



Castro Valley, CA 94546  
www.cvskiclub.org

# CVSC SkiZette

July, 2018



## EVENTS CALENDAR

(f) = flyer in this issue



### Inside this issue:

President's Mssg	2
NSCF discounts	3
Travel Update	4
A word about renewal	5
Membership application	6
All about ticks & lyme disease	7
CVSC Rhine Cruise flyer	8
FWSA 2019 Int'l Ski Trip to Japan	9
FWSA 2019 Ski Week to Steamboat Springs, CO	10
2019 Castro Valley Ski Club ski trip to Beaver Creek	11
Avid Skiers in Control	Back page

### JULY

- 11 CVSC board meeting/bbq at Kathy & Tucker's
- 18 CVSC general meeting at Lake Chabot (details forthcoming)
- 31-8/9 CVSC trip to Iceland

### AUGUST

- 8 CVSC board meeting at Dennie's
- 15 CVSC general meeting at Don Jose's

### SEPTEMBER

- 12 CVSC board meeting at Ray's
- 19 CVSC general meeting at Don Jose's

### UPCOMING

- 2019:
- 2/9-16 CVSC Ski Week at Beaver Creek, CO (f)pg 11
- 5/5-15 CVSC Rhine Cruise & Amsterdam (f)pg 8

### BAC/FWSA TRIPS

Please visit websites for detailed information.

**BAC Web site: skibac.org**

**Far West Ski Assoc: fwsa.org**

- 2019:
- 2/2-9 FWSA Ski Week at Steamboat Springs, CO (f)pg 10
- 3/9-16 FWSA Int'l Ski Week in Japan (f)pg 9
- 6/13-16 FWSA 87th Annual Convention in Indian Wells, CA

### JULY BIRTHDAYS

Gary Niese	6
Jane Fontius	8
Sherri Reid	10
Linda Nunnally	12
Ted Orzechowski	14
Lynda Nestlebusch	15
Keith Wilson	20
Anne Wilburn	25
Phyllis May	25
Helgard Burri	25
Jim Silva	27
Roy Faulhaber	29
Liz Jue	31



Visit our Website at [www.cvskiclub.org](http://www.cvskiclub.org)

## SkiZette Policy

### NEWSLETTER

#### DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@gmail.com



*Didn't get your newsletter? - Change of Address? -  
PLEASE Contact Maggie Jong, VP Membership  
email: mozoro25@gmail.com*

## President's Message

**Happy Summer.....!!**

The FWSA convention was a great event and the center pieces were a hit, so thank you everyone that helped at the meeting to work on the mason jars and all of the delegates that helped to put together the final center pieces for the dinner, it was a fun time working together, and they turned out wonderfully..... We had one of the largest attendance of delegates at the convention and our Tucker Hoffman ran for trustee for FWSA and won. **Congratulations Tucker!!!** Also **Congratulations to Dennie Warren** for winning third place for the CVSC newsletter....Yeah great job as always.....



Claudia Fernandes  
President

**Our End of Season Banquet** was well attended and we had a great time, the food was wonderful, the venue always beautiful, and Pat did a fantastic job putting this together. **Thank you Pat!!!!** Visiting with everyone in attendance was a special treat, and a special thank you to the CVSC Board for their support and commitment to the Club, and thank you's go also to our volunteers that hosted our BBQ meeting (Ron and Anne White), our club members who ran the auction this last year (Dave Silva and Diana Gartland), and our volunteer who runs the Achieve Tahoe raffle at our club meetings (John Fagan). **Thank you all!!**

This month many of us go to **Iceland** on another wonderful trip that is run by Tucker and Kathy and we all are looking forward to another adventure that will bring us more wonderful memories....

**Enjoy your Summer** there will be more fun times. Hope to see you all at our upcoming meetings and events. We are expecting to hold our next meeting at Lake Chabot, so please check our location....and the time.

Best always,

Claudia

## BAC and FWSA Benefit – From National Ski Council Federation

**Note this discount is available through Steamboat lodging as listed and not available with group contracts.**

### NSCF Lodging Discount

Here are the details of your NSCF discount. I have also included a link to a flyer so that you can easily share this benefit with your membership.

NSCF Members SAVE AN ADDITIONAL 10% off your Steamboat lodging when you book your vacation rental with **Mountain Resorts**, **Simply Steamboat**, and **Pioneer Ridge** ... even when it's already on sale!

**Book direct using promo code NSCF1819**

*This code is valid through April 20, 2019.*



Whether you want to take a trip with your family, or setup basecamp with a smaller group in a luxury chalet, we are happy to extend a special discount to all NSCF councils, clubs, and their members.

#### NSCF STEAMBOAT LODGING BENEFIT FLYER

*\* Promo code valid for individual reservations booked directly. Not available with group contracts.*

Whether you want to take a trip with your family, or setup basecamp with a smaller group in a luxury chalet, we are happy to extend a special discount to all members of NSCF councils and clubs.

#### Larry Mashaw

Vice President of Sales & Marketing

Resort Group

(970) 875-2828

[lmashaw@resortgroup.com](mailto:lmashaw@resortgroup.com)



TOTAL RESORT SERVICES.





**Upcoming Travel:**

**ICELAND** - July 31- Aug. 9<sup>th</sup>, 2018 - Hottest travel destination this year! We are flying from LAX & SFO. Trip is now full with 36 CV members.

**BEAVER CREEK:** Feb. 9-16, 2019. We still may have an opening for 1 couple. Right now, we have 28 going.

**RHINE RIVER CRUISE:** May 5-15, 2019. A 7-night Riverboat Cruise from Amsterdam to Mainz, Germany. Now includes 2 extra night in Amsterdam before the cruise. We have room for 40 CVSC members. See enclosed flyer.

**ISRAEL:** September 5-18, 2019. Many of you have been waiting for this trip. Right now all we are waiting for is the air and it's a little too early for that. I think it should be finalized sometime in October maybe sooner. We will also be visiting Petra & Jordan. More info and pricing soon.

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**2019 FWSA STEAMBOAT SKI WEEK.....** Some of us will be joining BAC on the 2019 FWSA Ski Week to Steamboat Springs CO from February 2-9<sup>th</sup>, 2019. This will take place before the Castro Valley Beaver Creek trip.

If any of you are interested contact Gail Burns, BAC Travel. She only has 7 spots left. Tucker & I are signed up along with 6 other CVSC members that I know of. Flyer enclosed.

Gail Burns, BAC Travel Director

[gailb3098@gmail.com](mailto:gailb3098@gmail.com) - 650 255-7883

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**What's on the Horizon.....**

Tucker & I will be checking out a bike and barge trip for a possible CVSC Trip down the road.

We are also looking at a Russian Riverboat Cruise on the Volga River from St. Petersburg to Moscow.

Possibly Costa Rica again for those who missed it 20 years ago. Maybe Antarctica.

Happy Skiing & Travels.....



Tucker - CVSC Travel Director & Kathy  
2657 Rivers Bend Circle, Livermore CA 94550  
925-371-1910 [tkhoffmann@comcast.net](mailto:tkhoffmann@comcast.net)  
cell # 510-329-4242

**CVSC CST # 2081040**

Attention CVSC Members!

Do you know someone interested in joining the CVSC?

Please pass the word:

Our CVSC membership drive is on now. The CVSC year runs October 1 to September 30. New members can join now for next year and get 3 months free!

NEW members pay \$50 for the first person and \$20 for each additional person in the same household for the first year only.

CURRENT members who renew their membership any time before October 31 get a discounted rate of \$35 for the first person and \$15 for each additional person in the same household.

To download the CVSC membership application and the waiver form go to [www.cvskiclub.org](http://www.cvskiclub.org). Click on Membership, then click on Join Now! or use the following forms.

Have any questions?

Please contact Maggie Jong at [mozoro25@gmail.com](mailto:mozoro25@gmail.com)



## Membership Application

cvskiclub.org

**October 1, 2018 thru September 30, 2019**

**PLEASE PRINT LEGIBLY:**

Member's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Family Members in Same Household:	Relationship:	Birth Date:
_____	_____	_____
_____	_____	_____

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Member's Phone No: (Home) \_\_\_\_\_ (Mobile) \_\_\_\_\_

Family Member's Phone No: (Home) \_\_\_\_\_ (Mobile) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

*(Please provide e-mail address to receive the club's newsletter 'CVSC SkiZette')*

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

**Membership Dues: Yearly - October 1<sup>st</sup> thru September 30<sup>th</sup>**

☐ \$50.00 Primary Member / \$20.00 Each Additional Family Member *in Same Household.*

**Discount: Membership Renewal discount if paid by October 31<sup>st</sup> with No Lapse in Membership.**

☐ \$35.00 Primary Member / \$15.00 Each Additional Family Member *in Same Household.*

Check # \_\_\_\_\_ / Date: \_\_\_\_\_ / Amt Paid: \_\_\_\_\_

- Interested in Volunteering as our Club is only as Strong as its Volunteers?  
☐ Chair/Host Social Activity   ☐ Committee Volunteer   ☐ Phone Committee   ☐ Other
- New Member; how did you hear about our club? \_\_\_\_\_
- New members joining after July 1<sup>st</sup>, membership is valid thru Sept. of the following year.

**YOU MUST READ AND SIGN THE WAIVER AGREEMENT  
OR YOUR APPLICATION CANNOT BE ACCEPTED!**

Please send the membership application, the signed waiver, and the dues to:  
Maggie Jong, V.P. Membership  
2597 Wellingham Drive, Livermore, CA 94551 / email: [mozoro25@gmail.com](mailto:mozoro25@gmail.com)  
Make your check payable to the Castro Valley Ski Club.

# TICKS AND LYME DISEASE

There are several species of deer ticks across the United States that become infected with the spiral bacterium, *Borrelia burgdorferi*, which can cause Lyme disease. Anyone walking through woodlands and brushy areas may be bitten by a tick and never know it. The tiny ticks, some the size of poppy seeds, may stay on your body for hours to days. The tick engorges itself with blood. If infected, the spiral bacteria are transmitted to the bloodstream of the person or animal during the bite. Not all ticks are infected with the spiral bacterium, *B. burgdorferi*. If the tick is saved, tests can be run to detect Lyme disease.

## Symptoms of Lyme disease:

Lyme disease is called the “great imitator” because it can look like other diseases. Many people with Lyme disease have been misdiagnosed with more familiar conditions such as Fibromyalgia or chronic fatigue. Partial lists of symptoms are as follows:

- Flu-like illness
- Rash (less than 60%)
- Bell’s palsy (facial paralysis)
- Extreme fatigue
- Sick feeling (malaise)

Stiff, aching neck, head ache, joint pain

- If bitten by a tick:
- Remove the tick immediately by grasping the tick as close to the skin as possible.
- Use tweezers or facial tissue to remove the tick, and never bare fingers
- Use a straight, steady pull. Do not twist or squash the tick.
- Save the tick for identification.
- Contact your local vector control office for identification.

If it is a western black-legged tick please consider sending the tick to a laboratory that is authorized to test the tick for Lyme disease. Igenex Laboratory in the South Bay is an authorized laboratory.

For additional information:

California Lyme Disease Association ([www.lymedisease.org](http://www.lymedisease.org))

Lyme Info- ([www.lymeinfo.net](http://www.lymeinfo.net))

(article submitted by Sandy Beecher)



**Castro Valley Ski Club**  
**Radiant Rhine Cruise & Amsterdam**  
**May 5<sup>th</sup>-15<sup>th</sup>, 2019 - Amsterdam to Mainz**  
**Price \$3875**

Includes 2 pre nights in Amsterdam, you would depart USA on May 5, arrive May 6 at 2PM, we board our cruise boat on May 8 after 4PM. Fly back to USA on May 15.

**Included:**

- 2 nights in Amsterdam before the Cruise at the Movenpick
- Round Trip air from SFO on Lufthansa
- 7-night cruise aboard the 5-star MS Crucevita (cat. C included in price)
- 22 meals: 9 buffet breakfasts, 6 lunches and 7 dinners
- Free wine, beer, or soda daily with lunch and dinner
- Captain's Welcome cocktail and Farewell dinner
- Total of 8 included sightseeing excursions (with audivox's)
- All on board activities and live music each evening
- Services like early riser breakfast, 24/7 coffee, afternoon cake and snacks
- Professional English-speaking Cruise manager and local guides throughout

Category C (included) main deck aft - panorama window -4 cabins available

Category B (+\$199 per person) main deck mid - panorama window - 6 cabins available

Category A (+\$449 per person) promenade deck, French balcony - 10 cabins available

**Cruise Itinerary:**

- 7-night cruise from Amsterdam to Mainz
- Amsterdam (Netherlands)
- Rotterdam (Netherlands)
- Cologne (Germany)
- Koblenz/Ruedesheim (Germany)
- Mannheim (Germany)
- Speyer/Worms (Germany)
- Strasbourg (France)
- Mainz (Germany)



**What's not included:**

Gratuities

Optional Tours

Travel Insurance (\$179/pp)

**M/S Crucevita Cruise Ship**

The M/S Crucevita was designed in an old world grand yacht style. Superb public areas, accented in oak and leather, include a panorama restaurant, cozy bar and lounge, a fire-place, a gym, sauna, library, and sun deck. The cabins area spacious 14 sq m (150 sq ft) and are fitted with beds that are stowed away during the day to create extra space to relax. All cabins include air-conditioning/heating that can be regulated individually, a multi-channel satellite TV with remote control, a mini safety deposit box, a telephone and a hair dryer. Cabins on Main deck have panorama windows while cabins on the upper Promenade deck will have new French balconies.

**Deposit \$300 – non-refundable**

**Tucker Hoffmann – CVSC Travel Director – [tkhoffmann@comcast.net](mailto:tkhoffmann@comcast.net)**  
**2657 Rivers Bend Circle, Livermore CA. 94550**  
**CVSC CST # 2081040**



# FWSA 2019 Int'l. JAPAN Trip



## Hakuba Valley Ski Resort – Home of the 1998 Nagano Olympics

Basic Ski Week: March 9-16, 2019 (SFO & LAX Group Air departs Mar. 8th)

Optional Pre-Trip to Niseko – March 4-8, 2019 (Min. of 22 & Max. of 32 & departs US Mar. 3<sup>rd</sup>)

Pre-trip must be combined with BASIC Hakuba Valley Trip – not sold separately

## Optional Extension trip to Kanazawa, Kyoto & Tokyo

March 16-23, 2019



Experience the "LAND OF THE RISING SUN".  
Enjoy the "LAND OF SAKE and CHERRY BLOSSOMS"



Why Japan? Where else can you have some of the best skiing in the world and use your **EPIC PASS!**



Why Japan? Where else can you enjoy such a rich and unique culture that spans thousands of years?

Here's why...Japan offers something for everyone, whether it's deep powder skiing, long winding groomed skiing, sightseeing in some of the ancient temples, or the Wild Monkey habitat, there is something to please everyone!

### BASIC TRIP Land Package - The Tokyu Hotel (Not including Air Transportation or Lift Tickets)

- Approximate lodging package costs – starting at \$1720.00 per person based on double occupancy
- Pricing is based on exchange rate of 1USD vs. 110 Yen – subject to change
- Basic land package pricing is based on a min. of 86 people & the Extension pricing is based on a min. of 34 people – subject to change if requirements are not met. All local taxes are included
- Single Supplement rooms are available – quantities are limited.

#### Land Package Includes:

- All airport ground transfers with Multi-lingual guide meeting the FWSA Group Air people upon arrival
- 7 nights' accommodations with breakfast daily and Free Wi-Fi
- 5 Dinners – 2 nights **on your own** to dine at the local restaurants of your choice.
- Welcome/Orientation at the hotel **on the 2<sup>nd</sup> day after arrival** due to group's air late arrival time
- Special Ezura Goryu Drumming and Dinner Show, including bus transportation
- Complimentary **Mountain Escort for 3 hours on the 1<sup>st</sup> day of skiing** – groups of 20 max.
- Local guide at the hotel each evening for 1 hour
- Optional Day Tour and mid-week Après ski party – details to be provided

### Air Transportation Information - It is HIGHLY recommended to use FWSA air transportation!

- Group Air - SFO & LAX air details to be provided
- Stand Alone Trip Air – contact Debbie Stewart
- Alternate airport and/or post trip deviations are available - they are limited)

\*Air prices **DO include** estimated Fuel surcharges, Taxes and current Exchange Rate – subject to change.

If you are arranging your **OWN** flights but wish to take the FWSA bus transfers, you **MUST** coordinate your flight schedule with the FWSA group air schedule. No special alternate pick-up or drop offs by the bus will be permitted.

Make checks out to: Far West Ski Association (FWSA). Please reference "FWSA 2019 JAPAN Trip" on each check.

Send to: Debbie Stewart  
FWSA VP of Int'l Travel  
430 S. Church St.  
Visalia, CA 93277

[FwsaIntlTrvl@orodjay.net](mailto:FwsaIntlTrvl@orodjay.net) or cell: 559/737-0882

CST # 2036983-40



## ***BAC 2019 FWSA Ski Week at Steamboat Springs, CO***

***February 2-9<sup>th</sup>, 2019 Registration: May 22<sup>nd</sup>, 2018***

### ***\$200 Deposit***

Steamboat Springs Resort is renowned worldwide for its massive mountain range comprised of six peaks. Over the past five years, millions of dollars have been spent improving ski runs and chairlifts. The friendly down-home town is affectionately called "Ski Town USA". The locals and visitors alike agree that the resort has world class tree skiing and a wide variety of ski terrain. Our two condo resorts are conveniently located at the base area of the village nearby the Gondola. Historic town has great restaurants and local activities for both skiers & non-skiers.

**7 nights Deluxe Condo Lodging at: Dulany at the Gondola \$1,305 per person or The Lodge at Steamboat \$1,105 per person in two or three bedroom units. Prices do not include lift ticket, airline tickets or ground transportation. Amenities included are:**

- |                            |                        |
|----------------------------|------------------------|
| *Super Bowl Welcome Party  | *Hosted Mountain Tours |
| *Council Night Dinner      | *Racing/Council Team   |
| *FWSA Banquet with Dancing | *Mountain Picnic       |
| *Farewell Apres Party      | *Pub Crawl             |

**Group Lift Tickets: 5-Day Adult/Senior \$335; 6-Day Adult/Senior Tickets: \$381  
Optional Group Air and Ground Transportation pricing to be announced.**

**Registration and Information Contact : Gail Burns, BAC Travel Director  
123 Phillips Lane Woodside, CA 94062 [gailb3098@gmail.com](mailto:gailb3098@gmail.com) 650 255-7883**

**Must be a Member of Far West Ski Association or an affiliated Ski Club  
FWSA CST#2036983-40 / BAC CST#20500870**



# Castro Valley Ski Club

Presents

 *Beaver Creek. Not exactly roughing it.*



2019 CVSC Ski Week Beaver Creek, CO

Feb. 9-16, 2019

**\$815**

**Package Includes:**

- 7 Nights Lodging (dbl. occ.) at The Charter
- Porter Fees
- Welcome Wine & Cheese party
- Included CVSC dinner

*note: air/transfers not included in this price*

Lift tickets are **NOT INCLUDED** in this package;  
If you need a 5 day lift ticket/5 resorts – add \$455

Free indoor parking  
Bar & Restaurant on property  
Walk to village



Send \$200 deposit to: (\$50 is non-refundable)  
Tucker Hoffmann - CVSC Travel Director  
2657 Rivers Bend Circle, Livermore CA 94550

925-371-1910 tkhoffmann@comcast.net  
**CVSC CST # 2081040**



## **2018/2019 Avid Skiers in Control**

President  
Vice President  
VP Membership  
VP Club Activities  
Secretary  
Treasurer  
Newsletter Editor  
Web Manager  
Travel Director  
Past President  
Trustee

Claudia Fernandes 925-462-6573  
Anne Wilburn 925-200-2801  
Maggie Jong 925-447-5148  
Pat Green 925 846-7250  
Phyllis May 925-371-1667  
Elizabeth Yagle 510-537-2099  
Dennie Warren 510 759-3415  
Ray Jong 925-447-5148  
Tucker Hoffmann 925-371-1910  
Karen Wehrman 510-538-2872  
Kathy Hoffmann 925-371-1910

Claudia.fernandes4108@gmail.com  
annewilburn@comcast.net  
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greendm@comcast.net  
phyllismay@comcast.net  
e.and.w@sbcglobal.net  
dennieluuu1@gmail.com  
skibuff@comcast.net  
Tuckerhoffmann@aol.com  
kwehrman@comcast.net  
tkhoffmann@comcast.net

**WEBSITE: [www.cvskiclub.org](http://www.cvskiclub.org)**

## **WEBSITES & PHONE NUMBERS**

Singles league racing:  
[slracing.tripos.com/schedule.htm](http://slracing.tripos.com/schedule.htm)  
Open league racing: [olrc.org](http://olrc.org)  
Weather: [nws.mbay.net/home.html](http://nws.mbay.net/home.html)

Far West Racing Assoc: [fwra.com](http://fwra.com)  
Web cams on the slopes: [magnifeye.com](http://magnifeye.com)  
Road conditions: 1-800-427-7623  
Info on all ski areas: [onthesnow.com](http://onthesnow.com)

Best weather website for snow: [Tahoeweatherdiscussion.com](http://Tahoeweatherdiscussion.com)

Take a bus to the slopes: [nacski.com](http://nacski.com) & [bayareaskibus.com](http://bayareaskibus.com)

Sierra webcam: [sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/](http://sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/)

**SKIZETTE FOR JULY, 2018**



The next meeting will be at

Lake Chabot Regional Park  
Castro Valley, CA

(meeting starts @ 6:00 pm)

**SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES**  
*First With Safety Awareness Slogan award sponsored by:*



**ASPEN & SNOWMASS**