



P.O. Box 20321,
Castro Valley, CA 94546

CVSC SkiZette



November, 2007

CELEBRATING OUR TWENTY FOURTH YEAR

Special Events:

**MATT STRUGAR-
FRITSCH
VISITS
Nov. 21**

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EVENTS CALENDAR

(f)= flyer in this issue , (tt) = see travel table



DSUSA GUEST _ NOV 21



THANKSGIVING—NOV 22

NOVEMBER

- 7 CVSC General Meeting at Don Jose's
- 14 CVSC Board Meeting at the Silver Palate, Pleasanton
- 21 CVSC General Meeting at Don Jose's; Guest Speaker
- 22 **Thanksgiving Day**
Welcome back to Viet Nam trekkers!

DECEMBER

- 5 CVSC Annual Christmas Meeting at Sequoyah CC
- 8 Race Clinic at Alpine Meadows
- 9 Race 1; GS at Alpine Meadows
- 12 CVSC Board Meeting at TBD
- 19 CVSC General Meeting at Don Jose's
- 25 **Christmas Day**

JANUARY 2008

- 2 CVSC General Meeting at Don Jose's
- 5 Race Clinic at Alpine Meadows
- 6 Race 2; GS at Alpine Meadows
- 9 CVSC Board Meeting at Claudia Fernandes'
- 16 CVSC Board Meeting at TBD
- 19-26 FWSA Ski Week to Whistler, Canada

UPCOMING

- March 7-15 FWSA European Ski Week to LesVallees, France

Visit our Website at www.cvskiclub.org

NOVEMBER BIRTHDAYS



Jolene Michael	1
Eberhard Busse	5
Karen Wehrman	5
Mark Howell	7
Darlene White	8
Donna Garrett	17
Steve Grevstad	18
Archana Teh	27
Rosie Dennis	28
Norma Nixon	28

BAC Open League Race Schedule 2007 - 2008 Ski Race Season.

Date	Event	Location
Dec 8, 2007	Race Clinic	Alpine
Dec 9, 2007	GS Race 1	Alpine
Jan 5, 2008	Race Clinic	Alpine
Jan 6, 2008	GS Race 2	Alpine
Feb 9, 2008	Slalom Race 3	Homewood
Feb 10, 2008	GS Race 4	Homewood
Feb 23, 2008	Slalom Race 5	Sugarbowl
Feb 24, 2008	GS Race 6	Sugarbowl (MacT)
Mar 8, 2008	Slalom Race 7	Northstar
Mar 9, 2008	GS Race 8	Northstar
Mar 14, 2008	Race Clinic	Sugar Bowl
Mar 15, 2008	Nor Cals	Sugar Bowl
Mar 17, 2008	Nor Cals	Sugar Bowl
Apr 4, 2008	Clinic / Pace	Mammoth
Apr 5, 2008	FWRA Champ	Mammoth
Apr 6, 2008	FWRA Champ	Mammoth

TRAVEL TABLE - FWSA, BAC, Club trips featured

Destination/Sponsor	Dates	Cost	Contact	What
CVSC Viet Nam Adventure	Oct 31-Nov 19 2007	\$3150	Tucker Hoffmann 510 278-7660	All transportation, lodging, most meals, taxes and charges.
CVSC CST # 2080140	Wait List Only		tkhoffmann@aol.com	Sightseeing tours: English guides; Portage for one suitcase.
2008 FWSA Ski Week to Whistler, Canada CST# 2036983-40	January 19-26, 2008	TBD	Tucker Hoffmann 510 278-7660	Transportation, lodging, lift ticket, welcome party, Council Races.
2008 FWSA European Ski Week: Les 3 Vallees, FRANCE CST# 2036983-40	Mar. 7-15, 2008	\$1395+ \$890 Ext.	Norm Azevedo 925 944-9816	All trans.; 7 nite lodging w/ b'fast & dinner daily; ski in-out. Ext. to Provence-Paris to March 21, 2008.

The Company Store

The following Castro Valley Ski Club promotional items, with logo, are available to members ;

Black Ball Caps	\$10
Gold Key Rings	\$5
Logo Luggage Tags	\$1.50; 4/\$5
Logo Fanny Packs	\$20
Club Patches	\$1

SEE DEAN OR JOLENE MICHAEL TO PURCHASE
ANY OF THESE GREAT ITEMS

SkiZette Policy NEWSLETTER

DEADLINE: 22nd of the month

Articles submitted by this date will be included in the following month's newsletter - space permitting.
Submit articles to:

Jim Korn, 15447 Heron Drive, San Leandro, CA 94579-2741;
Phone (510) 357-6127, Fax (510) 352-3757,
email: jimkorn@sbcglobal.net

Didn't get your newsletter? - Change of Address? -
Contact Ralph Sherman, VP Membership @ (925)449-7941





DON'T MISS THE NOVEMBER 21 SKI CLUB MEETING !!

A SPECIAL GUEST ... MATT STRUGAR-FRITSCH COMMUNICATION COORDINATOR, DSUSA FAR WEST

Matt will entertain us again in the delightful way he wowed us at his last visit and present some of the exciting events DSUSA has in store for our ski areas this coming season.

Disabled Sports 2008 Ski Events

These Ski Events will benefit the adaptive ski instruction programs of Disabled Sports USA Far West, a non-profit organization that provides a wide range of summer and winter adaptive sports and therapeutic recreation programs for people with disabilities. Participating in these programs has proven to be a powerful catalyst in the development of a positive self-image and a "can-do" attitude for people of all abilities.

By participating in the 2008 SKI FOR ALL and/or SKI CHALLENGE you can help to improve the quality of life for people with disabilities and have fun doing it!

SKI CHALLENGE

When: February 8, 2008

Where: Alpine Meadows

Cost: \$200/person \$800/team

What: Fun team ski race, poker run, lift ticket, awards and après ski party

Who: Teams are open to everyone including: ski clubs, corporations, families and friends skiing together. Four person teams are each paired with one disabled ski racer.

SKI FOR ALL

When: March 15, 2008 in conjunction with the BAC and NORCAL Race Championships

Where: Sugar Bowl Resort

What: Participants who collect a minimum of \$100 in pledges will receive: A lift ticket for the day, a \$5 lunch voucher and other prizes! Everyone who gathers \$200 or more will be entered in a drawing to win skis and bindings of your choice! (Details are subject to change. Please check www.skibac.org website or www.disabledsports.net for details)

Who: You!

Questions?

Visit www.disabledsports.net or
Contact Matt Strugar-Fritsch, Communications Coordinator
Phone: 916 722 6447 X 104
Fax: 916 722 2627
Email: matt@disabledsports.net

Disabled Sports USA Far West
6060 Sunrise Vista Drive Suite 2540
Citrus Heights, CA 95610

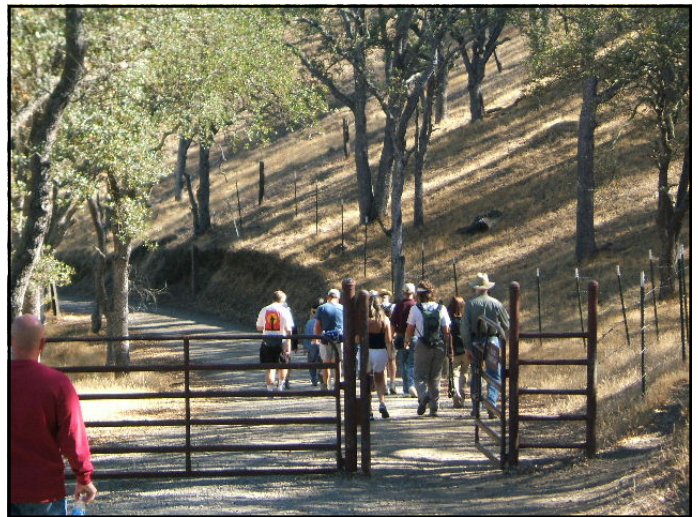
CVSC Hikes Del Valle ...

Story by Jackie Poulsen; Photos by Marty Acuff

Nineteen CVSC members hit the hiking trails in southern Livermore on Sunday, October 7 for the second annual fall hike/BBQ. The weather could not have been more perfect as we hiked through the gorgeous terrain around Lake Del Valle. Two separate hikes offered something for everyone. One group walked along the beautiful lake, and the other took to the hills - and then we surprisingly met in the middle above



... and Going



... and still Going



Badger Cove. After going down-down-down, two hikers opted to join the lakeside walkers instead of climbing up-up-up to the car (rumor has it Wendell missed his doggie, Puck, and decided to join him on the lakeside walk). Everyone enjoyed themselves....



Coming ...

at least that's what they said when it was all over!

The hike was followed by a yummy potluck/BBQ lunch at Jacky and Peter's house, in the usual CVSC fashion. There was no shortage of desserts following the big meal and everyone successfully filled their tummies. Elizabeth Yagle measured the energy expenditure to be 375 calories for the 5.2 mile hike. We quickly regained those calories... even before dessert. Conversation was great and the sun continued to shine throughout the afternoon. Before heading home Wayne and Elizabeth and Bruce Anderson tried their hands at flying kites in the Poulsens' pasture. Not quite enough wind, but it was fun trying.

Continued ... >

CVSC Hikes Del Valle ...



The Hiking graduates of 2007

The following club members participated in this fun day: Elizabeth and Wayne, Bruce Anderson, Wendell and Meg Jeong, Dan and Pat Green, Sandy and Frank Perez, Lynda Nestlebush and Steve Kallal, Mr. President Ralph Sherman, Susan Schmidt and three friends, Marty Acuff and Judi Valentine, Eberhard & Hyeja Busse, Jacky and Peter Poulsen.



We look forward to the third



annual fall hike next year, when Ralph has already offered that he and Wendell will bring their guitars and lead us in a sing along - can't wait!

Jacky Poulsen



My Misadventure on the Mount A hiking story by Valerie Caveglia

I've skied Squaw Valley many times over the years, but hiking there was going to be a new adventure. My friend, Nancy, and I left my timeshare in Tahoe Vista and drove to the Valley. The initial plan was to take the cable car to High Camp and then hike over to Shirley Lake and down the mountain on the trail by Shirley Creek.



That didn't happen. When we got to Squaw, Nancy found that the cable car wasn't running, and I was paying no attention because this was all her idea. We went into a ski shop to get her hiking pole adjusted, and the shop girl suggested that we hike UP the trail to Shirley Lake. She advised that it was well marked, 2.5 miles, with only a few granite rocks to climb. Nancy reported that to me and I thought, why not, so off we traipsed! It was 10:30 AM.

The hike was beautiful, with old growth trees and the creek gurgling with sparkling mountain water. But the hike became a CLIMB. The first group of granite boulders was a little challenging to me, a flat land hiker, but I managed to scramble up the rocks and felt very smug about my agility! But, that first set of boulders was only a warm up. We were about an hour into this hike, and I was getting so tired that it was feeling almost impossible to haul my butt up another slippery, wet boulder. But again, I literally rose to the occasion, and finally, after 2+ hours of climbing about 2000 vertical feet and going 2.7 miles, we reached Shirley Lake.

During the course of this hike/torture, we had come upon another group of 7 people who finished the hike with us. The guide of the group said that there was a service road out of the Lake, and we could follow it back down to the Valley. I was all for that, because the idea of going DOWN those rocks the way I'd come up spelled CERTAIN DEATH.

Simultaneously, with our arrival at the lake, the weather started to go bad. As a drama queen joke, I decided to call Jerry and tell him that I was at the top of a mountain with bad weather coming in, and maybe... good-bye forever! Well, he didn't answer so I left him the message!

People were eating lunch, and I was worrying about getting soaked with only my ski vest to protect me from the elements. So, I announced that I was starting out to find the service road, and getting the best directions the so-called guide could give me, I left the group. A Chinese couple from Davis, Rose and Jingo, soon followed. I had noticed earlier that he was part mountain goat, so spry and agile, and full of energy! We conferred about the possibilities of direction when we came to a Y in the trail

Continued ...>

My Misadventure on the Mount

A hiking story by Valerie Caveglia

Continued next page ... the back of his hand.

While I was struggling up the chosen trail, which was actually a ski run, Nancy appeared down at the Y, and apparently conceded we were on the right track, because she followed us up. Jingo had already sprinted to the top and yelled out that this was the right way! We never saw the rest of the group again.

After huffing and puffing my way to the top, I had my FIRST asthma attack! I could not get my breath at 8,000 feet after that steep climb. I thought I was a goner, but much to my amazement, nothing happened... except my breath finally returned after a bunch of very weird gasping noises!

Well, the top of the ski run was nowhere! We could not see a service road or any type of trail. What we found out later was that we were at the absolute end of the ski ridge, and the service road was still way above us to the west, but we had no idea where we were!

When in doubt, go down!! So we tried that. While my friends managed to scramble down this scree-covered shale slope, I thought it would be safer to slide, so I did, and did not care if my rear end got wet and brown...at least, not until it got cold. At the bottom of that hill was a cliff falling oodles of feet. We gazed desperately around...nothing but cliffs and mountains...no sign of civilization anywhere except for the ski lifts that were rising out of the valley and continuing to the high peaks behind us.

We couldn't go down any farther, because it was just too steep. We started traversing the side of the mountain. It was hailing and there were patches of snow. It was 3PM in the afternoon and the sun had slid behind the ridge of mountains to the west. This just did not feel like a good place to be!! My inner voice was getting louder with words like: "You're going to spend the night on this mountain and freeze to death. You do not have enough strength left to climb all the way up to the top of the next mountain to see what's on the other side. You are lost. If you don't die of the cold, you are going to fall down the cliff and die anyway!"

Rose and Jingo were ahead of me scouting fruitlessly for a way out. Nancy was below me clambering back onto the cliff she had decided to go down. Overcome with the absurdity of the situation, I plopped down on a rock and announced that I was calling 911. Thank god for Cingular! It works in the mountains at Squaw Valley.

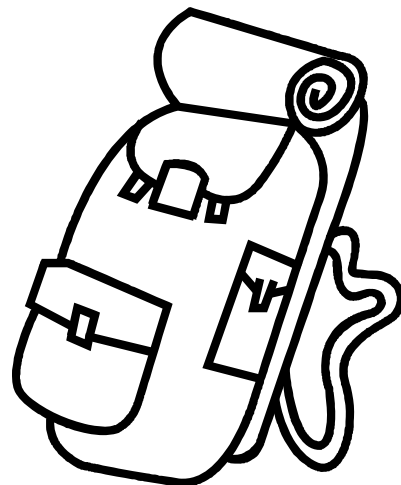
My frozen finger punched out the numbers and a woman answered. What an amazing feeling of relief came over me! I tearfully stuttered out that we were lost on some mountain above Squaw Valley. She connected me to the Placer County Sheriff who connected to the Fire Chief in Squaw who knew the area like

Just talking to someone other than my fellow bumbling hikers calmed me. The Fire Chief told me to describe what I saw. He knew where we were! He said that there were guys working on a new lift up by Granite Chief and he would call to alert them to look for us.

Finally we had a direction to go, and it was UP! We climbed and climbed, ascending through the patches of snow, shale, rotting logs, and whatever plants and brush cling to the side of a mountain. Finally, we heard someone yelling and looked up. Two guys, looking like little ants on top of a hill were waving and yelling and pointing to the direction that we were supposed to go to get where they were.

By 4PM we had plodded to the top. The last 50 feet were straight up. I did it, but then took a time out for my SECOND asthma attack, which at this point didn't even faze me! The fellow at the top, urging us on, was Chris, the crew chief for the lift installers. He was waiting for us with a truck and a ride to the cable car. At 4:11, my cell phone rang. It was Jerry, and I told him that we had just been rescued, blah,blah...I don't think he believed me!!

The end of the story is that the cable car had closed for the day, and Chris drove the four of us the 5-1/2 miles down the service road to Squaw Village and our cars. I wonder if I was the only one who was feeling a little giddy about also being rescued from having to slog down that winding, muddy road to the bottom.



OPEN LEAGUE RACING 2007 – 2008 Registration Application		<i>Form must be signed and dated with an original signature on plain paper. No photo copied or faxed signatures will be accepted. PLEASE PRINT CLEARLY</i>	
Last name _____ First name _____		BIB # _____	Ski _____ Snowboard _____
Street Address _____ City _____ Zip _____		CLUB: _____	
E-mail _____		LEAGUE AFFILIATION <i>(Please circle answer & fill in blanks as needed)</i>	
Phone: () _____ Home Phone: () _____ Work Phone: () _____ Cell Phone: () _____ Tahoe		Have you raced for any other FWRA league since 11/01/05? NO YES, which league _____ class _____	
Birth date: ____/____/____ <input type="checkbox"/> Female Age as of 11/01/2007 _____ <input type="checkbox"/> Male		Do you plan to race for another FWRA league this year? NO YES, which league _____ If YES, which is your home league _____	
<p style="text-align: center;">FEES</p> Racer fee: Adult \$55, Junior (under 18) \$30, Family \$110 _____ Volunteer fee: \$20 <i>(required for ADULT racers)</i> _____ Bib purchase <i>(required for all NEW racers)</i> New/Replacement Cotton Bib \$10 _____ OR Stretch/Cotton Bib Combo \$35 _____ <i>(a \$10 credit will be given for returning a CLEAN reusable cotton bib)</i> <p style="text-align: center;">TOTAL </p>		<p style="text-align: center;">ROOKIES ONLY <i>(No FWRA Handicaps since 11/01/05)</i></p> Skiing ability for initial placement: <input type="checkbox"/> Beginner or low intermediate skier <input type="checkbox"/> Strong intermediate skier with no race experience <input type="checkbox"/> Advanced or Expert skier with race experience	
		EMERGENCY CONTACT	
		Name _____ Telephone () _____	
ACKNOWLEDGMENT AND ASSUMPTION OF RISK AND RELEASE <i>(Initial all 6 places and then Sign)</i>			
<p>I, _____, the undersigned, know that alpine skiing and boarding are action sports carrying significant risk of serious personal injury, death or property damage. I also know that there are natural, mechanical, and environmental conditions and risks, which independently or in combination with my activities may cause property damage, or severe or even fatal injuries to others and me. _____ (Initials)</p> <p>I agree that I alone am responsible for: (a) My safety while participating in competitive events and/or training for competitive events; and (b) Providing, utilizing and maintaining that equipment necessary for the safe enjoyment of my participation in such events. I specifically acknowledge that the following persons or entities including: the Far West Racing Association, Bay Area Snow Sports Council, Open League Racing, its officers and race officials, the ski resort, the promoters, sponsors, organizers, or the participating clubs, their officers and or agent, representative, director, employee, member or affiliate of any person or entity named above are not responsible for my safety. I specifically RELEASE and DISCHARGE, in advance, those parties from any liability on the part of persons or entities mentioned above. I agree to accept all responsibility for the risks, conditions, and hazards that may occur whether they now are known or unknown. _____ (Initials)</p> <p>Being fully aware of the risks, conditions and hazards of the proposed activity as a competitor, coach or official, I HEREBY AGREE TO WAIVE, RELEASE AND DISCHARGE, any and all claims for damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of any participation in competitive events or training for competitive events, against any person or entity identified above whether such injury or damage was foreseeable or not, including any such claims regarding the design or condition of any equipment utilized by me in such competitive events without regard to whether such equipment is specified or recommended by such persons or entities identified above. _____ (Initials)</p> <p>I further agree to forever HOLD HARMLESS and INDEMNIFY all persons and entities identified above, generally and specifically, from any and all liability for death, personal injury or property damage resulting in any way from my participating in competitive events or training for competitive events. _____ (Initials)</p> <p>I currently have, and I agree to maintain throughout the time that I train and compete, a valid and sufficient medical accident insurance. I understand that this is my sole responsibility and release all persons and entities identified above from providing this coverage for me. _____ (Initials)</p> <p>I agree that I will accept and abide by the rules and regulations of the Far West Racing Association, Far West Ski Association, Open League Racing, and any other rules and regulations imposed by the organizers of any particular competition. This acknowledgment and Assumption of Risks and Release shall be binding upon my heirs and assigns. _____ (Initials)</p> <p>Signature of Registrant (or guardian if competitor is under 18 years of age) _____ Date: _____</p>			



Come and Enjoy a
Holiday Dinner Meeting

Of the
Castro Valley Ski club

At
Sequoiah Country Club
 4550 Heafey Road
 Oakland, California 94605
WEDNESDAY, December 5, 2007

Business Casual or Better (no jeans!)
 No Host Cocktails 6:00 - 7:00
 Dinner/Meeting 7:00

CVSC Members: \$36-\$40, non-members \$45
 (see coupon below)

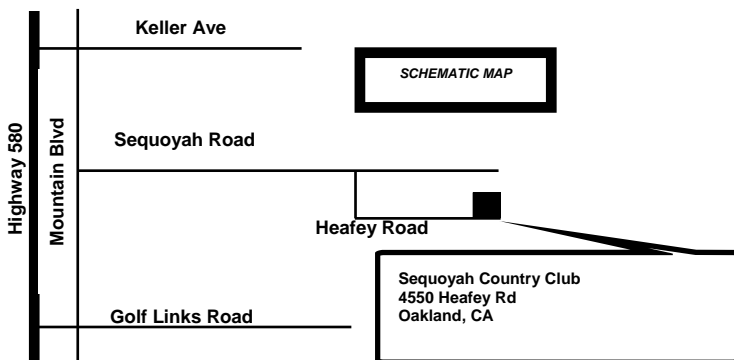
Send Check payable to CVSC to:
Pat Green, 4655 Cope Ct.,
Pleasanton, CA 94566
(925)846-7250

DIRECTIONS FROM BERKELEY:

Take Hwy 580 or 13 to Keller Exit. Turn left and go over 580 overpass. Turn immediate right onto Mountain Blvd. Turn left onto Sequoyah Rd. Turn right onto Heafey Rd, CC is on right

DIRECTIONS FROM HAYWARD:

Take Hwy 580 to 98th St/Golf Links Road Exit. Bear right and take immediate left onto Mountain Blvd. Turn



YES! I want to attend the CVSC Christmas Party!

Name (s) _____

Phone # _____ **email** _____

No. of Salmon Dinners @ \$40 _____ **total \$** _____

No. of Chicken Dinners @ \$36 _____ **total \$** _____

No. of Guests @ \$45 _____ **total \$** _____

Total Amount of check enclosed \$ _____

Send Check payable to CVSC to:
Pat Green, 4655 Cope Ct.,
Pleasanton, CA 94566

Join the Castro Valley Ski Club Cabin for a good deal on lodging !



We again plan to lease a cabin in Tahoe-Donner area for the upcoming ski season. . The lease will run from approximately December 1, 2007 through April 15, 2008. Membership Fees and nightly use fees will remain the same as last year. In order to keep the nightly fee as low as possible, we need to increase cabin

membership and usage, and we will strive to do this in the coming years. Last year our membership was far below the maximum allowed to avoid crowding and reservation problems. You can help us increase membership by introducing friends and acquaintances to the cabin. We have found that this is the most effective way to build up membership.

The cabin has 7 sleeping areas comprised of 5 private rooms, 2 group rooms, along with six bathrooms. Total sleeping capacity is approximately 30 persons. There is also an outdoor hot tub. We will not sell more than 45 season memberships so the cabin does not become overbooked. Please keep in mind that even with our limited membership, weekends are sometimes booked 3-5 weeks in advance, so you must plan ahead and make your reservations early. Holidays are especially popular.

We currently plan to open the cabin the weekend of December 1. Those wishing to help us prepare the cabin for the season can stay at the cabin free of charge Dec. 1,2. This offer is open to anyone, even if you haven't joined the cabin membership. It's a great way to see the cabin if you haven't decided to join and want to learn more. We are tentatively planning a group dinner on the evening of Saturday, December 1, pending final resolution of the cabin lease dates.

As in past years, the cabin owners will be occupying the cabin for a two-week period, and this year that will be at or near the end of March. Cabin members are not allowed to use the cabin during this period. The exact dates for the owner's use of the cabin have not yet been determined, but we should know by the end of October.

We would like to encourage you to use the cabin on weekdays (and on non-race weekends). The cabin gets very little use on these days and of course, the ski areas are not very crowded. If you get a case of ski fever during the week I'm sure we can find a room or rooms for you in the cabin.

We will have a television with cable access, along with VCR and DVD players and a computer with broadband internet connection with Wi-Fi for your use. As in past years, we expect everyone using the cabin to clean up after themselves (including the stove and ovens) and leave the cabin in the same condition (or better) than they found it.

This year Lloyd Chase will be managing the cabin business, finances and facilities issues. The reservations manager position is presently vacant and will be announced at a later date.

We look forward to helping you enjoy another great year of skiing.

Lodging Rates:

The following are per-person per-night rates and are the same for both the group areas and private rooms. These fees are in addition to the annual cabin membership fees:

Rates:

Weekends (Fri. & Sat. nights) & Holidays

\$20 per member per night

\$35 per guest per night

Weekdays (non-Holidays)

\$15 per member per night

\$25 per guest per night

There is no charge for children less than five years of age and a \$5 nightly fee for children between the ages of 6 and 12.

There is no guarantee of a separate bed for children under 5 years of age.

General guidelines for reserving and using the cabin

If you have a paid reservation at the cabin, and you cannot go, please let the reservations manager know as soon as possible. While we cannot give you a refund, under certain conditions (see the **2007/2008 Cabin Rules**) we may be able to give you a credit for future cabin use.

If you have not paid for your reservation, do not go to the cabin. Your reservation will have been canceled and possibly given to someone else.

Membership

To join the cabin, you must join the Castro Valley Ski Club and you will need the complete cabin application package which contains the detailed rules for use of the cabin. Be sure to read them. New cabin members can obtain the complete package by attending a club meeting, by contacting the cabin business manager (see contact info below), or from the club website, cvsc.org, by clicking on "join the cabin now". Cabin members from last year will have the package mailed to them automatically. After you read the attached rules, fill out the application and sign the statement. Also, if you wish, fill out the reservation form on the back of the application to request your first reservation. We've included a layout of the cabin with room and bed designations. We will have a current listing of room reservations at the cabin and at club meetings on a regular basis.

One final note. The main reason the club leases a cabin for the winter is to provide a maximum number of members an inexpensive and pleasant place to stay while skiing in the north Tahoe area. Staying at the cabin is a "group" experience with all the advantages and disadvantages this encompasses.

Castro Valley Ski club 2005/2006 Cabin Application

Name: _____

Home Address: _____

City/State/Zip: _____

Home Phone: _____

Work Phone: _____

Electronic Mail: _____

Membership Fees*:

Single - \$195

Family - \$250

For Family Memberships: Number in Family _____

Ages of children _____

* Note that all cabin members are free to bring guests to the cabin within the restrictions defined in the Club Cabin Rules.

My Signature below certifies that I have read the Castro Valley Ski Club Cabin Rules and Policies and agree to abide by them. In agreeing to this, I will also ensure that my family members and guests abide by these rules and policies.

Signature

Date

In case of Emergency Contact: _____

Emergency Telephone Number: _____
Area Code

Mail your completed form along with your membership fee to: *Lloyd Chase*
1315 Lexington Way
Livermore, CA 94550



Castro Valley Ski Club
P.O. Box 20321 Castro Valley, CA 94546-8321

Membership Application

October 1, 2007 thru September 30, 2008

Print

Member Name _____ Birthdate: _____

Family Members:	Name	Relationship	Birthday
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Home Address: _____

City/State/Zip: _____

Home Phone (____) _____ Work Phone(____) _____

E-Mail Address: _____

Emergency
Contact: _____ Phone (____) _____

Address: _____

Annual Dues: \$35.00 - Member Amount Paid \$ _____
\$15.00 - Each additional family member

For those joining after July 1st, dues are for membership until September 30th of the next year.

Skiing Ability: Novice____ Intermediate____ Advance____

Would you be interested in becoming a member of the ski race team? Yes____ No_

Which committee in the club would you like to sign up for?

Phone committee ____Activities ____Chair an activity____

Chair TGIF Social Event _____Other_____

New Member: How or from whom did you hear about our club? _____

Renewing Members: when did you first join CVSC- Month _____ Year_____

YOU MUST Read and sign the Risk Agreement on the Reverse side
Or your application cannot be accepted!

RELEASE, WAIVER AND INDEMNITY AGREEMENT

In consideration of my being allowed to participate in CASTRO VALLEY SKI CLUB Events and activities, I HEREBY AGREE AS FOLLOWS:

I HEREBY ASSUME ALL RISKS INVOLVED IN MY PARTICIPATION IN CASTRO VALLEY SKI CLUB EVENTS AND ACTIVITIES.

I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the Club members, its officers, participants, promoters, sanctioning organization or any subdivision thereof, owners and leasees of the premises used to conduct said events, and each of them, all for the purposes herein referred to as "releasee" from all liability to the undersigned, her/her personal representative, assignees, heirs, and next of kin for any and all loss or damage on account in injury (including death) or property.

I HEREBY AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS the releasees, and each of them, from any loss, liability, damage or cost they may incur due to the presence of the undersigned in anyway while participating in any event and whether caused by negligence or releasees or otherwise for losses, damage (including attorney's fee) which may be brought against me or against any of them by anyone claiming to be injured (including death) as a result of any injury caused by me or injury to me or the claimant's property which may occur as a result of my participation.

EACH OF THE UNDERSIGNED FURTHER EXPRESSLY AGREES that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by law in the State/Province in which the event is conducted and that if any portion thereof is held invalid it is agreed that the balance shall continue in full force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS RELEASE, WAIVER AND INDEMNITY AGREEMENT and further agrees no oral representations or inducements apart from the foregoing have been made.

I HAVE READ THIS RELEASE (ALL APPLICANTS MUST SIGN)

Parents or guardian must sign for those under 18 year of age.

(signature)

(date)

(signature)

(date)

(signature)

(date)



Keystone Nationals Race Challenge

SAVE THE DATE FOR THE 3RD ANNUAL EVENT AT KEYSTONE RESORT
DECEMBER 13-17, 2007

The Keystone Nationals is a dynamic recreational race competition, open to all Ski Club and Ski Council racers of all ability levels, as eleven different competition classes are offered for both men and women. The Race Challenge includes a qualifying race, giant slalom, and a slalom race, being held on Keystone's advanced race arena, Go Devil, accessed via the Peru high speed quad chairlift at the Mountain House Base Area. All Ski Club and Council racers and non-racers are invited to attend!

For more information & to register go to www.KeystoneNationals.com
Call Keystone Resort directly to make lodging reservations at 800 258 0437

Alaska Cruise

SAILING ALASKA WITH YOUR
FAR WEST FRIENDS!
Sailing On Norwegian Cruise Line
"Norwegian Pearl"
June 8 - 15, 2008

"The Voice of the Western Skier"



Itinerary

Jun 8 Seattle		4:00pm
Jun 9 Inside Passage	Cruising	
Jun 10 Juneau	2:00pm	10:00pm
Jun 11 Skagway	7:00am	9:00pm
Jun 12 Glacier Bay	Cruising	
Jun 13 Ketchikan	6:00am	1:30pm
Jun 14 Victoria	6:00pm	11:59pm
Jun 15 Seattle	8:00am	

PASSPORT REQUIRED

Rates

Cat. J Inside From \$995.42
Cat. G Obstructed Ocean View From \$1175.42
Cat. DD Ocean View From \$1295.42
Cat. BC Balcony From \$1655.42

Rates are per person, double occupancy and include all taxes/fees. Rates are subject to change until a deposit has been received. Rates for specific categories are subject to availability at time of booking. Once a deposit has been received a \$50.00 per person administrative fee will apply for any cancellation. Additional cancel/refund fees from the cruise line will apply upon final due date.

Insurance is optional and highly recommended.

Deposit Due Per Person \$250.00
By September 28, 2007
Balance Due By March 15, 2008

Please join me and other FWSA members on this one-week adventure enjoying the spectacular sights and sceneries of Alaska!

Gloria Raminha
VP North America Travel



1245 McHenry Ave
Modesto, CA 95350

(209)576-7447

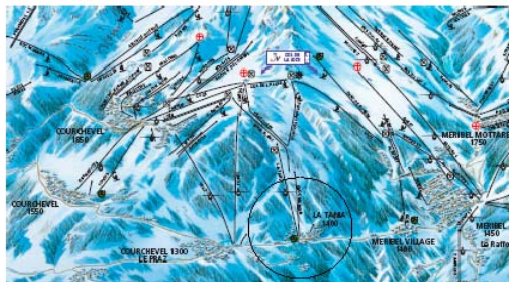
1-800-274-FUNN

www.cruisecompany.com

"Must be a member of Far West Ski Association".



LES TROIS VALLEES - FRANCE
March 7 to March 15, 2008 - \$1,390 per person
Provence & Paris post-extension
March 15 to March 21, 2008 - \$895



FWSA goes to La Tania in the center of the world's largest ski area, between Meribel and Courchevel, France. Has 200 lifts, 540 Square miles of terrain.

Basic Ski Week package \$1,390 per person double occupancy

- 7 nights lodging at the ski-in/ski-out three-star Hotel Montana with breakfast and dinner daily; hotel features sauna, fitness gym and indoor pool.
- Roundtrip airfare with Air France. Non-stop from LAX, SFO, and SEA to Paris
- All European air and ground to & from hotels and airports
- All local city taxes, resort fees and all other known fees in all hotels.

* Not included: Int'l Departure taxes and fuel surcharge currently around \$270.

Post Extension \$895 per person double occupancy

(Must be taken in conjunction with Basic Ski Week)

Aix-en-Provence (3 nights)

- Three-night stay at the 3 star superior Hotel Aquabella with daily breakfast and first night welcome dinner with wine. 4 star Hotel Mercure Roi Rene available \$100 addn'l.
- Optional day tours: Vineyard wine tasting, visit to French Riviera, etc.

Paris (4 nights)

- Four-star Hotel Mercure Tour Eiffel with daily breakfast. 3 course dinner tour with wine at the Eiffel Tower, and services of a bilingual representative.

Optional Paris tours: boat ride on the Seine River, tour of the Sacre Couer and Montmartre neighborhood, walking tour of historic Paris and visit to the Latin Quarter with group dinner, visit to and tour of the Louvre and Orsay Museum, visit to and tour of Versailles, and evening cabaret shows such as the Crazy Horse, and Moulin Rouge.

\$200 per participant deposit required to hold a place on the Basic Ski Week and \$200 for the Post Extension. Deposits are fully refundable until July 1, 2007. Make checks out to Far West Ski Association (FWSA). Please include the following with your check: (1) your legal name and address, (2) phone number, and (3) email address. Send to: FWSA International Travel, 901 Sousa Dr., Walnut Creek, CA 94597-3922.

For information contact Norm Azevedo at 925-944-9816, or email: fwsaintravel@sbcglobal.net FWSA
CST # 2036983-40

5/23/2007



GREEK ISLAND TOUR
October 1 - October 17, 2008
\$3390 per person*



3 and 4 Star Hotels
Breakfast Daily

12 Dinners
3 Lunches

USA to Athens (Oct 1)

Athens to Rhodes - Take Ferry from Pireas to Rhodes. Dinner, sleep and have breakfast on board. Rhodes accommodations on the seaside part of town. Stay in Rhodes Four Days. Enjoy tours, see Palace of Knights, wine tasting, visit Ancient Kamiros, take small ferry to visit Lindos, enjoy "Meze" snacks, traditional Arhangellos dinner, music, and dancing.

Crete - Fly to Crete, stay four days. Dinner at Loukoulos, see Minoan Palace, wine tasting at Peza, visit Thrapanos pottery, dance at Aroithos village, see valley of Lassithi Plateau with windmills, walk or donkey ride to Kyra. Dinner at Agios Nicolaos. See Emelian Chanea and evening optional Creten cooking lesson.

Santorini - High speed boat between islands with two days at Santorini. Tour ancient Acrotiri excavations and afternoon at Oia to see their famous sunset. Take donkey ride to old port and boat trip to volcano. Back to port, then on cable car or 487 steps. Visit Museum at Fira, donkeyride to boat, view caldera.

Mykonos - High speed boat to Island. Three days that will include walking tour to meet Peter the Pelican and see windmills, private Caique boat to Delos, a multicultural center of the ancient world, one of the greatest ancient sights. BBQ on the beach. Tour to the old lighthouse.

Athens - Fly to Athens. Two days in Athens. Time to see Acropolis, National Archeological Museum, tour Plaka. Farewell party with typical Greek dinner with Folklores show and music.

Depart for USA (Oct 17)

* Does not include exchange rate changes, air and departure taxes. Approximately \$293. Delta airfare in conjunction with this trip is based on 2007 actual airfare. As soon the 2008 airfare is available, we will let you know if there are any changes.

October 17 - 24

Option Extension to Turkey

\$1050 per person*

Athens to Samos - Flight to Samos, short ferry ride to Kusadasi, Turkey.

Izmir/Ephesus - Tour Ephesus (Greco-Roman City), Basilica of St. John, and house of Virgin Mary. Tour Izmir. Kanakkale - Enjoy a Pergonum's Hellenistic City Tour and visit the Acropolis. Visit Asklepion (earliest Asia Minor Health Center), Troy, ferry across Dardanelles to Istanbul.

Istanbul - Tour Blue Mosque, Grand Bazaar, St. Sophia, Suleymaniye Mosque, and other sights. Cruise Bosphorus strait with stops at Rumelihisar Fortress, Saryer fishing village, and Beylerbeyi Palace.

Depart for USA (October 24)

* Does not include exchange rate changes, air and departure taxes. Approximately \$100

\$200 deposit per Greek participant, \$200 deposit per Turkey participant. Limited space - only 64 participants. Cancellation without penalty April 1, 2008. Limited single supplements. Priority placement based on first received post-marked mail envelopes. Make checks out to Far West Ski Association with "Greece" in the check "for" space. Include the following: (1) your legal name and address, (2) phone number, and (3) email address. (4) designate Greece only, or Greece and Turkey. (5) designate SFO or LAX departure airport. No flight deviations for this trip.

Mail to: FWSA, c/o Norm Azevedo, 901 Sousa Dr., Walnut Creek, CA 94597. Email to fwsaintravel@sbcglobal.net to confirm that you sent a check and/or request more information. Norm and Mary Azevedo can also be reached on (925) 944-9816. CST# 2036983-40

For more detailed itinerary, visit FWSA.Org, (travel section)



2007/2008 Avid Skiers in Control

President	Ralph Sherman	925 449-7941	shermescape47@yahoo.com
Vice President	Paula Kinahon	510 357-6127	paula.kinahon@mckesson.com
VP Membership	Karen Wehrman	510 538-3008	kwehrman@comcast.net
VP Weekend Trips	Kathy Johnson	510 881-8201	kjohnson@bayareakw.com
VP Sitzmark Cabin	Lloyd Chase	925 447-3659	skisailloyd@comcast.net
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Travel Director	Tucker Hoffmann	510 278-7660	tkhoffmann@aol.com
Past President	Walt Johnson	510 881-8201	granite53@aol.com

WEBSITE: www.cvskiclub.org

Websites/Phone Numbers

BAC Web Site: www.skibac.org
 Singles League Racing:
<http://slracing.tripod.com/schedule.htm>
 Open League Racing: www.olrc.org
 Far West Ski Association: www.fwsa.org

Far West Racing Ass'n: www.fwra.com
 Web Cams on the Slopes: www.magnifyeye.com
 Road Conditions: 1-800-427-7623
 Weather: www.nws.mbay.net/home.html

SKIZETTE for NOVEMBER 2007



P.O. Box 20321
 Castro Valley, CA 94546

stamp

ADDRESS SERVICES REQUESTED

ADDRESS LABEL
HERE

The Next Meeting will be

November 7, 2007

7:30 PM

at

DON JOSE'S

Mexican Restaurant

3430 Village Dr.
 Castro Valley
 510 538-3290

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES

First With Safety Awareness

Slogan award sponsored by:



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