



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

June, 2018

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EVENTS CALENDAR

(f) = flyer in this issue



JUNE

- 7-10 FWSA 86th Annual Convention in Reno, NV
27 CVSC End of Season Banquet

JULY

- 11 CVSC board meeting/bbq at Kathy & Tucker's
18 CVSC general meeting at Don Jose's
31-8/9 CVSC trip to Iceland (f)pg9

AUGUST

- 15 CVSC board meeting at Dennie's
22 CVSC general meeting at Don Jose's

UPCOMING

- 2019:
2/9-16 CVSC Ski Week at Beaver Creek, CO (f)pg 8
6/13-16 FWSA 87th Annual Convention in Indian Wells, CA

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

JUNE BIRTHDAYS

Gail Burns	1
Laura DenHaan	1
Deborah Haling	1
Tom Rognlien	2
Richard Ludt	2
Ham Ramsey	5
Norman Prickett	6
Dennis Nicholson	18
William Funkhouser	19
Edward Cook, Jr	21
Claudia Fernandes	24
Catherine Wilson	29
Terry Walton	30



Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter.

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@gmail.com



*Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com*

BAC and FWSA Benefit – From National Ski Council Federation

Note this discount is available through Steamboat lodging as listed and not available with group contracts.

NSCF Lodging Discount

Here are the details of your NSCF discount. I have also included a link to a flyer so that you can easily share this benefit with your membership.

NSCF Members SAVE AN ADDITIONAL 10% off your Steamboat lodging when you book your vacation rental with **Mountain Resorts**, **Simply Steamboat**, and **Pioneer Ridge** ... even when it's already on sale!

Book direct using promo code NSCF1819

This code is valid through April 20, 2019.



Whether you want to take a trip with your family, or setup basecamp with a smaller group in a luxury chalet, we are happy to extend a special discount to all NSCF councils, clubs, and their members.

NSCF STEAMBOAT LODGING BENEFIT FLYER

** Promo code valid for individual reservations booked directly. Not available with group contracts.*

Whether you want to take a trip with your family, or setup basecamp with a smaller group in a luxury chalet, we are happy to extend a special discount to all members of NSCF councils and clubs.

Larry Mashaw

Vice President of Sales & Marketing

Resort Group

(970) 875-2828

lmashaw@resortgroup.com



TOTAL RESORT SERVICES.



Castro Valley Ski Club Newsletter

President's Message

Hello Everyone!! Summer is upon us and it sure can be HOT!!! The FWSA convention is here this month June 7-10 and we will be setting up the centerpieces for the gala dinner Saturday night. **All the CVSC delegates will be helping to set up that night.** It should be a great turnout this year and a fun time.



Claudia Fernandes
President

Our last meeting was well attended and a lot of fun and Margaritas. We held our annual elections and had a work party to all work on the centerpieces for the upcoming convention. It was a fun time and **a very creative bunch.**

A group of CVSC members attended the "Empty Bowls" fund raiser for the Alameda County Food Bank in Oakland last month. The food bank raised an amazing amount of money to cover the cost of 388,000 produce-filled meals for children and families in our community. Enough for 1000 meals a day for an entire year.

The trip to Morocco was amazing we had a great time. At the meeting members shared their stories and the highlights of the trip. This time we had a fabulous guide who really made the trip an experience for a lifetime. We rode camels on the Sahara and watched the sunset, visited Roman ruins, souks, medinas, markets, and ate a lot of food and experienced a lot of different spices.....it really broadens your horizons and your understanding of other cultures.

Thank you Tucker and Kathy for another wonderful time.

Don't forget our **End of Season Banquet** is **June 27** and **we will not** have a general meeting this month as this is considered the June meeting. If you have not let Pat Green know that you are going, please do so immediately as she needs to provide the country club with the final numbers soon. The menu is great and **we do subsidize the cost** of the meal by half for our members. So come enjoy the evening and visit with friends, it should be another exceptional time and Pat has created a wonderful evening for us.....

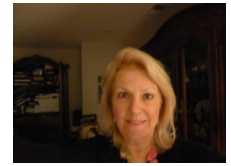
Thank you all for coming to the meetings and joining in and a big **Thank You to the CVSC Board** for your commitment to the club and the work you do to support it and our members. More to come this year!!!!

Well enjoy your summer there will be more fun times to come please stay tuned. Hope to see you all at our upcoming meetings and events.

Claudia

Our Vice President

June has arrived and we have the summer before us. School is out or will be soon, graduations, weddings, vacations, get-togethers with family and friends, BBQs, trips to the beach, and my favorite warmer weather, is your calendar filling up? That said, the ski gear is packed away and the shorts and sandals are the new gear.



Anne Wilburn
Vice President

The 86th Annual Far West Ski Association Convention is approaching, June 7-10th at the ATLANTIS CASINO RESORT SPA, IN RENO, NEVADA. CVSC will be well represented; many of our members will be attending. We volunteered to provide the centerpieces for the Awards Banquet on Saturday evening. At our last meeting we had fun decorating the mason jars with raffia and rope, in keeping with the western theme. There was a lot of creativity happening and laughs galore. We have western bandanas to set them on and they will be filled with fresh flowers, along with cowboy hats and misc. western themed items scattered on the table.

Our Morocco trip was fabulous. It is a country that is rapidly changing and adapting to the 21st century. We went from Casablanca, a bustling port city with all the problems of overcrowding and underdeveloped infrastructure to the primitive adobe villages, vast agriculture lands, mountains, the great Sahara Dessert and nomadic tribal tents. Thanks Kathy and Tucker for this Great Adventure.

Have a Happy June...

Anne



WOW...what a great time we had in Morocco! The trip was much more than we expected. We had a group of 33 from CVSC. Hassan our guide was outstanding. One of the best we have ever had. We also had a great driver, Abdel, and once you have been to Morocco you will see why a good driver is very important. Aziz, our bus boy, passed out water (and cookies on our bus days) and kept the coach nice and clean for us. Claudia won the cookie plate. After 2 weeks, they became part of our family. We experienced a wonderful evening at a Riad (A riad is a traditional Moroccan house or palace with an interior garden or courtyard) in Marrakech after a horse-drawn carriage ride followed by an authentic Moroccan dinner with live music and belly dancing. One of our most memorable highlights will be the day in the Sahara and our camel ride and watching the sunset over the desert.



Upcoming Travel:

ICELAND - July 31- Aug. 9th, 2018 - Hottest travel destination this year! We are flying from LAX & SFO. Trip is now full.

BEAVER CREEK: Feb. 9-16, 2019. We still have a few openings on this trip. Right now, we have 28 going.

RHINE RIVER CRUISE: May 6-15, 2019. A 7-night Riverboat Cruise from Amsterdam to Mainz, Germany. Includes 1 extra night in Amsterdam before the cruise. See enclosed flyer.

ISRAEL: September 5-18, 2019. We will be going to ISRAEL. Many of you have been waiting for this trip. We will also be visiting Petra & Jordan. More info and pricing soon.

Happy Skiing & Travels.....



Tucker - CVSC Travel Director & Kathy
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cell # 510-329-4242

CVSC CST # 2081040

Rattlesnake Fact Sheet

Awareness

There are several species of rattlesnakes common to California, but the Northern Pacific Rattlesnake is the most prevalent in the District's service area. The physical appearance of each snake is variable, but some general principles in distinguishing rattlesnakes are:

- Broad, triangular head with a noticeable "neck" behind the head.
- A rattle located at the tip of the tail. The rattle is used as a warning device when they are threatened.
- Vertical pupils (non-poisonous snakes have round pupils) though hopefully you would not be close enough to notice this!

Rattlesnakes can be found in rural areas, as well as suburban areas where there is sufficient natural habitat. In Northern California snakes will hibernate during cold months and are active March through September.

Several rattlesnake sightings, including discovery of a nest of juveniles, have been reported this month throughout the District. Take special vigilance when entering into a vault

Prevention

If the rattlesnake is not cornered or imminently threatened, it will usually attempt to flee. Bites are often the result of a snake being startled or provoked, and the victim's underestimation of the range (roughly two-thirds of its total length) and speed (literally faster than the human eye can follow) with which a coiled snake can strike.

Avoid contact with rattlesnakes by remaining observant and not approaching the animals. Be particularly careful when working around fallen logs or boulders, and when near rocky outcroppings and ledges where rattlesnakes may be hiding or sunning themselves. Snakes will also occasionally sun themselves in the middle of a trail. If you do encounter a rattlesnake on a trail, keep your distance and allow the snake room to retreat.

Heavy boots and long pants reinforced with leather or canvas are recommended for hikers in areas known to harbor rattlesnakes.

Treatment

Get to a hospital as soon as possible. In the meantime, these first aid steps can be taken:

- Wash the bite with soap and water.
- Immobilize the bitten area and keep it lower than the heart.
- A suction device may be placed over the bite to help draw venom out of the wound. Snake bite suction instruments are available through the Central Warehouse (Stores Code #063449).

Antivenin treatment is typically used to block the tissue destruction, nerve damage, and blood-clotting disorders caused by rattlesnake venom. Keep snake bite victim calm to avoid elevating their heart rate and accelerating the circulation of venom within the body. Do not attempt to make incisions at or around bite sites, apply ice, or use tourniquets, as this could be more destructive than the venom itself.

Reporting & Relocation

All rattlesnake sightings should be reported immediately to your supervisor so that other workers in the area can be informed. In the event that a rattlesnake is discovered in an area that it needs to be removed from (a valve pit, a basement storage area, etc.), please contact the local District Rangers in that area.

Do not pickup or tap the snake.

Castro Valley Ski Club
Radiant Rhine Cruise with Amsterdam
May 6-15th, 2019 - Amsterdam to Mainz
Price \$3650

Includes 1 pre night in Amsterdam, you would depart USA on May 6, arrive May 7 at 2PM, overnight in Amsterdam, board our cruise boat on May 8 after 4PM. Fly back to USA on May 15.

Included:

- 1 night in Amsterdam before the Cruise at the Movenpick & more
- Round Trip air from SFO on Lufthansa
- 7-night cruise aboard the 5-star MS Crucevita (cat. C included in price)
- 21 meals: 8 buffet breakfasts, 6 lunches and 7 dinners
- Free wine, beer, or soda daily with lunch and dinner
- Captain's Welcome cocktail and Farewell dinner
- Total of 6 included sightseeing excursions (with audivox's)
- All on board activities and live music each evening
- Services like early riser breakfast, 24/7 coffee, afternoon cake and snacks
- Professional English-speaking Cruise manager and local guides throughout

Category C (included) main deck aft - panorama window -4 cabins available

Category B (+\$199 per person) main deck mid - panorama window - 6 cabins available

Category A (+\$449 per person) promenade deck, French balcony - 10 cabins available

Cruise Itinerary:

- 7-night cruise from Amsterdam to Mainz
- Amsterdam (Netherlands)
- Rotterdam (Netherlands)
- Cologne (Germany)
- Koblenz/Ruedesheim (Germany)
- Mannheim (Germany)
- Speyer/Worms (Germany)
- Strasbourg (France)
- Mainz (Germany)



What's not included:

- Gratuities
- Optional Tours
- Travel Insurance (\$179/pp)

M/S Crucevita Cruise Ship

The M/S Crucevita was designed in an old world grand yacht style. Superb public areas, accented in oak and leather, include a panorama restaurant, cozy bar and lounge, a fire-place, a gym, sauna, library, and sun deck. The cabins area spacious 14 sq m (150 sq ft) and are fitted with beds that are stowed away during the day to create extra space to relax. All cabins include air-conditioning/heating that can be regulated individually, a multi-channel satellite TV with remote control, a mini safety deposit box, a telephone and a hair dryer. Cabins on Main deck have panorama windows while cabins on the upper Promenade deck will have new French balconies.

Deposit \$300 – non-refundable

Tucker Hoffmann – CVSC Travel Director – tkhoffmann@comcast.net
2657 Rivers Bend Circle, Livermore CA. 94550



Rebuilding the Lives of Disabled Veterans Through Sports!

14th Annual Military Sports Camp May 29 - June 1, 2018

The day after Memorial Day, eleven disabled veterans made their way to Lake Tahoe to participate in our 14th Annual Military Sports Camp. They are learning new high-challenge activities and making new connections. Each day starts out on Donner Lake with three hours of outrigger canoeing thanks to the Truckee-Tahoe Outrigger Canoe Club. The participants also hike around Donner Lake and Tahoe Vista, participate in a ropes/challenge course at Tahoe Treetop Adventures and spend an evening sailing on Lake Tahoe with Tahoe Sailing Charters.

Thank you to all our partners and volunteers for making this week a success. And thank you to our veterans for their service to our country!

Our Summer Military Sports Camp is made possible in part by grants from Disabled Sports USA and the Day Parker Tomlinson Scholarship Fund.



Join Us! Squaw Valley Art, Wine & Music Festival!

Tickets are now available for the Squaw Valley Art, Wine & Music Festival on **July 14 & 15** in Squaw Village. All proceeds from the event benefit Achieve Tahoe. Tickets are \$30 (\$25 in advance).

Castro Valley Ski Club

Presents

 *Beaver Creek. Not exactly roughing it.*



2019 CVSC Ski Week Beaver Creek, CO

Feb. 9-16, 2019

\$815

Package Includes:

- 7 Nights Lodging (dbl. occ.) at The Charter
- Porter Fees
- Welcome Wine & Cheese party
- Included CVSC dinner

note: air/transfers not included in this price

Lift tickets are **NOT INCLUDED** in this package;
If you need a 5 day lift ticket/5 resorts – add \$455

Free indoor parking
Bar & Restaurant on property
Walk to village



Send \$200 deposit to: (\$50 is non-refundable)
Tucker Hoffmann - CVSC Travel Director
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2018 Castro Valley Ski Club presents

Iceland Summer Adventure

REYKJAVIK, VIK, WESTMAN ISLANDS, SELFOSS & BLUE LAGOON



July 31-Aug 9, 2018
Estimated price \$3600

Your package includes:

- Round-trip, non-stop flight on IcelandAir from West Coast
- Airfare taxes, fees & fuel surcharges
- Ground transportation
- Accommodations at centrally-located, Scandinavian-style hotels (simple)
- 14 meals: 9 breakfasts and 5 dinners
- Comprehensive sightseeing as per itinerary
- Experienced, English speaking guides
- Tips

Itinerary at a glance

- Overnight flight on Icelandair
- 2 nights in Reykjavik
- 2 nights in Vik
- 2 nights in Selfoss
- 2 nights in Reykjavik
- Return flight on Icelandair



for more info call - Tucker Hoffmann - CVSC Travel Director
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CASTRO VALLEY SKI CLUB IN MOROCCO



Morocco is a truly “majestic” land. One of much diversity — being mainly a Muslim nation but living peacefully along side Christians & Jews.



Storks in their nests perched atop a building tending to their young.



The natives entertaining the tourists.



Standing in front of the entrance of one of many fine, ancient palaces we visited.



A keyhole view of an ancient grainery (no longer used).



“ALL ABOARD!!!!”

On our camels for our trek through the Sahara Desert.



“Happy trails to you.....”



Standing in between the entrance of another ancient palace and a mausoleum.



Somethin' got your goats??? (in trees yet)



On our bus tour we were extremely fortunate to come across a nomadic tribe.



Us ladies down in the ravine with our tour guide, Hassan.



Us ladies on top of a sand dune waiting for the sun to set — then back on our camels to our camp.



2018/2019 Avid Skiers in Control

President
Vice President
VP Membership
VP Club Activities
Secretary
Treasurer
Newsletter Editor
Web Manager
Travel Director
Past President
Trustee

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Pat Green 925 846-7250
Phyllis May 925-371-1667
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WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm
Open league racing: olrc.org
Weather: nws.mbay.net/home.html

Far West Racing Assoc: fwra.com
Web cams on the slopes: magnifeye.com
Road conditions: 1-800-427-7623
Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR JUNE, 2018



The next meeting will be at

Don Jose's Restaurant
3430 Village Dr.
Castro Valley, CA

(meeting starts @ 7:00 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS