## Castro Valley Ski Club Newsletter



Castro Valley, CA 94546 www.cvskiclub.org

# CVSC SkiZette

February, 2024



### **EVENTS CALENDAR**

(f) = flyer in this issue



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## FEBRUARY CVSC Board Meeting at Anne's

CVSC Board Meeting at Anne's
 CVSC General Meeting at Don Jose's Mexican Restaurant @ 6pm
 FWSA Int'l Ski Week to Madonna Di Campiglio, Italy

## MARCH

3-9 BAC Ski Week at Whitefish, MT (f) pg 4 20 CVSC General Meeting at Don Jose's Mexican Restaurant @ 6pm

## 17-22 FWSA Mini Ski Week to Copper Mt, CO (f) pg 5 APRIL

17 CVSC General Meeting at Don Jose's Mexican Restaurant @ 6pm

#### **UPCOMING**

7/13 CVSC Mexican Fiesta at Jim Silva's house
 10/9- CVSC Portugal & the Douro River Cruise (f) pg 7
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#### 2025:

3/3

10/3-15 CVSC Paris, Normandy & Seine River Cruise (f) pg 10

#### **BAC/FWSA TRIPS**

Please visit websites for detailed information.

BAC Web site: skibac.org Far West Ski Assoc: fwsa.org

(no events posted)

### FEBRUARY BIRTHDAYS

Lorene Butler	1
Howard Brunnings	4
Bonnie Thompson	23
Steven James	27



Visit our Website at www.cvskiclub.org

## Castro Valley Ski Club Newsletter

## **President's Message**

Happy snow days everyone!! It's finally here but we have to get through the atmospheric weather to enjoy it. Be safe, it's crazy out there...



Claudia Fernandes President

Hope you all are weathering the storms and all is intact at vour homes.

We had a good meeting last month at Don Jose's and we hope to see you at our next one this month. Good friends and conversation each time ...

The FWSA ski convention is coming up in June please let me know if you are interested in being a delegate this year.. we are helping either stuff-

ing bags or registration as BAC and Sierra are sponsoring the convention this year.

Also we have the Mexican fiesta coming up in July this summer so save the date and be ready to celebrate with friends, food and Margaritas!! Ole! Pat has a great event planned.

I've heard many of you have been skiing Snowmass, Colorado and NorthStar to name a few. After this last storm should be some great snow locally. Enjoy.

Whatever you do this February have fun!! Take care!

Happy Valentine's Day everyone And happy leap year.



Best, Claudia

### Ski*Zette* Policy **NEWSLETTER DEADLINE: 5th of the month**

Articles submitted by this date will be included in the following month's newsletter. Submit articles to: Dennie Warren, Editor

email: dennieluuu1@gmail.com



Didn't get your newsletter? - Change of Address? -PLEASE Contact Maggie Jong, VP Membership email: mozoro25@gmail.com

### SPORTING GOODS EXCHANGE

Got any sporting equipment (i.e. skis, snowboards) and/or clothing that you no longer can use, don't want, etc..... let me know & I'll put it here!!!!

OR.... If you need the above let me know as well!!!

This also goes for winter/ski cabins that you'd like to offer for rent or are looking for same.... Let me know!!!!

(Dennie—your editor — dennieluuu1@gmail.com)

## **GREENHOUSE MARKET-PLACE**

Do you do lots of canning (fruit — jams/ jellies/preserves) and would like members to know about it — let me know & the word will go here!!!!!

Are you blessed with culinary expertise (make pies, special desserts, etc) and would like to share?? Also, let me know!!!!!

## **Driving Tips for Driving in the Rain**

**Rainy driving tips** - Slow down! People are so used to driving certain speeds on certain roads that sometimes they forget the need to slow down when inclement weather presents itself.

**Before you go** -. When you begin a journey in rain, your shoes will be wet and liable to slip off the pedals. Scuff the soles on the rubber matting or carpeting of the car before you start the engine.

**How are your tires?** - Check your tires on a regular basis. Bald tires significantly reduce your traction on wet roadways, and offer little resistance to hydroplaning.

**Turn on your wipers** - Replace your wipers regularly, at least once a year. Wiper blades in bad condition don't clear water from the windshield very well and distort your view. Don't follow large trucks or busses closely. Splash and spray from these vehicles can obscure your vision, creating a potentially disastrous driving situation. Keep your distance, and your windshield wipers on, when other traffic is in front of you.

**Turn on your lights -** Whenever visibility is poor or it rains, headlights are a good way to let other drivers know where you are.. Remember, you are not the only one affected by poor visibility. California requires headlights to be turned on when it is raining or when visibility is reduced to less than 500 feet.

**Heavy rain** - Heavy rain can overload the wiper blades, allowing an almost continuous sheet of water to flow over the screen. When visibility is so limited that the edges of the road or other vehicles cannot be seen at a safe distance, it is time to pull over and wait for the rain to ease up.

**Foggy windows** - Rain or high humidity can quickly cause windows to mist up inside the car. In a car equipped with air conditioning, turn up the heat and direct the airflow to your defrosters with the AC switch engaged.

**Handling a skid -** Losing control of your car on wet pavement is a frightening experience. You can prevent skids by driving slowly and carefully, especially on curves. Brake before entering the curves. Steer and brake with a light touch. If you find yourself in a skid, remain calm, ease your foot off the gas, and carefully steer in the direction you want the front of the car to go.

**Driving through Water-** Stop the car and check the water level before proceeding. Generally, if the water is deeper than the bottom of your doors or the bottom third of your wheels, it is inadvisable to attempt driving through it.

Check your brakes - If you successfully pass through a deep water hazard, test your brakes. They may be saturated, and only driving very slowly and braking lightly at the same time will generate enough heat to dry them out. Be sure they are pulling evenly on all wheels before building up speed again.

(submitted by Sandy Beecher, Safety Chair)



Bay Area Sports Council trip to Whitefish, Montana March 3-9, 2024

### **Lodging and Amenities Package.**

\$856 based on double occupancy.
Single Supplement \$399

#### Includes:

- 6 nights at Grouse Mountain Lodge
- Welcome Reception and Group Dinner
- Free daily hot breakfast
- 4 days shuttle to/from the ski resort
- On demand shuttle to downtown Whitefish
- Large hot tub, outdoor firepits, bar and restaurant
- Cross country trails next to the lodge

### **Additional Options**

- Group Airfare on Alaska Airlines : SFO to/from Kalispell. \$580
- Shuttle from/to Kalispell airport. \$45
- Lift tickets, dependent on age bracket (\$26-\$75 per day)
- Adventure trip to Glacier National Park

Register online, select options and pay a deposit of \$200 to Sports America

Follow this link:

http://bac-whitefish.sat.tours/

Once you have registered, you can pay a deposit by check or credit card. There is a 3% fee when using a credit card. A deposit of \$200 deposit will hold your spot. Make checks payable to Sports America and mail to: 1700 County Rd, Suite B, Minden, NV 89423

### Final Payment is due December 1, 2023

Questions? Ask the Trip Leader: Janet Spencer 925-639-9948 or email <a href="mailto:jspen52@gmail.com">jspen52@gmail.com</a> or Gail Burns, <a href="mailto:jspen52@gmail.com">jspen52@gmail.com</a>





FOUNDED 1930

## Far West Ski Association's

2024 Mini Ski Trip

March 17-22, 2024

Copper Mtn., CO

TRIP PACKAGE PRICE STARTING AT

\$944

Based on double occupancy. Single supplement pricing is available Price does NOT include air, transfer, or lift tickets.

Sign up by October 1st and you will get a discount on your trip price. Early Bird discount expires October 2, 2023

Trip Insurance is highly recommended to protect your trip costs

## Included:

Five night's lodging

- Cambria Hotel
- \*1bdrm Condo (K/Q Bedding)
- \*2bdrm Condo (K/Q Bedding)
- \* Gold Quality Condo Lodging

Welcome Reception

### Optional for Purchase:

3-day Adult Lift Ticket--\$273 4-day Adult Lift Ticket--\$346

Discounted Equipment Rental

Copper is on the IKON Pass (Resort Access w/out reservations; Unlimited Access without Blackout dates)

### Optional Activities:

- Sledding
- Ice Skating
- Mountain Coaster
- NASTAR Racing
- Snowshoeing
- Sleigh Rides
- Free Mountain Tours
- Snow Maze

Gold Quality Condo Lodging is supreme level of accommodation strategically located throughout the Center Village allowing convenient access in all the Resort's exciting activities. Amenities include a fitness center, outdoor spa and heated pool, underground parking. Buildings are within 0-4 min. walk to closest chairlift. Gold lodging have one bed in each bedroom and a sofa sleeper in the living room.

The Cambria Hotel is the newest building at Copper Mtn. located on the Ten Mile Creek in Center Village. Sophisticated, modern finishes throughout and a short walk to the slopes, retail, and dining. Other amenities: lobby bar open every evening and breakfast available to purchase each morning, mini fridge, comp WIFI, two outdoor hot tubs overlooking the creek, exercise room and outdoor uncovered parking.

150 Runs-25% Beginner; 24% Intermediate; 34% Advanced; 17% Expert

Contact: Nancy Ellis – 530-414-8261 – FWSAtravelnancy@sbcglobal.net

Information & Online Signup: http://fwsaminiCP.sat.tours

FWSA CST #2036983-40





## **FWSA 2024 AFRICA ADVENTURE TRIP** TANZANIA & ZANZIBAR



September 28—October 7, 2024

Lodging Package:

Double Occupancy \$5865 per person

Single Supplement \$6585 per person (limited availability) Note: Group Air pricing will be available.

### Package\_Includes:

- 1 night stay in the 4.5 Star Arusha Serena Hotel in Arusha
- 2 nights stay in the 4 Star Ngorongoro Serena Lodge in Ngorongoro
- 2 nights stay in 4 Star Serengeti Serena Lodge in Serengeti
- Game drives & private safari experiences—all meals included during the safaris
- All park fees, government taxes and service charges
- Experienced English speaking driver-guides
- Authentic Bush dinner
- Welcome & Farewell events
- Airport transfers for group air arrangements
- 1 night accommodation in the 5 Star Hotel Zanzibar Stone Town
- 2 night accommodation in the 4.5 Star Neptune Pwani Beach Resort
- Stone town tour plus Spice tour with lunch at The Beach House



for an unforgettable African experience

Join FWSA



Ngorongoro Crater





Lake Duluti





Contact: Debbie Stewart FWSA VP of Int'l Travel 430 S. Church St. Visalia, CA 93277 Cell: 559/737-0882 FWSAInt/Trvl@prodigy.net Trip Co-Leader: Gloria Raminha



You must be a Member of a Far West Ski Assn. Affiliated club or a FWSA Direct Member!

CST#2036983-40

## 2024 Castro Valley Ski Club

## Portugal & the Douro River Cruise

October 9-19th, 2024



\$5490 to \$6199 (depending on cabin choice)

Experience the unique sites and culture of Portugal with a taste of Spain on this combination land and river cruise Main trip. We start our journey by flying into Lisbon and we stay there for two nights in a four-star hotel. We then travel to Fatima and sightsee in Coimbra and then board the MS Emerald Radiance for our seven-night river cruise along the Douro River. We also venture to Rodrigo, Vega Terron, and Salamanca Spain. We end the trip in the home of Port wine, Porto, and fly back to the US.

#### Your tour includes:

- RT air from LAX or SFO
- Two-night hotel stay and touring in Lisbon, Portugal before cruising
- 7 night Duoro River Cruise on the Emerald Radiance
- 23 Meals (8 dinners, 6 lunches, and 9 breakfasts)
- Airport transfers on tour dates when air is provided
- Included shore excursions escorted by local, English-speaking guides in Salamanca, Pocinho, Lamego and Porto
- All onboard meals feature local and international specialties
- All onboard lunches and dinners are four courses and served with complimentary regional wines, beer and soft drinks
- All gratuities included
- Complimentary WiFi onboard

Send \$400 per person non-refundable deposit to:

Tucker Hoffmann - CVSC Travel Director 2657 Rivers Bend Circle Livermore, CA 94550 510-329-4242 tkhoffmann@icloud.com

Note: due to the popularity of this trip please send us an email to let us know if you're sending a deposit. We already have quite a few already signed up.

CV5C C5T # 2081040

## Portugal and the Douro River Cruise





DAY 1 Depart the USA: Depart the USA on your overnight flight to Lisbon, Portugal.

DAY 2 Lisbon, Portugal: Upon arrival, you'll be met by a representative of Mayflower Cruises & Tours and transferred to your hotel. The remainder of the day is at your leisure to explore Lisbon. This evening, join your Mayflower staff and fellow travelers for an included dinner. Meal: D

DAY 3 Lisbon: After breakfast, an included tour highlights the famous sites of the city. During a panoramic coach tour, see 'Monument to the Discoveries,' and Belem Tower, a UNESCO World Heritage Site. Visit Jerónimos Monastery and discover the unique architecture and history. Enjoy a free afternoon to shop, dine and experience this cosmopolitan city on your own. Meal: B

DAY 4 Fátima – Coimbra – Porto: Depart Lisbon by coach and journey to the ship in Porto. Enroute, visit Fátima, home to the Sanctuary of Fátima, an important Catholic pilgrimage site. The city's fame originates from the apparitions of Our Lady of the Rosary that appeared to three shepherd children in the nearby fields. Continue to Coimbra and its famous university before arriving in Porto to embark the MS Emerald Radiance, home for the next seven nights. Meals: B, D

DAY 5 Porto – Pinhão: Today is a day of sailing through the twists and turns of the Douro Valley. Designated a UNESCO World Heritage Site, this area is sparsely populated by quaint villages, sun-drenched vineyards and small farms. Later today, arrive in the village of Pinhão, perfectly situated on a river bend surrounded by terraced hillsides that produce some of the world's best Port wine. Tonight, enjoy a welcome reception and dinner. Meals: B, L, D

EmeraldPLUS: A Portuguese cooking demonstration onboard

DAY 6 Pinhão — Vega de Terrón: Begin the day with a visit to the beautiful 18th-century estate of Quinta do Tedo Vineyard with spectacular views of the Douro Valley. Learn about wine production, its importance to the culture and economy, and enjoy a tasting of the local vintage. This afternoon, the ship sails for Vega de Terrón, gateway to Spain. Meals: B, L, D

EmeraldACTIVE\*: A guided walk through the vineyards
EmeraldACTIVE\*: Kayak experience in Pinhão

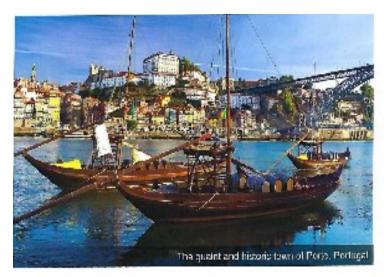
\*The included tour and both ACTIVE tours all operate simultaneously. Only one can be selected.

DAY 7 Salamanca, Spain: Today's excursion takes you to the UNESCO World Heritage Site of Salamanca, Spain. During the guided walking tour, see amazingly detailed and intricately carved buildings of the university and the House of Shells. Regal splendor abounds in the Plaza Mayor, the heartbeat of the city. Visit the market and taste the local products including cheese, olives and bread. You'll have free time for lunch and to explore independently before returning to the ship in Portugal. Meals: B, D EmeraldPLUS: Entertainment by a Tuna music band in Salamanca DiscoverMORE: Tour of Castelo Rodrigo (instead of city tour to Spain – additional expense)

DAY 8 Pocinho / Régua, Portugal: Arrive in Pocinho and disembark for a morning tour to the Côa Valley Museum. Designed to blend in with its surroundings, the museum's concrete structure houses prehistoric stone carvings made by the early inhabitants of the Douro which were uncovered during construction of a nearby dam project. Return to the ship for lunch and relax on deck as the ship sails through idyllic surroundings on the way to Régua. This evening, enjoy an offship dinner at a traditional vineyard estate. Meals: B, L, D

DiscoverMORE: Archaeological 4x4 Tour at Côa Museum (additional expense)
The included tour and DiscoverMORE operate at the same time.

EmeraldPLUS: Port wine cocktail lesson onboard EmeraldPLUS: Dinner at a vineyard estate



DAY 9 Régus – Lamego: From Régus, journey to the marvelous baroque village of Lamego, home to the Sanctuary of Our Lady of Remedies - one of the most important pilgrimage sites in Portugal. Visit the Sanctuary perched atop the hill, with its Iconic 686-step granite staircase, decorated with the traditional Portuguese blue and white 'azulejos' files. During a guiced walk through the village, learn about the importance of wine production to the local area. Hetum to the ship in Régua after the excursion. Mexics B, L, D

EmeraldACTIVE: Walk down the stairs of the Sanctuary

DiscoverMORE: Visit to Mateus Manor House (additional expense)

This four operates at the same time as the included visit of Lorrego.

EmeraldPLUS: Mesaic file painting lesson onboard

**DAY 10** Porto: Having traversed the Douro River, the ship returns to Porto – a city with an edectic mix of modern and ancient architecture. An included tour highlights the sights from its scenic beauty to the historic landmarks of the Castelo da Foz and Castelo do Queijo. The remainder of the afternoon is at leisure in Porto. Meals: **B, L, D** 

EmeraldACTIVE: A guided walking tour of Porto (instead of included four)

DiscoverMORE\*: Guided bike four to the Atlantic Ocean (additional expense)

DiscoverMORE\*: Visit to Quinta do Aveleca with Vinho Verde tasting (additional expense)

EmeraldPLUS: Evening cruise through Porto's enchanting waters the DisoverMORE's operate at the same time; only one can be selected.

DAY 11 Porto / USA: This morning, disembark the MS

Emerald Radiance and bid a fond farewell to Portugal, filled with memories of this remarkable crulse along the 'River of Gold.' Meat: B

llinerary is subject to change.



## Exceptional Inclusions

- 22 Meals: 9 broakfacts, 5 junches and 8 dinners
- Airport transfers on local dates when air is provided by Mayflower Cruizes & Tours
- Visit two countries
- Two-night hotel stay and touring in Liston,
   Pertugal before cruising
- Seven-night cruise on the Emerald Badianne
- First-class service by an English-speaking crew.
- Onboard Activity Manager will support all EmeratriACTIVE excursions and host daily onboard wellness activities, games, classes and evening entartainment
- Shore excursions with English-sheaking local guides
- · All gratuities included
- Porsonal listening device for onboard excursions.
- Many meals included onboard with a variety of international cuisine
- Complimentary regional wines, beer and soft drinks accompany onboard lunches and dinners.
- Complimentary bottled water in your stateroom.
- Complimentary WiFi onboard
- · Variety of onboard evening entertainment

#### CRUISE AND HOTEL ACCOMMODATIONS

Days 2 and 3 – Avani Hotel or similar, Lisbon, Portugal Days 4 through 10 – Aboard the MS Emeralo Radiance

## Castro Valley Ski Club

## Paris, Normandy, and the Seine River Cruise



\$3895 to \$4695 depending on cabin choice – plus air \$1400

Delight in the dazzling sights of Paris, explore the charming villages along the Seine, and encounter the sacredness of Normandy

Here is all the info on The Seine: Normandy to Paris River Cruise with Grand Circle Cruise Line in 2025. Below are the details for this cruise along with instructions to make reservations.

The upper deck has a small balcony with a sliding glass door. The lower deck has a large picture window and is slightly larger than the balcony cabins.

Learn more about this cruise online at <a href="www.gct.com/SEN25">www.gct.com/SEN25</a> you can see deck plans here as well

### Here's how you can sign up

- 1) Call Grand Circle Travel: 1-800-221-2610
- 2) Mention Group Code: G5-25848
- Mention you'd like to make a reservation for the The Seine: Normandy to Paris in 2025 with the Castro Valley Ski Club
- Deposit is \$500 per person, but more if including travel protection with the deposit.

I have negotiated a special incentive if you sign up by Jan 30, 2024 you will get an additional \$100 off PRICING, also you can get a Good Buy Discount (GBD): Pay in full from a checking account 15 months prior to departure to save up to 10% on your tour and airfare balance. Learn more about our Good Buy Discount online at: <a href="https://www.gct.com/GBD">www.gct.com/GBD</a>. This adds up!



### **Pricing:**

- Alto D Cabin: \$3895 per person
- Alto C Cabin: \$4295 per person
- Soprano B Cabin with balcony: \$4495 per person
- Soprano A Cabin with balcony: \$4695 per person

Optional Pre-Trip extension to Brittany & Mont St. Michel: \$995 per person Optional Post-Trip extension to Paris: \$895 per person

### Single cabins are limited. If available, the single supplement is \$795

Grand Circle Reservations is open 7 days/week. Hours: Monday-Friday: 6am-5pm PT Saturday-Sunday 6am-3pm PT

Tucker & Kathy Castro Valley Ski Club Travel





## 2023/2024 Avid Skiers in Control

Claudia Fernandes Anne Wilburn President 510-435-5263 Claudia.fernandes4108@gmail.com 925-200-2801 Vice President annewilburn@comcast.net 925-447-5148 **VP Membership** Maggie Jong mozoro25@gmail.com 925 846-7250 VP Club Activities Pat Green greendm@comcast.net Secretary Vacant (Paula Kinahon—Acting) Treasurer/Web Manager Ray Jong 925-447-5148 skibuff@comcast.net Newsletter Editor Dennie Warren 510-759-3415 dennieluuu1@gmail.com Tucker Hoffmann 925-371-1910 Tuckerhoffmann@aol.com **Travel Director** Karen Wehrman **Past President** Trustee **Kathy Hoffmann** 925-371-1910 tkhoffmann@icloud.com Trustee Paula Kinahon 510-910-2707 pkinahon@gmail.com Safety Chair Sandy Beecher 707-479-6272 srbeecher@aol.com

WEBSITE: www.cvskiclub.org

### **WEBSITES & PHONE NUMBERS**

Singles league racing:

Singles league racing:

Far West Racing Assoc: fwra.com

Web cams on the slopes: magnifeye.com

Open league racing: olrc.org

Road conditions: 1-800-427-7623

Weather: nws.mbay.net/home.html

Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & tahoeskitrips.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR FEBRUARY, 2024



All monthly general meetings are held at Don Jose's Mexican Restaurant, 3430 Village Dr., Castro Valley, CA

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES

First With Safety Awareness Slogan award sponsored by:



**ASPEN & SNOWMASS**