



Castro Valley, CA 94546  
www.cvskicCVclub.org

# CVSC SkiZette

November, 2014



## EVENTS CALENDAR

(f) = flyer in this issue

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### NOVEMBER

- 6 1st BAC Hockey Night (f)
- 12 CVSC board meeting at Pat's
- 19 CVSC general meeting at Don Jose's (AUCTION NIGHT!!) (f)

### DECEMBER

- 3 CVSC Christmas general meeting at Crow Canyon Country Club (f)
- 12 CVSC Christmas board meeting at Karen's

### JANUARY, 2015

- 14 CVSC board meeting at (tbd)
- 21 CVSC general meeting at Don Jose's
- 1/31-2/7 CVSC Ski Week at Steamboat Springs, CO (f)

### UPCOMING

- 2015:
- 3/30-4/4 FWSA Mini Ski Trip, Whitefish Mt Resort, MT (f)
- 10/28-11/13 CVSC trip to Burma (f)

### BAC/FWSA TRIPS

Please visit websites for detailed information.

**BAC Web site: [skibac.org](http://skibac.org)**

**Far West Ski Assoc: [fwsa.org](http://fwsa.org)**

### NOVEMBER BIRTHDAYS

Karen Wehrman	5	Steve Grevstad	18
Eberhard Busse	5	Carla Kramer	19
Mary Alexander	9	Steve White	19
Cyndi Hillman	9	Jim Gartland	21
Corinne Hagan	10	Tom White	22
Ruth Johnson	11	Rosie Dennis	28
Donna Garrett	17		



Visit our Website at [www.cvskiclub.org](http://www.cvskiclub.org)

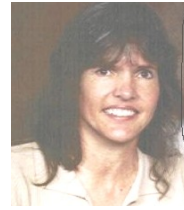
## SkiZette Policy NEWSLETTER

### DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor  
email: dennieluuu@aol.com



*Didn't get your newsletter? - Change of Address? -  
PLEASE Contact Maggie Jong, VP Membership  
email: mozoro@comcast.net*

## A DAY AT THE RACES.....

Racers,

**Hooray!** The race schedule for the upcoming season is available! **And we are so excited!** But...with weather unpredictable it could change.

This year the Race Committee met on September 30<sup>th</sup>. There were no changes to the race schedule, just a few corrections from the September edition of our newsletter. **This is why it is a good idea to check the race schedule published on the Open League website – see below.** The Open League website was easily accessible on the yahoo website, but it is moved to the “not so easily accessible” Google website – ugh!



Keith Wilson  
Race Director

**Lots of racers** have opted **not** to race this season. Here are a few reasons why!

### Top Ten, LAME Reasons not to Ski Race:

Oh no! I cannot fit into my ski pants!  
Oh my! The race course is too steep and scary!  
Ugh! It's too hard to get up that early!  
Yuck! The weather is miserable!  
Golly gee! I don't like to wait in line to race!  
Oh my! My knee hurts!  
Oh no! There is not enough snow!  
Oh golly! If I fall, I can't get up!  
Raspberries! Been there, done that!  
Luckily! My significant other or doctor (you choose) won't let me!

**So, what is your excuse?** It is snowing in the mountains. The weather is starting to turn. Let's get out there and enjoy this last season of CVSC racing!

**Sign up for racing** on the **Open League website** and check for the latest information – <https://sites.google.com/site/openleagueracing>. Enjoy browsing!

Keith

# Castro Valley Ski Club Newsletter

## President's Message

Hi All,

WooHoo!! It is getting to be a fun time of the year. How about those Giants ~ winning the third World Series in five years ~ and can you believe Madison Bumgarner? WOW!!

And, I'll bet you are still asking yourself "if I was Kansas City's Alex Gordon and the third base coach, would I have gone home?" Oh well, I guess we'll never know.



Karen Wehrman  
President

As we approach the holiday season, don't forget to get your auction items together for our annual auction on Wednesday, November 19. This is your opportunity to show off a skill and wow your fellow CVSC members with your talents. You will also be participating in the fund-raising for our Club and for Disabled Sports USA. Paula Kinahon has very generously stepped up to chair this event, so let her know what your auction items are and help make this a super successful event.

To start off the Christmas season, we are celebrating at Crow Canyon Country Club on Wednesday, December 3. You can anticipate a wonderful festive dinner and good cheer with fellow members.

It is snowing! It is snowing! I guess you all have been doing your job and "thinking snow". Thank you and keep up the good work! We need a really good ski season to make up for last year ~ so keep the faith.

Lots of good things happening this season ~ we are so fortunate to live where we do, to have the options for lots of great activities that we do, and I hope you all get the chance to take advantage of it.

And, don't forget to VOTE ~ VOTE ~ VOTE ~ VOTE ~ VOTE ~ VOTE

Karen

## A Word from our VP

This month I want to pass on a few thoughts about handling risk in activities that include it, skiing and riding in particular. As more people access the backcountry and rowdy terrain at ski resorts, the number of backcountry accidents is rising.

Overconfidence in safety equipment, a skier's own ability, and certifications—plus a lack of continual adherence to backcountry protocols—is a recipe for disaster.



Ron White  
Vice President

Prioritizing risks is a cornerstone of so called 'Steep Life Protocols', a terrain management system that increases a skier's safety, because it's often the little risky dominoes that trigger life-changing accidents.

Steep Life Protocols aims to decrease risk, avoid avalanches, and make you a better, safer skier or snowboarder by assessing risk on-the-go from the top down, plus choosing the correct route. Its doctrine includes understanding that you can't control snow pack. I'll cover key protocols, how to identify terrain hazards, and the best way to choose your line. This month I'll list two of the key backcountry protocols to help you prioritize risk and select daily terrain, and more next month.

1) Be physically and mentally ready for your endeavors.

2) Monitor weather: How far and steep are you willing to go with a storm approaching? If someone gets injured and a storm moves in, avoiding hazards and avalanche terrain becomes difficult. Storms can quickly turn relatively safe avalanche conditions into dangerous conditions. Decide if it's a go or no-go. If it's a go, choose easy to moderate terrain. Even on short outings, keep safety nets (partners, ski patrol, vehicles) close with weather looming.

Ron

**We had one cabin become available for this trip.**

**Oct. 28 – Nov. 13, 2015**

Limited to 48 includes air from LAX or SFO

Pre-trip to Bangkok - \$399

Post-Trip to Inle Lake, Myanmar - \$1099

Myanmar, formally Burma, is a hot destination and for two reasons: firstly, the door has been opened on a piece of Asia that has been isolated from the pressures of development (and, indeed, tourism) for five decades; and secondly, it offers so much to the traveler it is hard to know where to begin. The country has all the beauty of Thailand's coastal and mountain regions but only a fraction of it has been seen by outsiders. Myanmar is truly a "last chance to see" (Malaysia/Thailand 30 years ago, Vietnam 15 years ago, Cambodia 10 years ago - take your pick).

We will be on a DELUXE Riverboat for 10 days.

There are different categories of cabins depending on the deck level. We have reserved the **WHOLE** boat for our group.

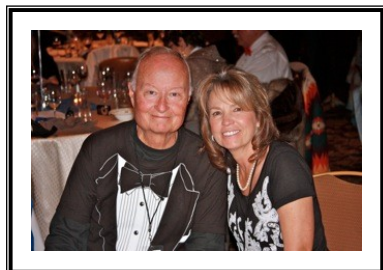
Here are the prices **WITH** air from either LAX or SFO

Irrawaddy Suite B2 - 2 cabins - \$5652

Maugham Suite B1 - 8 cabins - \$5852

Orwell Suite - 16 cabins - \$6052

Call for more info.



Tucker & Kathy - CVSC Travel  
2657 Rivers Bend Circle, Livermore CA 94550  
925-371-1910 [tkhoffmann@comcast.net](mailto:tkhoffmann@comcast.net)

**CVSC CST # 2081040**

## Open League Race Schedule 2014 – 2015 (As of September 30, 2014)\*

Date	Day	Location	Event
Jan 3, 2015	Sat	Alpine Meadows	Clinic
Jan 4, 2015	Sun	Alpine Meadows	Race 1 – GS
Jan 10, 2015	Sat	Squaw Valley	Race 2 - GS
Jan 11, 2015	Sun	Squaw Valley	Race 3 - GS
Jan 17 –19, 2015	Sat – Mon	No Open League Races	MLK Weekend
Jan 24, 2015	Sat	Alpine Meadows	Race 4 - GS
Jan 25, 2015	Sun	Sugar Bowl	Race 5 - SL
Jan 31-Feb 7	Sat-Sat	Steamboat, CO	CVSC Ski Trip
Jan 31-Feb 7	Sat-Sat	Whistler/Blackcomb, BC	Far West Ski Trip
Feb 14, 2015	Sat	Boreal	Clinic w/ Sierra League
Feb 15, 2015	Sun	Boreal	Clinic w/ Sierra League
Feb 14 – 17	Sat –Mon	No Open League Races	President's Weekend
Feb 28, 2015	Sat	Northstar **	Super G Clinic (Sierra Lg)
Mar 1, 2015	Sun	Northstar **	Super G (Sierra League)
Feb 23-27, 2015	Sun-Thu	Mammoth Mt.	CVSC Ski Trip
Mar 14, 2015	Sat	Northstar	Race 6 – SL
Mar 15, 2015	Sun	Northstar	Race 7 – GS
Mar 21, 2015	Sat	Alpine Meadows	Race 8 GS or SL, TBD
Mar 22, 2015	Sat	Alpine Meadows	Make-up Race, maybe
Mar 28-29	Sat/Sun	Mammoth Mt.	Far West Champs
Mar 3 – Apr 4		Whitefish/Montana	FWSA Mini Ski Week

\* Check Open League Website for updates/clinics (<https://www.olrc.org>)

\*\* Sponsored by Sierra League, Check their website for more information ([www.sierraleague.com](http://www.sierraleague.com)). Also, hold this date for make-up races.

## **To All You Brave and Hearty Souls Who Rode the Livermore Wine Bike Ride:**

### **You All Did A Terrific Job!**

To say it was stinkin' hot would be an understatement. We wish we could have controlled the temperature that afternoon but we don't have that connection with the heavens. A lot of us who ride regularly would never go out on a day like that. Why that would be just insane! But out we all went. The heat sapped our energy and made us miserable. We worked harder than ever but we all biked through the rolling hills of Livermore with the spectacular views. Best of all though is that we got to celebrate our success in crossing that finish line (although some with road rash!) with a delicious meal and wonderful views at The Grill at Wentes.

The intrepid bike riders were:

Ray Jong	John Fagan
Maggie Jong	Phyllis Fagan
Wendell Jeong	Fred Burrell
Marianne Hook	Ron White
Chuck McCormick	Stephen White
Keith Wilson	Valerie Caveglia
Dan Green	Jerry Caveglia
Pat Green	Kathy Hoffmann
Karen Wehrman	Tucker Hoffmann
Jim Silva	

And to the few who just wanted to join our lunch time celebration:

Eva Lanphear  
Claudia Fernandes  
Janet Wilson

A BIG thank-you for joining us on October 4!

~Maggie and Ray Jong





**ALPINE MEADOWS**

**Bay Area Ski Council & Sierra League  
Club Appreciation Day**  
Saturday December 13th

## **All Inclusive Day of Fun!**

**Lift Ticket | \$15 Lunch Voucher | Fun Race**

Adult (age 23-64)	\$62
Young Adult (age 13-22)   Senior (age 65-75)	\$52
Child (age 5-12)   Super Senior (age 76+)	\$38

## **First Timer Learn to Ski and Ride**

**Beginner Lift Ticket | 2 hr. 15 min. Lesson | Rental Equipment | \$15 Lunch Voucher**

**Lesson Times 10am or 1pm**

Available to Anyone Age 13 and up

\$61



**Offer available EXCLUSIVELY to BAC Club Members**

For more information contact Dennis Heffley

President BAC | Vice President NSCF | BOD FWSA

[bac.president@skibac.org](mailto:bac.president@skibac.org)

# CASTRO VALLEY SKI CLUB ANNUAL AUCTION 2014



**CVSC Auction Night Fund-Raiser**

**WEDNESDAY, NOVEMBER 19, 2014**

**DON JOSE'S MEXICAN RESTAURANT**

**COMPLIMENTARY MARGARITAS 6:30 - 7:00 PM**

**AUCTION STARTS AT 7:00 PM**

**CVSC AUCTION NIGHT FUND-RAISER IS A MUST NOT MISS EVENT. COME JOIN THE FUN AND FRIVOLITY, BRING A FRIEND, BRING A DONATION, AND BRING YOUR CHECKBOOK!** You will want to bid on many fabulous offerings that will be on the auction block. Also, keep in mind the auction is our club's only annual fund-raiser with proceeds benefiting the membership by subsidizing events throughout the year. Some proceeds are also donated to the Alpine Meadows Disabled Sports Program in support of their good work. With these objectives in mind, be it said you are encouraged to bid high and to bid often!

Save-the-date for November 19<sup>th</sup> and give thought to what unique, fun, and interesting ITEM, EVENT, AND/OR SERVICE you might like to DONATE. Need ideas...

- Dinner or BBQ – great way to get to know other members
- Homemade goodies - cakes, candies, cookies, fudge
- Your creations - paintings, pottery, mosaics, and knitted/crocheted items
- Unused clothing, equipment, household items
- Home maintenance, repair, and gardening services
- Weekend getaway to your cabin in the woods – great way to get to know members
- Wine and spirits

Donating is as simple as can be. Just complete the AUCTION FORM included in this newsletter, and return it to: **Paula Kinahon, CVSC Auction Chairman.**

**ALL DONATIONS HAPPILY ACCEPTED!!**



# CASTRO VALLEY SKI CLUB ANNUAL AUCTION 2014



WEDNESDAY, NOVEMBER 19, 2014

*SUPPORT OUR CLUB BY DONATING: ITEMS, EVENTS, SERVICES, ETC.*

---

## AUCTION FORM

Donated By: \_\_\_\_\_ Phone: \_\_\_\_\_

Estimated Value: \_\_\_\_\_ Email: \_\_\_\_\_

Number of Times to be Bid: \_\_\_\_\_ Number of Person per Bid: \_\_\_\_\_

**Item Description:** *(include any restrictions)*

RETURN AUCTION FORM TO: **PAULA KINAHON**

EMAIL: [PKINAHON@GMAIL.COM](mailto:PKINAHON@GMAIL.COM) / MOBILE: 510 910-2707  
15447 HERON DRIVE, SAN LEANDRO, CA 94579

THANK YOU FOR YOUR DONATION



*Come and enjoy a*  
**Holiday Dinner Meeting**  
*of the*  
**Castro Valley Ski club**  
*at*

**Crow Canyon Country Club**  
711 Silver Lake Dr  
Danville, CA 94526

**WEDNESDAY, December 3, 2014**

Business Casual or Better (no jeans!)  
No Host Cocktails (appetizers & champagne) 6:00 - 7:00p  
Piano music before & during dinner  
Dinner/Meeting 7:00p

CVSC Members: \$40  
Non-members: \$68  
Choice of Atlantic salmon or prime rib  
There will be soup, salad & dessert

*Send Check no later than 11/26 payable to CVSC to:*  
**Pat Green, 4655 Cope Ct.,**  
**Pleasanton, CA 94566**  
**(925)846-7250**

***YES! I want to attend the CVSC Christmas Party!***

**Name (s)** \_\_\_\_\_  
**Phone #** \_\_\_\_\_ **email** \_\_\_\_\_  
**No. of Salmon Dinners** \_\_\_\_\_ **total \$** \_\_\_\_\_  
**No. of Prime Rib Dinners** \_\_\_\_\_ **total \$** \_\_\_\_\_  
**Total Amount of check enclosed** \$ \_\_\_\_\_

## CASTRO VALLEY SKI CLUB

presents

### Burma & the Irrawaddy River - Cruising the Road to Mandalay



**Oct. 28 – Nov. 13, 2015**

Limited to 48 includes air from LAX or SFO

Pre-trip to Bangkok - \$399

Post-Trip to Inle Lake, Myanmar - \$1099

Myanmar, formally Burma, is a hot destination and for two reasons: firstly, the door has been opened on a piece of Asia that has been isolated from the pressures of development (and, indeed, tourism) for five decades; and secondly, it offers so much to the traveler it is hard to know where to begin. The country has all the beauty of Thailand's coastal and mountain regions but only a fraction of it has been seen by outsiders. Myanmar is truly a "last chance to see" (Malaysia/Thailand 30 years ago, Vietnam 15 years ago, Cambodia 10 years ago - take your pick).

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Orwell Suite - 16 cabins - \$6052



Call for more info.

Send your \$500 (\$300 is non-refundable) deposit to:  
Tucker Hoffmann, CVSC Travel  
2657 Rivers Bend Circle Livermore CA 94550  
925-371-1910

CST #2081040



## Bay Area Snow Sports Council's 1<sup>st</sup> BAC Hockey Night



San Jose Sharks vs the Vancouver Canucks

Thursday November 6, 2014 at the Shark Tank, San Jose, CA  
Game Time – 7:30PM - Seating in Section 223

**Ticket Price only \$52.00 each!** (~ 30% discount)  
(Parking not included)

This is a Fund Raiser Supporting a Local Junior Racer through the Far West Foundation

Besides our Club Members, their families and friends we are also inviting our ... Industry Partners who will be in town for the SnowBomb Ski & Snowboard Shows!

*To Purchase Tickets:*

Use Paypal (link at [www.skibac.org](http://www.skibac.org)) or mail your check, payable to BAC, to:

BAC c/o Dennis Heffley 4125 Beryl Drive Concord, CA 94518

*Ski Clubs - If you would like to keep your club together, send one club check to address above.*

Questions? Contact Dennis Heffley ([bac.president@skibac.org](mailto:bac.president@skibac.org)) or 925-998-4415



The Location of

## Far West Ski Association's

2015 Mini Ski Trip

March 30th to April 4th, 2015

Adult package prices will range from \$550 to \$605

Price does NOT include air

"The Voice of the Western Skier"



FOUNDED 1930

**Whitefish Mountain Resort** is located at The Big Mountain in North-western Montana, located west of Glacier National Park in the Flathead National Forest. FWSA Lodging will be at **Grouse Mountain Lodge** where you will enjoy an authentic Montana experience.

*This trip is limited to 100 participants*

Contact Nancy Ellis

530-414-8261 or 530-582-0566

[fwsatravelnancy@sbcglobal.net](mailto:fwsatravelnancy@sbcglobal.net)



Must be a Member of a Far West Ski Association affiliated club or a FWSA Direct Member

Grouse Mountain Lodge

FWSA CST #2036983-40



### Included:

Airport Ground  
Transfers  
4 or 5 Day Lift Tickets  
Transfers to Ski Re-  
sort  
Welcome Party  
Farewell Party

### More Options:

Snowmobile Tours  
Summit Nature Center  
Day Spa  
Glacier Park Tours  
Dogsled Adventures  
Sleigh Rides



# Castro Valley Ski Club

*Presents*



2015 CVSC Ski Week in Steamboat, CO

January 31th to February 7th, 2015

**\$899-\$1029 – plus air**

We will be offering 2 lodging properties. Both are 3bd/3b condos. 2bd/2b condos are available upon request. The Sitzmarker Ski club will also be there at the same time. They are staying at The Lodge Condos; many of them have dual membership in CVSC and have traveled with us in the past.

Included will be:

- 7 nights lodging
- 5 out of 7 day lift ticket
- Porter fee
- Welcome Party
- 2 Group Dinners

Optional Strawberry Springs outing with Sitzmarkers -\$40



Dulany Condos - very near gondola - \$1029

The Lodge Condos - just down the hill - \$899

*note: air and transfers not included in this price*

We guess coming from Denver it will be around \$350. We can also fly right into Hayden. Not sure of price as of yet.



Send \$200 deposit to:

Tucker Hoffmann - CVSC Travel Director  
2657 Rivers Bend Circle, Livermore CA 94550

925-371-1910 [tkhoffmann@comcast.net](mailto:tkhoffmann@comcast.net)

**CVSC CST # 2081040**



## **2014/2015 Avid Skiers in Control**

President  
Vice President  
VP Membership  
VP Club Activities  
Secretary  
Treasurer  
Newsletter Editor  
Web Manager  
Race Director  
Travel Director  
Past President  
Trustee  
Safety Chair

Karen Wehrman 510-538-2872  
Ron White 925-443-3106  
Maggie Jong 925-447-5148  
Pat Green 925 846-7250  
Eva Lanphear 510-793-3863  
Claudia Fernandes 925-462-6573  
Dennie Warren 510 759-3415  
Ray Jong 925-447-5148  
Keith Wilson 925-828-8265  
Tucker Hoffmann 925-371-1910  
Ralph Sherman 925-449-7941  
Kathy Hoffmann 925-371-1910  
Sandy Beecher 707-255-4139

kwehrman@comcast.net  
ronkewwhite@gmail.com  
mozoro@comcast.net  
greendm@comcast.net  
ejlanphe@pacbell.net  
Claudia.fernandes4108@gmail.com  
dennieluuu@aol.com  
skibuff@comcast.net  
Keithwilson108@sbcglobal.net  
Tuckerhoffmann@aol.com  
shermescape47@yahoo.com  
tkhoffmann@comcast.net  
srbeecher@aol.com

WEBSITE: [www.cvskiclub.org](http://www.cvskiclub.org)

## **WEBSITES & PHONE NUMBERS**

Singles league racing:  
[slracing.tripos.com/schedule.htm](http://slracing.tripos.com/schedule.htm)

Open league racing: [olrc.org](http://olrc.org)

Weather: [nws.mbay.net/home.html](http://nws.mbay.net/home.html)

Best weather website for snow: [Tahoeweatherdiscussion.com](http://Tahoeweatherdiscussion.com)

Far West Racing Assoc: [fwra.com](http://fwra.com)

Web cams on the slopes: [magnifeye.com](http://magnifeye.com)

Road conditions: 1-800-427-7623

Info on all ski areas: [onthesnow.com](http://onthesnow.com)

Take a bus to the slopes: [nacski.com](http://nacski.com) & [bayareaskibus.com](http://bayareaskibus.com)

Sierra webcam: [sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/](http://sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/)

***SKIZETTE FOR NOVEMBER, 2014***



The next meeting will be  
November 19

Don Jose's Restaurant  
3430 Village Dr.  
Castro Valley, CA

(auction starts @ 7:00p)

**SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES**  
*First With Safety Awareness Slogan award sponsored by:*



**ASPEN & SNOWMASS**