT
DECEMBER 13-17, 2007

The Keystone Nationals is a dynamic recreational race competition, open to all Ski Club and Ski Council racers of all ability levels, as eleven different competition classes are offered for both men and women. The Race Challenge includes a qualifying race, giant slalom, and a slalom race, being held on Keystone's advanced race arena, Go Devil, accessed via the Peru high speed quad chairlift at the Mountain House Base Area. All Ski Club and Council racers and non-racers are invited to attend!

For more information & to register go to www.KeystoneNationals.com
Call Keystone Resort directly to make lodging reservations at 800 258 0437

Alaska Cruise

SAILING ALASKA WITH YOUR
FAR WEST FRIENDS!
Sailing On Norwegian Cruise Line
"Norwegian Pearl"
June 8 - 15, 2008

"The Voice of the Western Skier"



Itinerary

Jun 8 Seattle		4:00pm
Jun 9 Inside Passage	Cruising	
Jun 10 Juneau	2:00pm	10:00pm
Jun 11 Skagway	7:00am	9:00pm
Jun 12 Glacier Bay	Cruising	
Jun 13 Ketchikan	6:00am	1:30pm
Jun 14 Victoria	6:00pm	11:59pm
Jun 15 Seattle	8:00am	

PASSPORT REQUIRED

Rates

Cat. J Inside From \$995.42
Cat. G Obstructed Ocean View From \$1175.42
Cat. DD Ocean View From \$1295.42
Cat. BC Balcony From \$1655.42

Rates are per person, double occupancy and include all taxes/fees. Rates are subject to change until a deposit has been received. Rates for specific categories are subject to availability at time of booking. Once a deposit has been received a \$50.00 per person administrative fee will apply for any cancellation. Additional cancel/refund fees from the cruise line will apply upon final due date.

Insurance is optional and highly recommended.

Deposit Due Per Person \$250.00
By September 28, 2007
Balance Due By March 15, 2008

Please join me and other FWSA members on this one-week adventure enjoying the spectacular sights and sceneries of Alaska!

Gloria Raminha
VP North America Travel



1245 McHenry Ave
Modesto, CA 95350

(209)576-7447

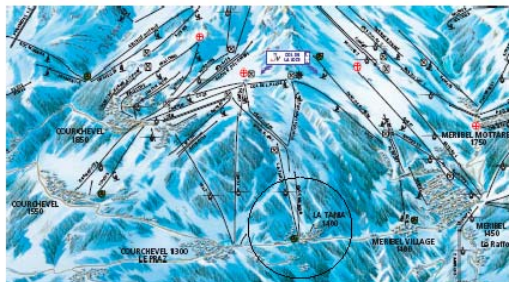
1-800-274-FUNN

www.cruisecompany.com

"Must be a member of Far West Ski Association".



LES TROIS VALLEES - FRANCE
March 7 to March 15, 2008 - \$1,390 per person
Provence & Paris post-extension
March 15 to March 21, 2008 - \$895



FWSA goes to La Tania in the center of the world's largest ski area, between Meribel and Courchevel, France. Has 200 lifts, 540 Square miles of terrain.

Basic Ski Week package \$1,390 per person double occupancy

- 7 nights lodging at the ski-in/ski-out three-star Hotel Montana with breakfast and dinner daily; hotel features sauna, fitness gym and indoor pool.
- Roundtrip airfare with Air France. Non-stop from LAX, SFO, and SEA to Paris
- All European air and ground to & from hotels and airports
- All local city taxes, resort fees and all other known fees in all hotels.

* Not included: Int'l Departure taxes and fuel surcharge currently around \$270.

Post Extension \$895 per person double occupancy

(Must be taken in conjunction with Basic Ski Week)

Aix-en-Provence (3 nights)

- Three-night stay at the 3 star superior Hotel Aquabella with daily breakfast and first night welcome dinner with wine. 4 star Hotel Mercure Roi Rene available \$100 addn'l.
- Optional day tours: Vineyard wine tasting, visit to French Riviera, etc.

Paris (4 nights)

- Four-star Hotel Mercure Tour Eiffel with daily breakfast. 3 course dinner tour with wine at the Eiffel Tower, and services of a bilingual representative.

Optional Paris tours: boat ride on the Seine River, tour of the Sacre Couer and Montmartre neighborhood, walking tour of historic Paris and visit to the Latin Quarter with group dinner, visit to and tour of the Louvre and Orsay Museum, visit to and tour of Versailles, and evening cabaret shows such as the Crazy Horse, and Moulin Rouge.

\$200 per participant deposit required to hold a place on the Basic Ski Week and \$200 for the Post Extension. Deposits are fully refundable until July 1, 2007. Make checks out to Far West Ski Association (FWSA). Please include the following with your check: (1) your legal name and address, (2) phone number, and (3) email address. Send to: FWSA International Travel, 901 Sousa Dr., Walnut Creek, CA 94597-3922.

For information contact Norm Azevedo at 925-944-9816, or email: fwsaintravel@sbcglobal.net FWSA
CST # 2036983-40

5/23/2007



GREEK ISLAND TOUR
October 1 - October 17, 2008
\$3390 per person*



3 and 4 Star Hotels
Breakfast Daily

12 Dinners
3 Lunches

USA to Athens (Oct 1)

Athens to Rhodes - Take Ferry from Piraeus to Rhodes. Dinner, sleep and have breakfast on board. Rhodes accommodations on the seaside part of town. Stay in Rhodes Four Days. Enjoy tours, see Palace of Knights, wine tasting, visit Ancient Kamiros, take small ferry to visit Lindos, enjoy "Meze" snacks, traditional Arhangellos dinner, music, and dancing.

Crete - Fly to Crete, stay four days. Dinner at Loukoulos, see Minoan Palace, wine tasting at Peza, visit Thrapanos pottery, dance at Aroithos village, see valley of Lassithi Plateau with windmills, walk or donkey ride to Kyra. Dinner at Agios Nicolaos. See Emetian Chanea and evening optional Creten cooking lesson.

Santorini - High speed boat between islands with two days at Santorini. Tour ancient Acrotiri excavations and afternoon at Oia to see their famous sunset. Take donkey ride to old port and boat trip to volcano. Back to port, then on cable car or 487 steps. Visit Museum at Fira, donkeyride to boat, view caldera.

Mykonos - High speed boat to Island. Three days that will include walking tour to meet Peter the Pelican and see windmills, private Caique boat to Delos, a multicultural center of the ancient world, one of the greatest ancient sights. BBQ on the beach. Tour to the old lighthouse.

Athens - Fly to Athens. Two days in Athens. Time to see Acropolis, National Archeological Museum, tour Plaka. Farewell party with typical Greek dinner with Folklores show and music.

Depart for USA (Oct 17)

* Does not include exchange rate changes, air and departure taxes. Approximately \$293. Delta airfare in conjunction with this trip is based on 2007 actual airfare. As soon the 2008 airfare is available, we will let you know if there are any changes.

October 17 - 24

Option Extension to Turkey

\$1050 per person*

Athens to Samos - Flight to Samos, short ferry ride to Kusadasi, Turkey.

Izmir/Ephesus - Tour Ephesus (Greco-Roman City), Basilica of St. John, and house of Virgin Mary. Tour Izmir. Kanakkale - Enjoy a Pergonum's Hellenistic City Tour and visit the Acropolis. Visit Asklepion (earliest Asia Minor Health Center), Troy, ferry across Dardanelles to Istanbul.

Istanbul - Tour Blue Mosque, Grand Bazaar, St. Sophia, Suleymaniye Mosque, and other sights. Cruise Bosphorus strait with stops at Rumelihisar Fortress, Saryer fishing village, and Beylerbeyi Palace.

Depart for USA (October 24)

* Does not include exchange rate changes, air and departure taxes. Approximately \$100

\$200 deposit per Greek participant, \$200 deposit per Turkey participant. Limited space - only 64 participants. Cancellation without penalty April 1, 2008. Limited single supplements. Priority placement based on first received post-marked mail envelopes. Make checks out to Far West Ski Association with "Greece" in the check "for" space. Include the following: (1) your legal name and address, (2) phone number, and (3) email address. (4) designate Greece only, or Greece and Turkey. (5) designate SFO or LAX departure airport. No flight deviations for this trip.

Mail to: FWSA, c/o Norm Azevedo, 901 Sousa Dr., Walnut Creek, CA 94597. Email to fwsaintravel@sbcglobal.net to confirm that you sent a check and /or request more information. Norm and Mary Azevedo can also be reached on (925) 944-9816. CST# 2036983-40

For more detailed itinerary, visit FWSA.Org, (travel section)



2007/2008 Avid Skiers in Control

President	Ralph Sherman	925 449-7941	shermescape47@yahoo.com
Vice President	Paula Kinahon	510 357-6127	paula.kinahon@mckesson.com
VP Membership	Karen Wehrman	510 538-3008	kwehrman@comcast.net
VP Weekend Trips	Kathy Johnson	510 881-8201	kjohnson@bayareakw.com
VP Sitzmark Cabin	Lloyd Chase	925 447-3659	skisailloyd@comcast.net
Reservation Manager	open		
Secretary	Claudia Fernandes	925 462-6573	claudia.fernandes@jud.ca.gov
Treasurer	Kathy Hoffmann	510 278-7660	tkhoffmann@aol.com
Newsletter Editor	Jim Korn	510 357-6127	jimkorn@sbcglobal.net
Web Manager	Rindie Chase	925 447-3659	clarinett@comcast.net
Race Director	Dave Cunningham	925 455-1333	tahoeskier@mail.com
Activity Director	Pat Green	925 846-7250	greendm@comcast.net
Travel Director	Tucker Hoffmann	510 278-7660	tkhoffmann@aol.com
Past President	Walt Johnson	510 881-8201	granite53@aol.com

WEBSITE: www.cvskiclub.org

Websites/Phone Numbers

BAC Web Site: www.skibac.org

Singles League Racing:

<http://slracing.tripod.com/schedule.htm>

Open League Racing: www.olrc.org

Far West Ski Association: www.fwsa.org

Far West Racing Ass'n: www.fwra.com

Web Cams on the Slopes: www.magnifyeye.com

Road Conditions: 1-800-427-7623

Weather: www.nws.mbay.net/home.html

SKIZETTE for OCTOBER, 2007



P.O. Box 20321

Castro Valley, CA 94546

stamp

ADDRESS SERVICES REQUESTED

ADDRESS LABEL
HERE

The Next Meeting will be

October 3rd, 2007

7:30 PM

at

DON JOSE'S

Mexican Restaurant

3430 Village Dr.

Castro Valley

510 538-3290

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES

First With Safety Awareness

Slogan award sponsored by:



ASPEN & SNOWMASS