



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

March, 2018

Inside this issue:

Sporting Goods Exchange	2
President's/VP's Msg	3
Flu Season	4
Castro Valley Ski Club at Beaver Creek	5
2019 Castro Valley Ski Club ski trip to Beaver Creek	6
2018 CVSC trip to Morocco/Iceland	7
Avid Skiers in Control	Back page



EVENTS CALENDAR

(f) = flyer in this issue



MARCH

- 14 CVSC board meeting at Karen's
21 CVSC general meeting at Don Jose's

APRIL

- 11 CVSC board meeting at Maggie's
18 CVSC general meeting at Don Jose's

MAY

- 1-13 CVSC Morocco (f)pg7
9 CVSC board meeting at Phyliss'
16 CVSC general meeting at Don Jose's

UPCOMING

- 7/31-8/9 CVSC Iceland (f)pg7

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

2018:
6/7-10 FWSA 86th Annual Convention in Reno, NV



MARCH BIRTHDAYS

Ron White	1
Kenn Wulff	9
Richard Ableser	11
Annemiek Storm	18
Paula Kinahon	20
Paul McCaul	24
Agnes Johnson	27
Catharine Ratto	31



Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@gmail.com



***Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com***

SPORTING GOODS EXCHANGE

Skiboards For Sale \$200

I have a pair of Summit Marauder skiboards for Sale. These are 124 cm in length and have only been lightly used. Bindings are Tyrolia LD 12 Railflex binding that can be hand adjusted to fit most adult size boots. These are Skiboards, not skis. They are like a small snowboard on each foot and have a surfy ride compared to skis. I have skied this pair in every condition on the mountain. Although short in length, they can handle any condition on the mountain but are best in soft snow. Call or email me if interested.

Wendell Jeong

Wendelljeong@sbcglobal.net

510-538-3813



Free Pair of Rossignol Edge Short Skis

I'm giving away a pair of 130 cm short skis to anyone who is interested in trying out a short ski. These are used GLM – Graduated Length Method instruction skis made for adults of any size. They are in decent condition. The bindings are Salomon and hand adjust to fit most adult length boots. These are a general carving ski. Due to the length and width, they are extremely easy to ski. They are also very fast on groomed slopes. Call or email me if interested.

Wendell Jeong

Wendelljeong@sbcglobal.net

510-538-3813



President's Message

Well the snow is falling and although winter is late the amount of snow is sure exciting.

We had a wonderful ski trip to Beaver Creek this last month, the snow was amazing, it started snowing from the time we arrived and then off and on the entire time we were there. Many thanks again to Kathy and Tucker for a great time, great friends and another great experience.

Thank you to Jeannine Davis, FWSA Silent Auction chair, for joining us at our February meeting. Jeannine spoke in detail about the upcoming FWSA convention in Reno this coming June. They have planned some exciting events during the convention, and looking to have some great speakers and workshops. We hope you all can attend this year. Our club will be working on the center pieces for the evening dinner and also supporting other segments of the convention as needed. We will let you know which of the meetings we will be having a work party to put the center pieces together. Hope you can join in. All help during the conference will be greatly appreciated, they will need help at registration, stuffing bags, collecting items for the bags, collecting tickets at the doors, and help at other events throughout the convention.

Also, thank you to everyone that has provided sundry items and such for our charity, April Showers and to all of you who have supported the Achieve Tahoe (disabled sports) raffles at our monthly meetings. It is much appreciated, they will benefit from your support.

Our impromptu get togethers will start soon, along with more speakers at our monthly meetings in the months ahead. Hope to see you at future meetings but in the meantime be safe and enjoy the snow!!

Our next general meeting is Wednesday, March 22, 7:00 p.m. at Don Joses', hope to see you there!

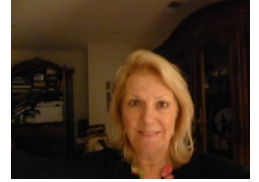
Claudia



Claudia Fernandes
President

Our Vice President

March is coming in like a lion. Rain, hail, snow and cold weather, winter has arrived. The slopes are calling and we are thankful snow is finally falling in the Sierras. The forecast for the first week in March is almost 5 feet of new snow!!! Yea!!!



Anne Wilburn
Vice President

Our CVSC Group had a marvelous time at Beaver Creek this past February. The snow arrived as we were in route and gave us another dumping later in the week. Great snow, sunshine, good friends, new and old, get togethers, plus a fabulous resort made this a must return for next year.

BAC is focused on our upcoming **86th Annual Convention this June 7-10th, 2018 at the Atlantis Hotel in Reno, Nevada**. The committees are hard at work making sure this will be a great time for all. Visit [FWSA .org](http://FWSA.org) for full details and registration information. Most of all they are in need of volunteers to help with the many events, this is a wonderful way to meet and mingle and get to know the many other ski club members.

The days are getting longer, and daylight savings time is soon to begin.

Have a Happy Saint Patrick's Day and Easter is April 1st.

Anne Wilburn



The flu season is almost over

The flu is not just a bad cold. The flu is a contagious illness that affects the nose, throat, lungs and other parts of the body. Every year in the U.S., on average:

- 5% to 20% of the population gets the flu,
- More than 200,000 people are hospitalized from flu complications, and;
The flu causes about 12,000 to 56,000 deaths each year. About 90% of these deaths occur in people 65 years or older.

According to the CDC the flu season starts in October, peaks in between December and February, but activity will continue until May.

Most experts say that the flu viruses are spread mainly by droplets made when people cough, sneeze or talk. The droplets can land in the mouth or noses of people who are nearby or inhaled into the lungs. The flu can even be caught by touching a surface or object that has flu virus on it and then touching your own mouth or nose.

Here are a few tips on how to lower your risk of getting the flu:

- Wash your hands often and don't skip the soap!
- Try not to touch your nose, mouth or eyes.
- Cover your coughs and sneezes. Cover your face with your upper sleeve or tissue. Be sure to throw the tissue away immediately and use hand sanitizer to wash your hands.
- Avoid shaking hands or close contact with others during the flu season.
- Sanitize surfaces people touch, doorknobs, phones, and television remotes.
- Get plenty of sleep.

If possible, when you do get sick, stay home and avoid contact with other people until your symptoms are gone. This will help prevent the spread of the virus.

For additional information:

<http://www.cdc.gov/flu/>

(submitted by Sandy Beecher, Safety Chair)

CASTRO VALLEY SKI CLUB

AT BEAVER CREEK



Castro Valley Ski Club

Presents

 *Beaver Creek. Not exactly roughing it.*



2019 CVSC Ski Week Beaver Creek, CO

Feb. 9-16, 2019

\$815

Package Includes:

- 7 Nights Lodging (dbl. occ.) at The Charter
- Porter Fees
- Welcome Wine & Cheese party
- Included CVSC dinner

note: air/transfers not included in this price

Lift tickets are **NOT INCLUDED** in this package;
If you need a 5 day lift ticket/5 resorts – add \$455

Free indoor parking
Bar & Restaurant on property
Walk to village



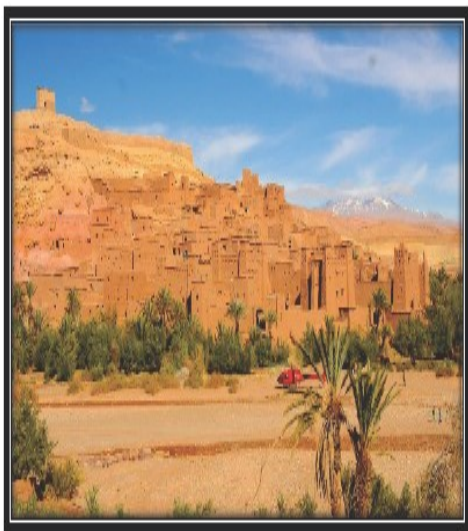
Send \$200 deposit to: (\$50 is non-refundable)
Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle, Livermore CA 94550

925-371-1910 tkhoffmann@comcast.net
CVSC CST # 2081040

2018 Castro Valley Ski Club presents

Majestic Morocco

CASABLANCA, MARRAKESH, DADES, ERFOUD, FEZ & RABAT



May 2-14th, 2018
\$3175.00 per person

Your tour of Morocco includes:

- Round-trip Air from LAX or SFO
- Intra-Morocco ground transportation and transfers
- Accommodations at First Class hotels
- 18 meals: 11 full buffet breakfasts, 2 lunches and 6 dinners
- Comprehensive sightseeing tours including admission fees
- Horse-Drawn Carriage Ride & Authentic Moroccan Dinner
- Experienced English speaking Tour Director throughout
- Tips

Itinerary at a glance

- 1 night in Casablanca
- 3 nights in Marrakesh
- 1 night in Dades
- 2 nights in Erfoud
- 2 nights in Fez
- 2 nights in Rabat



For more info - Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle Livermore, CA 94550
925-371-1910 thhoffmann@comcast.net

CVSC CST # 2081040

2018 Castro Valley Ski Club presents

Iceland Summer Adventure

REYKJAVIK, VIK, WESTMAN ISLANDS, SELFLOSS & BLUE LAGOON



July 31-Aug 9, 2018
Estimated price \$3600

Your package includes:

- Round-trip, non-stop flight on IcelandAir from West Coast
- Airfare taxes, fees & fuel surcharges
- Ground transportation
- Accommodations at centrally-located, Scandinavian-style hotels (simple)
- 14 meals: 9 breakfasts and 5 dinners
- Comprehensive sightseeing as per itinerary
- Experienced, English speaking guides
- Tips

Itinerary at a glance

- Overnight flight on Icelandair
- 2 nights in Reykjavik
- 2 nights in Vik
- 2 nights in Selfloss
- 2 nights in Reykjavik
- Return flight on Icelandair



for more info call - Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle Livermore, CA 94550
925-371-1910 thhoffmann@comcast.net

CVSC CST # 2081040



2017/2018 Avid Skiers in Control

President
Vice President
VP Membership
VP Club Activities
Secretary
Treasurer
Newsletter Editor
Web Manager
Travel Director
Past President
Trustee

Claudia Fernandes 925-462-6573
Anne Wilburn 925-200-2801
Maggie Jong 925-447-5148
Pat Green 925 846-7250
Phyllis May 925-371-1667
Elizabeth Yagle 510-537-2099
Dennie Warren 510 759-3415
Ray Jong 925-447-5148
Tucker Hoffmann 925-371-1910
Karen Wehrman 510-538-2872
Kathy Hoffmann 925-371-1910

Claudia.fernandes4108@gmail.com
annewilburn@comcast.net
mozoro25@gmail.com
greendm@comcast.net
phyllismay@comcast.net
e.and.w@sbcglobal.net
dennieluuu1@gmail.com
skibuff@comcast.net
Tuckerhoffmann@aol.com
kwehrman@comcast.net
tkhoffmann@comcast.net

WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm
Open league racing: olrc.org
Weather: nws.mbay.net/home.html

Far West Racing Assoc: fwra.com
Web cams on the slopes: magnifeye.com
Road conditions: 1-800-427-7623
Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR MARCH, 2018



The next meeting will be at

Don Jose's Restaurant
3430 Village Dr.
Castro Valley, CA

(meeting starts @ 7:00 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS