



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

April, 2019



EVENTS CALENDAR

(f) = flyer in this issue



Inside this issue:

Happy Hour	2
President's Mssg	3
Travel Update	4-5
End of Season Banquet	6
CVSC Mini Ski Week at Telluride, CO	7
FWSA 87th Annual Convention at Indian Wells, CA	8
BAC Mini Ski Week in Utah/Reg Form/Waiver/Code of Conduct	9-12
BAC Woman of the Year	13-14
FWSA 10th Annual Scuba Dive Trip—Philippines	15
CVSC Rhine Cruise	16
CVSC Russia River Cruise	17-20
CVSC Wonders of Israel & Jordan	21
Avid Skiers in Control	Back page

APRIL

- 10 CVSC board meeting at Maggie's
- 17 CVSC general meeting at Don Jose's

MAY

- 5-15 CVSC Rhine Cruise & Amsterdam (f) pg 16
- 8 CVSC board meeting at Phyllis'
- 15 CVSC general meeting at Don Jose's

JUNE

- 12 CVSC board meeting at Sandy's
- 13-16 FWSA 87th Annual Convention in Indian Wells, CA (f) pg 8
- 26 CVSC End of Season Banquet (f) pg 6

UPCOMING

- 9/5-19 CVSC Presents wonders of Israel & Jordan, Jerusalem, Galilee, Nazareth, Dead Sea, Masada & Tel Aviv (f) pg 21
- 2020:
- 2/8-15 CVSC Ski Week at Telluride, CO (f) pg 7
- 7/17-29 CVSC Russia River Cruise (f) pg 17

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

- 2/19-23 BAC Mini Ski Week in Utah (f) pg 9
- 9/28-10/12 FWSA 10th Annual Scuba Dive Trip—Philippines (f) pg 15

APRIL BIRTHDAYS

Ken Calkins	3
Kerma Cook	6
Norman Glickman	8
Janice Dark	10
Marianne Carruth	17
Marty Acuff	18
Barbara Gilmartin	19
Lynnell Calkins	19
Diana Gartland	23



Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@gmail.com



***Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com***

GREENHOUSE MARKETPLACE

Do you have a garden that you would like to share what you've grown?

Do you bake a lot & would like to share what you've created?

Do you like to make jams, jellies, or any canned goods that you'd like to share?

If any of the above apply to you, let me know & your info will appear in this article!!

SPORTING GOODS EXCHANGE

We have a cabin in So Lake Tahoe that we would like to make available to club members for the month of April for skiing. The address is 3251 Marlette Cir. So. Lake Tahoe, CA. 96150 — any interest please contact me, Laura Kelley, at 530-417-3636 or text.

HAPPY HOUR.....

April 16 @ 4pm

Pleasanton Hotel

555 Main St, Pleasanton, CA

Please come join in on loads of fun & libations!!!!

Castro Valley Ski Club Newsletter

President's Message

Happy Snow days and Happy Easter Everyone

We have **SNOW** and lots of it, the weather seems to be continuing to provide us with more snow and the ski resorts are staying open for days to come, so enjoy and be safe!!!!



Claudia Fernandes
President

Coming up we have a lot going on, the **FWSA convention is June 13-16**, in Indian Wells. Our club is allowed 13 delegates this year and if you are interested in being a delegate please let me know so we can get you on the list. You will need to register online yourself and we will reimburse members ½ of the registration fee at the end of the convention. The deadline for signing up for the convention is **May 15th**. It is always a lot of fun, friends and auction items..... Check out the FWSA website for more information on the optional trips and events going on.

Pat Green is planning a club **get together on April 16th** at the Pleasanton Hotel, so we hope you can join in, should be a fun night, the hotel has recently opened two new restaurants and the food is good and the drinks and fun with friends a good time. Information is in this skizette. Hope to see you there!!!

The **next general meeting is April 17 at Don Jose's at 7:00 p.m.** so another good time to get together, we shared snow stories at our last meeting and what stories there were.... this upcoming meeting we hope to

have our charity April Showers join us to talk more about what we have provided and how the program is progressing and their future needs. It should be an interesting time...See you then.

This next month is our trip down the **Rhine River** and we are all looking forward to it as always more fun with friends and sites to behold. Many thanks again to Tucker and Kathy for setting these trips up and providing us with adventures to share....

We also have a **Telluride trip** being set up for next year - emails from Dennie have gone out to see the interest from members, so please respond if you have not done so.

Elections: It is also that time for board positions - our **annual call of interest to be a board member** and hold other positions as needed. Please be thinking if you have an interest to be on the Castro Valley Ski Club Board. More information will be at the next meeting.

Well, as I said, a lot is going on and we have many more snow days ahead this month **so enjoy your April** skiing and have a wonderful time.

Have a **Happy Easter** and don't eat too many chocolate eggs. Happy Egg Hunting!!!

Claudia





Upcoming Travel:

RHINE RIVER CRUISE: May 5-15, 2019. A 7-night Riverboat Cruise from Amsterdam to Mainz, Germany. Includes 2 extra night in Amsterdam before the cruise. Trip is full.

ISRAEL: September 5-18, 2019. Many of you have been waiting for this trip. We will also be visiting Petra & Jordan. Trip is full.

RUSSIA: JULY 17-29, 2020. We have one cabin left on this popular trip.

Working on a CVSC Telluride Ski Trip. Feb 8-15, 2020. Trip leaders Ray Jong & Karen Wehrman. Are you interested? Let us know and if we get enough interest we will proceed.

Interesting Article....

You probably have your own personal list of travel musts-haves — items that you always want with you when going on a trip. Mine include a travel packet of wipes, moisturizer with sun screen, essential meds plus prescriptions *just in case*, and my international service-enabled cell phone plus charger. There are other items on my list, but these items always go into my carry-on bag first.

But there are also items that should be included on every traveler's list, no matter who you are or where you're going. Similarly, there are certain items that, for the most part, aren't worth the space they take up in your suitcase.

Today I want to share my list of top 10 must-haves for international travel, and I'll follow it up shortly with items that you can afford to leave at home.

- **Medication.** You should always carry all of your prescription medication in your carry-on bag, not in your checked luggage. I find the containers that are marked with the days of the week to be the most helpful. Fill them up so that you have all the pills you need per day in each little container. If you need more than a week's worth, fill up a second container. Ziplock bags make for perfect storage for these handy containers. If one of the compartments should open, the pills fall harmlessly into the plastic bag, safe and clean. Also, I recommend carrying a small assortment of other medication, including those to treat a cold, sore throat, or upset stomach. Even if you're not sick when you leave, it's better to have medication with you should something happen while away.
- **BE PREPARED:** Pack your medication according to the days of the week for easy access on your vacation. Photocopies of your [passport](#). It's never fun to lose your passport, but the experience can be somewhat less frustrating if you keep a paper copy of it with you. You won't be able to use the copy to get through security, but it will be very helpful when you go to the closest U.S. consulate to get a new one. Just be sure to keep the copy somewhere separate from your real passport, so you have less of a chance of losing both!

- **Eyewear.** Here is where it pays to exaggerate. If you wear contacts, remember contact lens solution, a case or two, and plenty of spare lenses should you rip or lose your primary pair. If you wear glasses, pack a back-up pair as well as a small eyeglass repair kit, which can be found in most drugstores and supermarkets. Finally, even if you have perfect vision, be sure to pack sunglasses to protect your eye
- **Phone charger.** Unless you have an international plan for your cell phone, you probably won't be able to make calls for the majority of your trip. But many of us use our phones as our camera or music player, so be sure to bring along your charger. Even if your family and friends are already on your phone contact list, it's helpful to tuck a paper list of family and friends' telephone numbers in with your other travel documents so you (or others) can contact them if necessary.
- **Inflatable neck pillow.** Inflatable neck pillows are handy to have on a long flight or bus rides. Just blow them up and settle in for a light snooze, then deflate them for easy transportation in your purse or bag. They can help you feel refreshed and avoid neck pain that can put a damper on your vacation.
- **MUST-HAVES:** Remember space-saver bags, ear plugs, and a neck pillow for comfortable traveling. Ear plugs. Who would guess that these small items would be such a lifesaver while traveling? They're an absolute must-have and can be used almost anywhere - from the plane to the hotel to the bus you'll probably be traveling on. I always carry extra earplugs as well in case my seatmate needs a pair - it's a great way to make friends on a noisy plane or bus ride.
- **Your camera and accessories.** Toting your camera, charger or batteries, and extra memory cards is necessary for collecting ample photo documentation of your trip. The extra memory cards are an absolute must, because they take up very little space physically, yet allow you to capture so many memories that you'll treasure for years to come.
- **Voltage converter and plug adapter.** To plug your phone or camera charger in overseas, you'll need a voltage converter and plug adapter to work in their outlets. You can pick up a good converter kit at an electronics store or on Amazon.com. A good model will cost about \$25 or less, so it's definitely worth the investment, and new versions are compact and easy to pack.
- **Poncho or travel umbrella.** This suggestion is especially relevant for those who plan on taking excursions, such as sightseeing, hiking, or biking, during their trip. Packing a poncho or travel umbrella could end up being a lifesaver if you encounter bad weather but still want to enjoy the great outdoors. You can pick up a very lightweight but effective plastic poncho at any dollar store for, you guessed it, a dollar!

Happy Skiing & Travels.....



Tucker - CVSC Travel Director & Kathy
 2657 Rivers Bend Circle, Livermore CA 94550
 925-371-1910 tkhoffmann@comcast.net
 cell # 510-329-4242

CVSC CST # 2081040

CVSC END OF SEASON BANQUET

Wednesday, June 26, 2019

Black tie optional

CROW CANYON COUNTRY CLUB

711 Silverlake Dr., San Ramon, CA 94526

EVENING EVENTS

5:30pm – Hors d'oeuvres/no-host cocktails

7pm – Dinner

Installment of new CVSC Board

Awards for Officers & Members

Door prizes & raffle

MENU CHOICES

(Pricing TBD - SOON!)

#1 Salmon or #2 New York Steak

All entrees include salad, seasonal vegetables, chef's choice of potatoes or rice,
bread & butter, coffee, tea, dessert, and wine.

DON'T MISS THIS GALA EVENT!!!

BANQUET RESERVATION FORM

Complete reservation form & mail to Pat Green, 4655 Cope Ct., Pleasanton, CA 94566

By Saturday, June 22, 2019

(Enclose check payable to CVSC)

Name(s)	Menu choice #	Member?	Amt enclosed
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
Phone _____			
Email _____			Total amount enclosed\$ _____

Castro Valley Ski Club

Presents

Telluride Ski Week

February 8 to February 15th, 2020

\$1233

Lodging at Bear Creek Lodge in the Mountain Village

Land Package Includes:

- 7 Nights Lodging (dbl. occ.) and all taxes
- RT airport transfers from Montrose
- Welcome Party
- Add \$437 for 5-day Lift Ticket for those who want one.
- If you have a Full Epic Pass, you have up to 7 days of skiing included at Telluride. The Epic Local and Military Epic Passes do NOT provide access to Telluride.
- Trip leaders are Ray Jong (skibuff@comcast.net) and Karen Wehrman (kwehrman@comcast.net)



note: deduct \$87 for those who don't need the airport transfer

note: if you already have an Epic Local pass, you can upgrade to a Full Epic Pass for about \$240.

Send \$200 non- refundable deposit (made out to CVSC) to:

Tucker Hoffmann - CVSC Travel Director

2657 Rivers Bend Circle, Livermore CA 94550



925-371-1910 tkhoffmann@comcast.net

CVSC CST # 2081040

"The Voice of the Western Skier"



87th Annual Far West Ski Association Convention

June 13 - 16, 2019

at the



HYATT REGENCY

INDIAN WELLS
RESORT & SPA



Hosted by the *Orange Council of Ski Clubs*

Hyatt Regency Indian Wells Resort & Spa

44-600 Indian Wells Lane, Indian Wells, CA 92210

Reservations <https://www.hyatt.com/en-US/group-booking/CHAMP/G-FSKI> or

call 1-760-776-1234, Group Name: **Far West Ski Association.**

Room Rates per night plus tax single or double occupancy —

\$139 per night

Room Registration Deadline May 17, 2019

Hotel Features

- Agua Serena Spa
- 36 Holes of Championship Golf
- Heated Swimming Pool and Hot Therapy Pool
- Lantana Restaurant
- Oasis Poolside Bar
- Agave Sunset tequila bar and lounge, overlooking golf course
- Pool and hot tub • Fitness Center

Transportation

- Air transportation is via Palm Springs (30 minutes), or Ontario (1.5 hours) or Los Angeles LAX (2.5 hours).
- Transportation to the airport is available by car rental or shuttle.

Convention Highlights

- Silent Auction & Trade Show
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panels
- Saturday Awards Luncheon
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

- **Thursday**
 - Palm Springs Air Museum
 - Legends & Icons Homes Tour
 - "Get your Party on" Pub Crawl
- **Friday**
 - 13th Annual Michael German Memorial Golf Tournament
 - Aerial Tram Ride in San Jacinto
 - Spa Day
 - Pool Party

Debbi Kor
FWSA Convention Chairperson
fwsadebbi@comcast.net
or 503-314-7078

Jeannine Davis
Silent Auction Chairperson
SilentAuction@fwsa.org
or 415-328-2333

Sheila Van Guilder
Convention Coordinator
svanguil@yahoo.com
or 714-656-6032

A portion of the Silent Auction proceeds will benefit the USARC.

www.fwsa.org



The Bay Area Snow Sports Council Presents
A Mini Ski Week to:



Alta, Snowbird, Brighton & Solitude, Utah
February 19 – 23, 2020

Utah is renown for its wonderful powder snow & epic mountain terrain! By staying at the base of Big & Little Cottonwood Canyons, our BAC skiers will be able to access four great Utah ski resorts!

Lodging & Amenities Package Includes:

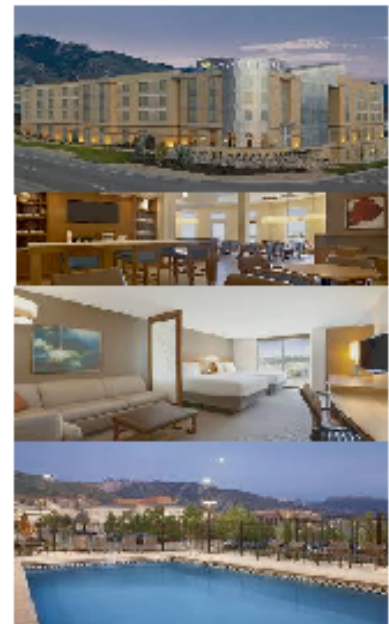
- ❖ 4 nights at the Hyatt Place/Cottonwood – double occupancy
- ❖ Welcome reception and Group Dinner included
- ❖ Free daily hot breakfast
- ❖ Free hotel shuttle to ski bus transit center
- ❖ Free wifi & parking

Lodging & Amenities Package Pricing:

- ❖ \$575 per person – based on double occupancy in King or 2 Queen bed hotel rooms.
- ❖ Registration opens on April 5. To insure your spot send your \$200 deposit check, payable to BAC Travel, in with your completed Trip Preference Form & Waiver. You must be a member of a BAC Club to reserve a spot.

Not Included - Airfare, Lift Tickets & Ski Bus Tickets

- ❖ **Airfare Options & Ground Transportation** - Delta, United & Southwest all have non-stop flights from the Bay Area into SLC airport - only 20 minutes from the hotel
- ❖ **Lift Tickets:** Alta, Snowbird, Brighton & Solitude are all on the IKON pass.
- ❖ **Two Ski Buses** for either Alta/Snowbird or Brighton/Solitude depart every 20-30 minutes from the ski bus stop. Ski bus tickets are nominal at around \$8 round trip.



BAC Trip Leader: Cathy Wilson

Send your \$200 deposit (payable to BAC Travel) to:

**Cathy Wilson
BAC Utah Trip Assistant
1469 Firebird Way, Sunnyvale,
CA 94087**

BAC CST# 2050870-40

BAC Mini Ski Week - Alta, Snowbird, Brighton & Solitude Utah

February 19 -23, 2020

BAC Trip Registration and Preference Sheet

Registration Information

Please print clearly: *The information you provide is for the exclusive use of BAC & will not be sold for solicitation.*

PRINT NAME: _____ Badge Name _____

Street Address: _____ City: _____

State: _____ Zip Code: _____ PHONE: Home: (____) _____

Cell / Work: (____) _____ E-Mail Address: _____

Date of Birth (M/D/Y): ____/____/____

Male ____ Female ____ I am a Skier ____/*Snowboarder ____/Non-Skier or Boarder ____

Ski Club: _____

* NOTE: Alta does not allow snowboarding – snowboarding is allowed at Snowbird, Brighton and Solitude.

Required Emergency Contact Information – Person not at mini ski week.

Name: _____ Contact Number: _____

Optional Information:

Spouse/Significant Other at Mini Ski Week? Name: _____ Cell#: _____

Food Allergies and/or drug allergies: _____

Medical Conditions: _____

Over the Counter/ Prescription Medicines taken regularly: _____

BAC UTAH MINI SKI WEEK TRIP

February 19 – 23, 2020

PARTICIPANT RELEASE OF LIABILITY, WAIVER OF CLAIMS, EXPRESS ASSUMPTION OF RISK AND INDEMNITY AGREEMENT.

Please read and be certain you understand the implications of signing.

Express Assumption of Risk Associated with Sport, Venue Use and Related Activities.

I, _____ do hereby affirm and acknowledge that I have been fully informed of the inherent hazards and risks associated with all activities of the BAC Utah Mini Ski Week Trip to Alta, Snowbird, Brighton & Solitude, Utah including but not limited to alpine skiing, Nordic skiing, snowboarding, tubing, and tobogganing, certain additional risks, dangers and hazards including, but not limited to boarding, riding, and disembarking ski lifts, transportation of equipment related to the activities, and traveling to and from activity sites in which I am about to engage. Inherent hazards and risks include but are not limited to:

1. Risk of injury from the activity and equipment utilized is significant including the potential for broken bones, severe injuries to the head, neck, and back or other bodily injuries that may result in permanent disability and death.
2. Possible equipment failure and/or malfunction or misuse of my own or others' equipment.
3. **I AGREE THAT I WILL WEAR APPROVED PROTECTIVE GEAR AS DECREED BY THE GOVERNING BODY OF THE SPORT I AM PARTICIPATING IN.** However, protective gear cannot guarantee the participant's safety. I further agree that no helmet can protect the wearer against all potential head injuries or prevent injury to the wearer's face, neck or spinal cord.
4. Variation and/or steepness of terrain, variation or changes in surfaces including but not limited to snow surfaces, ice, bare spots, rocks, stumps, debris, cliffs, trees, fences, posts, trees, light poles, signs, buildings, roads, walkways, ramps, rails, stairs, pyramids, manual pads, bowls, half-pipes, jumps, padded and non-padded barriers, other persons, and other natural and man-made hazards.
5. My own negligence and/or the negligence of others, including but not limited to operator error and guide decision making including misjudging terrain, weather, riding surfaces or other obstacles.
6. Exposure to the elements and temperature extremes may result in frost nip, frost bite, heat exhaustion, heat stroke, sunburn, hypothermia and dehydration.
7. Dangers associated with exposure to natural elements include but are not limited to avalanche, rock fall, inclement weather, thunder and lightning, severe and or varied wind, temperature and other weather conditions.
8. Accidents or illness occurring in remote places where there are no available medical facilities.
9. Fatigue, exhaustion, chills, and/or dizziness, which may diminish my/our reaction time and increase the risk of accident.
10. Impact or collision with other athletes, spectators, facility employees, pedestrians, motor vehicles, and cyclists.

I understand the description of these risks is not complete and unknown or unanticipated risks may result in injury, illness, or death.

WARNING

I am aware and acknowledge that racing and training and practice for racing have inherent dangers and risks for any competitor. Race courses may be icy, rutted, and bumpy. I assume the risk of all course conditions including, but not limited to weather and snow conditions, course construction or layout, and obstacles. I am required to inspect physically and visually the course and area of competition prior to the beginning of competition and, by using the course, assume the risk of all course conditions. I am voluntarily participating in these races and training and practice for the race with the full knowledge of the dangers and risks involved and hereby agree to accept any and all risks or injury, or death that may result.

Release of Liability, Waiver of Claims and Indemnity Agreement

In consideration for being permitted to participate in the above described activity(ies) and related activities, I hereby agree, acknowledge and appreciate that:

1. I HEREBY RELEASE AND HOLD HARMLESS WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE, the following named persons or entities, herein referred to as releasees: Bay Area Snow Sports Council (BASC) and their directors and officers; BAC Ski Clubs and their directors and officers; and their successors and assigns.
2. To release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise. By executing this document, I agree to hold the releasees harmless and indemnify them in conjunction with any injury, disability, death, or loss or damage to person or property that may occur as a result of my engaging in the above activities.
3. By entering into this Agreement, I am not relying on any oral or written representation or statements made by the releasees, other than what is set forth in this Agreement.
4. This agreement shall apply to any and all injury, disability, death, or loss or damage to person or property occurring at any time after the execution of this agreement.

This release shall be binding to the fullest extent permitted by law. If any provision of this release is found to be unenforceable, the remaining terms shall be enforceable.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, I FULLY UNDERSTAND ITS TERMS, I UNDERSTAND THAT I HAVE GIVEN UP LEGAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

S/ _____

Signature of Adult Participant

Name of Adult Participant (Please Print)

Date

FOR PARTICIPANTS OF MINORITY AGE: This is to certify that I, as Parent, Guardian, Temporary Guardian with legal responsibility for this participant, do consent and agree not only to his/her release of all Releasees, but also to release and indemnify the Releasees from any and all liabilities incident to his/her involvement in these programs for myself, my heirs, assigns, and next of kin.

S/ _____

Signature of Parent or Adult Legal Guardian if Participant is a Minor

Name of Parent or Adult Legal Guardian (Print Clearly)

Date

(Print Name of Minor Child)

BAC TRIP CONDUCT POLICY

This policy applies to all persons participating on a Bay Area Snow Sports (BAC) ski week or other trip. It is intended to maximize the enjoyment for all trip participants and provide guidelines for the BAC Travel Staff and assigned Trip Assistants. All trip participants are requested to observe common courtesy and generally accepted standards of social and moral behavior.

In accordance with Federal and State laws, BAC will enforce a "Zero Tolerance Policy" on illegal drug use at any BAC sponsored event or trip. Failure to observe this policy will automatically remove you from participation in future BAC events.

Participants shall adhere to the requirements of BAC trip packages (e.g., lift tickets when offered) and participants agree not to transfer, resell, or barter all or portions of that package. Only BAC or the issuing agency may compensate the participant for the unused portion or permit transfer. Failure to comply may result in exclusion from future BAC events.

Alcohol and tobacco use is allowed in moderation and where permitted by law. BAC Travel Staff or assigned Trip Assistants, will ask a participant to cease any loud, obnoxious, or offensive behavior, should it occur. Participants who refuse to cooperate will be reported to local security or local police.

BAC maintains a strict policy prohibiting sexual harassment and harassment because of race, religion, color, national origin, ancestry, disability, medical condition, marital status, sexual orientation, age, or any other basis made unlawful by any applicable law or ordinance or regulation. Prohibited harassment in any form, including verbal, physical and visual conduct, threats, demands, and retaliation is unlawful and will not be tolerated. If, after a request to refrain from this behavior, the participant continues, BAC Travel Staff and assigned Trip Assistants may contact local security or local police. Profanity and off-color humor is only permitted if it is not offensive to other participants. Please stop the offensive behavior if asked by another participant, BAC Travel Staff or assigned Trip Assistant.

Parents/Legal Guardians of minor children under the age of 18 are responsible for the supervision and behavior of their children. Children under 12 years will be under the direct supervision of their parents/legal guardians at all BAC events. Parents/Legal Guardians are responsible for providing supervision of their children under 12 years of age during the time that they are attending a BAC function without their children (e.g., children under 12 will not be left alone in the lodging rooms).

BAC Travel Staff, assigned Trip Assistants, and/or BAC Board of Directors will attempt to resolve problems in a mutually beneficial manner. When resolution cannot be achieved, BAC Travel Staff and assigned Trip Assistants have the authority to call on-site security or local police to resolve the problem. Participants may be excluded from a trip at their own expense and without reimbursement of trip expenses.

Congratulations to BAC Club Men and Women of the Year 2019

Harry Davis, BAC Public Affairs

Please join BAC members in congratulating all of the BAC Club Men and Women of the Year for 2019. These individuals have all contributed to the success of their clubs and BAC through their service, hard work, and spirit. We are fortunate to have them as part of our organization.

The honorees for 2019 are:

Inskiers – Gail Burns and Don McCoury

Rusty Bindings – Judy Rech and Steve Coll

BAC Woman of the Year 2019 is GAIL BURNS. Congratulations, Gail.

On Thursday night, February 28, we honored the Men and Women of the Year at a dinner at Don Jose's Restaurant in Castro Valley. This dinner is always a fun event as the honorees share their histories and experiences with BAC members. Many of their accomplishments are truly inspirational. Following the dinner, we held our annual optional BAC Man and Woman of the Year selection process. The 2019 BAC Woman of the Year was announced by our President – Paul Vlasveld – at our March 11 General Meeting. Please join us to congratulate these deserving individuals.

We wish to thank all of the contest volunteers who helped make this evening a success – Harry Davis, Dennis Heffley, Brian Burgess, Norm Glickman, and Karen Davis. The evening format was smooth, thanks to everyone involved!

BAC WOMAN of the Year 2019 –



Gail Burns – Inskiers Ski Club

6 years with Inskiers, organized social events including summer picnics, and presentations at monthly meetings, and auction items as well as last minute Auctioneer.

3 years as BAC Board member, Travel Director, Trip Leader, trip accounting, presentations, travel articles for BAC newsletter, attended site inspections, created trip flyers and forms for trips. Planned Council events on FWSA Ski Weeks.

FWSA travel FAM attendance, networking with other FWSA Councils and trip leaders.
Alpine Skier for 45+ years and Nordic skier for 35+ years

FWSA 10th Annual Scuba Dive Trip – The Philippines



September 28 – October 12, 2019



5 nights – Azure Dive Resort in Dumaguete
9 nights – Marco Vincent Resort in Puerto Galera

Azure Dive Resort – September 28-October 3, 2019

Diver Land Package = \$1139.00 Superior Hotel Room - Double Occupancy
 Non-Diver Land Package = \$684.00 Superior Hotel Room – Double Occupancy
 Single Supplement Hotel Room Add = \$381.00
 Lodging Upgrades Available – contact Randy Lew for details
 (air transportation not included in above pricing)

Marco Vincent Dive Resort – October 3 - 12, 2019

Diver Land Package = \$2621.00 Superior Hotel Room - Double Occupancy
 Non-Diver Land Package = \$2192.00 Superior Hotel Room – Double Occupancy
 Single Supplement Hotel Room Add = \$386.00
 Lodging Upgrades Available – contact Randy Lew for details
 (air transportation not included in above pricing)

****Passport must be Valid thru April 12, 2020****

Price Includes:

- ** Transfer to and from airport to resort
- ** Complimentary Wi-Fi
- ** Resort Amenities
- ** PADI Certified Dive Resorts
- ** Breakfast, Lunch & Dinner daily
- ** Resort fees, government taxes & gratuities (dive tips not included)
- Azure Dive Resort – 4 days of 4 dives per day – Oslob Whale Shark Diving
- Marco Vincent Dive Resort – 8 days of diving – 24 boat dives



*Experience Local Culture
& Entertainment*



*Create New Memories
with Friends,
Old and New!*



*Kayak, snorkel, spa
services and more...*



Enjoy a Beautiful Resort



Contact: Randy Lew
 FWSA Dive Trip Leader
 829 SE 11th Place
 Battle Ground, WA 98604
 Cell: 530/304-0802
 E-mail: FWSA13Randy@telis.org

*You must be a Member of a Far West Ski Assn.
affiliated club or a FWSA Direct Member!*

CST # 2036983-40

Castro Valley Ski Club
Radiant Rhine Cruise & Amsterdam
May 5th-15th, 2019 - Amsterdam to Mainz
Price \$3875

Includes 2 pre nights in Amsterdam, you would depart USA on May 5, arrive May 6 at 2PM, we board our cruise boat on May 8 after 4PM. Fly back to USA on May 15.

Included:

- 2 nights in Amsterdam before the Cruise at the Movenpick
- Round Trip air from SFO on Lufthansa
- 7-night cruise aboard the 5-star MS Crucevita (cat. C included in price)
- 22 meals: 9 buffet breakfasts, 6 lunches and 7 dinners
- Free wine, beer, or soda daily with lunch and dinner
- Captain's Welcome cocktail and Farewell dinner
- Total of 8 included sightseeing excursions (with audivox's)
- All on board activities and live music each evening
- Services like early riser breakfast, 24/7 coffee, afternoon cake and snacks
- Professional English-speaking Cruise manager and local guides throughout

Category C (included) main deck aft - panorama window -4 cabins available

Category B (+\$199 per person) main deck mid - panorama window - 6 cabins available

Category A (+\$449 per person) promenade deck, French balcony - 10 cabins available

Cruise Itinerary:

- 7-night cruise from Amsterdam to Mainz
- Amsterdam (Netherlands)
- Rotterdam (Netherlands)
- Cologne (Germany)
- Koblenz/Ruedesheim (Germany)
- Mannheim (Germany)
- Speyer/Worms (Germany)
- Strasbourg (France)
- Mainz (Germany)



What's not included:

Gratuities

Optional Tours

Travel Insurance (\$179/pp)

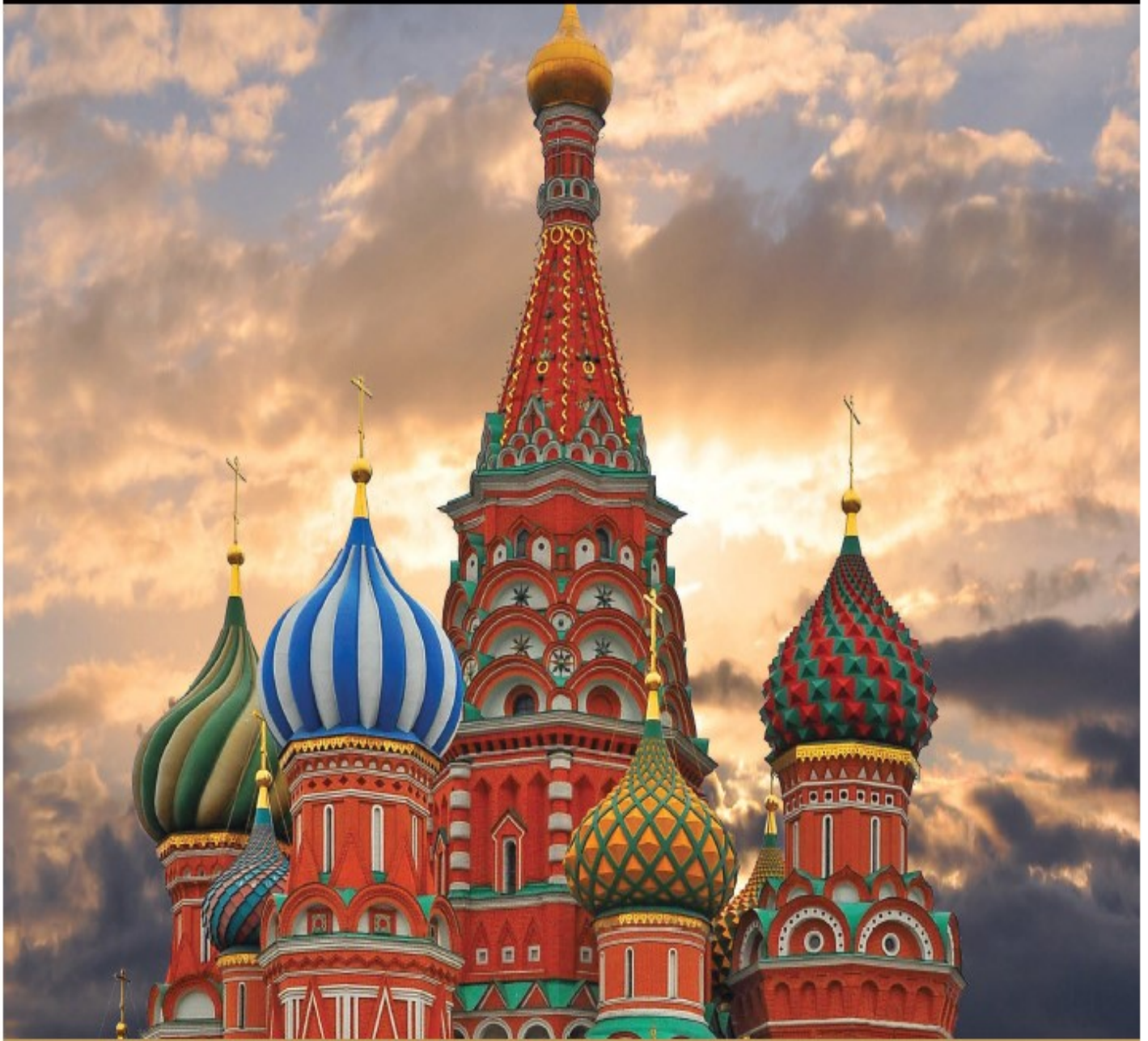
M/S Crucevita Cruise Ship

The M/S Crucevita was designed in an old world grand yacht style. Superb public areas, accented in oak and leather, include a panorama restaurant, cozy bar and lounge, a fire-place, a gym, sauna, library, and sun deck. The cabins area spacious 14 sq m (150 sq ft) and are fitted with beds that are stowed away during the day to create extra space to relax. All cabins include air-conditioning/heating that can be regulated individually, a multi-channel satellite TV with remote control, a mini safety deposit box, a telephone and a hair dryer. Cabins on Main deck have panorama windows while cabins on the upper Promenade deck will have new French balconies.

Deposit \$300 – non-refundable

Tucker Hoffmann – CVSC Travel Director – tkhoffmann@comcast.net
2657 Rivers Bend Circle, Livermore CA. 94550
CVSC CST # 2081040

Castro Valley Ski Club presents...



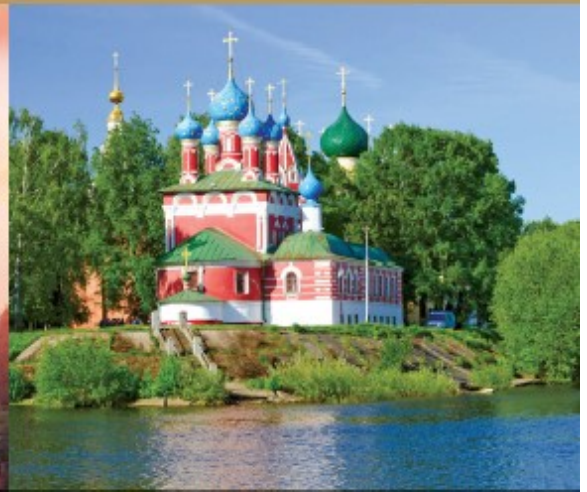
The Imperial Charms of Russia River Cruise

Moscow • Uglich • Yaroslavl • Goritsy • Kizhi • Mandrogi • St. Petersburg

Tour Dates: July 17 -29, 2020



History thrives in the buildings on the Kremlin Grounds in Moscow, Russia



Church of St. Dmitry on the Blood, Uglich

The Imperial Charms of Russia River Cruise

13 Days • 32 Meals Enjoy a journey through parts of Russia's "Golden Ring" – a circle of ancient towns and cities. Discover why they are some of Russia's most picturesque places and famous for preserving the memory of the most significant events in Russian History. This will be an experience of a lifetime as you travel along the Svir and Volga Rivers.



CRUISE ACCOMMODATIONS

Days Two through Twelve – Aboard the *MS Russia*

EXCEPTIONAL INCLUSIONS:

- ❖ **32 Meals** (11 breakfasts, 10 lunches and 11 dinners)
- ❖ **Airport transfers** on tour dates when air is provided by Mayflower Cruises & Tours
- ❖ **Fully escorted** by an English-speaking Tour / Cruise Director
- ❖ **Eleven-night cruise** aboard the *MS Russia*
- ❖ **First-class service** from an English-speaking crew
- ❖ **All gratuities** onboard and onshore
- ❖ **Shore excursions** with English-speaking local guides
- ❖ **Personal listening device** for excursions
- ❖ **Visits to many UNESCO World Heritage Sites**
- ❖ **All meals included** onboard with Russian influences
- ❖ **Bottled water** restocked daily in your cabin
- ❖ **Selection of complimentary drinks** to accompany meals
- ❖ **Complimentary tea and coffee** onboard
- ❖ **Variety of onboard entertainment**
- ❖ **All port charges included**

DAY 1 – Depart the USA

Depart the USA on your overnight flight to Moscow, Russia.

DAY 2 – Moscow

Welcome to Moscow, Russia's capital city on the banks of the Moskva River. Upon arrival, you will be met at the airport and transferred to the *MS Russia* where a warm welcome from your crew awaits. Tonight enjoy your first dinner onboard with your fellow travelers, as the ship overnights in Moscow. **Meal: D**

DAY 3 – Moscow

The city's architecture is a reflection of its 860 year old history with many reminders of its imperial and Soviet past. Enjoy a tour showcasing Moscow's main highlights, including Red Square with the brightly colored domes of St. Basil Cathedral, the Lenin Mausoleum, the State Historical Museum and GUM De-



Shop for handcrafted "matryoshka" dolls in Mandrogi



Treasures abound in the Hermitage Museum in St. Petersburg

partment Store. Pass the Bolshoi Theatre, University buildings and other sites. In the afternoon, visit the Cosmonaut Museum to learn about Russia's history in the 'space race'. The ship remains docked in Moscow overnight. **Meals: B, L, D**

EmeraldPLUS: Visit to the Cosmonaut Museum

DAY 4 – Moscow

Today may be the highlight of the trip with a visit to the Kremlin Grounds. During a stroll around the grounds, see the majestic Cathedral Square which still retains its original form, followed by a tour of the State Armory, which houses priceless weaponry, jewels and royal artifacts. Early evening the ship departs and the Captain hosts a welcome aboard reception. **Meals: B, L, D**

EmeraldPLUS: Visit to the State Armory

DAY 5 – Uglich

Enjoy a leisurely morning sailing along the river and join in the onboard activities. This afternoon, the ship arrives Uglich, one of the most beloved towns in Old Russia and part of the Golden Ring around Moscow. Throughout its 1000 year history, the town has been used by various Monarchs including Ivan the Terrible as a base for attacks on the Tatars and Poles. On the walking tour, visit the renowned green-domed Cathedral of Transfiguration and the Church of St. Dmitry on the Blood, which was built on the site where Dmitry, the youngest son of Ivan the Terrible, was murdered. The ship departs for Yaroslavl this evening. **Meals: B, L, D**

DAY 6 – Yaroslavl

Founded in the 11th century by Yaroslav the Wise, this ancient city retains many monuments of its noteworthy and colorful past. The day begins with a walking tour taking you through the historic center, a UNESCO

World Heritage Site, located at the confluence of the Volga and Kotorosl Rivers. Visit the Church of St. Ilya the Prophet, an incredible structure filled with frescoes and classic Russian architecture, then wander the grounds of the Saviour - Transfiguration Monastery, one of the oldest along the Volga. The ship sails for Goritsy this afternoon. **Meals: B, L, D**

DAY 7 – Goritsy

The arrival to Goritsy brings you to a typical Russian village set in the most scenic countryside. Depart by coach to the Kirillo-Belozersky Monastery. Founded in 1397 by Cyril, one of the most honored saints in the Russian Orthodox Church, the monastery houses the Assumption Cathedral and many ancient icons which were loved by Ivan the Terrible. The ship departs for Kizhi Island early this afternoon. **Meals: B, L, D**

DAY 8 – Kizhi

Cruise Lake Onega, Europe's second largest lake, before arriving at the small island of Kizhi. Depart on a walking tour through the Open Air Museum of Architecture (a UNESCO World Heritage Site), housing a collection of restored 18th-century Russian wooden buildings. The highlight of the museum is the three-tiered, 22-domed Transfiguration Cathedral. Built in 1714, this amazing structure is constructed entirely without nails! Set sail for Mandrogi this evening. **Meals: B, L, D**

DAY 9 – Mandrogi

Visit the picturesque village of Mandrogi located on the River Svir. The charming landscape is dotted with colorful "izbas" – wooden houses with finely carved roofs and window frames. During your free time, visit the Vodka Museum or shop for local handicrafts such as pottery and the famous "matryoshka" dolls. An afternoon departure and leisurely cruise

along the river ends the day. This evening, the Captain hosts a farewell reception.

Meals: B, L, D

DAY 10 – St. Petersburg

Sailing on the Neva River, arrive in St. Petersburg this morning, and after breakfast, depart on a guided tour of this UNESCO World Heritage Site city. Travel along the Nevsky Prospect, the main boulevard of St. Petersburg, and pass the Gostiny Dvor (city's largest department store), the National Library, monument to Catherine the Great, the sights of the Church of the Savior on the Spilled Blood, the Kazan and Saint Isaac's Cathedral. The afternoon is at leisure and the ship remains docked in St. Petersburg for the duration of the cruise. **Meals: B, L, D**

DAY 11 – St. Petersburg

Your day will start with a visit to the Hermitage Museum. Rival to the Louvre in Paris, the Hermitage Museum is one of the largest and oldest museums in the world. Formerly the Winter Palace and home of the Tsars, the museum's collection is comprised of nearly three million exhibits including the largest collection of paintings in the world and early collections dating back to Catherine II. The afternoon is at leisure in this beautiful city.

Meals: B, L, D

DAY 12 – St. Petersburg

The final day is yours to continue exploring the main sights and attractions of the city or just relax onboard. **Meals: B, L, D**

DAY 13 – St. Petersburg / USA

After breakfast, it is time to say farewell to your fellow travelers and crew and disembark the ship for your transfer to the airport and your flight home. **Meal: B**

Itinerary is subject to change.

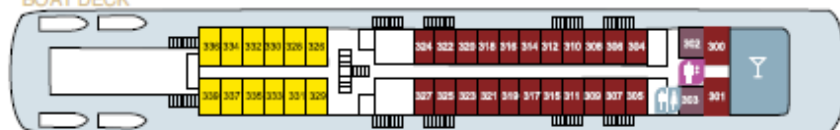
Eleven nights accommodations aboard the

MS Russia

Built: Renovated in 2008 Staterooms: 112 Suites: 2 Length: 410 ft. Crew: 110



BOAT DECK



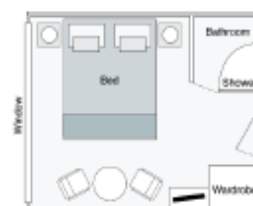
UPPER DECK



MAIN DECK



Comfort Suite 133.5ft²



Deluxe Suite 157ft²

Public Areas and Ship Amenities

- Restaurant
- Lounge with bar
- Conference Hall
- Reading Room
- Wellness Center
- Elevator
- Souvenir Kiosks
- Voltage: 220V

2020 DEPARTURE DATE: July 17

CATEGORY	DECK	PER PERSON TWIN
Comfort Suite	Main	\$5,464
Deluxe Suite	Upper	\$5,638
Deluxe Suite	Boat	\$5,818

Includes roundtrip airfare from San Francisco or Los Angeles and all gratuities

For reservations send in your non-refundable \$400 deposit along with a passport photo to:

**Tucker Hoffmann
Castro Valley Ski Club
2657 Rivers Bend Circle
Livermore, CA 94550**

TOUR ACTIVITY LEVEL

1 2 3 4 5
EASY ENERGETIC



A Travelers Protection Plan (TPP) for River Cruises is recommended. Please see Kathleen or Tucker Hoffman for more information

Cancellation Charges Without Traveler's Protection Plan (TPP)
 • 91 days or more Deposit Amount
 • 90 days to day of departure 100% of the total tour
 • No refund on unused portions of the tour



FOR RESERVATIONS OR INFORMATION CONTACT:

**Castro Valley Ski Club
Kathleen & Tucker Hoffmann
925-371-1910 home
510-329-4242 cell
tkhoffmann@comcast.net
CVSC CST #2081040**

Castro Valley Ski Club
Presents
WONDERS OF ISRAEL & JORDAN

JERUSALEM, GALILEE, NAZARETH, DEAD SEA, MASADA & TEL AVIV



\$4875.00 per person

SEPT. 5-19TH, 2019

INCLUDED IN THE CVSC PACKAGE :

- Round-trip airfare from SFO Lufthansa Air or LAX on Air France
- Airfare taxes, fees & fuel surcharges
- Intra ground transportation and transfers
- Accommodations at First Class hotels
- 10 full buffet breakfasts, 2 lunches and 6 dinners (more meals being added)
- **Most Tips**
- **and more.....**

WHAT IS NOT INCLUDED:

- Travel Insurance \$179 per person



2018/2019 Avid Skiers in Control

President
Vice President
VP Membership
VP Club Activities
Secretary
Treasurer
Newsletter Editor
Web Manager
Travel Director
Past President
Trustee

Claudia Fernandes 925-462-6573
Anne Wilburn 925-200-2801
Maggie Jong 925-447-5148
Pat Green 925 846-7250
Phyllis May 925-371-1667
Elizabeth Yagle 510-537-2099
Dennie Warren 510 759-3415
Ray Jong 925-447-5148
Tucker Hoffmann 925-371-1910
Karen Wehrman 510-538-2872
Kathy Hoffmann 925-371-1910

Claudia.fernandes4108@gmail.com
annewilburn@comcast.net
mozoro25@gmail.com
greendm@comcast.net
phyllismay@comcast.net
e.and.w@sbcglobal.net
dennieluuu1@gmail.com
skibuff@comcast.net
Tuckerhoffmann@aol.com
kwehrman@comcast.net
tkhoffmann@comcast.net

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm
Open league racing: olrc.org
Weather: nws.mbay.net/home.html

Far West Racing Assoc: fwra.com
Web cams on the slopes: magnifeye.com
Road conditions: 1-800-427-7623
Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR APRIL, 2019



The next meeting will be at

Don Jose's Restaurant
3430 Village Dr.
Castro Valley, CA

(meeting starts @ 7:00 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS