



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

May, 2020



EVENTS CALENDAR

(f) = flyer in this issue



Inside this issue:

Sporting Goods Exchange/	2
Greenhouse Marketplace/Pres Mssg	
Are You Still Sane?	3
Travel Update	4-5
FWSA/BAC/	6-9
CVSC 2021 Ski Week in Sun Valley, ID/Reg form/Liability/Conduct	
CVSC Russia River Cruise	10
CVSC Italy Bike & Barg	11
Avid Skiers in Control	Back page

MAY

No meetings in May

JUNE

Meetings TBD

JULY

Meetings TBD

17-29 CVSC Russia River Cruise (f) pg 10

UPCOMING

2021:

1/30-2/6 CVSC Annual Ski Week to Sun Valley, ID (f) pg 6

8/21-28 CVSC Italy Bike & Barge (f) pg 11

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

2021:

1/30-2/6 FWSA/BAC Annual Ski Week to Sun Valley, ID (f) pg 6



MAY BIRTHDAYS

Vern Dalton	3	Debbie Scanlon	20
Pat Green	6	Wayne Ainsworth	23
Sandra Beecher	7	Valerie Craven	27
Anne White	16	Judith Valentine	28
Sherry Ford	16	Janet Wilson	30
Gisele Ferras	17		



Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuu1@gmail.com



*Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com*

SPORTING GOODS EX-CHANGE

The newest thing in skis — BOOTSKIS — by Stolt — the evolution in ski equipment....

For a video & info on this please go to stoltsports.com...

I have a pair of bootskis that I would like to give to anyone interested..... Please contact me @ dennieluuu1@gmail.com

GREENHOUSE MARKET-PLACE

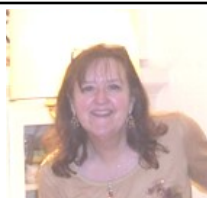
Do you do lots of canning (fruit — jams/ jellies/preserves) and would like members to know about it — let me know & the word will go here!!!!

Are you blessed with culinary expertise (make pies, special desserts, etc) and would like to share?? Also, let me know!!!!

President's Message

Happy May Day and Cinco de Mayo...hope everyone is staying safe and sane.....

The weather has been amazing - nothing like hot spells followed by cold spells but we can really enjoy the sun when it is out...the air is clearer which is a plus and we can see more stars...we are trying to find the positives...



Claudia Fernandes
President

All of our areas are experiencing different challenges and I know some of your states and counties are more open than the Bay Area and L.A. but we will persevere. More of you have shared the projects you have accomplished like finishing quilts, painting, photos being put in albums, putting in vegetable gardens, for fun walking, yoga, exercising via zoom, bicycling and vir-

tual cocktail hours...however you are spending your time may it be a good time!!! We are definitely getting an appreciation for what we have...

Although we have canceled our End of Season get together we are looking forward to future times of fun and friends..

Take care and stay safe...enjoy your family and friends...

Best wishes to you all,

Claudia



Are you still sane?

Nothing political and no science lesson this month!!

What a month! I feel like all my days are melting together. A few days ago I heard a fire truck drive down my street with about 10 cars following. All of a sudden, light and siren went on. The Fire Dept was helping a young man by the name of Jerome celebrate his 7th birthday. The firemen dropped off a present and all the cars behind honked their horn, sang happy birthday and dropped off presents. With social distancing in place, Jerome could not have a party but I guarantee that he will never forget his 7th birthday.

The last few weeks I have been walking my dog at least 3 times a day just to get out. He is very happy that I am home but I still feel house bound and need to get out. I took a drive down highway 29 toward pedestrian traffic in downtown Napa. I just keep reminding myself that this is for our own health and this state- at- home is almost over.

Some of the things that kept me busy:

1. I watch food network but I actually find myself listening and feel I have time to cook some of the delicious recipes.
2. I am doing laundry and actually putting it away. So many times I get distracted so laundry sits in a pile for a day or two. Now I am very organized but I know that will not last!
3. I have done several jigsaw puzzles and now I am exchanging puzzles with my neighbors.
4. I spend some time on zoom, skype or what's app. I got to talk to my cousins in Florence, Italy. Everyone is healthy but very bored. Only one person can go to the store at a time and they must have a pass to present to the police. If they do not have a pass or a receipt from the grocery store, the police will issue a \$1000 dollar ticket or more for the second offense.

The most important part of my day is when I have a nice glass of wine and toast all my friends and family.

Stay happy and healthy until we meet again. Big virtual hug!!

Sandy





Not much new this month. We are still scheduled to go to Russia in July but I seriously don't think this is going to happen. We may be going next year instead. If that happens the Bali trip will also be pushed back a year.

RUSSIAN RIVERBOAT CRUISE: July 17-29th, 2020

Everything is still set to go according to schedule on our Russia River Cruise. We should know more by mid-May.

SUN VALLEY:

We have 2 double Queen rooms left for the Sun Valley Trip at the Sun Valley Inn and 1 spot for a female at the Sun Valley Inn.

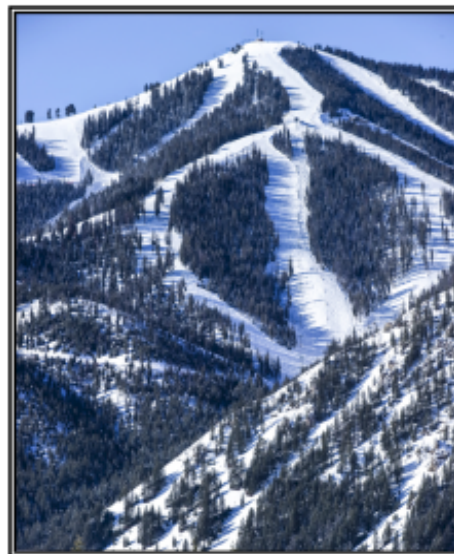
North American FWSA Ski Week Sun Valley, Idaho January 30 - February 6, 2021



Sun Valley has more than 3,400 vertical feet and over 2,000 acres of varied terrain on two mountains. Bald Mountain's consistent pitch, lack of lift lines, and variety of terrain have earned it the reputation as one of the world's best ski mountains. Sun Valley is known for their snowmaking and groomed runs. They have snowmaking on 646 acres and groomed runs on 810 acres.

Includes:

- 7- nights' accommodations
- FREE shuttle service to mountain
- Welcome Party
- Mountain Picnic
- Racing
- BAC Council Party
- Mountain Tours
- Banquet & Dancing
- Friday Après Party
- Council Team Racing



FAR WEST SKI ASSOCIATION 2020 Convention Update

Far West Ski Association (FWSA) has reached the difficult decision to officially defer our Annual Convention scheduled May 28 -31, 2020 at the Red Lion on the River Jantzen Beach in Portland, Oregon. We will return to Portland in June, 2022. The only other times the FWSA Convention was actually cancelled was in 1943 and 1944 during World War II. We will begin planning for our next convention at the San Diego Marriott Mission Valley in San Diego, California June 10 - 13, 2021.

BREATHTAKING BALI - 12 DAYS - May 2021 (maybe 2021)

Trip will be limited to 32. Air from LAX or SFO. Price around \$2900.

- Round-trip international airfare from Los Angeles or SFO
- Airfare taxes, fees & fuel surcharges
- Ground transportation in an air-conditioned motor coach
- Accommodations at first-class hotels and beach resort
- 15 meals: 9 breakfasts, 4 lunches, and 2 dinners (possibly more dinners will be added)
- Comprehensive sightseeing tours including admission fees
- Professional, English-speaking Tour Director throughout
- Refillable water bottle provided at the start of the tour

Tanah Lot Temple at sunset

Participate in a traditional Balinese purification ceremony in holy spring water (Sebatu Village)

Traditional Balinese cooking class with a professional chef

Visit to Bali Aga, home of Bali's original inhabitants

Besakih Temple (the Mother Temple)

Goddess of the Lake Temple (Ulun Danu)

Waterfalls at Munduk

ITALY BIKE & BARGE - \$1625

Aug. 21-29, 2021 **SOLD OUT - E-Mail us to get on waiting list**

We are chartering the whole boat. Trip is limited to 31.

Cycle along the River PO in Northern Italy, visiting celebrated cities of art, a prime nature reserve and charming rural hamlets. Relax at night on your private barge, enjoying the scenery. Your tour comes with all meals, guided tours of Venice and Mantua, a bike and helmet & more.



Happy Skiing & Travels.....

Tucker - CVSC Travel Director & Kathy
2657 Rivers Bend Circle, Livermore CA 94550

tkhoffmann@comcast.net

cell # 510-329-4242

CVSC CST # 2081040

**North American
FWSA/BAC/CVSC Ski Week 2021
Sun Valley, Idaho**



January 30 - February 6, 2021

Sun Valley Inn - King Bed Hotel Room.	\$1,315.00 per person	1 left
Sun Valley Inn - 2 Queen Bed Hotel Room	\$1,315.00	2 left

Sun Valley Lodge Apts. 2 bdr/2ba	\$1,315.00 per person	SOLD
Sun Valley Lodge Apts. 3 bdr/3ba	\$1,315.00	1 left

March 9th: \$200 Deposit

July 1st, 2020: \$500 Payment.

October 10th, 2020: Final Payment Due.

Cancellation Policy: Must be in writing.

Deposits fully refunded by June 30th, 2020.

\$200 fee applies if cancelled from July 1st to August 31st.

\$500 fee applies if cancelled from Sept. 1st-October 10th.

No refunds after October 30th. Trip Cancellation Insurance is STRONGLY recommended.

Includes:

- 7- nights' accommodations
- FREE shuttle service to mountain
- Welcome Party
- Mountain Picnic
- Racing
- BAC Council Party
- Mountain Tours
- Banquet & Dancing
- Friday Après Party
- Council Team Racing

Optional:

- 5 day Lift Ticket \$345
- More info on Epic Pass to come

Air & ground transportation not included in this price



Checks made out to CVSC and mailed to:

Tucker Hoffmann
2657 Rivers Bend Circle, Livermore CA 94550

tkhoffmann@comcast.net

CVSC CST # 2081040

FWSA ANNUAL SKI WEEK REGISTRATION FORM

SUN VALLEY, ID January 30 – February 6, 2021

Please print clearly: *The information you provide is for the exclusive use of FWSA & will not be sold for solicitation.*

PRINT NAME: _____ Nickname _____

Street Address: _____ City: _____

State: _____ Zip Code: _____ PHONE: Home: (____) _____

Cell / Work: (____) _____ E-Mail Address: _____

Date of Birth (M/D/Y): ____/____/19____ (We need your birth date for racing and lift tickets)

Male _____ Female _____ I am a Skier _____/Snowboarder _____/Non-Skier or Boarder _____

Ski Club: _____ FWSA Direct Member: _____

Council: Arizona, Bay Area, Central, Intermountain, LAC, NBS Western Orange, Northwest, San Diego, Sierra FWSA Direct

REQUIRED EMERGENCY CONTACT INFORMATION – Person not at ski week

Name: _____ Contact Number: _____

OTHER INFORMATION--OPTIONAL

Spouse/Significant Other at Ski Week? Name: _____ Cell #: _____

List Food Allergies and/or drug allergies (optional): _____

Medical Conditions: (optional): _____

List Over-the-Counter/prescription drugs taken regularly (optional): _____

- I have been advised that the FWSA trip package does not include travel insurance and I have the option to purchase my own Travel Insurance.
- I am aware that I am financially responsible for myself whether or not I purchase Travel Insurance.
- I am aware it is my responsibility to obtain all legal documents required for travel including passports and that my passport must be valid at least 6 months after trip.
- I am aware that a REAL ID driver's license or PASSPORT is required as ID for travel on air flights in the U.S. beginning October 1, 2020.
- I have received a copy of the FWSA Conduct Policy.
- I further certify that I'm a current FWSA Club or Direct member and that the information I have provided on this form is accurate.
- I am aware that FWSA may use pictures taken at Ski Week in the ski week presentation, on their website, and in any promo DVD's to market other FWSA trips. I have the option to sign a form to deny the use of my photo.

X

(Required)

Ski Week Participant Signature OR Parent/Legal Guardian for Minor

Date

Complete the Information below if you Plan to Race at Ski Week (including Council Challenge)

Age Group: Junior (0-17 Years Old) ____ Open (18-49) ____ Vet (50-64) ____ SVet (65 & up) ____

Legends Classes (No Skill Levels): (75 & up)

Skier Race Class: SO ____ S1 ____ S2 ____ S3 ____ S4 ____ S5 ____ S6 ____ S7 ____ S8 ____ S9 ____ S10 ____

Snowboard Upper ____ Snowboard Lower ____ Club I'll race for: _____

FWSA

FWSA ANNUAL SKI WEEK
SUN VALLEY SKI WEEK January 30—February 6, 2021
SPORT PARTICIPANT RELEASE OF LIABILITY, WAIVER OF CLAIMS, EXPRESS ASSUMPTION OF RISK AND INDEMNITY AGREEMENT.
Please read and be certain you understand the implications of signing.

Express Assumption of Risk Associated with Sport, Venue Use and Related Activities.

I, _____ do hereby affirm and acknowledge that I have been fully informed of the inherent hazards and risks associated with all activities of FWSA Annual Ski Week including but not limited to alpine skiing, snowboarding, tubing, and tobogganing, certain additional risks, dangers and hazards including, but not limited to boarding, riding, and disembarking ski lifts, transportation of equipment related to the activities, and traveling to and from activity sites in which I am about to engage. Inherent hazards and risks include but are not limited to:

1. Risk of injury from the activity and equipment utilized is significant including the potential for broken bones, severe injuries to the head, neck, and back or other bodily injuries that may result in permanent disability and death.
2. Possible equipment failure and/or malfunction or misuse of my own or others' equipment.
3. **I AGREE THAT I WILL WEAR APPROVED PROTECTIVE GEAR AS DECREED BY THE GOVERNING BODY OF THE SPORT I AM PARTICIPATING IN.** However, protective gear cannot guarantee the participant's safety. I further agree that no helmet can protect the wearer against all potential head injuries or prevent injury to the wearer's face, neck or spinal cord.
4. Variation and/or steepness of terrain, variation or changes in surfaces including but not limited to snow surfaces, ice, bare spots, rocks, stumps, debris, cliffs, trees, fences, posts, trees, light poles, signs, buildings, roads, walkways, ramps, rails, stairs, pyramids, manual pads, bowls, half-pipes, jumps, padded and non-padded barriers, other persons, and other natural and man-made hazards.
5. My own negligence and/or the negligence of others, including but not limited to operator error and guide decision making including misjudging terrain, weather, riding surfaces or other obstacles.
6. Exposure to the elements and temperature extremes may result if frost nip, frost bite, heat exhaustion, heat stroke, sunburn, hypothermia and dehydration.
7. Dangers associated with exposure to natural elements include but are not limited to avalanche, rock fall, inclement weather, thunder and lightning, severe and or varied wind, temperature and other weather conditions.
8. Accidents or illness occurring in remote places where there are no available medical facilities.
9. Fatigue, exhaustion, chill, and/or dizziness, which may diminish my/our reaction time and increase the risk of accident.
10. Impact or collision with other athletes, spectators, facility employees, pedestrians, motor vehicles, and cyclists.

***I understand the description of these risks is not complete and unknown or unanticipated risks may result in injury, illness, or death.**

WARNING

I am aware and acknowledge that racing and training and practice for racing have inherent dangers and risks for any competitor. Race courses may be icy, rutted, and bumpy. I assume the risk of all course conditions including, but not limited to weather and snow conditions, course construction or layout, and obstacles. I am required to inspect physically and visually the course and area of competition prior to the beginning of competition and, by using the course, assume the risk of all course conditions. I am voluntarily participating in these races and training and practice for the race with the full knowledge of the dangers and risks involved and hereby agree to accept any and all risks or injury, or death that may result.

Release of Liability, Waiver of Claims and Indemnity Agreement

In consideration for being permitted to participate in the above described activity(ies) and related activities, I hereby agree, acknowledge and appreciate that:

1. **I HEREBY RELEASE AND HOLD HARMLESS WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE,** the following named persons or entities, herein referred to as releasees: **Far West Ski Association (FWSA) and their directors and officers, FWSA Ski Councils and their directors and officers, FWSA Ski Clubs and their directors and officers, Far West Race Association (FWRA) and their directors and officers, and their successors and assigns.**
2. To release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise. By executing this document, I agree to hold the releasees harmless and indemnify them in conjunction with any injury, disability, death, or loss or damage to person or property that may occur as a result of my engaging in the above activities.
3. By entering into this Agreement, I am not relying on any oral or written representation or statements made by the releasees, other than what is set forth in this Agreement.
4. This agreement shall apply to any and all injury, disability, death, or loss or damage to person or property occurring at any time after the execution of this agreement.

This release shall be binding to the fullest extent permitted by law. If any provision of this release is found to be unenforceable, the remaining terms shall be enforceable.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, I FULLY UNDERSTAND ITS TERMS, I UNDERSTAND THAT I HAVE

S/ _____

Signature of Adult Participant

Name of Adult Participant (Please Print)

Date

FOR PARTICIPANTS OF MINORITY AGE: *This is to certify that I, as Parent, Guardian, Temporary Guardian with legal responsibility for this participant, do consent and agree not only to his/her release of all Releasees, but also to release and indemnify the Releasees from any and all liabilities incident to his/her involvement in these programs for myself, my heirs, assigns, and next of kin.*

S/ _____

Signature of Parent or Adult Legal Guardian if Participant is a Minor

Name of Parent or Adult Legal Guardian (Print Clearly)

Date

(Print Name of Minor Child)

ALL INFORMATION ON THIS PAGE MUST BE PRINTED ONTO ONE PAGE

FWSA TRIP CONDUCT POLICY

This policy applies to all persons participating on a Far West Ski Association ski week or trip. It is intended to maximize the enjoyment for all trip participants and provide guidelines for the FWSA Travel Staff, Council Trip Leaders, and assigned Trip Assistants. All trip participants are requested to observe common courtesy and generally accepted standards of social and moral behavior.

In accordance with Federal and State laws, the Far West Ski Association will enforce a "Zero Tolerance Policy" on illegal drug use at any FWSA sponsored event or trip. Failure to observe this policy will automatically remove you from participation in future FWSA events.

Participants shall adhere to the requirements of FWSA trip packages (e.g., lift tickets) and participants agree not to transfer, resell, or barter all or portions of that package. Only FWSA, or the issuing agency may compensate the participant for the unused portion or permit transfer. Failure to comply may result in exclusion from future FWSA events.

Alcohol and tobacco use is allowed in moderation and where permitted by law. FWSA Travel Staff, Council Trip Leaders, or assigned Trip Assistants, will ask a participant to cease any loud, obnoxious, or offensive behavior. Participants who refuse to cooperate will be reported to local security or local police.

Far West Ski Association maintains a strict policy prohibiting sexual harassment and harassment because of race, religion, color, national origin, ancestry, disability, medical condition, marital status, sexual orientation, age, or any other basis made unlawful by any applicable law or ordinance or regulation. Prohibited harassment in any form, including verbal, physical and visual conduct, threats, demands, and retaliation is unlawful and will not be tolerated. If, after a request to refrain from this behavior, the participant continues, FWSA Travel Staff, Council Trip Leaders, and assigned Trip Assistants may contact local security or local police. Profanity and off-color humor is only permitted if it is not offensive to other participants. Please stop the offensive behavior if asked by another participant, FWSA Travel Staff, Council Trip Leader, or assigned Trip Assistant.

Parents/Legal Guardians of minor children under the age of 18 are responsible for the supervision and behavior of their children. Children under 12 years will be under the direct supervision of their parents/legal guardians at all FWSA events. Parents/Legal Guardians are responsible for providing supervision of their children under 12 years of age during the time that they are attending a FWSA function without their children (e.g., children under 12 will not be left alone in the lodging rooms).

FWSA Travel Staff, Trip Leaders, assigned Trip Assistants, and/or FWSA Board of Directors will attempt to resolve problems in a mutually beneficial manner. When resolution cannot be achieved, FWSA Travel Staff, Trip Leaders, and assigned Trip Assistants have the authority to call on-site security or local police to resolve the problem. Participants may be excluded from a trip at their own expense and without reimbursement of trip expenses.

Castro Valley Ski Club
Presents
Russian River Cruise with Emerald Waterways
*Moscow • Uglich • Yaroslavl • Goritsy • Kizhi •
Mandroggi • St. Petersburg*

July 17-29th, 2020



Price from \$5464

Includes:

- RT Air from SFO & LAX
- 32 Meals (11 breakfasts, 10 lunches and 11 dinners)
- Airport transfers on tour dates when air is provided by Mayflower Cruises & Tours
- Fully escorted by an English-speaking Tour / Cruise Director
- Eleven-night cruise aboard the *MS Rossia*
- **All gratuities onboard and onshore**
- Shore excursions with English-speaking local guides
- Personal listening device for excursions
- Visits to many UNESCO World Heritage Sites
- Selection of complimentary drinks to accompany meals
- Variety of onboard entertainment
- All port charges included

WHAT IS NOT INCLUDED:

- Travel Insurance – If you don't need travel insurance let me know. I'm trying to set up something.
- Russian Visa

Make Checks payable to Castro Valley Ski Club (CVSC) Send payments to:

Tucker Hoffmann, CVSC Travel
2657 Rivers Bend Circle, Livermore CA. 94550
Phone 925-371-1910 Cell 510-329-4242
Email: tkhoffmann@comcast.net

CVSC CST # 2081040

CVSC BIKE & BARGE VENICE to MANTUA, ITALY



AUGUST 21-28, 2021
\$1,625 PER PERSON DOUBLE OCCUPANCY

INCLUDED:

- 8 day - 7 nights
- Unisex Citybike Bike & Helmet
- Daily Breakfast, Lunch & Dinner, Coffee/Tea
- Guided visit in Venice and Mantua
- Visit a cheese factory w/ tasting of Grana Padano
- Visit Carousel & Street Entertainment Museum
- Boat Excursion in Mincio Park Nature Reserve

NOT INCLUDED:

- Airfare & Ground Transportation
- Tips
- eBikes available for \$100
- Beverages on board (alcohol, soda, etc.)



\$400 deposit per person made out to CVSC to get on waiting list

Tucker & Kathy Hoffmann
2657 Rivers Bend Circle, Livermore CA 94550
tkhoffmann@comcast.net

CVSC CST # 2081040



2019/2020 Avid Skiers in Control

President	Claudia Fernandes	925-462-6573	Claudia.fernandes4108@gmail.com
Vice President	Anne Wilburn	925-200-2801	annewilburn@comcast.net
VP Membership	Maggie Jong	925-447-5148	mozoro25@gmail.com
VP Club Activities	Pat Green	925 846-7250	greendm@comcast.net
Secretary	Phyllis May	925-371-1667	phyllismay@comcast.net
Treasurer/Web Manager	Ray Jong	925-447-5148	skibuff@comcast.net
Newsletter Editor	Dennie Warren	510-759-3415	dennieluuu1@gmail.com
Travel Director	Tucker Hoffmann	925-371-1910	Tuckerhoffmann@aol.com
Past President	Karen Wehrman	510-538-2872	kwehrman@comcast.net
Trustee	Kathy Hoffmann	925-371-1910	tkhoffmann@comcast.net
Trustee	Paula Kinahon	510-910-2707	pkinahon@gmail.com
Safety Chair	Sandy Beecher	707-479-6272	srbeecher@aol.com

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing: slracing.tripos.com/schedule.htm
 Open league racing: olrc.org
 Weather: nws.mbay.net/home.html
 Best weather website for snow: Tahoeweatherdiscussion.com

Far West Racing Assoc: fwra.com
 Web cams on the slopes: magnifeye.com
 Road conditions: 1-800-427-7623
 Info on all ski areas: onthesnow.com

Take a bus to the slopes: nacski.com & tahoeskkitrips.com
 Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR MAY, 2020



There will be no meetings in May.

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS