



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

July, 2021



EVENTS CALENDAR

(f) = flyer in this issue



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Avid Skiers in Control Back page

JULY

21 CVSC General Meeting at Lake Chabot (details forthcoming)

AUGUST

4 CVSC Board meeting at Kathy & Tuckers'
21-28 CVSC Italy Bike & Barge (f) pg 7
General Meeting TBD

SEPTEMBER

8 CVSC Board meeting TBD
General Meeting TBD

UPCOMING

2022:
1-22-29 CVSC Aspen Snowmass Ski Week, Snowmass, CO (f) pg 10
5/15-26 CVSC Bali trip (f) pg 12
7/11-23 CVSC Russia River Cruise (f) pg 13

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

10/7-10 FWSA 88th Annual Convention, San Diego, CA (f) pg 8
10/9-16 FWSA 11th Annual Scuba Dive Trip, Roatan, Honduras (f) pg 9

2022:
3/20-25 FWSA Mini Ski Trip to Zermatt, UT (f) pg 11

Sherri Reid	10	Anne Wilburn	25
Lynda Nestlebusch	15	Phyllis May	25
Walter Johnson	18	Jim Silva	27
Keith Wilson	20	Roy Faulhaber	29

JULY BIRTHDAYS

Visit our Website at www.cvskiclub.org



SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@gmail.com



*Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com*

SPORTING GOODS EXCHANGE

Got any sporting equipment (i.e. skis, snowboards) and/or clothing that you no longer can use, don't want, etc..... let me know & I'll put it here!!!!

OR.... If you need the above let me know as well!!!

This also goes for winter/ski cabins that you'd like to offer for rent or are looking for same.... Let me know!!!!

GREENHOUSE MARKET-PLACE

Do you do lots of canning (fruit — jams/ jellies/preserves) and would like members to know about it — let me know & the word will go here!!!!

Are you blessed with culinary expertise (make pies, special desserts, etc) and would like to share?? Also, let me know!!!!

President's Message

Happy summer everyone!

Things are opening up and we plan to have our first in person meeting at Lake Chabot this month. So please plan on joining us for some get together fun. We've missed seeing everyone.



Claudia Fernandes
President

We know that the drought may have some effect on our picnic but it is day to day regarding fire danger so please come prepared to eat food that may not need bbq. Salad ,pizza etc. we are hoping to bbq but we can't be sure.

We had an event recently at Casa Orozco and had a

great turnout, more events are coming, but so glad so many of you were able to make it. Thank you Kathy for planning this.

Pat is working on another event soon. So keep an eye out for more information.

The FWSA convention is coming up and we need to know who is attending and assigning delegate spots based on our membership numbers. Please let me know if you are interested in being a delegate or alternate.

As we continue to reopen our lives and find our new normal, be safe and take care.

Best wishes to you all for a wonderful summer!

Claudia

Castro Valley Ski Club Annual Membership Drive

We are bouncing back to normalcy!

Our CVSC membership drive is now under way.

Sign up now and join your friends.

Membership dues now being accepted!

Paid by October 31: Renewing members with no lapse in membership pay \$35 for the first person and \$15 for each additional person in the same household.

After October 31: Renewing members pay \$50 for the first person and \$20 for each additional person in the same household.

All NEW members pay \$50 for the first person and \$20 for each additional person in the same household.

Our monthly SkiZette newsletter will keep you abreast of what is happening in the club. Check out our web page where you can find copies of the SkiZette as well as our membership application and waiver form at: **www.cvskiclub.org**.

Make your check payable to the **Castro Valley Ski Club**.
Send dues, membership application and the signed waiver to:

Maggie Jong / VP Membership
2597 Wellingham Dr. Livermore, CA 94551



Membership Application

cvskiclub.org

October 1, 2021 thru September 30, 2022

PLEASE PRINT LEGIBLY:

Member's Name: _____ Birth Date: _____

Family Members signing up in Same Household: _____ Relationship: _____ Birth Date: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Member's Phone No: (Home) _____ (Mobile) _____

Family Member's Phone No: (Home) _____ (Mobile) _____

E-mail Address: _____

(Please provide e-mail address to receive the club's newsletter 'CVSC SkiZette')

Emergency Contact: _____ Phone: _____

Address: _____

Membership Dues: Yearly - October 1st thru September 30th

☐ \$50.00 Primary Member / \$20.00 Each Additional Family Member in Same Household.

Discount: *Membership Renewal discount if paid by October 31st with No Lapse in Membership.*

☐ \$35.00 Primary Member / \$15.00 Each Additional Family Member in Same Household.

Check # _____ / Date: _____ / Amt Paid: _____

- Interested in Volunteering as our Club is only as Strong as its Volunteers?
☐ Chair/Host Social Activity ☐ Committee Volunteer ☐ Phone Committee ☐ Other
- New Member; how did you hear about our club? _____
- New members joining after July 1st, membership is valid thru Sept. of the following year.

**YOU MUST READ AND SIGN THE WAIVER AGREEMENT
OR YOUR APPLICATION CANNOT BE ACCEPTED!**

Please send the membership application, the signed waiver, and the dues to:

Maggie Jong, V.P. Membership

2597 Wellingham Drive, Livermore, CA 94551 / email: mozoro25@gmail.com

Make your check payable to the Castro Valley Ski Club.

RELEASE, WAIVER AND INDEMNITY AGREEMENT

In consideration of my being allowed to participate in CASTRO VALLEY SKI CLUB Events and Activities, I HEREBY AGREE AS FOLLOWS:

I HEREBY ASSUME ALL RISKS INVOLVED IN MY PARTICIPATION IN CASTRO VALLEY SKI CLUB EVENTS AND ACTIVITIES.

I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the Club members, its officers, participants, promoters, sanctioning organization or any subdivision thereof, owners and lessees of the premises used to conduct said events, and each of them, all for the purposes herein referred to as "release" from all liability to the undersigned, his/her personal representative, assignees, heirs, and next of kin for any and all loss or damage on account in injury (including death) or property.

I HEREBY AGREE TO INDEMNIFY, DEFEND, SAVE AND HOLD THE RELEASEES, AND EACH OF THEM, HARMLESS from and against any and all claims, losses, damages, liabilities and fees (including attorney's fees), damage to personal property, personal injury or death that any of them may incur as a result of, or relating to my participation at any event, and whether caused by the negligence of releasees or otherwise, and whether such claims, losses, damages, liabilities and fees (including attorney's fees) including any personal injury or death are brought against me or any of the releasees.

EACH OF THE UNDERSIGNED FURTHER EXPRESSLY AGREES that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as is permitted by law in the State/Province in which the event is conducted and that if any portion thereof is held invalid it is agreed that the balance shall continue in full force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THIS RELEASE, WAIVER AND INDEMNITY AGREEMENT and further agrees no oral representations or inducements apart from the foregoing have been made.

I HAVE READ THIS RELEASE (ALL APPLICANTS MUST SIGN)

Parents or guardian must sign for those under 18 year of age.

(Signature) (Date)

(Signature) (Date)

(Signature) (Date)

(Signature) (Date)

ELECTRIC BICYCLE SAFETY

Electric bicycles are a great way to get around. But as fun as ebikes are to ride, they still require attention to the best electric bicycle safety practices to ensure your fun rides can continue safely for as long as possible. Many electric bicycle safety tips are similar for standard cycling, but there are also some ebike specific tips that you should pay attention to each time you hit the road.

1. Wear a helmet and proper clothing

This tip is pretty simple but could save your life one day. Let's just say, if your head is going to go bouncing off a car windshield or scraping along the road surface, it's probably best that it be covered by something more than a baseball cap.

Full face helmet with a face shield that flips up give you lots of benefits including:

- all around protection
- sun protection (tinted screen and the upper lip physically blocks the sun from your eyes)
- keeps you warm in the winter
- Full face helmets do have some downsides though, including higher cost, somewhat limited visibility and that they get HOT in the summer.
- Wear closed shoes and if you are wearing loose pants, be sure to secure the bottom so your pants will not get caught in the chain.

2. Use your lights

Use *at least* one blinking front (white) and rear (red) LED light on your ebike. An additional light on your helmet is even better. Anything that makes you more visible at night will greatly decrease your chances of being hit by a car.

3. Use warning devices

Install both a bell AND a horn on your bike. Bells are for warning pedestrians and horns are for warning cars.

4. Ride on the proper side of the road, with traffic, not against it

Don't be this guy – ride in the correct direction of the road!

This might sound obvious, but a lot of people believe it's better to ride against traffic so that you see cars coming towards you and they can't sneak up and hit you from behind. However, that type of rear end bicycle collision is incredibly rare compared to all other types of bicycle accidents. One study I read stated that those types of rear-ended-by-a-passing-car collisions make up just 2% of all bicycle traffic accidents.

5. Keep your tires properly inflated

Not only does this **help** you improve your ebike range, but it will also give you better control should you need to react quickly to avoid a collision. Keep your tires topped off so you have the best chance to staving off a crash when milliseconds count. While you're at it, check your tire tread and make sure your tires aren't bald. Worn tires and ebikes are a bad combination due to all that extra power you're packing. You definitely don't want to lose grip with the road when you need it most (or pretty much ever, for that matter).

6. Be a defensive driver

Drive defensively and assume other drivers are out to get you. To be fair, they usually aren't actively gunning for you, but sometimes it might appear that way due to their misjudging your speed on an ebike. Concentrate on path ahead. Avoid pot holes, gravel, wet or oily roads, obstacles, hazards and puncture risks.

- Expect the unexpected when a car opens a door or backing out a drive way. Be careful at intersections and when preparing to pass a vehicle.
- Familiarize yourself with all the features and operations of the bike. Practice and become proficient at shifting gears and applying brakes, power assist system, and using the throttle in controlled setting before riding in riskier conditions.
- When applying brakes, apply the rear brake first and then the front brake. If brakes are not applied correctly, they will lock up and you could lose control

7. Use a mirror

Always try to look behind you or check in your mirror before moving further out into the lane. Compact cars are getting quieter and ever more popular electric cars are nearly silent. You often have no idea a car is coming up behind you and accidentally moving out in front of one is much more common than you might guess.

8. Make eye contact with other drivers, especially at intersections

Many bicycle accidents occur at intersections simply because a cyclist wrongly assumed a driver saw him. Never assume a driver knows you are there unless you specifically make eye contact with him. Even then, keep a healthy amount of doubt – remember tip #7. Intersections are dangerous places for bicycles/ebikes so it's vital that you do everything you can to ensure other drivers know you are there. Riding an ebike should be a pleasurable experience. Staying safe is your best bet to keep it that way. For a great run-down of the most common ways bikes and cars meet – and how to avoid them – check out BicycleSafe.com. Everything covered there is just as important for electric bicycle safety as for normal bicycles.

(submitted by Sandy Beecher, Safety Chair)

CVSC BIKE & BARGE VENICE to MANTUA, ITALY



AUGUST 21-28, 2021

\$1,625 PER PERSON DOUBLE OCCUPANCY

INCLUDED:

- 8 day - 7 nights
- Unisex Citybike Bike & Helmet
- Daily Breakfast, Lunch & Dinner, Coffee/Tea
- Guided visit in Venice and Mantua
- Visit a cheese factory w/ tasting of Grana Padano
- Visit Carousel & Street Entertainment Museum
- Boat Excursion in Mincio Park Nature Reserve

NOT INCLUDED:

- Airfare & Ground Transportation
- Tips
- eBikes available for \$100
- Beverages on board (alcohol, soda, etc.)



\$400 deposit per person made out to CVSC to get on waiting list

Tucker & Kathy Hoffmann
2657 Rivers Bend Circle, Livermore CA 94550
tkhoffmann@comcast.net

CVSC CST # 2081040

"The Voice of the Western Skier"



88th Annual Far West Ski Association Convention

October 7 - 10, 2021

at the
San Diego Marriott Mission Valley

Hosted by the *San Diego Council of Ski Clubs*



San Diego Marriott Mission Valley

8757 Rio San Diego Dr, San Diego, CA 92108

Reservations www.marriott.com/sanmv or

call 800-228-9290, Group Name: **Far West Ski Association.**

Room Rates per night plus tax single or double occupancy —
\$159 per night

Room Registration Deadline September 13, 2021

Hotel Features

- Located a block from the San Diego River, near I-8 and I-805
- Stunning views and private balconies
- Heated outdoor Pool and whirlpool spa
- Private pool cabanas, a full bar and restaurant
- Restaurant & Lounge • Extensive concierge services
- Full-service business center, and notary public
- Fitness Center and jogging trail

Transportation

- Fly into San Diego International Airport (SAN)
- 8 miles to Hotel by taxi, bus, or Express Shuttle Service
- The hotel doesn't provide a shuttle service.

Convention Highlights

- Silent Auction & Trade Show
- Travel Expo
- Snowsports Leadership Academy
- Public Affairs Panels
- Celebrity Speakers
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

• Thursday

- ° Sail around the San Diego Harbor
- ° Taste of San Diego Pub Crawl
- ° Aqua Adventures

• Friday

- ° 14th Annual Michael German Memorial Golf Tournament at Riverwalk Golf Course
- ° Trolley tour La Jolla /Mt. Soledad Memorial
- ° Bike Ride by the Beach

www.fwsa.org

Debbi Kor
FWSA Convention Chairperson
fwsadebbi@comcast.net
503-314-7078

For Silent Auction information:
silentauction@fwsa.org
503-314-7078

Chris Gill & Barbara Blasé
Host Council Coordinators
hostconventionchair@fwsa.org
858-382-1457

A portion of the Silent Auction proceeds will benefit the US Adaptive Recreation Center Big Bear Co.

FWSA 11th Annual Scuba Dive Trip – Roatan, Honduras



October 9-16, 2021



Anthony's Key Resort

Diver Land Package = \$1534.00pp Key Deluxe Room - Double Occupancy *
Snorkel Land Package = \$1419.00 Key Deluxe Room – Double Occupancy **
Non-Diver Land Package = \$1304.00pp Key Deluxe Room - Double Occupancy
Single Supplement Add = \$257.00 Key Deluxe Room
(air transportation not included in above pricing)

Price Includes:

- 7 nights at Anthony's Key Resort – Dbl. Occupancy with 3 meals daily
- Use of paddle boards, kayaks, and snorkeling
- Day excursion to Maya Key and admission to Roatan Museum
- Airport transfers from Roatan Airport to resort
- Complimentary Wi-Fi
- Resort taxes (gratuities not included)

*** In Addition, the Dive Package includes:**

- 6 days of 3 tank boat dives & 2 single tank night dives
- Buoyancy control workshop
- Shore diving during shop hours

**** In Addition, the Snorkel Package includes:**

- 2 snorkels daily by boat with guide and 1-night boat snorkel
- Underwater fish ID card
- Slide show and 1 Dolphin Encounter



*Experience Honduran
Culture & Entertainment*



Create New Memories
with Friends,
Old and New!



Dive, Kayak, snorkel, spa
services and more...



Enjoy a Beautiful Resort



Contact:

Randy Lew
FWSA Dive Trip Leader
829 SE 11th Place
Battle Ground, WA 98604
Cell: 530/304-0802
E-mail: FWSA13Randy@telis.org

*You must be a Member of a Far West Ski Assn.
affiliated club or a FWSA Direct Member!*

(photo credits: AKR Photo Shop & FWSA)

CST # 2038883-40

Castro Valley Ski Club

Presents



Ski 4 Mountains! Snowmass, Aspen, Aspen Highlands and Buttermilk

2022 CVSC Ski Week Snowmass, CO

Jan. 22-29, 2022

\$1290 with 4-day lift tix

CV Package Includes:

- 7 Nights Lodging (dbl. occ.) at Top of the Village 2bd/2b **Deluxe** Condos
- Welcome Wine & Cheese Party
- Catered BBQ dinner
- Catered Mexican dinner (or similar)
- 4 Day Senior lift ticket – 65 and older

Note: Aspen/Snowmass is on the Ikon Pass. If you have an Ikon Pass and don't need a lift ticket deduct \$247. If you are not a senior the price of 4-day lift ticket is \$286. You can also upgrade to 5 or 6 day ticket.

Accommodations: We are staying at the Top of The Village Condos. These are true ski in and ski out condos, spacious, comfortable, well-appointed and beautiful! We stayed there on our last trip to Snowmass, and everyone loved the place.



note: air/transfers not included in this price

Send \$200 deposit to:
Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle, Livermore CA 94550

510-329-4242 tkhoffmann@comcast.net
CVSC CST # 2081040

"The Voice of the Western Skier"



Far West Ski Association's 2022 Mini Ski Trip March 20—25, 2022

Zermatt Utah Resort & Spa



TRIP PACKAGE PRICE STARTING AT

\$550

Price does NOT include air or ground transportation

\$25 discount if you book by September 30, 2021

4-STAR HOTEL AND VILLA PROPERTY WITH A FULL-SERVICE SPA AND WELLNESS CENTER, INDOOR/OUTDOOR POOL, HOT TUBS, 2 RESTAURANTS, A BAR, AND BAKERY, ALL ON SITE. RESORT IS 45 MINUTES FROM SALT LAKE INT'L AIRPORT; 11 MINUTES FROM DEER VALLEY SKI RESORT, AND 18 MINUTES FROM PARK CITY MOUNTAIN. SUNDANCE RESORT SKIING IS JUST 20 MINUTES AWAY.

ENJOY A SOAK IN A 10,000- YEAR OLD CRATER HOT SPRINGS!

Contact: Gloria Raminha 661-800-8229 or 661-829-5996

Garski2011@gmail.com

Nancy Ellis – 530-582-0566 or 530-414-8261

Fwsatravelnancy@sbglobal.net

FWSA CST #2036983-40

Included:

Five night's lodging

- 2 Queen Alpine Room or
 - 2 Queen Deluxe Alpine Room or
 - 2-bedroom Villa
- Welcome Reception**
Farewell Party
Happy Hours

Optional for Purchase:

- 1 or 2- day lift tickets Deer Valley & Park City Ski Resorts
- 1-day lift ticket Sundance Resort
- IKON Pass

Optional Activities:

- Crater Hot Springs
- Spa Services
- Hot Tubs
- Sleigh Rides
- Ice Skating
- Tubing



Breathtaking Bali with the Castro Valley Ski Club

\$2999

May 15-26, 2022

YOUR TOUR INCLUDES

- Round-trip international airfare from Los Angeles or San Francisco
- Airfare taxes, fees & fuel surcharges
- Ground transportation in an air-conditioned motor coach
- Accommodations at first-class hotels and beach resort
- 15 meals: 9 breakfasts, 4 lunches, and 2 dinners (may be adding more)
- Comprehensive sightseeing tours including admission fees as indicated in the itinerary
- Professional, English-speaking Tour Director throughout
- Refillable water bottle provided at the start of the tour
- TIPS & More.....



ITINERARY AT A GLANCE

- 2 nights in Ubud
- 2 nights in Candidasa
- 2 nights in Munduk
- 3 nights in Sanur
-



TOUR HIGHLIGHTS

- Tanah Lot Temple at sunset
- Participate in a traditional Balinese purification ceremony in holy spring water (Sebatu Village)
- Traditional Balinese cooking class with a professional chef
- Visit to Bali Aga, home of Bali's original inhabitants
- Besakih Temple (the Mother Temple)
- Goddess of the Lake Temple (Ulun Danu)
- Waterfalls at Munduk



WE ARE NOW ACCEPTING DEPOSITS

Travel insurance will be available on this trip;

- Basic plan \$179 per person
 - Upgraded plan CFAR \$329 per person (Cancel For Any Reason)
- Insurance premium is non-refundable.

Send your refundable \$300 deposit to:
Tucker Hoffmann 2657 Rivers Bend Circle, Livermore CA 94550
tkhoffmann@comcast.net

Castro Valley Ski Club

Presents

Russian River Cruise with Emerald Waterways

*Moscow • Uglich • Yaroslavl • Goritsy • Kizhi •
Mandroggi • St. Petersburg*

July 11-23, 2022



Price from \$5464

Includes:

- RT Air from SFO & LAX
- 32 Meals (11 breakfasts, 10 lunches and 11 dinners)
- Airport transfers on tour dates when air is provided by Mayflower Cruises & Tours
- Fully escorted by an English-speaking Tour / Cruise Director
- Eleven-night cruise aboard the *MS Rossia*
- **All gratuities onboard and onshore**
- Shore excursions with English-speaking local guides
- Personal listening device for excursions
- Visits to many UNESCO World Heritage Sites
- Selection of complimentary drinks to accompany meals
- Variety of onboard entertainment
- All port charges included

WHAT IS NOT INCLUDED:

- Travel Insurance
- Russian Visa

Make Checks payable to Castro Valley Ski Club (CVSC) Send payments to:

Tucker Hoffmann, CVSC Travel
2657 Rivers Bend Circle, Livermore CA. 94550
Phone 925-371-1910 Cell 510-329-4242
Email: tkhoffmann@comcast.net

CVSC CST # 2081040



2020/2021 Avid Skiers in Control

President	Claudia Fernandes	510-435-5263	Claudia.fernandes4108@gmail.com
Vice President	Anne Wilburn	925-200-2801	annewilburn@comcast.net
VP Membership	Maggie Jong	925-447-5148	mozoro25@gmail.com
VP Club Activities	Pat Green	925 846-7250	greendm@comcast.net
Secretary	Phyllis May	925-371-1667	phyllismay@comcast.net
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Newsletter Editor	Dennie Warren	510-759-3415	dennieluuu1@gmail.com
Travel Director	Tucker Hoffmann	925-371-1910	Tuckerhoffmann@aol.com
Past President	Karen Wehrman		
Trustee	Kathy Hoffmann	925-371-1910	tkhoffmann@comcast.net
Trustee	Paula Kinahon	510-910-2707	pkinahon@gmail.com
Safety Chair	Sandy Beecher	707-479-6272	srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing: slracing.tripos.com/schedule.htm
 Open league racing: olrc.org
 Weather: nws.mbay.net/home.html
 Best weather website for snow: Tahoeweatherdiscussion.com
 Far West Racing Assoc: fwra.com
 Web cams on the slopes: magnifeye.com
 Road conditions: 1-800-427-7623
 Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & tahoeskitrrips.com
 Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR JULY, 2021



July General Meeting at Lake Chabot,
Castro Valley

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS