



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

October, 2018



EVENTS CALENDAR

(f) = flyer in this issue



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OCTOBER

- 10 CVSC board meeting at Anne's
17 CVSC general meeting at Don Jose's

NOVEMBER

- 14 CVSC board meeting (TBD)
CVSC general meeting/ANNUAL AUCTION at Don Jose's (date TBD)

DECEMBER

- 12 CVSC Christmas Trolley (f)pg10

UPCOMING

- 2019:
2/9-16 CVSC Ski Week at Beaver Creek, CO (f)pg 19
5/5-15 CVSC Rhine Cruise & Amsterdam (f)pg 16

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

- 2019:
2/2-9 FWSA Ski Week at Steamboat Springs, CO (f)pg 18
3/9-16 FWSA Int'l Ski Week in Japan (f)pg 17
3/24-29 FWSA Mini Ski Week at Winter Park, CO (f)pg 15
6/13-16 FWSA 87th Annual Convention in Indian Wells, CA

Pam Hampton	1	Ray Jong	13
Elizabeth Yagle	1	John Fagan	15
Laury Riley	2	Sherry Prickett	16
Dottie McDonald	3	Natalie Fay	23
Erika Meinhardt	4	Cecil Johnson	25
Diana Broberg	8	Marjory Jong	25
Fred Burrell	8	Dru Burrell	27
Tucker Hoffmann	9	Stacy Towar	28
Teddi Loader	13	Steven Nicholson	30



**OCTOBER
BIRTHDAYS**

Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@gmail.com

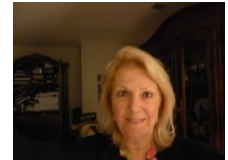


*Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com*

Our Vice President

We do not need to check the calendar to know that fall has arrived. Shorter days, cooler weather, falling leaves and changing landscape colors signal change. Mother nature is performing her magic again. Rain is in the forecast, and then comes snow??

Summer vacations are over and ski clubs are ramping up for this coming ski season. As your BAC Representative I have been checking all the upcoming trips, both domestic and International. There are too many to list here. Also, our Award-Winning Newsletter Editor, Dennie Warren, does a great job including flyers for most trips currently offered. If you have not committed to travel or are looking to add to your experiences, check out both FWSA.org and skibac.org websites for updates.



Anne Wilburn
Vice President

Much has been noted that the ski resorts are migrating toward annual passes; most popular are the Epic and Ikon passes. Window prices are rising and if you are a frequent slope visitor you will need to choose a pass to save money.

If you want to check out the latest gear and resort updates the **SnowBomb Shows** are as follows: San Francisco Pier 33, November 4-5; Santa Clara Fair Grounds, November 10-11; Sacramento Cal Expo, November 17-18.

Ski Magazine's research suggests taking a hard look at our equipment, mainly your boots. They recommend replacing your boots if you are a skier who skies 20 days or more each year to consider replacing your boots every 5 years and for those who ski less every 7 years.

Think Snow and I look forward to seeing you on the slopes.

Anne Wilburn



Upcoming Travel:

BEAVER CREEK: Feb. 9-16, 2019. We still may have an opening for 1 couple. Right now, we have 28 going.

RHINE RIVER CRUISE: May 5-15, 2019. A 7-night Riverboat Cruise from Amsterdam to Mainz, Germany. Now includes 2 extra nights in Amsterdam before the cruise. We have room for 40 CVSC members. 2 cabins left. Cat. C. See enclosed flyer.

ISRAEL: September 5-18, 2019. Many of you have been waiting for this trip. Right now all we are waiting for is the air and it's a little too early for that. I think it should be finalized sometime in October maybe sooner. We will also be visiting Petra & Jordan. More info and pricing soon.

2019 FWSA STEAMBOAT SKI WEEK..... Some of us will be joining BAC on the 2019 FWSA Ski Week to Steamboat Springs CO from February 2-9th, 2019. This will take place before the Castro Valley Beaver Creek trip.

If any of you are interested contact Gail Burns, BAC Travel. She only has 7 spots left. Tucker & I are signed up along with 6 other CVSC members that I know of. Flyer enclosed.

Gail Burns, BAC Travel Director

gailb3098@gmail.com - 650 255-7883

What's on the Horizon.....

Tucker & I will be checking out a bike and barge trip for a possible CVSC Trip down the road.

We are also looking at a Russian Riverboat Cruise on the Volga River from St. Petersburg to Moscow. This trip will take place in 2020.

Possibly Costa Rica again for those who missed it 20 years ago.

Happy Skiing & Travels.....



Tucker - CVSC Travel Director & Kathy
2657 Rivers Bend Circle, Livermore CA 94550
925-371-1910 tkhoffmann@comcast.net
cell # 510-329-4242

CVSC CST # 2081040

It is time to start working out and get in shape for the ski season!

Ski Workout - Get Ready for Skiing

These exercises are designed to help strengthen the muscles used in skiing - legs, abs, back and arms. It also challenges your balance, core strength and stability--all things that are challenged in skiing. Do this workout 2-3 nonconsecutive days a week or add some of the exercises to your usual workouts.

Squat with Front Sweep



Stand with feet hip-width apart and hold a med ball or dumbbell. Squat as low as you can (knees behind toes and abs contracted) and touch the ball to the floor. Press through the heels to press back up while sweeping the weight up and overhead. Keep the movement controlled and try not to use momentum.

Pushups/Side Planks



In pushup position (on knees or toes), perform one pushup. As you come up, shift weight to left arm, twist to the side while bringing the right arm up towards the ceiling in a side plank. Lower the arm back to the floor for another pushup and then twist to the other side.

Lunge On The Ball



Prop right shin on a ball (or step) behind you and bent front knee, slowly lowering into a lunge. Squeeze through the heels to raise back up, making sure knee is behind toe and torso is straight, abs in. Adjust the ball as needed to keep your knee behind your toe. Add dumbbells for more intensity.

Deadlifts with Row



Stand with feet hip-width apart holding weights in front of thighs. Keeping abs in and back straight, tip from the hips and lower the weight down (skimming the legs) as low as your flexibility allows. Squeeze to come up and then lower back down until torso is parallel to the floor, turn the hands so that they're parallel and pull the weights up in a row. Repeat, alternating deadlifts and rows for all reps.

Side to Side Lunge



Stand with feet wide, toes out slightly, holding weight at chest level. Lunge to the right, bending the right knee (keeping that knee behind the toe) and touching the weight to the floor while keeping the abs engaged, torso straight. Press back to start and lunge to the left, touching the ball to the floor. Take your time and try not to use momentum.

BOSU Squat Jumps



Stand in front of BOSU Balance Trainer or, if you don't have one, a step or low bench. Bend the knees and, keeping the body very low, jump onto the BOSU with both feet, landing in a squat with soft knees. Step down and repeat, moving as quickly as you can.

One-legged Balance with Tricep Kickback



Stand on right leg taking the left leg straight out behind you, both leg and torso parallel the floor. Bring the right elbow up next to your torso while holding a weight and, maintaining your balance, extend the elbow until the arm is straight by contracting the triceps. Maintain this position for all kickbacks and then switch sides

Ski Jumps



Stand with feet together. Bend the knees and jump to the right as far as you can--think of jumping laterally rather than vertically. Land with soft knees and immediately jump laterally to the left. Repeat.

Seated Row



Prop ball against a wall with bands on either side. Prop the feet against the ball with bent knees and sit up tall, handles in both hands. Keeping torso straight and abs engaged, squeeze shoulder blades together as you bend the elbows, pulling them just behind the torso. Release and repeat, keeping legs active so that the ball doesn't move.

Back Extension



Lie facedown with ball under your hips and lower torso. On toes or knees and with hands behind the head, lift chest off the ball, bringing your shoulders up until your body is in a straight line. Lower & repeat

Ball Rollout



Place your arms on the ball, parallel to one another. Pulling your belly button towards your spine and tightening your torso, slowly roll forward until your chest touches the ball. Keeping form, slowly pull your body back using your arms and abdominals. Don't collapse as you roll forward

(submitted by Sandy Beecher, Safety Chair)

FINAL CALL!

Get Your Membership Dues In Early and Receive A Discount!

Castro Valley Ski Club Members: Time is running out!
Get your renewal checks into me by October 31 and save.

Dues received by October 31 are \$35 for the first person and \$15 for each additional person in the same household for renewing members with NO lapse in membership.

After October 31, renewing members pay \$50 for the first person and \$20 for each additional person in the same household.

All NEW members pay \$50 for the first person and \$20 for each additional person in the same household.

Make checks payable to the Castro Valley Ski Club.

Please send membership application form, the signed waiver and the dues to:

Maggie Jong / VP Membership
2597 Wellingham DR.
Livermore, CA 94551





Membership Application

cvskiclub.org

October 1, 2018 thru September 30, 2019

PLEASE PRINT LEGIBLY:

Member's Name: _____ Birth Date: _____

Family Members in Same Household: _____ Relationship: _____ Birth Date: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Member's Phone No: (Home) _____ (Mobile) _____

Family Member's Phone No: (Home) _____ (Mobile) _____

E-mail Address: _____

(Please provide e-mail address to receive the club's newsletter 'CVSC SkiZette')

Emergency Contact: _____ Phone: _____

Address: _____

Membership Dues: Yearly - October 1st thru September 30th

☐ \$50.00 Primary Member / \$20.00 Each Additional Family Member *in Same Household.*

Discount: Membership Renewal discount if paid by October 31st with No Lapse in Membership.

☐ \$35.00 Primary Member / \$15.00 Each Additional Family Member *in Same Household.*

Check # _____ / Date: _____ / Amt Paid: _____

- Interested in Volunteering as our Club is only as Strong as its Volunteers?
☐ Chair/Host Social Activity ☐ Committee Volunteer ☐ Phone Committee ☐ Other
- New Member; how did you hear about our club? _____
- New members joining after July 1st, membership is valid thru Sept. of the following year.

**YOU MUST READ AND SIGN THE WAIVER AGREEMENT
OR YOUR APPLICATION CANNOT BE ACCEPTED!**

Please send the membership application, the signed waiver, and the dues to:
Maggie Jong, V.P. Membership
2597 Wellingham Drive, Livermore, CA 94551 / email: mozoro25@gmail.com
Make your check payable to the Castro Valley Ski Club.

RELEASE, WAIVER AND INDEMNITY AGREEMENT

In consideration of my being allowed to participate in CASTRO VALLEY SKI CLUB Events and Activities, I HEREBY AGREE AS FOLLOWS:

I HEREBY ASSUME ALL RISKS INVOLVED IN MY PARTICIPATION IN CASTRO VALLEY SKI CLUB EVENTS AND ACTIVITIES.

I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the Club members, its officers, participants, promoters, sanctioning organization or any subdivision thereof, owners and lessees of the premises used to conduct said events, and each of them, all for the purposes herein referred to as "release" from all liability to the undersigned, his/her personal representative, assignees, heirs, and next of kin for any and all loss or damage on account in injury (including death) or property.

I HEREBY AGREE TO INDEMNIFY, DEFEND, SAVE AND HOLD THE RELEASEES, AND EACH OF THEM, HARMLESS from and against any and all claims, losses, damages, liabilities and fees (including attorney's fees), damage to personal property, personal injury or death that any of them may incur as a result of, or relating to my participation at any event, and whether caused by the negligence of releasees or otherwise, and whether such claims, losses, damages, liabilities and fees (including attorney's fees) including any personal injury or death are brought against me or any of the releasees.

EACH OF THE UNDERSIGNED FURTHER EXPRESSLY AGREES that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by law in the State/Province in which the event is conducted and that if any portion thereof is held invalid it is agreed that the balance shall continue in full force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS RELEASE, WAIVER AND INDEMNITY AGREEMENT and further agrees no oral representations or inducements apart from the foregoing have been made.

I HAVE READ THIS RELEASE (ALL APPLICANTS MUST SIGN)

Parents or guardian must sign for those under 18 year of age.

(Signature)

(Date)

(Signature)

(Date)

(Signature)

(Date)

(Signature)

(Date)



CHRISTMAS TROLLEY DECEMBER 12th @ 5:00pm

CONCANNON WINERY
4590 TESLA RD LIVERMORE
\$40.00 PER PERSON
SPACE LIMITED TO 35 PEOPLE.

Come and enjoy a festive and fun night with good friends. Evening starts with food and wine tasting in our private room, then aboard the private trolley to see all the great Christmas lights in the Livermore Valley. YOU MAY LEAVE YOUR CAR AT CONCANNON.

Send check no later than December 6th to
Pat Green
4655 Cope Ct
Pleasanton, CA 94566

Any questions call Pat at 925-846-7250 also to find out if spaces filled if sending in check at last minute.





PlumpJack Squaw Valley Inn invites Ski Clubs to join us for the 2018-2019 ski season

Located steps from the ski lifts and Village at Squaw Valley.

No transportation needed to get to the ski area each day.

Complimentary hot breakfast buffet included in your room rate

On site restaurant and bar.

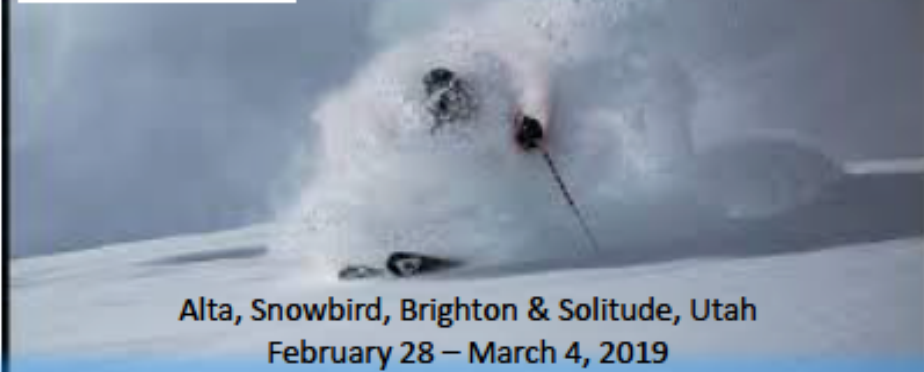
Resort amenities include hot tubs, modern work out facility, ski storage & valet.

Midweek room rates starting at \$245 per night (based on double occupancy).

For a custom quote please contact Rob McCormick at
rmccormick@plumpjack.com



The Bay Area Snow Sports Council Presents
A Mini Ski Week to:



Alta, Snowbird, Brighton & Solitude, Utah
February 28 – March 4, 2019

Utah is renown for its wonderful powder snow & epic mountain terrain! By staying at the base of Big & Little Cottonwood Canyons, our BAC skiers will be able to access four great Utah ski resorts!

Lodging & Amenities Package Includes:

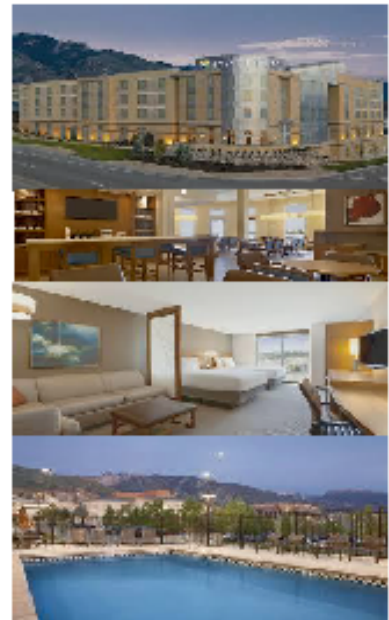
- ❖ 4 nights at the Hyatt Place Salt Lake City/Cottonwood – double occupancy - located at the entrance to Big and Little Cottonwood Canyons
- ❖ Hotel located only 20 minutes from the SLC Airport
- ❖ Welcome reception at Café Trio – across from the hotel
- ❖ Group dinner at upscale local restaurant on Saturday night
- ❖ Free daily hot breakfast
- ❖ Free hotel shuttle to ski bus transit center
- ❖ Free wifi & parking

Lodging & Amenities Package Pricing:

- ❖ \$545 per person – based on double occupancy in King or 2 Queen bed hotel rooms.
- ❖ Registration opens on September 28. To insure your spot on our exclusive BAC Mini Ski Week, send your \$200 deposit check, payable to BAC Travel, in with your completed Trip Preference Form & Waiver. You must be a member of a BAC Club to reserve a spot.

Not Included – Airfare, Lift Tickets & Ski Bus

- ❖ Airfare Options & Ground Transportation - Group & Individual airfare and airport transfer information to follow. Delta, United & Southwest all have non-stop flights from the Bay Area into SLC airport.
- ❖ Lift Tickets: Alta, Snowbird, Brighton & Solitude are all on the IKON pass; for those not on the IKON pass, group pricing may be available on individual tickets, but is not guaranteed. More to follow.
- ❖ Two Ski Buses for either Alta/Snowbird or Brighton/Solitude depart every 20-30 minutes with drop off in front of each resort. The Ski Bus stop is located 2 minutes from our hotel & the free hotel shuttle will drop you off at the stop where you can hop a bus. Ski bus tickets are nominal at around \$6.50 round trip.



BAC Trip Leader: Gail Burns

**Send your \$200 deposit
(payable to BAC Travel) to:**

**Cathy Wilson
BAC Utah Trip Assistant
1469 Firebird Way, Sunnyvale,
CA 94087**

BAC CST# 2050870-40

WARREN MILLER FILMS – 2018 - 'FACE OF WINTER'

Nov 6 – The Leshner Center for the Arts, Walnut Creek

Nov 7 and 8 – Palace of Fine Arts Theatre, San Francisco

Nov 9 – Crest Theatre, Sacramento

Nov 10 – Campbell Heritage Theatre, Campbell

Nov 14 – Amador Theater, Pleasanton

Nov 15 – California Theatre, Berkeley

Nov 16 – Castro Theatre, San Francisco

Nov 17 – Marin Center, San Rafael

Nov 23 – Mystic Theatre, Petaluma

Nov 24 – The Fox theatre, Redwood City

Pre-Sale tickets Available at

warrenmillerentertainment@e.warrenmiller.com



2018 Schedule

Snowbomb is excited to kick off our 12th annual Ski and Snowboard Festival Season.

Festival tickets go on sale August 31st, 2018

San Francisco

Santa Clara

Sacramento

Pier 35

Fair Grounds

Cal Expo

NOV 3-4

NOV 10-11

NOV 17-18

Free Lift tickets to Sierra-at-Tahoe, Bear Valley, China Peak, and a buy one get one free to Squaw Valley/Alpine Meadows!

Along with a great selection of ski and snowboard gear, entertainment & ski and snowboard reps, when you attend the Snowbomb Ski and Snowboard Festivals you get the opportunity for killer lift ticket deals. Join us this fall for the 2018 Ski & Board Festivals!

Festival tickets go on sale August 31st, 2018.

www.snowbomb.com



Far West Ski Association's 2019 Mini Ski Trip

March 24th to 29th, 2019

**Package prices start at:
\$475**

****Ask about discounted 4-day lift ticket or Ikon Pass Purchase****

*Price does NOT include air or ground transportation
"The Voice of the Western Skier"*



WITH A 75-YEAR HISTORY, WINTER PARK RESORT IS COLORADO'S LONGEST CONTINUALLY OPERATED SKI RESORT. OVER THE YEARS WE'VE BEEN KNOWN TO BE "EXTREMELY COLORADO," "AUTHENTIC COLORADO," AND "COLORADO'S FAVORITE." REGARDLESS OF WHAT YOU KNOW US AS, REST ASSURED WE'RE MORE THAN YOU IMAGINE!

EXPLORE THE 7 TERRITORIES FOR SKIING, WINTER PARK, EAGLE WIND, CIRQUE, VASQUEZ RIDGE, MARY JANE, PARSENN BOWL AND THE TERRAIN PARK. ALL JUST 67 MILES NORTHWEST OF DENVER AIRPORT

Contact: Gloria Raminha 661-800-8229 or 661-829-5996

Garski2011@gmail.com

Nancy Ellis – 530-582-0566 or 530-414-8261

Fwsatravelnancy@nbcglobal.net

FWSA CST #2038983-40

Included:

Five night's lodging
@ The Vintage Resort Hotel
Hotel Rooms
Welcome Reception
Farewell Party

Optional for Purchase:

4-Day Discounted Lift Tickets
Ikon Pass

Optional Activities:

Snowmobiling
Snowbiking
Coca Cola Tube Park
Ice Skating
Scenic Snowcat Tours
Dog Sled Rides
& More



Castro Valley Ski Club Radiant Rhine Cruise & Amsterdam May 5th-15th, 2019 - Amsterdam to Mainz Price \$3875

Includes 2 pre nights in Amsterdam, you would depart USA on May 5, arrive May 6 at 2PM, we board our cruise boat on May 8 after 4PM. Fly back to USA on May 15.

Included:

- 2 nights in Amsterdam before the Cruise at the Movenpick
- Round Trip air from SFO on Lufthansa
- 7-night cruise aboard the 5-star MS Crucevita (cat. C included in price)
- 22 meals: 9 buffet breakfasts, 6 lunches and 7 dinners
- Free wine, beer, or soda daily with lunch and dinner
- Captain's Welcome cocktail and Farewell dinner
- Total of 8 included sightseeing excursions (with audivox's)
- All on board activities and live music each evening
- Services like early riser breakfast, 24/7 coffee, afternoon cake and snacks
- Professional English-speaking Cruise manager and local guides throughout

Category C (included) main deck aft - panorama window -4 cabins available

Category B (+\$199 per person) main deck mid - panorama window - 6 cabins available

Category A (+\$449 per person) promenade deck, French balcony - 10 cabins available

Cruise Itinerary:

- 7-night cruise from Amsterdam to Mainz
- Amsterdam (Netherlands)
- Rotterdam (Netherlands)
- Cologne (Germany)
- Koblenz/Ruedesheim (Germany)
- Mannheim (Germany)
- Speyer/Worms (Germany)
- Strasbourg (France)
- Mainz (Germany)



What's not included:

Gratuities

Optional Tours

Travel Insurance (\$179/pp)

M/S Crucevita Cruise Ship

The M/S Crucevita was designed in an old world grand yacht style. Superb public areas, accented in oak and leather, include a panorama restaurant, cozy bar and lounge, a fire-place, a gym, sauna, library, and sun deck. The cabins area spacious 14 sq m (150 sq ft) and are fitted with beds that are stowed away during the day to create extra space to relax. All cabins include air-conditioning/heating that can be regulated individually, a multi-channel satellite TV with remote control, a mini safety deposit box, a telephone and a hair dryer. Cabins on Main deck have panorama windows while cabins on the upper Promenade deck will have new French balconies.

Deposit \$300 – non-refundable

Tucker Hoffmann – CVSC Travel Director – tkhoffmann@comcast.net

2657 Rivers Bend Circle, Livermore CA. 94550

CVSC CST # 2081040

FWSA 2019 Int'l. JAPAN Trip



Hakuba Valley Ski Resort – Home of the 1998 Nagano Olympics

Basic Ski Week: March 9-16, 2019 (SFO & LAX Group Air departs Mar. 8th)

Optional Pre-Trip to Niseko – March 4-8, 2019 (Min. of 22 & Max. of 32 & departs US Mar. 3rd)

Pre-trip must be combined with BASIC Hakuba Valley Trip – not sold separately

Optional Extension trip to Kanazawa, Kyoto & Tokyo

March 16-23, 2019



Experience the "LAND OF THE RISING SUN".
Enjoy the "LAND OF SAKE and CHERRY BLOSSOMS"



Why Japan? Where else can you have some of the best skiing in the world and use your **EPIC PASS!**



Why Japan? Where else can you enjoy such a rich and unique culture that spans thousands of years?

Here's why...Japan offers something for everyone, whether it's deep powder skiing, long winding groomed skiing, sightseeing in some of the ancient temples, or the Wild Monkey habitat, there is something to please everyone!

BASIC TRIP Land Package - The Tokyu Hotel (Not including Air Transportation or Lift Tickets)

- Approximate lodging package costs – starting at \$1720.00 per person based on double occupancy
- Pricing is based on exchange rate of 1USD vs. 110 Yen – subject to change
- Basic land package pricing is based on a min. of 86 people & the Extension pricing is based on a min. of 34 people – subject to change if requirements are not met. All local taxes are included
- Single Supplement rooms are available – quantities are limited.

Land Package Includes:

- All airport ground transfers with Multi-lingual guide meeting the FWSA Group Air people upon arrival
- 7 nights' accommodations with breakfast daily and Free Wi-Fi
- 5 Dinners – 2 nights **on your own** to dine at the local restaurants of your choice.
- Welcome/Orientation at the hotel **on the 2nd day after arrival** due to group's air late arrival time
- Special Ezura Goryu Drumming and Dinner Show, including bus transportation
- Complimentary **Mountain Escort for 3 hours on the 1st day of skiing** – groups of 20 max.
- Local guide at the hotel each evening for 1 hour
- Optional Day Tour and mid-week Après ski party – details to be provided

Air Transportation Information - It is HIGHLY recommended to use FWSA air transportation!

- Group Air - SFO & LAX air details to be provided
- Stand Alone Trip Air – contact Debbie Stewart
- Alternate airport and/or post trip deviations are available - they are limited)

*Air prices DO include estimated Fuel surcharges, Taxes and current Exchange Rate – subject to change.

If you are arranging your **OWN** flights but wish to take the FWSA bus transfers, you **MUST** coordinate your flight schedule with the FWSA group air schedule. No special alternate pick-up or drop offs by the bus will be permitted.

Make checks out to: Far West Ski Association (FWSA). Please reference "FWSA 2019 JAPAN Trip" on each check.

Send to: Debbie Stewart
FWSA VP of Int'l Travel
430 S. Church St.
Visalia, CA 93277

FwsaIntlTrvl@orodiv.net or cell: 559/737-0882

CST # 2036983-40



BAC 2019 FWSA Ski Week at Steamboat Springs, CO

February 2-9th, 2019 Registration: May 22nd, 2018

\$200 Deposit

Steamboat Springs Resort is renowned worldwide for its massive mountain range comprised of six peaks. Over the past five years, millions of dollars have been spent improving ski runs and chairlifts. The friendly down-home town is affectionately called "Ski Town USA". The locals and visitors alike agree that the resort has world class tree skiing and a wide variety of ski terrain. Our two condo resorts are conveniently located at the base area of the village nearby the Gondola. Historic town has great restaurants and local activities for both skiers & non-skiers.

7 nights Deluxe Condo Lodging at: Dulany at the Gondola \$1,305 per person or The Lodge at Steamboat \$1,105 per person in two or three bedroom units. Prices do not include lift ticket, airline tickets or ground transportation. Amenities included are:

- | | |
|----------------------------|------------------------|
| *Super Bowl Welcome Party | *Hosted Mountain Tours |
| *Council Night Dinner | *Racing/Council Team |
| *FWSA Banquet with Dancing | *Mountain Picnic |
| *Farewell Apres Party | *Pub Crawl |

**Group Lift Tickets: 5-Day Adult/Senior \$335; 6-Day Adult/Senior Tickets: \$381
Optional Group Air and Ground Transportation pricing to be announced.**

**Registration and Information Contact : Gail Burns, BAC Travel Director
123 Phillips Lane Woodside, CA 94062 gailb3098@gmail.com 650 255-7883**

**Must be a Member of Far West Ski Association or an affiliated Ski Club
FWSA CST#2036983-40 / BAC CST#20500870**

Castro Valley Ski Club

Presents

 *Beaver Creek. Not exactly roughing it.*



2019 CVSC Ski Week Beaver Creek, CO

Feb. 9-16, 2019

\$815

Package Includes:

- 7 Nights Lodging (dbl. occ.) at The Charter
- Porter Fees
- Welcome Wine & Cheese party
- Included CVSC dinner

note: air/transfers not included in this price

Lift tickets are **NOT INCLUDED** in this package;
If you need a 5 day lift ticket/5 resorts – add \$455

Free indoor parking
Bar & Restaurant on property
Walk to village



Send \$200 deposit to: (\$50 is non-refundable)
Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle, Livermore CA 94550

925-371-1910 tkhoffmann@comcast.net
CVSC CST # 2081040



2018/2019 Avid Skiers in Control

President
Vice President
VP Membership
VP Club Activities
Secretary
Treasurer
Newsletter Editor
Web Manager
Travel Director
Past President
Trustee

Claudia Fernandes 925-462-6573
Anne Wilburn 925-200-2801
Maggie Jong 925-447-5148
Pat Green 925 846-7250
Phyllis May 925-371-1667
Elizabeth Yagle 510-537-2099
Dennie Warren 510 759-3415
Ray Jong 925-447-5148
Tucker Hoffmann 925-371-1910
Karen Wehrman 510-538-2872
Kathy Hoffmann 925-371-1910

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mozoro25@gmail.com
greendm@comcast.net
phyllismay@comcast.net
e.and.w@sbcglobal.net
dennieluuu1@gmail.com
skibuff@comcast.net
Tuckerhoffmann@aol.com
kwehrman@comcast.net
tkhoffmann@comcast.net

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm
Open league racing: olrc.org
Weather: nws.mbay.net/home.html

Far West Racing Assoc: fwra.com
Web cams on the slopes: magnifeye.com
Road conditions: 1-800-427-7623
Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR OCTOBER, 2018



The next meeting will be at

Don Jose's Restaurant
Castro Valley, CA
(meeting starts @ 7:00 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS