



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

October, 2019



EVENTS CALENDAR

(f) = flyer in this issue



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Avid Skiers in Control Back page

OCTOBER

- 9 CVSC board meeting at Phyllis'
- 16 CVSC general meeting at Don Jose's

NOVEMBER

- 13 CVSC board meeting at Pat's
- 20 CVSC general meeting & annual auction at Don Jose's

DECEMBER

- 11 CVSC Christmas Trolley (f) pg 12

UPCOMING

- 2020:
7/17-29 CVSC Russia River Cruise (f) pg 19

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

- 2020:
1/25-2/1 FWSA Ski Week in Big Sky, MT (f) pg 17
- 2/19-23 BAC Mini Ski Week in Utah (f) pg 18



OCTOBER BIRTHDAYS



Elizabeth Yagle	1	Ray Jong	13
Laury Riley	2	John Fagan	15
Erika Meinhardt	4	Sherry Prickett	16
Karen Lawlor	7	Cecil Johnson	25
Fred Burrell	8	Marjory Jong	25
Tucker Hoffmann	9	Dru Burrell	27
Teddi Loader	13	Steven Nicholson	30



Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@gmail.com



*Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com*

SPORTING GOODS EXCHANGE

Got any sporting equipment (i.e. skis, snowboards) and/or clothing that you no longer can use, don't want, etc..... let me know & I'll put it here!!!!

OR.... If you need the above let me know as well!!!

This also goes for winter/ski cabins that you'd like to offer for rent or are looking for same.... Let me know!!!!

GREENHOUSE MARKETPLACE

Do you do lots of canning (fruit — jams/jellies/preserves) and would like members to know about it — let me know & the word will go here!!!!

Are you blessed with culinary expertise (make pies, special desserts, etc) and would like to share?? Also, let me know!!!!

Castro Valley Ski Club Newsletter

President's Message

Happy Autumn everyone, hope you had a wonderful summer..

Our last BBQ meeting at Lake Chabot was great, the weather was beautiful and we had a nice turnout, even though many of the board was under the weather and unable to attend after our return from Israel and Jordan. Hope everyone is doing better!!!! Many thanks to Dave Silva for setting up the BBQ this meeting and thanks to Dennie and Rich who have been doing this for the last few years. It is so appreciated...



Claudia Fernandes
President

As for the trip to Israel and Jordan it was an amazing trip- the sites, the people, the adventures were wonderful....We walked often 3-4 miles a day at a minimum and at Petra it was more like 7-12 miles that day. Our days were quite warm and yet we all made it....Our many thanks again to Kathy and Tucker for such memories and for setting this up...Pictures of the trip will be in the skizette and on the website.. Hard to believe that it snowed in Tahoe while we

were on the trip, not expected but what can we expect anymore the weather is so unpredictablelooks to be a nice snow season if this continues.... yeah The next month in November on the 20th will be our annual auction fundraiser for the club and our charities, please plan on attending we will have another fun time with friends and Margaritas. All for a good cause!! If you have items you wish to provide to the auction please let Paula Kinahon know....we will be taking items at the auction and our wonderful auctioneers John Houseman and John Fagan will be there to make the evening fun and crazy....ha

We hope you all can attend the annual Auction and we also have our general meeting coming up on October 16 at Don Jose's at 7 p.m. We will be sharing stories, hearing about upcoming trips and events happening. Hope to see you there

Keep checking the skizette for more adventures!

Enjoy the autumn weather and be safe!!!

Claudia

Save-The-Date!!

CVSC Auction Night at Don Jose's in Castro Valley Wednesday, 20th of November. Please contact Paula Kinahon at pkinahon@gmail.com or 510 910-2707 for information, questions, ideas. More to come on this event later this month so stay tuned.

FINAL CALL!
Get Your Membership Dues In Early and Receive A Discount!

Castro Valley Ski Club Members: Time is running out!
Get your renewal checks into me by October 31 and save.

Dues received by October 31 are \$35 for the first person and \$15 for each additional person in the same household for renewing members with NO lapse in membership.

After October 31, renewing members pay \$50 for the first person and \$20 for each additional person in the same household.

All NEW members pay \$50 for the first person and \$20 for each additional person in the same household.

Make checks payable to the Castro Valley Ski Club.

Please send membership application form, the signed waiver and the dues to:

Maggie Jong / VP Membership
2597 Wellingham Dr.
Livermore, CA 94551



cvskiclub.org

Membership Application

October 1, 2019 thru September 30, 2020

PLEASE PRINT LEGIBLY:

Member's Name: _____ Birth Date: _____

Family Members signing up in Same Household: _____ Relationship: _____ Birth Date: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Member's Phone No: (Home) _____ (Mobile) _____

Family Member's Phone No: (Home) _____ (Mobile) _____

E-mail Address: _____

(Please provide e-mail address to receive the club's newsletter 'CVSC SkiZette')

Emergency Contact: _____ Phone: _____

Address: _____

Membership Dues: *Yearly - October 1st thru September 30th*

☐ \$50.00 Primary Member / \$20.00 Each Additional Family Member *in Same Household.*

Discount: *Membership Renewal discount if paid by October 31st with No Lapse in Membership.*

☐ \$35.00 Primary Member / \$15.00 Each Additional Family Member *in Same Household.*

Check # _____ / Date: _____ / Amt Paid: _____

- Interested in Volunteering as our Club is only as Strong as its Volunteers?
☐ Chair/Host Social Activity ☐ Committee Volunteer ☐ Phone Committee ☐ Other
- New Member; how did you hear about our club? _____
- New members joining after July 1st, membership is valid thru Sept. of the following year.

**YOU MUST READ AND SIGN THE WAIVER AGREEMENT
OR YOUR APPLICATION CANNOT BE ACCEPTED!**

Please send the membership application, the signed waver, and the dues to:

Maggie Jong, V.P. Membership

2597 Wellingham Drive, Livermore, CA 94551 / email: mozoro25@gmail.com

Make your check payable to the Castro Valley Ski Club.

RELEASE, WAIVER AND INDEMNITY AGREEMENT

In consideration of my being allowed to participate in CASTRO VALLEY SKI CLUB Events and Activities, I HEREBY AGREE AS FOLLOWS:

I HEREBY ASSUME ALL RISKS INVOLVED IN MY PARTICIPATION IN CASTRO VALLEY SKI CLUB EVENTS AND ACTIVITIES.

I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the Club members, its officers, participants, promoters, sanctioning organization or any subdivision thereof, owners and lessees of the premises used to conduct said events, and each of them, all for the purposes herein referred to as "release" from all liability to the undersigned, his/her personal representative, assignees, heirs, and next of kin for any and all loss or damage on account in injury (including death) or property.

I HEREBY AGREE TO INDEMNIFY, DEFEND, SAVE AND HOLD THE RELEASEES, AND EACH OF THEM, HARMLESS from and against any and all claims, losses, damages, liabilities and fees (including attorney's fees), damage to personal property, personal injury or death that any of them may incur as a result of, or relating to my participation at any event, and whether caused by the negligence of releasees or otherwise, and whether such claims, losses, damages, liabilities and fees (including attorney's fees) including any personal injury or death are brought against me or any of the releasees.

EACH OF THE UNDERSIGNED FURTHER EXPRESSLY AGREES that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by law in the State/Province in which the event is conducted and that if any portion thereof is held invalid it is agreed that the balance shall continue in full force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS RELEASE, WAIVER AND INDEMNITY AGREEMENT and further agrees no oral representations or inducements apart from the foregoing have been made.

I HAVE READ THIS RELEASE (ALL APPLICANTS MUST SIGN)

Parents or guardian must sign for those under 18 year of age.

(Signature)

(Date)

(Signature)

(Date)

(Signature)

(Date)

(Signature)

(Date)

It is time to start working out and get in shape for the ski season!

Ski Workout - Get Ready for Skiing

These exercises are designed to help strengthen the muscles used in skiing - legs, abs, back and arms. It also challenges your balance, core strength and stability--all things that are challenged in skiing. Do this workout 2-3 nonconsecutive days a week or add some of the exercises to your usual workouts.

Squat with Front Sweep



Stand with feet hip-width apart and hold a med ball or dumbbell. Squat as low as you can (knees behind toes and abs contracted) and touch the ball to the floor. Press through the heels to press back up while sweeping the weight up and overhead. Keep the movement controlled and try not to use momentum.

Pushups/Side Planks



In pushup position (on knees or toes), perform one pushup. As you come up, shift weight to left arm, twist to the side while bringing the right arm up towards the ceiling in a side plank. Lower the arm back to the floor for another pushup and then twist to the other side.

Lunge On The Ball



Prop right shin on a ball (or step) behind you and bent front knee, slowly lowering into a lunge. Squeeze through the heels to raise back up, making sure knee is behind toe and torso is straight, abs in. Adjust the ball as needed to keep your knee behind your toe. Add dumbbells for more intensity.

Deadlifts with Row



Stand with feet hip-width apart holding weights in front of thighs. Keeping abs in and back straight, tip from the hips and lower the weight down (skimming the legs) as low as your flexibility allows. Squeeze to come up and then lower back down until torso is parallel to the floor, turn the hands so that they're parallel and pull the weights up in a row. Repeat, alternating deadlifts and rows for all reps.

Side to Side Lunge



Stand with feet wide, toes out slightly, holding weight at chest level. Lunge to the right, bending the right knee (keeping that knee behind the toe) and touching the weight to the floor while keeping the abs engaged, torso straight. Press back to start and lunge to the left, touching the ball to the floor. Take your time and try not to use momentum.

BOSU Squat Jumps



Stand in front of BOSU Balance Trainer or, if you don't have one, a step or low bench. Bend the knees and, keeping the body very low, jump onto the BOSU with both feet, landing in a squat with soft knees. Step down and repeat, moving as quickly as you can.

One-legged Balance with Tricep Kickback



Stand on right leg taking the left leg straight out behind you, both leg and torso parallel the floor. Bring the right elbow up next to your torso while holding a weight and, maintaining your balance, extend the elbow until the arm is straight by contracting the triceps. Maintain this position for all kickbacks and then switch sides

Ski Jumps



Stand with feet together. Bend the knees and jump to the right as far as you can--think of jumping laterally rather than vertically. Land with soft knees and immediately jump laterally to the left. Repeat.

Seated Row



Prop ball against a wall with bands on either side. Prop the feet against the ball with bent knees and sit up tall, handles in both hands. Keeping torso straight and abs engaged, squeeze shoulder blades together as you bend the elbows, pulling them just behind the torso. Release and repeat, keeping legs active so that the ball doesn't move.

Back Extension



Lie facedown with ball under your hips and lower torso. On toes or knees and with hands behind the head, lift chest off the ball, bringing your shoulders up until your body is in a straight line. Lower & repeat

Ball Rollout



Place your arms on the ball, parallel to one another. Pulling your belly button towards your spine and tightening your torso, slowly roll forward until your chest touches the ball. Keeping form, slowly pull your body back using your arms and abdominals. Don't collapse as you roll forward

(submitted by Sandy Beecher, Safety Chair)



38 lucky CVSC members recently returned from a fabulous trip to Israel and Petra in Jordan. Petra was amazing, 2 1/2 miles in and 2 1/2 miles out. You could take a horse, then a horse and buggy, next are the donkeys & camels. We all walked in. All in all...after the 800 step hike up to The Sanctuary, about 27,000 steps that day.

Floating in the Dead Sea, Camel Ride



Boat ride on the Sea of Galilee, the girls



On the Horizon for 2021 -

HOT NEWS.....FWSA will be going to Sun Valley Ski Resort in 2021 Ski Week. The Hoffmann's will be going. Let us know if you're interested in this trip. Ski Week will take place January 30--February 6, 2021.

CRUISE THROUGH SPECTACULAR FIJI (boat only holds 68 passengers) - If you liked Croatia and Tahiti this one's for you. Would be in Sept. or Oct. (most likely) of 2021. Watch for more info on this trip soon. Already have a long interest list.

The MV Fiji Princess is a 60 metre catamaran with 34 air-conditioned cabins. There are 4 deck levels with lounging areas spread throughout the wrap-around sundecks and accommodation on the first 3 decks. Each cabin features a private ensuite, TV/DVD/audio system, vanity, hair dryer, soft towels and fragrant soaps. All are above the waterline and feature large windows.

Next year we will only be doing the one Adventure Trip to Russia. We encourage you to look at the FWSA & BAC ski trips. The FWSA mini ski trip looks like a good one. It's a 5 day trip to Big White, Canada. March 29-Apr 3, 2020



Happy Skiing & Travels.....

Tucker - CVSC Travel Director & Kathy
2657 Rivers Bend Circle, Livermore CA 94550
925-371-1910 tkhoffmann@comcast.net
cell # 510-329-4242

CVSC CST # 2081040



CHRISTMAS TROLLEY DECEMBER 11th @ 5:00pm

CONCANNON WINERY
4590 TESLA RD LIVERMORE
\$40/members—\$55/non-members
SPACE LIMITED TO 35 PEOPLE.

Come and enjoy a festive and fun night with good friends. Evening starts with food and wine tasting in our private room, then aboard the private trolley to see all the great Christmas lights in the Livermore Valley. YOU MAY LEAVE YOUR CAR AT CONCANNON.

Send check no later than December 6th to
Pat Green
4655 Cope Ct
Pleasanton, CA 94566

Any questions call Pat at 925-846-7250 also to find out if spaces filled if sending in check at last minute.



THE WONDERS OF ISRAEL & JORDAN



At the Mt. of Olives
overlooking the old
Jewish cemetery



In front of the bronze Knesset Menorah presented by the parliament of the United Kingdom in 1956 to honor the eighth anniversary of Israeli independence. It stands in the Rose Garden in front of the Israeli Knesset, their parliament building.

VOLKSWAGEN PRESENTS WARREN MILLER'S "TIMELESS" TOUR CALENDAR

Tour dates announced! Get ready to kick off your winter with a cast of fresh faces, inspirational locales, plenty of laughs and camaraderie, and a classic blend of the new and old. Save the date for our 70th anniversary film, "Timeless", presented by Volkswagen. Keep an eye out for the trailer and presale launch on Aug. 20 and our deepest ticket discount ever!

The last four listings are hosted by independent promoters and not part of the primary tour.

82	San Francisco	CA	Palace of Fine Arts
83	Moraga	CA	Moraga Country Club
84	Sacramento	CA	The Crest Theatre
85	San Rafael	CA	Marin Center
86	Fresno	CA	Tower Theatre
87	Pleasanton	CA	Amador Theater
88	Walnut Creek	CA	Leshner Center for the Arts
89	Campbell	CA	Heritage Theatre
90	Petaluma	CA	Mystic Theatre
91	Berkeley	CA	California Theatre
92	San Francisco	CA	Castro Theatre
93	Santa Cruz	CA	Rio Theatre
94	Redwood City	CA	Fox Theatre
95	Grass Valley	CA	Don Baggett Theater
96	Modesto	CA	State Theater of Modesto
97	Santa Rosa	CA	3rd St Cinema
98	North Lake Tahoe	CA	TBD

FWSA 2020 Davos & Portugal

Basic Ski Week: Feb. 28 – Mar. 7, 2020



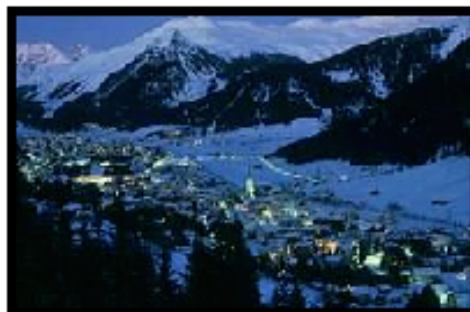
Optional Extension trip to Lisbon & Porto, Portugal

March 7 - 13, 2020

*The largest ski resort in Switzerland and
the highest city in Europe!*



*You will enjoy some of the best
skiing in the world, with 58
lifts, 300 km of ski slopes, 75
km of cross-country tracks and
much more.*



*Davos offers a wide range of
excellent shopping, numerous
boutiques, café/restaurants
and a lively nightlife!*

Davos-Klosters skiing areas feature 5 wonderful areas with terrain for all skier levels!

BASIC TRIP Land Package: The 5* SEEHOF Hotel (Not including Air Transp. or Lift Tickets)

- Approximate lodging package costs – starting at \$1759.00 per person based on double occupancy
- Pricing is based on exchange rate of 1.01USD vs. 1.00 CHF – subject to change
- Basic land package pricing is based on a min. of 86 people & the Extension pricing is based on a min. of 34 people – subject to change if requirements are not met. All local taxes are included
- Single Supplement and Upgraded rooms are available – quantities are limited.

Land Package Includes:

- All airport ground transfers with Multi-lingual guide meeting the FWSA Group Air people upon arrival
- 7 nights' accommodations with breakfast daily and Free Wi-Fi
- 5 Dinners – 2 nights **on your own** to dine at the local restaurants of your choice.
- Welcome/Orientation at the hotel with Tourist office, ski area and ski guide representatives
- Complimentary use of Wellness Center
- Local guide at the hotel each evening for 1 hour
- Optional Day Tour and mid-week Après ski party – details to be provided

Air Transportation Information - It is HIGHLY recommended to use FWSA air transportation!

- Group Air - SFO & LAX air transportation
- Stand Alone Trip Air – contact Debbie Stewart
- Alternate airport and/or post trip deviations are available – (they are limited)

*Air prices DO include estimated Fuel surcharges, Taxes and current Exchange Rate – subject to change.

*If you are arranging your OWN flights but wish to take the FWSA bus transfers, you **MUST** coordinate your flight schedule with the FWSA group air schedule. No special alternate pick-up or drop offs by the bus will be permitted.*

Make checks out to: Far West Ski Association (FWSA).

Please reference "FWSA 2020 Davos/Portugal Trip" on each check.

Send to: Debbie Stewart
FWSA VP of Int'l Travel
430 S. Church St.
Visalia, CA 93277

FwsaIntlTrvl@prodigy.net or cell: 559/737-0882

CST # 2036983-40

Extension trip Lisbon & Porto, Portugal – March 7 - 13, 2020

Approx. Land Package – Double Occ. = \$1349.00 & Single Supp. Rooms available

A Stand-Alone trip is available for experienced travelers!

Discuss the Stand-Alone trip details with Debbie Stewart, VP of Int'l Travel



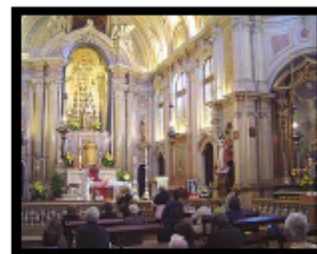
Experience Local Culture



Create New Memories
with Friends,
Old and New!



FREE TIME
TO EXPLORE!



Enjoy Regional Cuisine



Portugal is one of Europe's hottest destinations—and for good reason! Beyond the stunning landscapes and bustling cities lies a rich culture just waiting to be explored!

Lisbon and Porto, Portugal Trip includes:

- Air transportation to Lisbon –1 Free checked bag - Airline details tbd.
- Pricing is based on exchange rate of 1.20USD vs. 1.00 Euro – subject to change
- 3 night's accommodations at the 4* Hotel VIP Executive Entrecampos (Or Similar**)
- Breakfast buffet daily in each city
- Full day city tour of Lisbon including lunch
- Transfer between Hotel and Porto airport via private coach with English speaking assistant.
- Full day city tour of Porto including wine tasting and lunch.
- 3 night's accommodations at the 4* Black Tulip Hotel (Or Similar**)
- Entrance fees for: Jeronimo's Monastery, St. Anthony Church of Lisbon, St. Francis Church of Porto and Oporto's Cathedral.
- Porterage at all hotels.
- All local taxes

Make checks out to: Far West Ski Association (FWSA).

Please reference "FWSA 2020 Davos/Portugal Trip" on each check.

**Send to: Debbie Stewart
FWSA VP of Int'l Travel
430 S. Church St.
Visalia, CA 93277**

FwsaIntlTrvl@prodigy.net cell: 559/737-0882

CST # 2036983-40

Bay Area Snow Sports Council

BIG SKY FWSA SKI & SNOWBOARD WEEK...

January 25 – February 1, 2020

BAC Package Includes:

7 Nights Lodging: Ski in/Ski out

Huntley Lodge: Hotel rooms with Two Queen Bed or Loft with 3 Queens \$1,310 pp

Summit Lodge: Hotel rooms with One King or Two Queen \$1,610 pp

Single Supplements available.

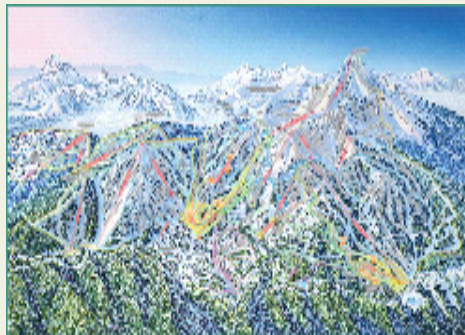
ONLINE REGISTRATION ONLY

<http://BAC83.sat.tours> – Payments made to Sports America, our Tour Operator



BAC Lodging/Amenity Package:

- Welcome Party
- Mountain Picnic
- BAC Council Dinner
- Ski Week Banquet Dance
- Farewell Awards Après Party



Additional Options:

Optional Day Trips to West Yellowstone Or Wildlife Center

Council Challenge Races & Non Skier Activities

Discounted Lift Tickets:

Group Air & Ground Transportation: TBA

Discounted 5-6 Day Lift Tickets will be available

Buy IKON Pass w/Sports America for \$30-50

lodging discount.



The Bay Area Snow Sports Council Presents
A Mini Ski Week to:

Trip is SOLD OUT! A wait list has been created. Send your forms and deposit in to get on the wait list.

Alta, Snowbird, Brighton & Solitude, Utah
February 19 – 23, 2020

Utah is renown for its wonderful powder snow & epic mountain terrain! By staying at the base of Big & Little Cottonwood Canyons, our BAC skiers will be able to access four great Utah ski resorts!

Lodging & Amenities Package Includes:

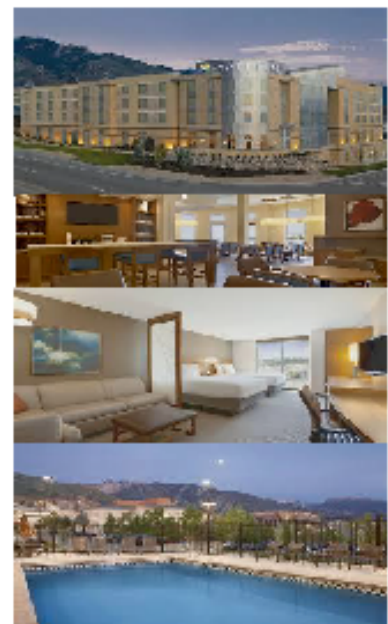
- ❖ 4 nights at the Hyatt Place/Cottonwood – double occupancy
- ❖ Welcome reception and Group Dinner included
- ❖ Free daily hot breakfast
- ❖ Free hotel shuttle to ski bus transit center
- ❖ Free wifi & parking

Lodging & Amenities Package Pricing:

- ❖ \$575 per person – based on double occupancy in King or 2 Queen bed hotel rooms.
- ❖ Registration opens on April 5. To insure your spot send your \$200 deposit check, payable to BAC Travel, in with your completed Trip Preference Form & Waiver. You must be a member of a BAC Club to reserve a spot.

Not Included – Airfare, Lift Tickets & Ski Bus Tickets

- ❖ Airfare Options & Ground Transportation - Delta, United & Southwest all have non-stop flights from the Bay Area into SLC airport - only 20 minutes from the hotel
- ❖ Lift Tickets: Alta, Snowbird, Brighton & Solitude are all on the IKON pass.
- ❖ Two Ski Buses for either Alta/Snowbird or Brighton/Solitude depart every 20-30 minutes from the ski bus stop. Ski bus tickets are nominal at around \$8 round trip.



BAC Trip Leader: Cathy Wilson

Send your \$200 deposit (payable to BAC Travel) to:

**Cathy Wilson
BAC Utah Trip Leader
1469 Firebird Way, Sunnyvale,
CA 94087**

BAC CST# 2050870-40

Castro Valley Ski Club

Presents

Russian River Cruise with Emerald Waterways

*Moscow • Uglich • Yaroslavl • Goritsy • Kizhi •
Mandrog • St. Petersburg*



Price \$5464

Includes:

- RT Air from SFO & LAX
- 32 Meals (11 breakfasts, 10 lunches and 11 dinners)
- Airport transfers on tour dates when air is provided by Mayflower Cruises & Tours
- Fully escorted by an English-speaking Tour / Cruise Director
- Eleven-night cruise aboard the *MS Rossia*
- **All gratuities onboard and onshore**
- Shore excursions with English-speaking local guides
- Personal listening device for excursions
- Visits to many UNESCO World Heritage Sites
- Selection of complimentary drinks to accompany meals
- Variety of onboard entertainment
- All port charges included

WHAT IS NOT INCLUDED:

- Travel Insurance – If you don't need travel insurance let me know. I'm trying to set up something.
- Russian Visa

\$400 Initial deposit NON –refundable - 1 cabin left either 1 single gal or a couple

Make Checks payable to Castro Valley Ski Club (CVSC) Send payments to:

Tucker Hoffmann, CVSC Travel
2657 Rivers Bend Circle, Livermore CA. 94550
Phone 925-371-1910 Cell 510-329-4242
Email: tkhoffmann@comcast.net

CVSC CST # 2081040



2019/2020 Avid Skiers in Control

President	Claudia Fernandes	925-462-6573	Claudia.fernandes4108@gmail.com
Vice President	Anne Wilburn	925-200-2801	annewilburn@comcast.net
VP Membership	Maggie Jong	925-447-5148	mozoro25@gmail.com
VP Club Activities	Pat Green	925 846-7250	greendm@comcast.net
Secretary	Phyllis May	925-371-1667	phyllismay@comcast.net
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Newsletter Editor	Dennie Warren	510-759-3415	dennieluuu1@gmail.com
Travel Director	Tucker Hoffmann	925-371-1910	Tuckerhoffmann@aol.com
Past President	Karen Wehrman	510-538-2872	kwehrman@comcast.net
Trustee	Kathy Hoffmann	925-371-1910	tkhoffmann@comcast.net
Trustee	Paula Kinahon		pkinahon@gmail.com
Safety Chair	Sandy Beecher		srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing: slracing.tripos.com/schedule.htm
 Open league racing: olrc.org
 Weather: nws.mbay.net/home.html
 Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com
 Web cams on the slopes: magnifeye.com
 Road conditions: 1-800-427-7623
 Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com
 Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR OCTOBER, 2019



The next meeting will be at

Don Jose's Restaurant
 Castro Valley, CA

(meeting starts @ 7:00 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS