



P.O. Box 20321  
Castro Valley, CA 94546

# CVSC SkiZette

March, 2009

Celebrating our 25th year!!



## Special Events:

- DSUSA Charitiesmith Ability Challenge  
Alpine Meadows  
March 10-14
- BAC Ski Park City  
Utah  
March 12-17
- BAC Ski for All  
Sugar Bowl  
March 21

## EVENTS CALENDAR

(f) = flyer in this issue

### MARCH

- 4 CVSC general meeting at Don Jose's (**Important: March & April club elections**)
- 10-14 DSUSA Charitiesmith Ability Challenge at Alpine Meadows (f)
- 11 CVSC board meeting at Karen & Jim's
- 12-17 BAC Ski Park City, Utah (f)
- 18 CVSC general meeting at Don Jose's
- 21 BAC Ski for All at Sugar Bowl (f)

### APRIL

- 1 CVSC general meeting at Don Jose's (*no foolin'!*)
- 8 CVSC board meeting at Dave Cunningham's
- 15 CVSC general meeting at Don Jose's

### MAY

- 2 CVSC End of Season Banquet (f)
- 6 CVSC general meeting at Don Jose's
- 13 CVSC board meeting at Ralph's
- 20 CVSC general meeting at Don Jose's

### UPCOMING

- 8/21-9/2 CVSC Ski & Sightsee Argentina (f)
- 10/18-25 CVSC Cruise to Caribbean on Carnival Victory (f) 2010:
- 1/30-2/6 FWSA Ski Week at Keystone, CO (f)  
Trip to Turkey in October (more info to come)

Open league racing:

- March: 1st Sugar Bowl; 14th Homewood; 15th Alpine Meadows; 20&21st Sugar Bowl [21st Awards location TBA]; 22nd Sugar Bowl
- April: 3rd Northstar [clinic]; 4&5th Northstar

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Visit our Website at [www.cvskiclub.org](http://www.cvskiclub.org)

## MARCH BIRTHDAYS



Ronald White	1
Kenn Wulff	9
Young Kang	12
Dean Michael	12
Mariam Glickman	13
Annemiek Storm	18
Edvins Grieze	19
Paula Kinahon	20
James Nachbar	22
Perry Dobson	28

## 2008-2009 OPEN LEAGUE RACE SCHEDULE

Date	Event	Location
03/01/09	Race: GS	Sugar Bowl
03/14/09	Race: GS	Homewood
03/15/09	Race: SL	Alpine Meadows
03/20/09	Clinic	Sugar Bowl
03/21/09	NorCals: SL	Sugar Bowl
03/21/09	AWARDS	TBA
03/22/09	NorCals: GS	Sugar Bowl
04/03/09	FWRA:clinic	Northstar
04/04/09	FWRA: SL	Northstar

### The Company Store

The following Castro Valley Ski Club promotional items, with logo, are available to members :

- Black Ball Caps \$10
- Gold Key Rings \$5
- Logo Luggage Tags \$1.50; 4/\$5
- Logo Fanny Packs \$20
- Club Patches \$1

**SEE DEAN OR JOLENE MICHAEL TO PURCHASE ANY OF THESE GREAT ITEMS**

Race day registration is 8:00 to 8:30am on race days. Unaccompanied minors must have a designated guardian form signed by their parent or legal guardian. Courtesy racers may race for \$15 per day and must register NO LATER than 8:30am on race day (no exceptions).

## SkiZette Policy NEWSLETTER

### DEADLINE: 28th of the month

Articles submitted by this date will be included in the following month's newsletter - space permitting.

Submit articles to:

**Dennie Warren, 16606 Selby Drive, San Leandro, CA 94578**  
**Phone (510) 759-3415; Fax (510) 276-2444; dennieluuu@comcast.net**



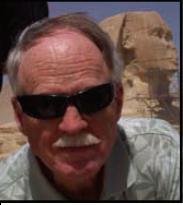
## ~~SPORTING GOODS EXCHANGE~~

Dave Meinhardt has old skis (30 yrs old); also original ski boots w/laces — very attractive & stylish.

Ron White has @ 5 sets of good usable ski poles (\$1/pole); slightly used pair of skis (K2 Merlin VI w/Marker bindings, red w/black trim 177 cm) \$125 or b.o.—contact (925) 443-3106



## President's Message



I think it is safe to say that most of us are stressed with the results of our nation's depressed economy and the changes that have impacted our lives. It is a time when, if we let it, we can fall into emotional depression as well. Life is always changing. Most of us have learned to deal with a variety of changes through the normal process of unpleasant situations we have experienced and overcome with some level of success. I believe we can apply those solutions to the concerns of today. It might be a good time to sit down and list the good things we have enjoyed in the past and in our lives each day. I'm no psychologist but I have found some level of peace when I go through that exercise.

I cannot speak for all of our members but I know my joy due to CVSC camaraderie, friendships, social and recreational events, attending general meetings, travels, and the caring and support we can count on from fellow members. These and other experiences can be uplifting perks when we look on the bright side.

The club offers us many wonderful opportunities to hang out with CVSC friends as we have recently at Big Sky and Beaver Creek. Some of us are anticipating future activities in support of DSUSA, participating in the Ability Challenge, the Ability Bash and the Ski4All. These events are huge reminders of how blessed we all are with the ability to ski or board on two legs, using two arms, seeing with two eyes and listening with two ears. Try to remember those less fortunate when negative thoughts begin to get you down. We are hugely blessed and too often take that for granted. I could go on and on with how good life is or can be and I believe all of us can reach down deeply into our psyche to pull out the goodness in our lives, the things we are so grateful for.

Now get out there and make each day one to be grateful for and give that easy smile to all whose path you cross. Pass it on. It's contagious.

Ralph

## Consider this....



Greetings! I finally made it up to Tahoe for a few days of skiing at Northstar. Spring it seems has arrived early this year much to my dismay. Rain & warmer temperatures played havoc with snow conditions at lower elevations but terrain off the Comstock chair was great. Finished the last day with a few exhilarating runs down Flying Squirrel before heading off to Baxter's Bistro & Lounge in the village for a sumptuous lunch with **Ben Newmarker, Diana Gartland, and the 'two Jims'**. We stayed at the Siegfried condo, which is very nice lodging. Suffice to say a great time was had by all.

### Bay Area Snow Sports Council News

**The Far West Ski Association 77<sup>th</sup> Annual Convention hosted by Sierra Council June 2-7, 2009 @ the Peppermill Resort Casino in Reno, Nevada.**

The Peppermill Resort Casino Reno  
\$125 Montego Bay Wing / \$135 Peppermill Tower  
Per night plus tax, based on double occupancy  
Contact the Peppermill at 800 282-2444 or  
[www.peppermillreno.com](http://www.peppermillreno.com) - **Group Code AFWSA09**

The **Council Man & Woman of the Year** recognition & competition is also on the horizon during March & April timeframe. Winners of the competition will go on to represent the BAC at the Far West convention in Reno. Date of the Man & Woman of The Year dinner to be determined. Stay tuned.

**Council nominations & elections** for board positions, other than President, are underway with the voting taking place at the general meeting on April 13. Each club has two votes cast by club presidents & club BAC representatives.

Speaking of the elections, **CVSC nominations of club officers** are also coming up in the March & April timeframe. I urge you to come to the meetings & participate in the nomination & election processes. The incumbent officers will present job requirements for the various board positions up for grabs.

I look forward to seeing you at the March meetings. Meanwhile, I hope you're having fun – on and off the slopes.

Best regards,

**Paula Kinahon**

VP & BAC Representative  
415 983-7145 (day)  
510 357-6127 (evening/weekend)  
[Pkinahon@Gmail.com](mailto:Pkinahon@Gmail.com)

## Memories from ski trip at Beaver Creek, CO



On Jan 31st, 41 members of the Castro Valley Ski Club traveled to wonderful Beaver Creek in beautiful ski in ski out condos. Luckily weather and snow conditions were great. No injuries and a great trip by all. Two great parties - this was my first trip as a trip leader and must say everyone was wonderful. Thanks to all ...

Pat Green



The Bay Area Council  
of Ski Clubs  
**SKI FOR ALL**



The BAC will conduct its annual **SKI FOR ALL** on March 21, 2009, at **SUGAR BOWL**. Funds generated will be donated to Disabled Sports USA Far West (DSUSAFW) to support their adaptive snowsports program. You do not have to be a NorCal racer to participate in the **SKI FOR ALL**.

Participants with \$100 in paid donations will receive a full day lift ticket and a \$5 lunch voucher. Donation gatherers who turn in paid donations totaling \$100 to \$200 will also be entered in a drawing for special prizes. For each \$200 in paid donations, an entry in your name will be included in the drawing for the grand prize:

A pair of **ATOMIC** skis and bindings or snowboard and bindings of your choice

*Of course, all participants will be winners ... having helped people with disabilities develop a "can do" attitude and positive self-image.*

#### How It Works

1. **Copy** our blank donation form and then contact family, friends, co-workers, business groups and others ... anyone you work and/or play with and ask for their contribution.
2. **Sign up** as many donors as possible. Have checks made payable to "DSUSA." Encourage other club members to do the same.
3. **Turn in** legible, completed forms and checks at the event from 8:00 am to 10:00 am on Saturday, March 21st. Look for the Disabled Sports USA Far West staff and the **SKI FOR ALL** sign-in tables!

#### **ALTERNATE SKI DAY**

If you cannot attend the Ski For All on March 21st at Sugar Bowl, you can still help us offer opportunities to people with disabilities. Here's how:

Call Doug Pringle (916) 722-6447 at least four days in advance of the day you want to ski.

Turn in your pledges and paperwork at the Disabled Sports USA Program Center at Alpine Meadows on the day you plan to ski and receive a complimentary all-day lift ticket for **Alpine Meadows**.

Deadline is April 1, 2009.



# CVSC END OF SEASON BANQUET

## 25<sup>th</sup> ANNIVERSARY



**Saturday, May 2, 2009**

Black tie optional

### SEQUOYAH COUNTRY CLUB

4550 Heafey Road, Oakland

**\$25 per person (CVSC Member)**

**\$35 per person (Non-member)**

### EVENING EVENTS

6pm – Hors d'oeuvres/no-host cocktails

7pm – Dinner

Installation of new CVSC Board

Awards for Officers & Members

Door prizes & raffle

Dancing to the music of 'Get Down Productions'

Eston - DJ

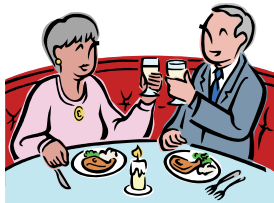
to 11:30

### MENU CHOICES

#1 Steak

#2 Salmon

All entrees include salad, seasonal vegetables and chef's choice of potatoes or rice, bread & butter, coffee, tea, and dessert.



# DON'T MISS THIS GALA EVENT!!!

### BANQUET RESERVATION FORM

Complete reservation form & mail to Pat Green, 4655 Cope Ct., Pleasanton, CA 94566

by Saturday, April 25, 2009

(Enclose check payable to CVSC)

Name(s)	Menu choice #	Member?	Amt enclosed
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
Phone _____			
Email _____	<b>Total amount enclosed</b>		\$ _____

# Castro Valley Ski Club

## Travel Update..... Tucker Hoffmann CVSC Travel Director



### 2009 CVSC Ski & Sightsee in Argentina, South America Aug 21st – Sept 2nd \$2750

(plus taxes & fuel surcharges, est \$420) 2 openings available - send a \$2200 check to Tucker. Check to "CVSC".

### 2009 CVSC Southern Caribbean Cruise OCTOBER 18 – 25

What a great group we have going on the cruise. This should prove to be a fun trip with so many of us! We still have room if anyone else wants to sign up. The balcony rooms are sold out (we could wait list you) but we do have some window cabins available. Price includes port & fuel charges. \$639.00-OUTSIDE ROOM \$779.00-BALCONY ROOM

Becky Adams	Edvins Grieze	Jay MC Laughlin	Monika Restifo
Steve Adams	Kay Grieze	Sheila McClellan	Dean Schlax
Wayne Ainsworth	Rita Hayden	Cindy Mendoza	Susan Schmidt
Elizabeth Yagle	Tucker Hoffmann	Jolene Michael	Ethel-May Shaw
Sandy Beecher	Kathy Hoffmann	Dean Michael	Ralph Sherman
Eberhard Busse	John Houseman	Lynda Mikkelsen	Jim Silva
Hyeja Busse	Pam Quinn	Terry Northcutt	Karen Wehrman
Ron Dennis	George Isaacs	Christine Noutsios	Dave Silva
Rosie Dennis	Steve James	Larry Nunnally	Tony Steiner
Claudia Fernandes	Walt Johnson	Linda Nunnally	Gisela Steiner
Christa Foerchtgott	Kathy Johnson	Sandy Perez	Sherna Svvenson
Astra Gabriel	Agnes Johnson	Craig Phillips	Jerry Svvenson
Donna Garrett	Marjory Jong	Jan Phillips	Jan Tadevich
Jim Gartland	Ray Jong	Jackie Poulsen	Steve Tadevich
Diana Gartland	Young Kang	Peter Poulsen	Janina Tayler
Pat Green	Karen Kimball	Sandra Read	Peggy Ann Valley
Dan Green	Eva Lanphear	Mark Read	Connie Wolzinger

**2010 CVSC Turkey** – we will be taking deposits for this trip soon. October 2010.

## BAC & Far West Ski Association



Keystone, Colorado  
FWSA 2010 SKI WEEK  
Jan. 30<sup>th</sup> to Feb. 6<sup>th</sup>, 2010



**CVSC is taking \$200 per person deposits now.** Priority placement will be based on first received deposits. We already have 50 signed up. \$25 is non-refundable from BAC should you cancel. Pricing & lodging are still in the works.



### Tucker - CVSC Travel Director & Kathy - Assistant Travel

18351 Standish Ave. Hayward, CA 94541  
tkhoffmann@aol.com  
CVSC CST # 2081040





**FWSA 2010 SKI WEEK**  
**Jan. 30<sup>th</sup> to Feb. 6<sup>th</sup>, 2010**

**HOT NEWS.....**

**Keystone, Colorado**

*Pricing & lodging is still in the works*

**Package will include 7 nights lodging and amenity package:**

- Registration
- Welcome Party
- 3 Races
- BAC Council Night Party or Dinner
- Mountain Picnic
- Apres Ski Party
- Farewell Awards Banquet with Dancing
- 5 of 7 day Lift Ticket

**CVSC is taking \$200 per person deposits now.** Priority placement will be based on first received deposits. \$25 is non-refundable from BAC should you cancel.

**Make checks out to Castro Valley Ski Club (CVSC) and send to:**

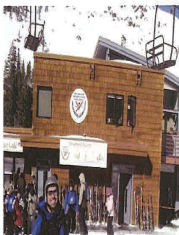
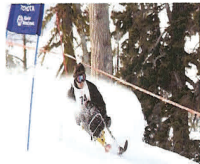
Tucker Hoffmann  
CVSC Travel Director  
18351 Standish Ave.  
Hayward, CA 94541  
510-278-7660  
tkhoffmann@aol.com

**CVSC CST # 2081040**



# CHARITYSMITH ABILITY CELEBRATION

March 10 – 14, 2009 Alpine Meadows, CA  
Honoring Wounded Warriors



**CHARITYSMITH Wounded Warrior Ability Camp, March 10 – 14**  
**CHARITYSMITH Ability Challenge Race, Friday, March 13**  
**CHARITYSMITH Ability BASH Dinner, Saturday, March 14**

Please join us in celebrating the abilities of our honored guests by sponsoring or participating in the Abilities Celebration. For more information, please visit: [www.disabledsports.net/special.shtml](http://www.disabledsports.net/special.shtml) or call (916) 722-6447

"If I Can Do This, I Can Do Anything!"<sup>SM</sup>

Plans are well under way for the 3<sup>rd</sup> annual Disabled Sports USA Far West "Ability Challenge" being held on March 13, 2009, at Alpine Meadows Resort. We are looking for companies, groups of friends or clubs to enter a four person team in this exciting event.

The CHARITYSMITH "Ability Challenge" (formerly the "Ski challenge") highlights the capabilities of people with disabilities while raising funds to support our life-changing programs. This year's event will include a team ski race, an exciting poker run and an après ski party held in Alpine Meadows' lodge overlooking the slopes. Each team will be joined by a disabled skier offering a close-up view of the remarkable skills possessed by our Disabled Sports participants.

Since 1967, the goal of Disabled Sports has been to provide individuals with disabilities the tools to achieve success through adaptive recreational activities. In addition to our world renowned snow sports program we also offer instruction in water skiing, cycling and golf. Our programs serve over 1,000 people with disabilities a year. You may refer to our website [www.disabledsports.net](http://www.disabledsports.net) for further information.

—Mary Roll



[WWW.SKIBAC.ORG](http://WWW.SKIBAC.ORG)



**PARK CITY**  
MOUNTAIN RESORT

Three Unique Mountains  
One Great Town!

MARCH 12-17, 2009

**\$997.00**

including flights

Your Vacation Includes:

- Five nights Hotel Accomodations  
Park City Peaks Hotel - 2 per room  
Daily hot breakfast & cookie man visits
- Four Days Skiing  
1 @ Park City, 1 @ The Canyons & 1 @ Deer Valley -  
You pick the 4th day!!
- Roundtrip airfare San Francisco to Salt Lake City
- Charter Bus - Salt Lake to Park City
- Welcome reception

For More Information

Paula Kinahon

415-983-7145 day

510-357-6127 evening

[pkinahon@gmail.com](mailto:pkinahon@gmail.com)

CARIBBEAN CRUISE  
OCTOBER 18-25, 2009



Dear Ski Club Cruisers,

Thank you for your deposit of \$25.00 for the Caribbean Cruise Oct. 18-25, 2009.

You have selected a:

Balcony Room - \$749

(price is per person - 2 in a room)

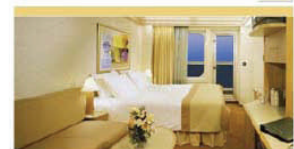
Please review the following deposit and cancellation policy:

Deposits:

\$25 DEPOSIT PER PERSON  
\$100 DUE July 1<sup>st</sup> 2008  
\$250 DUE APRIL 1<sup>st</sup>, 2009  
FINAL DUE JULY 1<sup>st</sup>, 2009

Cruise Cancellation Policy

AFTER JULY 1 <sup>ST</sup> , 2008	\$25 PENALTY PER PERSON
AFTER OCT. 1 <sup>ST</sup> , 2008	\$100 PENALTY PER PERSON
AFTER JULY 1 <sup>ST</sup> , 2009	\$350 PENALTY PER PERSON
AFTER SEPT. 1 <sup>ST</sup> , 2009	\$500 PENALTY WITH PORT CHARGES
AFTER OCT 1 <sup>ST</sup> , 2009	NO REFUND



Balcony

IF YOU CANCEL YOU MAY BE RESPONSIBLE FOR THE SINGLE SUPPLEMENT FOR YOUR ROOMMATE

Travel insurance is advised. It can be obtained thru TRAVELGUARD online at [www.travelguard.com](http://www.travelguard.com). They offer specific cruise travel insurance. Please note it is the individual travelers responsibility to obtain this insurance if desired. You can expect to pay between 5-7% of cruise price for insurance.



## 2008/2009 Avid Skiers in Control

President	Ralph Sherman	925-449-7941	shermescape47@yahoo.com
Vice President	Paula Kinahon	510 357-6127	paula.kinahon@mckesson.com
VP Membership	Karen Wehrman	510-538-2872	kwehrman@comcast.net
VP Weekend Trips	Jim Silva	510-538-2872	kwehrman@comcast.net
Secretary	Eva Lanphear	510-793-3863	ejlanphe@pacbell.net
Treasurer	Claudia Fernandes	925-462-6573	Claudia.fernandes@jud.ca.gov
Newsletter Editor	Dennie Warren	510 759-3415	dennieluuu@comcast.net
Web Manager	Rindie Chase	925 447-3659	clarinett@comcast.net
Race Director	Dave Cunningham	925 455-1333	tahoeskier@mail.com
Activity Director	Pat Green	925 846-7250	greendm@comcast.net
Travel Director	Tucker Hoffmann	510 278-7660	tkhoffmann@aol.com
Past President	Walt Johnson	510-881-8201	granite53@aol.com
Trustee	Kathy Hoffman	510-278-7660	tkhoffmann@aol.com
Trustee	Jim Korn	510-357-6127	jimkorn@sbcglobal.net

WEBSITE: [www.cvskiclub.org](http://www.cvskiclub.org)

### Websites/Phone numbers

BAC Web site: [www.skibac.org](http://www.skibac.org)  
 Singles league racing:  
<http://slracing.tripos.com/schedule.htm>  
 Open league racing: [www.olrc.org](http://www.olrc.org)  
 Far West Ski Assoc: [www.fwsa.org](http://www.fwsa.org)  
 Sierra webcam: [sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/](http://sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/)

Far West Racing Assoc: [www.fwra.com](http://www.fwra.com)  
 Web cams on the slopes: [www.magnifeye.com](http://www.magnifeye.com)  
 Road conditions: 1-800-427-7623  
 Weather: [www.nws.mbay.net/home.html](http://www.nws.mbay.net/home.html)  
 Info on all ski areas: [onthesnow.com](http://onthesnow.com)

### SKIZETTE FOR MARCH, 2009



P.O. Box 20321  
Castro Valley, CA 94546

ADDRESS SERVICES REQUESTED

ADDRESS LABEL  
HERE

The Next Meeting will be  
March 4

**DON JOSE'S**  
**MEXICAN RESTAURANT**  
3430 Village Dr.  
Castro Valley  
510 538-3290

**SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES**  
*First With Safety Awareness Slogan award sponsored by:*



**ASPEN & SNOWMASS**