## Castro Valley Ski Club Newsletter



Castro Valley, CA 94546 www.cvskiclub.org

# CVSC SkiZette

September, 2020



#### **EVENTS CALENDAR**

(f) = flyer in this issue



#### Inside this issue:

Sporting Goods 2 Exchange/ Greenhouse Marketplace/Pres Mssg E-bike Safety 3

Travel Update 4-6

CVSC 2022 Bali 7 trip

FWSA/BAC/ 8 CVSC 2021 Ski Week in Sun Valley, ID/FWSA 2021 Sun Valley, ID Ski Week

2021 CVSC Russia 9 River Cruise

CVSC Italy Bike & 10-13 Barge/Membership Notice/Membership Application/ Waiver

Avid Skiers in Back Control page

#### **SEPTEMBER**

9 CVSC board meeting at Anne's

No General Meeting

**OCTOBER** 

General Meeting TBD

**NOVEMBER** 

General Meeting TBD

**UPCOMING** 

2021:

1/30-2/6 CVSC Annual Ski Week to Sun Valley, ID (f) pg 8 7/19-31 CVSC Russia River Cruise (f) pg 9 8/21-28 CVSC Italy Bike & Barge (f) pg 10

#### **BAC/FWSA TRIPS**

Please visit websites for detailed information.

BAC Web site: skibac.org Far West Ski Assoc: fwsa.org

2021:

1/30-2/6 FWSA/BAC Annual Ski Week to Sun Valley, ID (f) pg 8



#### SEPTEMBER BIRTHDAYS

Jennifer Wilson	1
Dave Meinhardt	15
Valerie Caveglia	17
Helga Campbell	24
Kathy Johnson	27



Visit our Website at www.cvskiclub.org

## Castro Valley Ski Club Newsletter

### SkiZette Policy NEWSLETTER

**DEADLINE: 1st of the month** 

Articles submitted by this date will be included in the following month's newsletter.

Submit articles to:

Dennie Warren, Editor
email: dennieluuu1@gmail.com



Didn't get your newsletter? - Change of Address? - PLEASE Contact Maggie Jong, VP Membership email: mozoro25@gmail.com

## SPORTING GOODS EX-CHANGE

The newest thing in skis — BOOTSKIS — by Stolt — the evolution in ski equipment....

For a video & info on this please go to stoltski.com...

I have a pair of bootskis that I would like to give to anyone interested..... Please contact me @ dennieluuu1@gmail.com ....

### GREENHOUSE MARKET-PLACE

Do you do lots of canning (fruit — jams/jellies/preserves) and would like members to know about it — let me know & the word will go here!!!!!

Are you blessed with culinary expertise (make pies, special desserts, etc) and would like to share?? Also, let me know!!!!!

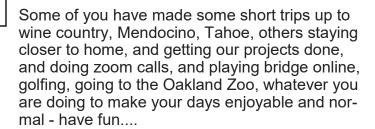
## **President's Message**

Hi everyone, another month has come and gone. I hope everyone is doing well and staying safe, cool and sane!

We have another heat wave this month and we are all trying to Claudia Fernandes find our "normal" while dealing with the pandemic, the heat, and the smoke but we will persevere, we're skiers- challenge is in our blood...

The board met- we discussed our coming year and our hopes and plans for the club, its members and our travels ahead...we are as optimistic as we can be for better days to come..

We do not know at this time if our Christmas trolley will be a go but Pat will keep us posted as the year progresses.



We will keep you posted what is happening with travel and future gatherings.

May your month be positive and your friends and family safe.

We miss our getting together but time will tell when we can gather again.

Best wishes to you all,

Claudia

<u>Electric bicycles</u> are a great way to get around. But as fun as ebikes are to ride, they still require attention to the best electric bicycle safety practices to ensure your fun rides can continue safely for as long as possible. Many electric bicycle safety tips are similar for standard cycling, but there are also some ebike specific tips that you should pay attention to each time you hit the road.

#### 1. Wear a helmet and proper clothing

This tip is pretty simple but could save your life one day. Let's just say, if your head is going to go bouncing off a car windshield or scraping along the road surface, it's probably best that it be covered by something more than a baseball cap. Full face helmet with a face shield that flips up gives you lots of benefits including:

- all around protection
- sun protection (tinted screen and the upper lip physically blocks the sun from your eyes)
- keeps you warm in the winter
- Full face helmets do have some downsides though, including higher cost, somewhat limited visibility and that they
  get HOT in the summer.
- Wear closed shoes and if you are wearing loose pants, be sure to secure the bottom so your pants will not get caught in the chain.

#### 2. Use your lights

Use at least one blinking front (white) and rear (red) LED light on your ebike. An additional light on your helmet is even better. Anything that makes you more visible at night will greatly decrease your chances of being hit by a car.

#### 3. Use warning devices

Install both a bell AND a horn on your bike. Bells are for warning pedestrians and horns are for warning cars.

#### 4. Ride on the proper side of the road, with traffic, not against it

Don't be this guy – ride in the correct direction of the road!

This might sound obvious, but a lot of people believe it's better to ride against traffic so that you see cars coming towards you and they can't sneak up and hit you from behind. However, that type of rear end bicycle collision is incredibly rare compared to all other types of bicycle accidents. One study I read stated that those types of rear-ended-by-a-passing-car collisions make up just 2% of all bicycle traffic accidents.

#### 5. Keep your tires properly inflated

Not only does this help you improve your ebike range, but it will also give you better control should you need to react quickly to avoid a collision. Keep your tires topped off so you have the best chance to staving off a crash when milliseconds count. While you're at it, check your tire tread and make sure your tires aren't bald. Worn tires and ebikes are a bad combination due to all that extra power you're packing. You definitely don't want to lose grip with the road when you need it most (or pretty much ever, for that matter).

#### 6. Be a defensive driver

Drive defensively and assume other drivers are out to get you. To be fair, they usually aren't actively gunning for you, but sometimes it might appear that way due to their misjudging your speed on an ebike. Concentrate on the path ahead. Avoid pot holes, gravel, wet or oily roads, obstacles, hazards and puncture risks.

- Expect the unexpected when a car opens a door or backing out of a driveway. Be careful at intersections and when preparing to pass a vehicle.
- Familiarize yourself with all the features and operations of the bike. Practice and become proficient at shifting gears
  and applying brakes, power assist system, and using the throttle in controlled settings before riding in riskier conditions.
- When applying brakes, apply the rear brake first and then the front brake. If brakes are not applied correctly, they will lock up and you could lose control.
- 7. Use a mirror. Always try to look behind you or check in your mirror before moving further out into the lane. Compact cars are getting quieter and ever more popular electric cars are nearly silent. You often have no idea a car is coming up behind you and accidentally moving out in front of one is much more common than you might guess
- **8.** Make eye contact with other drivers, especially at intersections. Many bicycle accidents occur at intersections simply because a cyclist wrongly assumed a driver saw him. Never assume a driver knows you are there unless you specifically make eye contact with him. Even then, keep a healthy amount of doubt remember tip #7. Intersections are dangerous places for bicycles/ebikes so it's vital that you do everything you can to ensure other drivers know you are there. Riding an ebike should be a pleasurable experience. Staying safe is your best bet to keep it that way. For a great run-down of the most common ways bikes and cars meet and how to avoid them check out <a href="BicycleSafe.com">BicycleSafe.com</a>. Everything covered there is just as important for electric bicycle safety as for normal bicycles.

(submitted by Sandy Beecher, Safety Chair)



Not much new going on right now except for the Bali trip.

- Sun Valley is still a go and FWSA is closely monitoring the situation.
- FWSA also has a Mini Trip to Zermatt, Utah, starting at \$550. Price does NOT include air or ground transportation.
- Russia will be the end of July. We are full at this time.
- If you're interested in the Bike & Barge we still may be able to fit you in. Send me an e-mail.
   This is a really fun trip!
- I have put out the info (by popular demand) on our Bali trip in 2022 and many of you have already sent in your deposits. Keep in mind the deposit is totally refundable at this time.

SUN VALLEY: \$1325 - see flyer

### North American FWSA Ski Week Sun Valley, Idaho January 30 - February 6, 2021



Sun Valley has more than 3,400 vertical feet and over 2,000 acres of varied terrain on two mountains. Bald Mountain's consistent pitch, lack of lift lines, and variety of terrain has earned it the reputation as one of the world's best ski mountains. Sun Valley is known for their snowmaking and groomed runs. They have snowmaking on 646 acres and groomed runs on 810 acres.

#### Includes:

- 7- nights' accommodations
- FREE shuttle service to mountain
- Welcome Party
- Mountain Picnic
- Racing
- BAC Council Party
- Mountain Tours
- Banquet & Dancing
- Friday Après Party
- Council Team Racing



#### RUSSIAN RIVERBOAT CRUISE: July 19-31, 2021

The whole group has been moved to next year. We will now be on a different boat, the MS Nizhny Novgorod. It was newly refurbished in 2019. I sent out some updated info mid August. I hope you all got it.

## Breathtaking Bali with the Castro Valley Ski Club \$2999

May 15-26, 2022

#### YOUR TOUR INCLUDES

- · Round-trip international airfare from Los Angeles or San Francisco
- Airfare taxes, fees & fuel surcharges
   Ground transportation in an air-conditioned motor coach
   Accommodations at first-class hotels and beach resort
- 15 meals: 9 breakfasts, 4 lunches, and 2 dinners (may be adding more)
- Comprehensive sightseeing tours including admission fees as indicated in the itinerary
- · Professional, English-speaking Tour Director throughout
- Refillable water bottle provided at the start of the tour
- TIPS & More.....

#### ITINERARY AT A GLANCE

- 2 nights in Ubud
- 2 nights in Candidasa
- 2 nights in Munduk
- 3 nights in Sanur

#### TOUR HIGHLIGHTS

- Tanah Lot Temple at sunset
- Participate in a traditional Balinese purification ceremony in holy spring water (Sebatu Village)
- Traditional Balinese cooking class with a professional chef
- · Visit to Bali Aga, home of Bali's original inhabitants
- Besakih Temple (the Mother Temple)
- Goddess of the Lake Temple (Ulun Danu)
- Waterfalls at Munduk

Don't miss out, email us to get on the list if you are interested. We have about 8 spots left.

Travel insurance will be available on this trip;

- Basic plan \$179 per person
- Upgraded plan CFAR \$329 per person (Cancel For Any Reason) Insurance premium is non-refundable.







Send your refundable \$300 deposit to: Tucker Hoffmann 2657 Rivers Bend Circle, Livermore CA 94550 tkhoffmann@comcast.net

## ITALY BIKE & BARGE - \$1625 - see flyer Aug. 21-29, 2021



We are chartering the whole boat. Let us know if you are interested in getting on the wait list. We may have a spot for a single guy or a couple. Deposit is non-refundable

Cycle along the River PO in Northern Italy, visiting celebrated cities of art, a prime nature reserve and charming rural hamlets. Relax at night on your private barge, enjoying the scenery. Your tour comes with all meals, guided tours of Venice and Mantua, a bike and helmet & more.

#### Aboard Ave Maria

Blending nature, culture and fine cuisine, this leisurely bike and barge tour along the waterways of the River Po offers more than just a taste of Northern Italy. It explores celebrated cities of art, one of Europe's prime Nature Reserves and a wealth of tucked-away rural hamlets along the route, rewarding our daily rides with authentic regional dishes back on board. From the glory of Venice, the lagoon leads us to colorful Chioggia. Next up, the natural wonders of the Po Delta, famed for its birdlife. Then Adria, once a key Roman port, and onwards to Ferrara and Mantua – once major city states crowned by the Italian Renaissance.



Happy Skiing & Travels.....

Tucker - CVSC Travel Director & Kathy 2657 Rivers Bend Circle, Livermore CA 94550

> tkhoffmann@comcast.net cell # 510-329-4242

CVSC CST # 2081040

## 2022 Castro Valley Ski Club presents

## **Breathtaking Bali**



## \$2999

#### Your tour of Bali includes:

- · Round-trip international airfare from LAX or SFO
- · Airfare taxes, fees & fuel surcharges
- · Ground transportation in an air-conditioned motor coach
- · Accommodations at first-class hotels and beach resort
- · 15 meals: 9 breakfasts, 4 lunches, and 2 dinners (looking to add more)
- · Comprehensive sightseeing tours with admission fees as peritinerary
- Professional, English-speaking Tour Director throughout
- · Refillable water bottle provided at the start of the tour
- Tips & More

#### Travel Insurance:

- · Basic plan \$179 per person
- Upgraded plan to Cancel For Any Reason, \$329 per person, due with or prior to final payment. Insurance premium is non-refundable

Single occupancy supplement is \$499

Send \$300 per person refundable deposit to:

Tucker Hoffmann - CVSC Travel Director 2657 Rivers Bend Circle Livermore, CA 94550 925-371-1910 or 510-329-4242 <u>tkhoffmann@comcast.net</u>

CV5C C5T # 2081040

## North American FWSA/BAC/CVSC Ski Week 2021 Sun Valley, Idaho



January 30 - February 6, 2021

Sun Valley Inn - King Bed Hotel Room. \$1,315.00 per person - upon request Sun Valley Inn - 2 Queen Bed Hotel Room \$1,315.00 - 2 rooms available

Sun Valley Lodge Apts. 2 bdr/2ba \$1,315.00 per person - sold out Sun Valley Lodge Apts. 3 bdr/3ba \$1,315.00 - sold out

August 10, 2020: \$500 Payment Oct. 1, 2020: Final Payment:

Cancellation Policy: Must be in writing. Deposits fully refunded up to October 10th. \$400 fee applies if cancelled from October 10 - December 10, 2020. No refunds after December 10, 2020 unless we can find a replacement for your room & lift tickets.

Trip Cancellation Insurance is recommended.

#### Includes

- · 7- nights' accommodations
- · FREE shuttle service to mountain
- Welcome Party
- Mountain Picnic
- · BAC Council Party
- Mountain Tours
- Banquet & Dancing
- Friday Après Party
- · Council Team Racing

#### Optional:

- 5 day Lift Ticket \$345 or 6 day \$393
- · Optional Group Air and Ground Transportation pricing to be announced.

Air & ground transportation not included in this price

Checks made out to CVSC and mailed to:

Tucker Hoffmann 2657 Rivers Bend Circle. Livermore CA 94550

tkhoffmann@comcast.net 510-329-6838

CVSC CST # 2081040



"The Voice of the Western Skier"



FOUNDED 1930

## Far West Ski Association's

2021 Mini Ski Trip

March 21-26, 2021

## Zermatt Utah Resort & Spa



TRIP PACKAGE PRICE STARTING AT

Price does NOT include air or ground transportation

\$25 discount if you book by September 30, 2020

## Included:

Five night's lodging

- · 2 Queen Alpine Room or
- 2 Queen Deluxe Alpine Room or
- · 2-bedroom Villa Welcome Reception Farewell Party Happy Hours

### Optional for Purchase:

- · 1 or 2- day lift tickets Deer Valley& Park City Ski Resorts
- · 1-day lift ficket Sundance
- IKON Pass

## Optional Activities:

- Crater Hot Springs
- Spa Services
- · Hot Tubs
- Sleigh Rides
- Ice Skating
- Tubing



4-STAR HOTEL AND VILLA PROPERTY WITH A FULL- SERVICE SPA AND WELLNESS CENTER, INDOOR/OUTDOOR POOL, HOT TUBS, 2 RESTAURANTS, A BAR, AND BAKERY, ALL ON SITE. RESORT IS 45 MINUTES FROM SALT LAKE INT'L AIRPORT; 11 MINUTES FROM DEER VALLEY SKI RESORT, AND 18 MINUTES FROM PARK CITY MOUNTAIN, SUNDANCE RESORT SKIING IS JUST 20 MINUTES AWAY.

ENJOY A SOAK IN A 19,000-YEAR OLD CRATER HOT SPRINGS!

Contact: Gloria Raminha 661-800-8229 or 661-829-5996 Garski2011@gmail.com Nancy Ellis - 530-582-0566 or 530-414-8261 Fwsatravelnancy@sbcglobal.net

FWSA CST #2036983-40

## Castro Valley Ski Club

## Russian River Cruise with Emerald Waterways

Moscow • Uglich • Yaroslavl • Goritsy • Kizhi • Mandrogi • St. Petersburg

July 19-31st, 2021- SOLD OUT



#### Price from \$5464

#### Includes:

- RT Air from SFO & LAX
- 32 Meals (11 breakfasts, 10 lunches and 11 dinners)
- Airport transfers on tour dates when air is provided by Mayflower Cruises & Tours
   Fully escorted by an English-speaking Tour / Cruise Director
- Eleven-night cruise aboard the MS Nizhny Novgorod
- All gratuities onboard and onshore
- Shore excursions with English-speaking local guides
- Personal listening device for excursions
- Visits to many UNESCO World Heritage Sites
- · Selection of complimentary drinks to accompany meals
- Variety of onboard entertainment
- All port charges included

#### WHAT IS NOT INCLUDED:

- Travel Insurance
- Russian Visa

Make Checks payable to Castro Valley Ski Club (CVSC) Send payments to:

Tucker Hoffmann, CVSC Travel 2657 Rivers Bend Circle, Livermore CA. 94550 Phone 925-371-1910 Cell 510-329-4242 Email: tkhoffmann@comcast.net

CVSC CST # 2081040



## AUGUST 21-29,2021

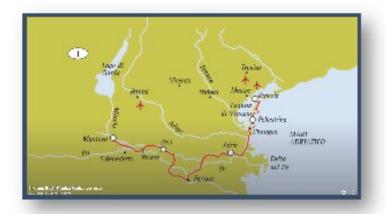
\$1,625 PER PERSON DOUBLE OCCUPANCY

#### INCLUDED:

- 8 day 7 nights
- Unisex Citybike Bike & Helmet
- Daily Breakfast, Lunch & Dinner, Coffee/Tea
- Guided visit in Venice and Mantua
- · Visit a cheese factory w/ tasting of Grana Padano
- Visit Carousel & Street Entertainment Museum
- Boat Excursionin Mincio Park Nature Reserve

#### NOT INCLUDED:

- Airfare & Ground Transportation
- Tips
- eBikes available for \$100
- Beverages on board (alcohol, soda, etc.)



### \$400 deposit per person made out to CVSC to get on waiting list

Tucker & Kathy Hoffmann

2657 Rivers Bend Circle, Livermore CA 94550

tkhoffmann@comcast.net

CVSC CST # 2081040

## **Castro Valley Ski Club Annual Membership Drive**

We know these are difficult times for everyone, yet we are still optimistic about the better times to come. Sign up now and join your friends.

Membership dues now being accepted!

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- Paid by October 31: Renewing members with no lapse in membership pay \$35 for the first person and \$15 for each additional person in the same household.
- After October 31: Renewing members pay \$50 for the first person and \$20 for each additional person in the same household.
- All <u>NEW</u> members pay \$50 for the first person and \$20 for each additional person in the same household.

Our monthly <u>SkiZette</u> newsletter will keep you abreast of what is happening in the club. Check out our web page where you can find copies of the SkiZette as well as our newest membership application and waiver form at: **www.cvskiclub.org**.

Make your check payable to the **Castro Valley Ski Club**. **Send dues, membership application and the signed waiver to:** 

Maggie Jong / VP Membership 2597 Wellingham Dr. Livermore, CA 94551



## Membership Application

cvskiclub.org

## October 1, 2020 thru September 30, 2021

#### PLEASE PRINT LEGIBLY:

Member's Name:	Birth Date:		
Family Members signing up in Same Household:	Relationship:	Birth Date:	
Home Address:			
City:	State:	Zip:	
Member's Phone No: (Home)	(Mobile)		
Family Member's Phone No: (Home)	(Mobile)		
E-mail Address:			
(Please provide e-mail address to re	eceive the club's news	letter 'CVSC SkiZette')	
Emergency Contact:	Phone:		
Address:			
Membership Dues: Yearly - October 1 <sup>st</sup> thru Septen  ☐ \$50.00 Primary Member / \$20.00 Each Addition		Same Household.	
Discount: Membership Renewal discount if paid by □ \$35.00 Primary Member / \$15.00 Each Addition			
Check #	/ Date:/	Amt Paid:	
Interested in Volunteering as our Club is only as     □ Chair/Host Social Activity □ Committee V	_	_	
New Member; how did you hear about our club?			
New members joining after July 1 <sup>st</sup> , membership	is valid thru Sept. of	the following year.	

## Be sure to return the <u>Membership Application</u> and signed <u>Waiver Agreement</u> along with your check.

Please send the membership application, the signed waver, and the dues to:

Maggie Jong, V.P. Membership

2597 Wellingham Drive, Livermore, CA 94551 / email: mozoro25@gmail.com

Make your check payable to the Castro Valley Ski Club.

#### RELEASE, WAIVER AND INDEMNITY AGREEMENT

In consideration of my being allowed to participate in CASTRO VALLEY SKI CLUB Events and Activities. I HEREBY AGREE AS FOLLOWS:

I HEREBY ASSUME ALL RISKS INVOLVED IN MY PARTICIPATION IN CASTRO VALLEY SKI CLUB EVENTS AND ACTIVITIES

I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the Club members, its officers, participants, promoters, sanctioning organization or any subdivision thereof, owners and lessees of the premises used to conduct said events, and each of them, all for the purposes herein referred to as "release" from all liability to the undersigned, his/her personal representative, assignees, heirs, and next of kin for any and all loss or damage on account in injury (including death) or property.

I HEREBY AGREE TO INDEMNIFY, DEFEND, SAVE AND HOLD THE RELEASEES, AND EACH OF THEM, HARMLESS from and against any and all claims, losses, damages, liabilities and fees (including attorney's fees), damage to personal property, personal injury or death that any of them may incur as a result of, or relating to my participation at any event, and whether caused by the negligence of releasees or otherwise, and whether such claims, losses, damages, liabilities and fees (including attorney's fees) including any personal injury or death are brought against me or any of the releasees.

EACH OF THE UNDERSIGNED FURTHER EXPRESSLY AGREES that the foregoing release, waiver and indemnity agreement is <u>intended to be as broad and inclusive as is permitted by law</u> in the State/Province in which the event is conducted and that if <u>any portion thereof is held invalid</u> it is agreed that the <u>balance shall continue in full force and effect</u>.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS RELEASE, WAIVER AND INDEMNITY AGREEMENT and further agrees no oral representations or inducements apart from the foregoing have been made.

I HAVE READ THIS RELEASE (ALL APPLICANTS MUST SIGN)

Parents or guardian must sign for those under 18 year of age.

(Signature)	(Date)
(Signature)	(Date)
(Signature)	(Date)
(Signature)	(Date)



## 2020/2021 Avid Skiers in Control

Claudia Fernandes Anne Wilburn President 510-435-5263 Claudia.fernandes4108@gmail.com Vice President 925-200-2801 annewilburn@comcast.net 925-447-5148 **VP Membership** Maggie Jong mozoro25@gmail.com VP Club Activities 925 846-7250 greendm@comcast.net Pat Green **Phyllis May** Secretary 925-371-1667 phyllismay@comcast.net Treasurer/Web Manager Ray Jong 925-447-5148 skibuff@comcast.net Newsletter Editor Dennie Warren 510-759-3415 dennieluuu1@gmail.com Tucker Hoffmann **Travel Director** 925-371-1910 Tuckerhoffmann@aol.com Karen Wehrman **Past President** 510-538-2872 kwehrman@comcast.net Trustee Kathy Hoffmann 925-371-1910 tkhoffmann@comcast.net Trustee Paula Kinahon 510-910-2707 pkinahon@gmail.com Safety Chair Sandy Beecher 707-479-6272 srbeecher@aol.com

WEBSITE: www.cvskiclub.org

#### **WEBSITES & PHONE NUMBERS**

Singles league racing:

Siracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & tahoeskitrips.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR SEPTEMBER, 2020



There will be no meeting in September.

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES

First With Safety Awareness Slogan award sponsored by:



**ASPEN & SNOWMASS**