



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

July, 2016



Happy 4th of July!



EVENTS CALENDAR

(f) = flyer in this issue

Inside this issue:

President's Mssg/	3
Our Vice President	
Travel Update	4
Article on Heat Stress	5
2016 Croatia Cruise flyer	6
2017 Cuba trip flyer	7
FWSA 2017 Annual Ski Week, Breckenridge, CO flyer	8
Breckenridge Ski Week Reg form	9
2017 BAC Innsbruck/Garmisch/Munich Ski Trip	10
FWSA 2017 Sun Peaks, BC Mini Ski Week	11
2016 Fall Foliage Cruise flyer	12
BAC A's Baseball	13
FWSA 2017 Int'l Ski Trip to St Anton am Arlberg, Austria with Extensions	14-15
Avid Skiers in Control	Back page

JULY

- 13 CVSC board meeting at Tucker & Kathy's
- 20 CVSC general meeting at Don Jose's

AUGUST

- 2-13 CVSC Croatia Cruise (f)pg6
- 10 CVSC board meeting at Keith's
- 13 BAC A's Baseball (f)pg13
- 17 CVSC general meeting at Anne & Ron White's (flyer forthcoming)

SEPTEMBER

- 14 CVSC board meeting at Ray's
- 21 CVSC general meeting at Lake Chabot

UPCOMING

- 10/2-12 CVSC Fall Foliage Cruise (f) pg12
- 2017:
- 10/16-26 CVSC Cuba trip (f)pg7

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

- 2017:
- 1/28-2/4 FWSA Annual Ski Week, Breckenridge, CO (f) pg8
- 2/26-3/12 BAC Innsbruck/Garmisch/Munich Ski Trip (f)pg10
- 3/12-19 FWSA Int'l Ski Trip to St. Anton am Arlberg, Austria (f)pg14/15
- 3/21-26 FWSA Mini Ski Week to Sun Peaks, BC (f)pg11

JULY BIRTHDAYS

Gary Niese	6	Lynda Nestlebusch	15
Jane Fontius	8	Keith Wilson	20
Sherri Reid	10	Anne Wilburn	25
Linda Nunnally	11	Phyllis Fagan	25
David Weiner	11	Helgard Burri	25
Christina Moritz	12	Jim Silva	27
Daniel Moritz	12	Roy Faulhaber	29
Ted Orzechowski	14		



Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor
email: dennieluuu1@att.net



*Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com*



Castro Valley Ski Club Newsletter

President's Message

Hello everyone -

Happy summer! Happy 4th. We have certainly had some hot days and I hope you all are enjoying some fun times and travels.



Claudia Fernandes
President

At our last meeting at Lake Chabot we had a good turnout and our speaker Lisa from the food bank shared some interesting facts about our community and what the food bank does to address issues pertaining to hunger and providing food to those in need. This September they will be having a fund raiser at Wente Winery that we are looking to support and attend. Stay tuned for more information on this in upcoming meetings.

The FWSA convention was last month and four from our club attended it was a good event and great speakers. This is the first year there were no contested elections. Congratulations to the new board. Next year the convention will be in Boise, Idaho they have some great events and sports planned for attendees. Something to think about for next year. Hope you can attend.

A group of us attended the 'Chicago' Concert at Wente Winery with Rita Wilson, it was a fun time and a great concert. We plan to do more local events this summer so stay tuned. Pat will be sharing information soon.

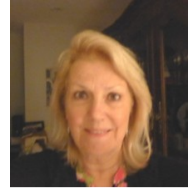
Our club will be having more speakers this summer at our meetings, hope you can attend. If you have ideas for speakers or topics you would like to hear from and about, please let me know. Have a wonderful and safe summer.

Enjoy!

Claudia

Our Vice President

July is upon us and there is no doubt that summer has arrived. The air conditioners are running around the clock and we are trying to stay cooler. When you venture outdoors don't forget the sunblock, even on a cloudy day, this is a mistake I made and had severe sunburn.



Anne Wilburn
Vice President

This Fourth of July I hope that you, your family and friends are able to come together to celebrate this great country that we live in. And let's take a moment to acknowledge the men and women who defend our freedom every day.

BAC Notes: A's game and BBQ Tailgate August 13th ; Pebble Beach Golf trying for October/ November; FWSA Ski Week at Breckenridge, CO Jan.28 – Feb 4th; Our own Paula Kinahon is putting together a trip to Park City Feb. 4-11th and FWSA has a new International Trip to St. Anton am Arlberg, Austria. Check out fliers included in the newsletter for more details. Dennie, you are awesome.

I know Claudia is covering this; however, we should be Very Proud of our club for taking first place for our charitable activities at the FWSA Convention this past June.

Until next month

Anne Wilburn



I can't believe it's already July. We will soon be leaving on the Croatia Trip with 38 from Castro Valley Ski Club. Final packets will be going out in the next week.

Next year we are planning to go to Cuba in October of 2017. We have had a great response to this trip so far and are working to add more people. Maybe a 2nd trip like we have done in the past. Send an email to get on the list if you're interested.

Although CVSC won't be running a ski trip next year, FWSA will be going to Breckenridge. Flyer is enclosed if you're interested. Also Modesto Ski Club is looking into running a trip to Jackson Hole. We have traveled with this club many times and most of you know a lot of their members. I'll try and keep you updated if we hear more.

2017 FWSA SKI WEEK BRECKENRIDGE JAN. 28-FEB. 4, 2017

2017 FWSA MINI SKI WEEK SUN PEAKS, CANADA MAR. 21-28, 2017



We are also looking at a Viking River Cruise in Europe sometime soon. If not next year, then most likely in 2018.

• **2016 FALL FOLIAGE CRUISE**

We have 31 going on this cruise so far Oct. 2-12, 2016 from Quebec, Canada to New York. We start in Quebec, Canada, then on to Corner Brook, Newfoundland... Sydney, Nova Scotia...Halifax, Nova Scotia, Saint John, New Brunswick...Bar Harbor, Maine...Boston, Mass...Newport Rhode Island and end up in New York.

Everyone has just paid their final payment but we still may be able to get you on the cruise. Call Tucker if you're interested. 925-371-1910

Happy Skiing & Travels.....



Tucker & Kathy - CVSC Travel
2657 Rivers Bend Circle, Livermore CA 94550
925-371-1910 cell # 510-329-4242
tkhoffmann@comcast.net

CVSC CST # 2081040

HEAT STRESS

Heat stress, from exertion or hot environments, places you at risk for illnesses such as: Heat Stroke, Heat Exhaustion and Heat Cramps.

Heat Stroke	Heat Exhaustion	Heat Cramps
A condition that occurs when the body becomes unable to control its temperature, and can cause death or permanent disability.	The body's response to an excessive loss of water and salt, usually through sweating.	Affect anyone who sweats a lot during strenuous activity. Sweating depletes the body's salt and moisture levels.
Symptoms <ul style="list-style-type: none"> • High body temperature • Confusion • Loss of coordination • Hot, dry skin or profuse sweating • Throbbing headache • Seizures, coma 	Symptoms <ul style="list-style-type: none"> • Rapid heart beat • Heavy sweating • Extreme weakness or fatigue • Dizziness • Nausea, vomiting • Irritability • Fast, shallow breathing • Slightly elevated body temperature 	Symptoms <ul style="list-style-type: none"> • Muscle cramps, pain, or spasms in the abdomen, arms or legs
First Aid <ul style="list-style-type: none"> • Request immediate medical assistance. • Move the affected person to a cool, shaded area. • Remove excess clothing and apply cool water to their body. 	First Aid <ul style="list-style-type: none"> • Rest in a cool area. • Drink plenty of water or other cool beverages. • Take a cool shower, bath, or sponge bath. 	First Aid <ul style="list-style-type: none"> • Stop all activity, and sit in a cool place. • Drink clear juice or a sports beverage, or drink water with food. <ul style="list-style-type: none"> ○ Avoid salt tablets. • Do not return to strenuous activity for a few hours after the cramps subside. • Seek medical attention if you have the following: heart problems, are on a low-sodium diet, or if the cramps do not subside within one hour.

Important things that you can do to prevent heat illness:

- Monitor your physical condition and that of your friends for signs or symptoms of heat illness.
- Wear light-colored, loose-fitting, breathable clothing such as cotton.
 - Avoid non-breathable synthetic clothing.
- Gradually build up to strenuous activities
- Schedule strenuous activities during the coolest parts of day.
- Take more breaks when doing strenuous activities, and in high heat and humidity.
- Take breaks in the shade or a cool area.
- Drink water frequently. Drink enough water that you never become thirsty.

Contributions from OSHA, NIOSH. (article submitted by Sandy Beecher)

2016 Castro Valley Ski Club Croatia Cruise Adventure

Split, Dubrovnik & Trstenik plus Zagreb & Plitvice Lakes



\$4,495.00 per person in twin/double sharing
\$4,695.00 per person in twin/double sharing - Upper Deck

Included Items

- Round-trip flights from Los Angeles or San Francisco via Lufthansa Airlines including fuel surcharges, taxes & fees (*all surcharges, taxes & fees are subject to change until ticketed*)
- All ground transportation and transfers
- 2 nights' accommodation in Zagreb (deluxe rooms)
- 1 night accommodation in superior hotel in Split (pre cruise)
- 7 nights' accommodations in lower deck deluxe cabin
- 1 night post-tour accommodation in Frankfurt (post cruise)
- 20 meals: 11 breakfasts, 7 lunches, & 5 dinners including welcome reception, cocktail & dinner; Croatian village party & dinner in Kuna; dinner cruise in Dubrovnik; Captains farewell dinner with entertainment
- Croatian wine and appetizers tasting in Korčula
- Shore excursions including local guides and entrance fees
- Professional, English-speaking cruise manager on board cruise
- Visitor's tax & port fees



Croatia Cruise Adventure tour itinerary map

Tucker Hoffmann - CVSC Travel Director
925-371-1910 tkhoffmann@comcast.net

CVSC CST # 2081040

2017 Castro Valley Ski Club Rediscover Cuba

October 16 – October 26, 2017



\$4,399.00 per person

Your tour includes

- **Round-trip airfare from Miami**
- Airfare taxes, fees & fuel surcharges
- Health insurance in Cuba (mandatory)
- Cuban Visa (for US Citizens) & Cuban Departure Tax
- Intra-Cuba ground transportation and transfers
- Pre-night in Miami Airport Hotel
- Accommodations at First Class hotels in Cuba
- 27 meals: 10 full buffet breakfasts (B), 10 lunches (L) and 7 dinners (D)
- Comprehensive People-to-People experiences and cultural tours including admission fees, following U.S. regulation CFR 515.565
- Experienced Cuban English-speaking guide and a USA Tour Director throughout
- **All Tips**

Highlights

- A true “people-to-people” experience with cultural exchanges such as visits with artists, musical performances, and local organizations
- Riding in American Vintage Automobiles (Havana)
- Home of Ernest Hemingway (Havana)
- Cigar Factory (Havana)
- Casa Fuster (Havana)
- Bay of Pigs Museum (Giron)
- Walking Tour of Trinidad
- Camaguey Ballet Company
- Beaches of Guardalavaca (Holguin)
- Neon Theater (Holguin)

Itinerary at a glance

- 1 night in Miami
- 3 nights in Havana
- 2 nights in Cienfuegos/Sancti Spiritus
- 2 nights in Camaguey
- 2 nights in Holguin

Optional overnight in Miami upon return to the states - \$100. The flight from Cuba doesn't get in until around 8pm if it's on time. Since everyone is doing their own air to Miami you may not be able to get a flight out that late.

Optional Insurance - \$169



Bay Area Snow Sports Council FWSA Ski Week at Breckenridge, CO

Jan 28 - Feb 4, 2017

Breckenridge is one of Colorado's premier ski resorts with amazing ski terrain and an historic Victorian mining town. Breck's 2,900 acres with 34 lifts encompass five interconnecting peaks and will satisfy all levels of skier's desires. Located at the base of the ski resort, our deluxe ski in-ski out lodging also offer a complimentary shuttle to get you anywhere you need to go! World class skiing, (avg. 300 inches of snowfall per year), fun nightlife in historic town, and group party/activities will make this an exciting and memorable trip!

Registration Opens May 9, 2016

\$200 Signup Deposit

Lodging and Amenities* Packages range from \$1,040 to \$1,215

Prices do not include lift ticket and transportation

*Amenities include:

- 7 Nights Lodging with Ski-in-Ski-out options
- Welcome Party
- Hosted Mountain Tour
- Scavenger Hunt
- Pub Crawl
- Council Night Dinner and Dancing
- Mountain Picnic
- Racing
- Banquet with Dancing
- Farewell Après Party
- Optional Vail Ski Day

Lift ticket prices

5-Day Adult Ticket	\$375
5-Day Senior Ticket	\$332
6-Day Adult Ticket	\$409
6-Day Senior Ticket	\$357

~

Purchase Epic Pass through Sports America for \$50 lodging credit.
<https://www.sportsamerica.com/epic-fwsa>

Optional Group air Itineraries and Pricing to be announced

Registration and Information Contact:

Gail Burns, BAC Travel Director

gailburns@earthlink.net (650) 255-7883

123 Phillips Lane, Woodside, CA 94062

Must be a Member of Far West Ski Association or an affiliated ski club

FWSA CST #2036983-40 / BAC CST #2050870-40



FWSA ANNUAL SKI WEEK REGISTRATION FORM

BRECKENRIDGE, COLORADO, January 28 – February 4, 2017

Please print clearly: *The information you provide is for the exclusive use of FWSA & will not be sold for solicitation.*

PRINT NAME: _____ Nickname _____

Street Address: _____ City: _____

State: _____ Zip Code: _____ PHONE: Home: (____) _____

Cell / Work: (____) _____ E-Mail Address: _____

Date of Birth (M/D/Y): ____/____/19____ (We need your birth date for racing and lift tickets)

Male____Female____ I am a Skier ____/Snowboarder ____/Non-Skier or Boarder _____

Ski Club: _____ FWSA Direct Member: _____

FWSA Council: Arizona, Bay Area, Central, Intermountain, LAC, Orange, Northwest, San Diego, Sierra Direct Member

REQUIRED EMERGENCY CONTACT INFORMATION – *Person not at ski week*

Name: _____ Contact Number: _____

OTHER INFORMATION--OPTIONAL

Spouse/Significant Other at Ski Week? Name: _____ Cell #: _____

List Food Allergies and/or drug allergies (optional): _____

Medical Conditions (optional): _____

List Over-the-Counter/prescription drugs taken regularly (optional): _____

- *I have been advised that the FWSA trip package does not include travel insurance and I have the option to purchase my own Travel Insurance.*
- *I am aware that I am financially responsible for myself whether or not I purchase Travel Insurance.*
- *I am aware it is my responsibility to obtain all legal documents required for travel including passports and that my passport must be valid at least 6 months after trip.*
- *I have received a copy of the FWSA Conduct Policy.*
- *I further certify that I'm a current FWSA Club or Direct member and that the information I have provided on this form is accurate.*
- *I am aware that FWSA may use pictures taken at Ski Week in the ski week presentation, on their website, and in any promo DVD's to market other FWSA trips. I have the option to sign a form to deny the use of my photo.*

X (Required) _____
Ski Week Participant Signature OR Parent/Legal Guardian for Minor _____ Date _____

Complete the Information below if you Plan to Race at Ski Week (including Council Challenge)

Age Group: Junior (0-17 Years Old) ____ Open (18--49) ____ Vet (50--64) ____ SVet (65 & up) ____

Legends Classes (No Skill Levels): (75 & up) 1st grp on 2nd course _____ 1st grp on 3rd course _____

Skier Race Class: SO ____ S1 ____ S2 ____ S3 ____ S4 ____ S5 ____ S6 ____ S7 ____ S8 ____ S9 ____ S10 ____

Snowboard Upper _____ Snowboard Lower _____ Strikes? Yes No

Club I will race for: _____

BAC Innsbruck, Garmisch and Munich Ski Trip

February 26 - March 12, 2017 (2 weeks - Sunday to Sunday)

\$1,730 land double/occ, \$560 more for single

\$1,172 Round trip airfare between SFO & Munich

Innsbruck, Austria: The Capital of the Tyrolian Alps, fascinating old city, home of 1964 & 1976 Winter Olympics, 2012 Youth Winter Olympics, surrounded by 9 separate ski areas. Optional day trips are available to Venice, Castles, Swarovski Crystal World, and more.
Package Includes: 6 nights with breakfast and dinner @ Hotel Grauer Bar.



Garmisch, Germany: Garmisch and Partenkirchen were separate cities until combined for the 1936 Winter Olympic games. Today, Garmisch has a slightly more modern feel while the fresco-filled, cobblestoned streets of Partenkirchen offer a glimpse into times past. Garmisch includes: 4 nights with breakfast and dinner @ Garmisch Mercure Hotel; Optional day tours are available.



Munich, Germany: Capital of Bavaria, home to centuries-old buildings and museums; known for celebration and cavernous beer halls, including the famed Hofbräuhaus, founded in 1589. In the walkable Old Town, Marienplatz is a central square containing landmarks such as Gothic Neues Rathaus (town hall), with a popular glockenspiel show. Munich includes: 3 nights with breakfast buffet @ Munich Holiday Inn, and farewell dinner at the Ratskeller in Marienplatz.

Land also includes: All transfers between airport and hotel, and hotel to hotel via private coach. Drivers and

bus guides tips are included. Innsbruck and Garmisch hospitality hosts will be available each evening before dinner. All must have valid passport that at least extends 6 months beyond return date of trip. See trip details for non USA passports. Those choosing a "Land only" package are responsible for meeting our arrival and departing flights at the airport - if they do not appear at the appointed place and time as our tour group, they are responsible for their own ground transportation. Each traveler is responsible for their own travel insurance that can cover trip cancellation, interruption, private property and luggage damage and other travel items. We highly recommend travel insurance.

For questions and trip details, email Norm Azevedo at nazevedo@sbcglobal.net or call 925.944.9816.

Insure your space send a \$250 pp deposit now. Complete refund is available until October 1, 2016.

Make checks to Bay Area Snow Sports Council (BAC) and send to Norm Azevedo, 901 Sousa Drive, Walnut Creek, CA 94597

cst #2050870-40

FAR WEST SKI ASSOCIATION

"The Voice of the Western Skier"



Presents the 2017 Mini Ski Trip

SUN PEAKS—Cahilty Hotel & Suites BRITISH COLUMBIA, CANADA March 21 to 26, 2017

Nancy Greene's Cahilty Hotel & Suites has been awarded for:

"Best Hotel Service"

Sun Peaks Resort, British Columbia, Canada, is the second largest ski resort in Canada.

Package prices range from \$355 to \$585

Price does **NOT** include air & airport ground transfers

Included:

**5 nights lodging (double occupancy) at Cahilty Hotel & Suites, Sun Peaks
Resort 3 or 4 day lift tickets @ Sun Peaks Resort**

Ski in/Ski Out

Welcome Party

Farewell Dinner/Party

Optional activities:

Cross Country Skiing

Snow-shoeing

Snow-mobiling

Dog sledding

Nancy Greene's
CAHILTY
HOTEL & SUITES
AT SUN PEAKS RESORT

Contact Gloria Raminha
661-800-8229 or 661-829-5996
garski2011@gmail.com

Must be a Member of a
Far West Ski Association affiliated club or a FWSA
Direct Member
FWSA CST #2036983-40

For detailed sign-up and registration information, go the www.fwsa.org and click on the "Travel" tab.

Spectacular Ships • Affordable Balconies • World-Class Dining & Entertainment



PTAS 44067 • © Princess Cruises 2009. Ships of Rembrandt registry. This promotional piece is created and distributed by an independent travel agency, not by Princess.

10 DAY FALL FOLIAGE CRUISE ON THE CARIBBEAN PRINCESS OCTOBER 2-12, 2016

Prices are per person double occupancy:

\$1,499.00 Inside

\$2,099.00 Window

\$2,499.00 Balcony

Call for price on Mini-Suite

\$195.00 PORT FEES & TAXES PER PERSON

Air & transfers not included

Group Cocktail Party Included

Ex Military: \$100.00 onboard credit, I will send the form if needed

Ships Cancellation Policy

FULL REFUND ON DEPOSIT TO JULY 7th, 2016

JULY 8th - JULY 31st, 2016 10% PENALTY

AUGUST 1st - 30th 50% PENALTY

AUGUST 31st - SEPTEMBER 10th 75 % PENALTY

After Sept. 22nd - no refund



Day	Port / Date	Arrive	Depart
1	Quebec City, Quebec Sunday, October 2		Overnight Stay
2	Quebec City, Quebec Monday, October 3		5:00 PM
3	At Sea Tuesday, October 4		
4	Corner Brook, Newfoundland Wednesday, October 5	8:00 AM	5:00 PM
5	Sydney, Nova Scotia Thursday, October 6	8:00 AM	5:00 PM
6	Halifax, Nova Scotia Friday, October 7	8:00 AM	4:00 PM
7	Saint John, New Brunswick (for the Bay of Fundy) Saturday, October 8	8:00 AM	5:00 PM
8	Bar Harbor, Maine Sunday, October 9	7:00 AM	6:00 PM
9	Boston, Massachusetts Monday, October 10	7:00 AM	4:00 PM
10	Newport, Rhode Island Tuesday, October 11	9:00 AM	6:00 PM
11	New York City (Manhattan or Brooklyn), New York Wednesday, October 12	7:15 AM	

Call Tucker Hoffmann to book your cabin. You will need to give him your credit card number

FINAL PAYMENT DUE JULY 1st 2016

tkhoffmann@comcast.net

925-371-1910 -home - 510-329-6838 - cell

Castro Valley Ski Club Travel CST#2081040-40



Oakland Athletics vs. Seattle Mariners



Saturday, August 13, 2016

Game time @ 6:05pm.

\$34 seats

Bay Area Snow Sports Council, BAC

Presents its Eleventh Annual

FUND RAISER

*Proceeds over cost go to ACHIEVE Tahoe
(Formerly Disabled Sports USA Far West)*

Contributions are also greatly appreciated



IT'S COLISEUM FIREWORKS NIGHT

Seats in Sec.106R, Field Level, First base side, great for
viewing fireworks

BAC Tailgate BBQ + Raffle Prizes

\$14 per person

4:00 to 5:30 pm

Location: BBQ in parking B lot tailgate area, next to
the BART walkway entrance to the Coliseum.

Lot B is on the South side of the Coliseum.

BBQ Manager: Bill Silveira of Modesto Ski Club
(209) 521-7646, billlou330@gmail.com

He needs volunteers and food, etc. donations

Deadline for purchasing tickets: July 20th

For club group seating, please send one club check for all club members.

Make game, parking & BBQ checks payable to Bay Area Snow Sports
Council (BAC). Seating assigned based on when money is received by BAC.
Car parking is available at \$16 per car, regularly \$20.

Contacts:

For game & BBQ tickets: Norm Azevedo, (925) 944-9816,

nazevedo@sbcglobal.net, 901 Sousa Dr., Walnut Creek, CA 94597

Paul Vlasveld, (408) 247-6472, bac.president@skibac.org

PayPal: go to www.skibac.org, A's game button. Tickets are available with \$2 added charge



FWSA 2017 Int'l Ski Trip to St. Anton am Arlberg, Austria

March 12-19, 2017 (SFO & LAX Group air departs Mar. 11th)

Optional Extension or Stand Alone trip to Vienna and Budapest March 19-26, 2017

Air Transportation Information:

- **BASIC trip:** Estimated SFO air = \$1186.00* Estimated LAX air = \$1153.00*
- **BASIC & Extension trip:** Estimated SFO air = \$1282.00* Estimated LAX air = \$1189.00*
- **Stand Alone trip Air will be booked individually** – contact Debbie Stewart for price quote
(Alternative airport arrangements may be made and deviations are limited)

*Air prices **DO include** estimated Fuel surcharges, Taxes and current Exchange Rate – subject to change.

*If you are arranging your **OWN** flights but wish to take the FWSA bus transfers, you **must** coordinate your flight schedule with the FWSA group air schedule. No special alternate pick up or drop offs by the bus will be permitted.*

It is HIGHLY recommended to use FWSA air transportation!

St. Anton Land Package Information:

The St. Anton land package pricing is based on a minimum of 84 people and the Extension pricing is based on a minimum of 34 people – subject to change if requirements are not met. All local taxes are included.

The pricing is based on the Exchange Rate of 1.08 US Dollar vs. 1 Euro – subject to change.

Land Package at Hotel Schwarzer Adler (Not including Air) = **\$2185.00 – \$2960.00 pp Dbl. Occupancy**

Single Supplement rooms, Jr. Suite rooms are available – quantities are limited.

Pricing based on a min. of 84 people & current exchange rate of 1.08 US Dollar vs. 1 Euro which is subject to change



*Sankt Anton am Arlberg, commonly referred to as **St. Anton**, it is one of the most beautiful settings in the Tyrolean Alps which is frequently listed as one of the top ski resorts and après ski locations. With 97 state-of-the-art cable cars, chairlifts and T-bars taking you to the top at 9,222 ft., yielding a vertical drop of 4,944 ft. and its longest run of 6.3 miles. It boasts interesting slopes for all levels of skiers and is one of the historic resorts in the "Best of the Alps". It also offers 41 kilometers of cross country skiing, telemarking, snow shoeing and much more. St. Anton is part of the Arlberg area of ski resorts which means your*

Arlberg Ski Pass invites you to ski several resorts including St. Anton, St. Christoph, Stuben, Lech and Zurs. The village itself is a charming pedestrian resort accented with specialty stores, sport shops, restaurants, bars and après ski locations.



Land Package Includes:

- All airport ground transfers with Multi-lingual guide meeting the FWSA Group Air people upon arrival
- 7 nights' accommodations with breakfast daily and Free Wi-Fi throughout the hotel
- 5 Dinners at the hotel – 2 nights **on your own** to experience the local Austrian restaurants of your choice.
- Welcome/Orientation and Farewell Party
- Gratuities to bus drivers, transfer guides and restaurant staff
- Afternoon tea including pastries, cakes, tea or coffee at the Hotel Schwarzer Adler
- Après ski party – details to be provided
- Optional day tour – details to be provided

Make checks out to: **Far West Ski Association (FWSA)**. Please reference "FWSA 2017 AUSTRIA Trip" on each check.

Send to: **Debbie Stewart**
FWSA VP of Int'l Travel
430 S. Church St.
Visalia, CA 93277

FwsaIntlTrvl@prodigy.net or cell: 559/737-0882

CST # 2036983-40

Extension to Vienna, Austria & Budapest, Hungary March 19-26, 2017

Approx. Land Package – Dbl. Occ. = \$1170.00pp or Single Supp. = \$1330.00pp

****We are also offering Vienna & Budapest as a *Separate Trip!***

*We will fly you from the US to meet the group in Vienna on March 19th***

Individual air transportation will be made and cost to be provided

Stand Alone Separate trip - Approx. Land Pkg. (Not including Air transportation)

Double Occ. = \$1205.00pp* or Single Supp. = \$1355.00pp*

*Contact Debbie Stewart to make arrangements for your "Stand Alone" transportation.



Experience Local Culture



**FREE TIME
TO EXPLORE!**



Enjoy Regional Cuisine



Vienna & Budapest Trip includes:

- Transfer between St. Anton hotel and Vienna in private motor coach with English speaking guide.
- 4 night's accommodations at the 4 Star Hotel Regina in Vienna - <http://www.kremslehnerhotels.at/en/hotel-regina-vienna/>
- All local taxes including city hotel taxes.
- Breakfast buffet daily at both hotels.
- Dinner at Hotel Regina evening of arrival.
- ½ day city tours in Vienna.
- Full day tour to Baden with Wine Tasting.
- Visit to the Spanish Riding School for morning Lipizzaner horse training.
- Grand Tour of Schonbrunn Castle.
- Transfer between Vienna and Budapest.
- 3 night's accommodation in Budapest the 4 star Hotel Museum – <http://www.museumhotelbudapest.com>
- Dinner at Hotel Museum Budapest evening of arrival.
- ½ day city tours in Budapest.
- Farewell dinner cruise along the Danube in Budapest.
- Transfer to Budapest Airport with English speaking guide for return flight.

Make checks out to: **Far West Ski Association (FWSA)**. Please reference "FWSA 2017 AUSTRIA Trip" on each check.

Send to: **Debbie Stewart**
FWSA VP of Int'l Travel
430 S. Church St.
Visalia, CA 93277
FwsaIntlTrvl@prodigy.net or cell: 559/737-0882

CST # 2036983-40



2016/2017 Avid Skiers in Control

President	Claudia Fernandes	925-462-6573	Claudia.fernandes4108@gmail.com
Vice President	Anne Wilburn	925-200-2801	annewilburn@comcast.net
VP Membership	Maggie Jong	925-447-5148	mozoro25@gmail.com
VP Club Activities	Pat Green	925 846-7250	greendm@comcast.net
Secretary	Phyllis Fagan	925-371-1667	phyllismay@comcast.net
Treasurer	Keith Wilson	925-828-8265	Keithwilson108@sbcglobal.net
Newsletter Editor	Dennie Warren	510 759-3415	dennieluuu1@att.net
Web Manager	Ray Jong	925-447-5148	skibuff@comcast.net
Travel Director	Tucker Hoffmann	925-371-1910	Tuckerhoffmann@aol.com
Past President	Karen Wehrman	510-538-2872	kwehrman@comcast.net
Trustee	Kathy Hoffmann	925-371-1910	tkhoffmann@comcast.net
Safety Chair	Sandy Beecher	707-255-4139	srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm

Open league racing: olrc.org

Weather: nws.mbay.net/home.html

Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Road conditions: 1-800-427-7623

Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR JULY, 2016



The next meeting will be
July 20

Don Jose's Restaurant
3430 Village Dr.
Castro Valley, CA

(meeting starts @ 7:30pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS