



Castro Valley, CA 94546
www.cvskiclub.org

CVSC SkiZette

January, 2019



EVENTS CALENDAR

(f) = flyer in this issue



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JANUARY, 2019

- 9 CVSC board meeting at Pat's
16 CVSC general meeting at Don Jose's

FEBRUARY*

- 2-9 FWSA Ski Week at Steamboat Springs, CO (f) pg 12
9-16 CVSC Ski Week at Beaver Creek, CO (f) pg 13
20 CVSC general meeting at Don Jose's

MARCH

- 9-16 FWSA Int'l Ski Week in Japan (f) pg 12
24-29 FWSA Mini Ski Week at Winter Park, CO (f) pg 10

*There will be no board meeting in February

UPCOMING

- 5/5-15 CVSC Rhine Cruise & Amsterdam (f) pg 11

BAC/FWSA TRIPS

Please visit websites for detailed information.

BAC Web site: skibac.org

Far West Ski Assoc: fwsa.org

6/13-16 FWSA 87th Annual Convention in Indian Wells, CA

JANUARY BIRTHDAYS

Dean Schlax	4	Sheron Bealer	18
Richard Warren	7	Jack Jue	19
Connie Wolzinger	8	Ron Zelizer	19
Robert Petersman	8	Marcia Wood	20
Carol Wulff	9	Cheryl Niese	20
Shirley Thompson	10	Barbara Johnson	23
Peggy Valley	11	Jan Tadevich	29
Linda Melliush	13	Suzanne White	29
David Silva	14	Carol Jensen-Latta	30
Jenny Miedema	17		



Visit our Website at www.cvskiclub.org

SkiZette Policy

NEWSLETTER

DEADLINE: 1st of the month

Articles submitted by this date will be included in the following month's newsletter .

Submit articles to:

Dennie Warren, Editor

email: dennieluuul@gmail.com



***Didn't get your newsletter? - Change of Address? -
PLEASE Contact Maggie Jong, VP Membership
email: mozoro25@gmail.com***

Open League Race Schedule 2019

January 26/27 – Alpine Meadows	GS/GS
March 2/3 – Alpine Meadows	GS/SL
March 16/17 – Sugar Bowl	SL/SL

Website: www.olrc.org

President's Message

Happy New Year everyone....we had a great Christmas trolley event again this year great food and wine and friends...hope many of you can make it next year...many thanks to Pat Green for another wonderful time....



Claudia Fernandes
President

The snow is coming even if sporadic it appears to be a good ski year ahead...we have our Beaver Creek trip coming up the beginning of February and we are all anticipating another great ski week...we enjoyed it so much last year and look forward to another fun time with friends and snow...

I again want to thank the board for all the work they do throughout the year for the club and its members. And thank you to our members who have supported the club and our charities this year. You all have made a difference...

Have a great ski season and stay safe, most of all enjoy!!!!

May 2019 be a better year for us all.....

Claudia

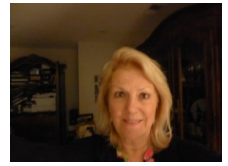


Our Vice President

Happy New Year to you all, it is a time to reflect on the past and look forward to this New Year.

I hope you all had a Very Merry Christmas and Santa was good to you and yours. The trees are coming down; decorations being put away and the sales are everywhere. I don't know how we survive it all each year, this year it snuck up on me and I for one am glad it is a blurred memory, but a Very Good One!

CVSC had a very good 2018, so many great activities for us to join in, ski trips, cruises, faraway places to visit, picnics, BBQ's, the Christmas Trolley (don't miss it next year, a very fun time) and of course our club meetings. Wow, we were busy! We have so many great members to Thank for all they do to enrich our lives.



Anne Wilburn
Vice President

Snow is light in the Sierras presently, however more snow is scheduled to fall in early January. Think Snow, Snow, Snow for the Tahoe Region and beyond.

Are you ready? Winter weather is here and if you are traveling up to the snow make sure your car is prepared to meet the challenge and unexpected. You will need good tires, chains or cables, gloves, pliers, maybe a small shovel, and kitty litter for icy roads. Check your fluids and make sure they are for low temperature; you will want a clear windshield, and don't forget the windshield scrapers. Always carry water, snacks, warm blankets, t-p and plastic bags in case nature calls and you are stuck on the road. Review your rules for driving on icy roads, downshift to slow down when possible, braking can cause a skid, oops, and turn into the skid. Turn on your 4-wheel drive or your car's rendition once the road starts to get slick. And make sure you have a full tank of gas. Check the CALTRANS website before you go.

Ski trips and more: Check out the FWSA and BAC websites for more details.

As you are planning your ski trips, make note that the industry is changing and forming alliances with season passes, mainly The Epic Pass and The Ikon Pass.

And then CVSC has wonderful trips scheduled: Beaver Creek, Colorado; The Rhine River Cruise; and Israel and Jordan. Thanks Kathy and Tucker for planning these wonderful adventures.

See you on January 16th at Don Jose's for our first meeting of 2019!

Anne Wilburn



Happy New Year CV Travelers. What a great year we had. Looking back on 2018.....

Beaver Creek – February



Morocco - May



ICELAND GROUP - August.





Upcoming Travel:

BEAVER CREEK: Feb. 9-16, 2019. CLOSED

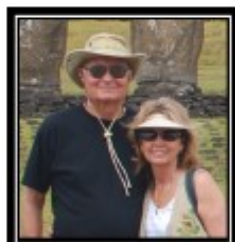
RHINE RIVER CRUISE: May 5-15, 2019. A 7-night Riverboat Cruise from Amsterdam to Mainz, Germany. We may be able to add on another cabin. E-mail us if interested.

ISRAEL: September 5-18, 2019. WAITING LIST

What's on the Horizon for 2020.

We will be doing a Russian Riverboat Cruise on the Volga River from St. Petersburg to Moscow. We have already received quite a response to this trip and even 1 deposit. We are looking at August 2020. Should have more info soon.

Happy Skiing & Travels.....



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CASTRO VALLEY SKI CLUB

CHRISTMAS TROLLEY

HO ... HO ... HO...!!!!!!!



ALL ABOARD!!!



(Photos courtesy of Ted Orzechowski)

Driving on Snow and Ice: Safety Tips

by Mac Demere, Contributor

The best tip for winter driving: Sometimes it's best to stay home, or at least remain where you are until snow plows and sanding crews have done their work.

1. **Get a grip.** To have adequate snow traction, a tire requires at least 6/32-inch deep tread, according to The Tire Rack. (New passenger-car tires usually have 10/32-inch of tread.) Ultrahigh-performance "summer" tires have little or no grip in snow. Even "all-season" tires don't necessarily have great snow traction: Some do, some don't.
2. **Make sure you can see.** Replace windshield wiper blades. Clean the inside of your windows thoroughly. Apply a water-shedding material (such as Rain-X) to the outside of all windows, including the mirrors. Make sure your windshield washer system works and is full of an anti-icing fluid. Drain older fluid by running the washers until new fluid appears: Switching fluid colors makes this easy.
3. **Run the air-conditioner.** In order to remove condensation and frost from the interior of windows, engage your air-conditioner and select the fresh air option: It's fine to set the temperature on "hot." Many cars automatically do this when you choose the defrost setting.
4. **Check your lights.** Use your headlights so that others will see you and, we hope, not pull out in front of you. Make sure your headlights and taillights are clear of snow. If you have an older car with sand-pitted headlights, get a new set of lenses. To prevent future pitting, cover the new lens with a clear tape like that used to protect the leading edge of helicopter rotor blades and racecar wings. It's available from auto-racing supply sites.
5. **Give yourself a brake.** Learn how to get maximum efficiency from your brakes before an emergency. It's easy to properly use antilock brakes: Stomp, stay and steer. Stomp on the pedal as if you were trying to snap it off. Stay hard on the pedal. Steer around the obstacle. (A warning: A little bit of steering goes a very long way in an emergency. See Tip 8.) If you drive on icy roads or roads that are covered with snow, modify your ABS technique: After you "Stomp" and the ABS begins cycling — you will feel pulses in the pedal or hear the system working — ease up slightly on the pedal until the pulsing happens only once a second.

For vehicles without ABS, you'll have to rely on the old-fashioned system: You. For non-ABS on a mixed-surface road, push the brake pedal hard until the wheels stop rolling, then immediately release the brake enough to allow the wheels to begin turning again. Repeat this sequence rapidly. This is *not* the same as "pumping the brake." Your goal is to have the tires producing maximum grip regardless of whether the surface is snow, ice or damp pavement.

6. **Watch carefully for "black ice."** If the road looks slick, it probably is. This is especially true with one of winter's worst hazards: "black ice." Also called "glare ice," this is nearly transparent ice that often looks like a harmless puddle or is overlooked entirely. Test the traction with a smooth brake application or slight turn of the wheel.
7. **Remember the tough spots.** Race drivers must memorize the nuances of every track, so they can alter their path for changing track conditions. You must remember where icy roads tend to occur. Bridges and intersections are common places. Also: wherever water runs across the road.
8. **Too much steering is bad.** If a slick section in a turn causes your front tires to lose grip, the common — but incorrect — reaction is to continue turning the steering wheel. That's like writing checks on an overdrawn account: It won't improve the situation and may make things worse. If the icy conditions end and the front tires regain grip, your car will dart whichever way the wheels are pointed. That may be into oncoming traffic or a telephone pole. Something very similar happens if you steer too much while braking with ABS.
9. **Avoid rear-tire slides.** First, choose a car with electronic stability control. Fortunately, ESC will be mandatory on all 2012 models. Next, make sure your rear tires have at least as much tread as your front tires. Finally, if you buy winter tires, get four.
10. **Technology offers no miracles.** All-wheel drive and electronic stability control can get you into trouble by offering a false sense of security. AWD can only help a vehicle accelerate or keep moving: It can't help you go around a snow-covered turn, much less stop at an icy intersection. ESC can prevent a spinout, but it can't clear ice from the roads or give your tires more traction. Don't let this lull you into overestimating the available traction.

Sandy Beecher, Safety Chair



Info from website at-

NATIONAL SAFETY MONTH - JANUARY

<http://www.nsaa.org/safety-programs/national-safety-month/>

National Safety Week has now become National Safety Month! Now the month of January will be dedicated to an entire month of safety. Many Resorts across the country participate every year to educate skiers and snowboarders about being safe, and to use common sense on the slopes.

Each ski resort supports Safety Month in different ways by creating new and exciting initiatives on their mountain.

Many programs are listed on the website – one is **LIDS ON KIDS**

NSAA promotes the use of helmets on the slopes. We urge skiers and riders to wear a helmet - but to ski or ride as if they are not wearing a helmet. NSAA views skiing and snowboarding in a controlled and responsible manner - not helmets only - as the primary safety consideration for all skiers and boarders. A skier's behavior has as much or more to do with the safety of the sport as does any piece of equipment.

In 2002, Lids on Kids <http://www.lidsonkids.org/> debuted as a resource for consumers to learn about helmet use in skiing and snowboarding. This site contains FAQs about helmet use, fit and sizing information, general slope safety information, related articles and games, and testimonials about helmet use from well-known athletes, including US Ski Team members. The site has received nearly 2 million hits since it was created. The tagline, "A Helmet-It's a Smart Idea," is printed on posters and promotional cards at resorts nationwide.



Far West Ski Association's 2019 Mini Ski Trip

March 24th to 29th, 2019

**Package prices start at:
\$475**

****Ask about discounted 4-day lift ticket or Ikon Pass Purchase****

*Price does NOT include air or ground transportation
"The Voice of the Western Skier"*



WITH A 75-YEAR HISTORY, WINTER PARK RESORT IS COLORADO'S LONGEST CONTINUALLY OPERATED SKI RESORT. OVER THE YEARS WE'VE BEEN KNOWN TO BE "EXTREMELY COLORADO," "AUTHENTIC COLORADO," AND "COLORADO'S FAVORITE." REGARDLESS OF WHAT YOU KNOW US AS, REST ASSURED WE'RE MORE THAN YOU IMAGINE!

EXPLORE THE 7 TERRITORIES FOR SKIING, WINTER PARK, EAGLE WIND, CIRQUE, VASQUEZ RIDGE, MARY JANE, PARSENN BOWL AND THE TERRAIN PARK. ALL JUST 67 MILES NORTHWEST OF DENVER AIRPORT

Included:

Five night's lodging
@ The Vintage Resort Hotel
Hotel Rooms
Welcome Reception
Farewell Party

Optional for Purchase:

4-Day Discounted Lift Tickets
Ikon Pass

Optional Activities:

Snowmobiling
Snowbiking
Coca Cola Tube Park
Ice Skating
Scenic Snowcat Tours
Dog Sled Rides
& More



Contact: Gloria Raminha 661-800-8229 or 661-829-5996

Garski2011@gmail.com

Nancy Ellis – 530-582-0566 or 530-414-8261

Fwastravelnancy@nbcglobal.net

FWSA CST #2038983-40

Castro Valley Ski Club
Radiant Rhine Cruise & Amsterdam
May 5th-15th, 2019 - Amsterdam to Mainz
Price \$3875

Includes 2 pre nights in Amsterdam, you would depart USA on May 5, arrive May 6 at 2PM, we board our cruise boat on May 8 after 4PM. Fly back to USA on May 15.

Included:

- 2 nights in Amsterdam before the Cruise at the Movenpick
- Round Trip air from SFO on Lufthansa
- 7-night cruise aboard the 5-star MS Crucevita (cat. C included in price)
- 22 meals: 9 buffet breakfasts, 6 lunches and 7 dinners
- Free wine, beer, or soda daily with lunch and dinner
- Captain's Welcome cocktail and Farewell dinner
- Total of 8 included sightseeing excursions (with audivox's)
- All on board activities and live music each evening
- Services like early riser breakfast, 24/7 coffee, afternoon cake and snacks
- Professional English-speaking Cruise manager and local guides throughout

Category C (included) main deck aft - panorama window -4 cabins available

Category B (+\$199 per person) main deck mid - panorama window - 6 cabins available

Category A (+\$449 per person) promenade deck, French balcony - 10 cabins available

Cruise Itinerary:

- 7-night cruise from Amsterdam to Mainz
- Amsterdam (Netherlands)
- Rotterdam (Netherlands)
- Cologne (Germany)
- Koblenz/Ruedesheim (Germany)
- Mannheim (Germany)
- Speyer/Worms (Germany)
- Strasbourg (France)
- Mainz (Germany)



What's not included:

Gratuities

Optional Tours

Travel Insurance (\$179/pp)

M/S Crucevita Cruise Ship

The M/S Crucevita was designed in an old world grand yacht style. Superb public areas, accented in oak and leather, include a panorama restaurant, cozy bar and lounge, a fire-place, a gym, sauna, library, and sun deck. The cabins area spacious 14 sq m (150 sq ft) and are fitted with beds that are stowed away during the day to create extra space to relax. All cabins include air-conditioning/heating that can be regulated individually, a multi-channel satellite TV with remote control, a mini safety deposit box, a telephone and a hair dryer. Cabins on Main deck have panorama windows while cabins on the upper Promenade deck will have new French balconies.

Deposit \$300 – non-refundable

Tucker Hoffmann – CVSC Travel Director – tkhoffmann@comcast.net
2657 Rivers Bend Circle, Livermore CA. 94550
CVSC CST # 2081040

FWSA 2019 Int'l. JAPAN Trip

Hakuba Valley Ski Resort – Home of the 1998 Nagano Olympics

Basic Ski Week: March 9-16, 2019 (SFO & LAX Group Air departs Mar. 8th)

Optional Pre-Trip to Niseko – March 4-8, 2019 (Min. of 22 & Max. of 32 & departs US Mar. 3rd)

Pre-trip must be combined with BASIC Hakuba Valley Trip – not sold separately

Optional Extension trip to Kanazawa, Kyoto & Tokyo

March 16-23, 2019



Experience the "LAND OF THE RISING SUN".
Enjoy the "LAND OF SAKE and CHERRY BLOSSOMS"



Why Japan? Where else can you have some of the best skiing in the world and use your **EPIC PASS!**



Why Japan? Where else can you enjoy such a rich and unique culture that spans thousands of years?

Here's why...Japan offers something for everyone, whether it's deep powder skiing, long winding groomed skiing, sightseeing in some of the ancient temples, or the Wild Monkey habitat, there is something to please everyone!

BASIC TRIP Land Package - The Tokyu Hotel (Not including Air Transportation or Lift Tickets)

- Approximate lodging package costs – starting at \$1720.00 per person based on double occupancy
- Pricing is based on exchange rate of 1USD vs. 110 Yen – subject to change
- Basic land package pricing is based on a min. of 86 people & the Extension pricing is based on a min. of 34 people – subject to change if requirements are not met. All local taxes are included
- Single Supplement rooms are available – quantities are limited.

Land Package Includes:

- All airport ground transfers with Multi-lingual guide meeting the FWSA Group Air people upon arrival
- 7 nights' accommodations with breakfast daily and Free Wi-Fi
- 5 Dinners – 2 nights on your own to dine at the local restaurants of your choice.
- Welcome/Orientation at the hotel on the 2nd day after arrival due to group's air late arrival time
- Special Ezura Goryu Drumming and Dinner Show, including bus transportation
- Complimentary Mountain Escort for 3 hours on the 1st day of skiing – groups of 20 max.
- Local guide at the hotel each evening for 1 hour
- Optional Day Tour and mid-week Après ski party – details to be provided

Air Transportation Information - It is HIGHLY recommended to use FWSA air transportation!

- Group Air - SFO & LAX air details to be provided
- Stand Alone Trip Air – contact Debbie Stewart
- Alternate airport and/or post trip deviations are available - they are limited)

*Air prices DO include estimated Fuel surcharges, Taxes and current Exchange Rate – subject to change.

If you are arranging your **OWN** flights but wish to take the FWSA bus transfers, you **MUST** coordinate your flight schedule with the FWSA group air schedule. No special alternate pick-up or drop offs by the bus will be permitted.

Make checks out to: Far West Ski Association (FWSA). Please reference "FWSA 2019 JAPAN Trip" on each check.

Send to: Debbie Stewart
FWSA VP of Int'l Travel
430 S. Church St.
Visalia, CA 93277

FwsaIntlTrvl@roadnav.net or cell: 559/737-0882

CST # 2036983-40



BAC 2019 FWSA Ski Week at Steamboat Springs, CO

February 2-9th, 2019 Registration: May 22nd, 2018

\$200 Deposit

Steamboat Springs Resort is renowned worldwide for its massive mountain range comprised of six peaks. Over the past five years, millions of dollars have been spent improving ski runs and chairlifts. The friendly down-home town is affectionately called "Ski Town USA". The locals and visitors alike agree that the resort has world class tree skiing and a wide variety of ski terrain. Our two condo resorts are conveniently located at the base area of the village nearby the Gondola. Historic town has great restaurants and local activities for both skiers & non-skiers.

7 nights Deluxe Condo Lodging at: Dulany at the Gondola \$1,305 per person or The Lodge at Steamboat \$1,105 per person in two or three bedroom units. Prices do not include lift ticket, airline tickets or ground transportation. Amenities included are:

- | | |
|----------------------------|------------------------|
| *Super Bowl Welcome Party | *Hosted Mountain Tours |
| *Council Night Dinner | *Racing/Council Team |
| *FWSA Banquet with Dancing | *Mountain Picnic |
| *Farewell Apres Party | *Pub Crawl |

Group Lift Tickets: 5-Day Adult/Senior \$335; 6-Day Adult/Senior Tickets: \$381

Optional Group Air and Ground Transportation pricing to be announced.

Registration and Information Contact : Gail Burns, BAC Travel Director
123 Phillips Lane Woodside, CA 94062 gailb3098@gmail.com 650 255-7883

Must be a Member of Far West Ski Association or an affiliated Ski Club
FWSA CST#2036983-40 / BAC CST#20500870

Castro Valley Ski Club

Presents

 *Beaver Creek. Not exactly roughing it.*



2019 CVSC Ski Week Beaver Creek, CO

Feb. 9-16, 2019

\$815

Package Includes:

- 7 Nights Lodging (dbl. occ.) at The Charter
- Porter Fees
- Welcome Wine & Cheese party
- Included CVSC dinner

note: air/transfers not included in this price

Lift tickets are **NOT INCLUDED** in this package;
If you need a 5 day lift ticket/5 resorts – add \$455

Free indoor parking
Bar & Restaurant on property
Walk to village



Send \$200 deposit to: (\$50 is non-refundable)
Tucker Hoffmann - CVSC Travel Director
2657 Rivers Bend Circle, Livermore CA 94550

925-371-1910 tkhoffmann@comcast.net
CVSC CST # 2081040



2018/2019 Avid Skiers in Control

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Vice President
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VP Club Activities
Secretary
Treasurer
Newsletter Editor
Web Manager
Travel Director
Past President
Trustee

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Elizabeth Yagle 510-537-2099
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WEBSITE: www.cvskiclub.org

WEBSITES & PHONE NUMBERS

Singles league racing:
slracing.tripos.com/schedule.htm
Open league racing: olrc.org
Weather: nws.mbay.net/home.html

Far West Racing Assoc: fwra.com
Web cams on the slopes: magnifeye.com
Road conditions: 1-800-427-7623
Info on all ski areas: onthesnow.com

Best weather website for snow: Tahoeweatherdiscussion.com

Take a bus to the slopes: nacski.com & bayareaskibus.com

Sierra webcam: sierravisionsstock.com:80/sierravisions/sierra-nevada-webcams/

SKIZETTE FOR JANUARY, 2019



The next meeting will be at

Don Jose's Restaurant
3430 Village Dr.
Castro Valley, CA

(meeting starts @ 7:00 pm)

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES
First With Safety Awareness Slogan award sponsored by:



ASPEN & SNOWMASS